

HEATH HERALD Heath's First Newspaper

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Heath Elementary School Sixth Grade



Class of 2011

Top row, left to right: Mahalia Dean, Lili Paulson, Torsten Sloan-Anderson, Dorian Pousont, Henry Walker-West. Bottom row, left to right: Theresa Charlton, Christopher Graves, James Waldron, Aiden Brenizer, Tynan Hewes. Front row: Riley Holden. Absent from picture is Zac Leighton.

Heath Herald

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Heath Union Church News

The floor in the altar area of the Church has been reinforced and laid with Bruce hardwood. This most excellent job was done by Russ Donelson of Heath. The organ restorer, Scot Huntington, will be stopping by soon to see the floor and advise us as to the progress his company is making on our Johnson Opus 16.

On Friday night, August 19, we are offering a Ham and Bean supper at the Heath Fair for the patrons of the Fair to enjoy. This is a fund-raiser for a dishwasher for the kitchen in the lower level of the church.

Our Annual Council meeting of the Board chairs and committee heads will be on July 7, 2011. Please check the Church bulletin board for news of Family Night activities.

Remember, Pastor Phill is available at the times and numbers listed below.

Adult Sunday School - 9:00 a.m. Sunday Worship - 10:00 a.m. Bible Study and Prayers - Thursday, 6:00 p.m. Pastor Hours - Thursday, 4:00 - 6:00 p.m. Church Phone - 337-4019; Pastor's - (413) 648-9077

Deacons

Richard Gallup - 337-5367 Ruth Johnson - 337-4367 Walt Gleason - 337-4479

~ The Deacons

HEATH COMMUNITY HALL SUMMER CRAFTS FAIR

SATURDAY, JULY 30, 2011 10:00 A.M. TO 3:00 P.M.

Crafts, dolls, handmade rugs

Morning coffee and luncheon 10:30 a.m. to 1:30 p.m. Senior Center

Morning Song

by Pat Leuchtman



Authors Carol Purrington and Susan Todd.

The story of the genesis of *Morning Song: Poems for New Parents* is also the story of a friendship between Carol Purington, Colrain poet, and Susan Todd, educator of Ashfield and former principal of the Heath School, that began during a blizzard on January 8, 1996.

They had met before during a class field trip to the Purington farm when Susan was teaching at the Colrain Elementary School. Susan knew of Carol, her poetry, and something of the life she had lived with the aid of an iron lung ever since she had been struck by polio on her first day of first grade in 1955 during the last big polio epidemic. During that field trip she met Herb and Barbara Purington of Woodslawn Farm, Colrain, Carol's parents, and briefly met Carol, and knew that Carol would be a good friend, but the time was not ripe.

Another year at Christmastime when Susan and her co-teacher were planning a class visit to Woodslawn Farm to sing, they met with Carol ahead of time to see how they would arrange the children in Carol's big sunny

room, originally the parlor of the old farmhouse. That room was, and is, crowded not only with the iron lung, but with books, vases and pots of flowers, and the equipment that Carol uses to write.

Susan remembers that day well. "We talked a bit and out of the blue Carol said to me, 'We're all so impressed that you knew Robert Frost.' (I met Frost in the last years of his life when I was a freshman in college – a story I always told my students before reading his poetry.) And then she added, 'I should really go back and reread his poems.' That was the line I must have been waiting for." Susan said. "If you want someone to read Frost with, I'd like to be that person." They then set a date for the new year.

No one expected Susan to show up that stormy day, but, looking back, Susan said she thinks she feared that rescheduling the date might be difficult.

"That day in January, coming into Carol's room from the storm outside, I had such a sense of peace. This front parlor, with views looking to the hills and garden and an oversized bird feeder up against the window, has been her world for over fifty years. A mirror which can be tilted to different angles lets Carol see the changing landscape and the family in the next room. Standing in the room's center was a massive iron lung (now replaced with a smaller fiberglass lung), for sleeping at night, with *J. H. Emerson* printed on the side. H. Emerson! I said when I first saw it. I knew him. My best friend from childhood moved to Andover, Massachusetts, in 1953 so her father could work with Haven Emerson on the distribution of iron lungs. We all had a crush on Haven Emerson Jr. I told Carol the story and she said, 'All these years I have wondered what the H. stands for. Now I know.'"

Carol, too, remembers that day well. "When the day for Susan's first poetry visit coincided with a serious January snowstorm, my family and I assumed that she wouldn't even consider driving up our hill in such weather, so I didn't call and suggest that we change the date. We were wrong, and promptly at 4:00 p.m. Susan drove into our dark and drifting yard."

"Just to make the harrowing expedition seem worthwhile we read a token few of Frost's poems. *Death of a Hired Man* would come later, along with T.S. Eliot and Hopkins and Aeschylus and Wilbur and countless others. After a few minutes my father, who is not a man to worry, gently requested that she call us when she reached home, 22 winding miles away. And she did."

Carol also remembers that more than a decade before that stormy meeting she had written a prophetic haiku:

Popcorn and cocoa. Robert Frost's poems. And you To share the blizzard.

Reading poetry with each other was a great joy for both of them, but it was not until Susan's daughter Emily was expecting a baby that they thought it would be fun to put together a book of poems for Emily and her husband. They thought about how new parents needed encouragement as they welcomed a new individual into their hearts and their lives. They did not want to dwell on the difficulties of parenthood, and set out to find the strengthening words of wisdom that poets through the ages have written, sharing their insights and reactions.

Emily's impending motherhood gave a new focus to their reading. They collected a range of poems, and with the help of Stephanie Purington, Carol's sister-in-law, they put them together in a big handmade book with colorful decorations.

It was such a pleasure to make the book that they began to think about putting together a longer book for other parents. They continued reading and making choices. Some of the poems are about children at one stage or another, like A.A. Milne's *Christopher Robin is Saying His Prayers*, or *Bathing the New Born* by Sharon Olds. Others, like *Psalm 8*, or *Nobility* by Alice Cary, or *Happiness* by Carl Sandburg, simply acquire a new meaning when read through this particular lens. Those of us in the west county will be particularly happy to see poems by our local poets Richard Wilbur, Susie Patlove, and Mike Chrisman included.

("Morning Song" continued on page 4)

("Morning Song" continued from page 3)

When they thought they had enough poems they turned to Richard, Susan's husband, a noted editor and author himself. He sent them on to his agent and it did not take very long before the book was sold. Both Susan and Carol thought all their work was done.

It was not so. A lot of hard work was just beginning. First they learned about 'Permissions.' Some of the poems were in the public domain and could be used without any cost to the publisher. Permission had to be granted by the other poets, and a fee had to be paid. Publishers know about this process, of course, and they allot a budget for this, but permissions can be expensive. Some poets were willing to waive their fee, but most publishers were not. The cost of permissions slightly altered the contents of the book, as when they chose two favorite poems, over one very expensive favorite poem.

While they were working on permissions, Susan's daughter Maisie began working on the simple and delightful line drawings that appear throughout the book.

The cover was the purview of the publisher. The first cover had 32 rubber duckies on a blue ground. The response was universally negative at Woodslawn Farm. The second try was swans on a misty lake. Very pretty, but really, what did it have to do with the poems? Or babies? Or parents? The third try was the charm: a baby's footprint in blue, with the big toe as a golden rayed sun. Just perfect. In fact it was so perfect that it must have been waiting in the ether until it was captured by Oliver Munday, the book jacket and illustration designer who was completely unknown to Carol and Susan. At the publication party at the farm the original handmade book was on display, and there among other illustrations was a baby blue footprint.

Before she was an anthologist, Carol Purington was a poet, publishing two books of haiku (*Woodslawn Farm* and *Family Farm*) and three books of tanka (*The Trees Bleed Sweetness*, *A Pattern for This Place*, and *Gathering Peace*). Most poetry readers are familiar with the three-line haiku form. In over simplified terms, tanka, also a Japanese form, takes five lines, with the final two bearing a relationship to the first three.

Over the years she has used different methods to get words on paper. Early on she said she "used a mouth stick with a pencil to write. Then I used an electric typewriter, but it didn't have an automatic carriage return so someone needed to do that for me. At last came an electric typewriter with a carriage return." Nowadays Carol says she uses a computer with voice recognition software. Recently she celebrated the arrival of high-speed Internet at her house.

Carol said that her aunt, who also had polio, planted the idea she might be a writer. "When I was about eight or nine, she said that since I liked to read, maybe I could be a writer. [The idea] had to be dormant until the technology would allow me to write fully.

"Also, I had to work beyond a fear of writing. When I was in high school, a teacher made me very anxious about my ability to write. It took me several years to get over that fear. I attended Greenfield Community College for two years using an intercom

between GCC and my room and took mostly English and literature classes Harvey Pfeil and Bill Sweeney were very helpful teachers." Carol got to give a special thank you to Bill Sweeney by including him in the Acknowledgements for *Morning Song*.

Carol said that after GCC, she wrote a lot of bad poetry. Then inspired by Emily Dickinson, Robert Frost, and T.S. Eliot, she tried to write similar poems.

"Then a neighbor gave me *Haiku of Hawaii* and I started writing haiku, very bad haiku. Still I found the form compelling enough that I started learning about the form. I had to learn what makes an effective and successful haiku, finding an object appropriate to the subject, and trying to suggest an image to the reader without telling how I feel about it. Haiku avoids using most common figures of speech like metaphor, simile, or personification. Beginners find it almost impossible to get the simplicity they want.

"After two years I began a cycle that became *Woodslawn Farm*. My sister Nancy, her friend Sarah, and her sister Helen helped me as did the Colrain Arts Council," she said. "The tanka form allows more subjectivity than haiku. At first I was very self-conscious about allowing these very personal poems to be read, not so much by strangers as by people I know.

"Gathering Peace is an autobiography in tanka. It was difficult because it was self-revealing, but by the time I wrote them I was at peace – the hard part was putting it into a book. There was close to a decade between the first and second books."

Susan Todd, through her years as a teacher, principal at the Heath Elementary School, and member of the Ashfield Selectboard, is well known to many in the community, but they may not know that while she was in high school she harbored the desire to be an actress. Her parents took this desire seriously and arranged for her to have voice lessons with theater coach, Alfred Dixon, for three years. "Every Saturday I'd go into New York City for my lesson and then get a two dollar Standing Room Only ticket for a play.

"We would read many things: Dylan Thomas's *A Child's Christmas in Wales*, Lady Macbeth's speech, Amy Lowell, the Book of Isaiah, lots of things," she said. That training prepared her for reading poetry to and with her students, but she also reads some of the poems on the CD audio version of *Morning Song*, as do Richard Wilbur and Susie Patlove.

She performed in her high school plays including as Elizabeth Barrett Browning in *The Barretts of Wimpole Street.*. "We have her poem, *The Best Thing in the World*, in the book and that is very special," Susan said.

Susan did not become an actress, but she did not become a teacher right away either. "For six months I worked as a secretary for Doyle, Dane and Bernbach Advertising and then became an ad copy writer for Norman, Craig and Kummel. This was during the "Mad Men" era. She shuddered and said, "I can't even bear to watch that show."

When Susan talks about *Morning Song* she stresses that "this is not a book of children's poems Parents have a journey, too, and this book recognizes that. There are comforting poems, but certain poems compliment others that address difficulties, and realities. We use some poems that can stand in for many situations."

Though there were occasional tussles with the publisher, "Mostly it's just been such a joy," Susan said. "We hope that if they like it people will pass it along. We think this is a book that will sail on word of mouth."

Cider Making in Heath



One of my comforts during the long Heathan winter is going down to the basement and listening to the soothing sounds of gas escaping. The gas I refer to is CO2. Its origins are eight fivegallon carboys (large containers for liquid) and one 80-gallon whiskey barrel filled with fermenting apple cider pressed from my apples from my own trees.

Having purchased the "Benjamin Maxwell" house in 2008, my wife Kara and I soon thereafter set about "fixing up" the place. We were fortunate that the land that came with the house consisted of six acres of open, somewhat flat pasture, garden, and 44 mature apple trees. These were planted by former owner Alan Nichols with an eye toward cider making.

Living in a 1780 Colonial home brings one closer to the history of that era, and one of the labors of that time was making hard cider and vinegar. So I was happily faced with continuing this tradition. Way back when, hard cider was the main alcoholic beverage. Also, cider provided vinegar which was a commonly used preservative and disinfectant.

In its simplest form, crushed apples and apple juice were put into a barrel and allowed to ferment with natural yeast found on all apples. This method was spotty at best. With no airlocks, contaminants could easily get into the "must" (which is the raw apple juice). Natural yeast was a hit-or-miss proposition as far as producing a decent tasting product. Also, stray bacteria could get into the mix and one could end up with vinegar.

This past year's bumper crop of apples allowed for copious amounts of raw, sweet cider. Alan Nichols planted a good variety of apples including *Canadian Baldwins, Spitzenbergs, Cortlands*, and most important for cider making, *Roxbury Russets*. The russetts impart a tartness and astringent quality to the cider and are the oldest variety still grown in the U.S., originating in Roxbury, MA around 1649.

So armed with a tractor, ladders, and three abandoned bathtubs, Steve Viarengo, Doug Mason, and I proceeded to pick and process the apples in a thorough, scientific manner. Without revealing any trade secrets, our process is as follows: First, have a bottle of last year's vintage as a refresher to remind us of why we were working so hard. Next, grab a bunch of different looking apples and put them into a small, plastic basket, and plunge it into a vat of water to clean off most bugs and dirt. Then using Steve's electric grinder/ mill, one person slowly feeds apples into the hopper to be fed into the grinder to be ground. The ground up apples or pomace is collected underneath in a wooden, slotted cylinder-type barrel lined with a mesh bag. When full, the cylinder is moved under a lead screw press where a wooden cover is placed on top of the pomace. Then the manly work continues as the lead screw is turned to press the juice from the apples. All this physical labor requires fortification and inspiration and this is accomplished by consuming another hard cider of years gone by along with a mandatory critique of the vintage and a reading from the cider diary of its origins.

Once the bucket under the press is full of raw juice, it is filtered through an old sock or mesh screen, sampled, and placed into either a five-gallon glass carboy, a plastic, six-gallon bucket, a one-gallon jug for use as sweet cider, or a used 80-gallon whiskey barrel. As each carboy is filled, philosophical, political, and cultural concerns soon ensue and are solved, along with some more sampling of past wares. Family members and friends stop by on occasion to help eat, drink, and observe.

Due to the copious amounts of cider available last fall, we had the luxury to experiment. I had always killed off the natural yeast with a mild, sulfite solution, in order to have a batch of cider not influenced by any unknown or wild yeast. Then I would "pitch" a store-bought yeast into the raw cider. This allows you to control the sweetness/ dryness as well as the carbonation of the final product.

This past year we used some ale yeast, champagne yeast, and as the French do, no yeast at all. This latter method is somewhat dicey as wild yeast is an unknown and can either produce a great cider or one that is best used in cooking or resorting to drinking after three or four bottles of 'good' ones go by the board.

Before the airlock is put on the containers, which prevents contamination from the air, flavoring and/ or sweetener can be added to change taste, color, and alcohol strength. I usually do a few with five pounds of sugar to five gallons of must (expressed juice of apples before and after fermentation), some with ten pounds of local honey and some cinnamon per five gallons of must. (This is called a "cyser" which imparts a lovely, full 'mouth' which gets better with age and is related to mead). I also have used fresh blueberries, raspberries, strawberries or fruit juices such as cherry or pomegranate. This year for the first time I was lucky enough to get six gallons of pear juice from my trees and am waiting to bottle this batch, which is called a 'Perry.'

After the apples are all processed including gallons of sweet, raw cider for immediate enjoyment, clean up begins with the help of additional hard cider sampling. All the wort (sweet liquid drained from mash) is allowed to ferment for about a week. This is called primary fermentation. Next the wort is transferred or racked into a similar vessel. This process leaves the bottom sediment or "schumtz" (a technical term) out of the wort which can impart off flavors. It is then a matter of schlepping the

("Cider Making in Heath" continued on page 6)

Letters to the Editor



Just when I thought you had exhausted all of the subjects related to my years spent as a youth in Heath, you published a wonderful article on the Annual Town Meeting (*Grass Roots Democracy* by Lois Buchiane and Ruth Johnson, April-May 2011).

How well I remember attending at least two of these meetings, probably in 1943 and 1944 while attending Heath Central School. In addition to a first person civics lesson, we were afforded the opportunity to miss a full day of school. The wonderful ham dinner was a bonus.

The vivid account written by Lois and Ruth brings in mind that wonderful Norman Rockwell painting entitled *Freedom of Speech* that depicts a young man addressing his Town Meeting. Our (Heath) Town Meetings were indeed *Grass Roots Democracy*.

My thanks to those Senior Citizens for another trip down memory lane, or, in my case, up Avery Road.

~ Bruce Patterson Wilmington, NC Dear Fellow Heathans,

What an amazing sight to see such a record turnout for Town Meeting. I hope the willingness to make the effort to participate in this democratic process will be the new trend and never again will it be necessary to call people and ask them to come over to Town Meeting so that there would be a quorum.

Since Bob and I moved to Heath we have felt good about living in a place where people care about one another and help when help is needed. At one of our first Town Meetings in Heath the huge decision to build a school was made. Even though it was against our self-interest we voted for it after hearing all the arguments for and against, because it seemed very important for the community.

We often tell friends in other towns of the cooperation our Town shows in solving problems.

At the May 7th meeting something was different; there was an eerie undercurrent of urgency instead of thoughtful discussion about the needs of the community and our priorities. Instead there was a rush to vote without the facts.

Let us resolve to approach the June 20th continuation with an intention to work together for the good of all in Heath.

Sincerely,

~ Del Viarengo

My Name is 1141929

Why do I get the feeling that I am no longer known by the name my parents gave to me? A name I do like! But when I am asked for information about myself it is usually for some number: date of birth, last four digits of my Social Security number, my driver's license, area code, phone number, house number, Medicare number, invoice number...ad infinitum!

Also, for some time I have felt confused by groups of letters that are the shortcuts for the whole title that would tell me what, where, when, and maybe even how. Think about it, what do these letter combinations really stand for?

ATM = Annual Town Meeting or automatic teller machine? STM – Special Town Meeting or so they tell me? (Kidding)

So do I have to spend time trying to decipher all these groupings?

DVD, CIA, PTP, FY12, LOL, LEC, CES, WGBY, ETA, CD, MPH, LAX, PDO.ASAP!!!!!!

I begin to wonder if I should have named my children Law1, Law2, Law3, and Law4 or Son1, Son2, Son3, and DaughterA. I think I am very happy with their real names, thank you.

My suggestion to the society at large is to stop this mad rush we are all caught up in these days. Instead of condensing a label identity into a few numbers or letters, let's be more user-friendly and take the time to just spell it out!

~ Ruth Johnson

("Cider Making in Heath" continued from page 5)

carboys (which weigh around 40 pounds apiece) down into the cellar where they are allowed to bubble away for four to ten months depending on how sweet/ dry you want the end product. The longer you allow the yeast to work, the more sugar it eats, the more alcohol it releases, and the dryer the cider becomes.

At the time of bottling, a lot of bottles need to be sterilized. I go the cheap route and visit local package stores and buy up their 22 oz. returnable bottles for 15ϕ each. For this year, just using 22 oz. bottles, will require about one thousand bottles! Ramping up to bottle requires stamina and focus, so some of last year's product are sampled, comparing and contrasting with the new brew. Sampling the 'new' cider is for professional cider makers

Once bottled, the cider can sit for one month up to many years. The only danger is an over exuberant yeast culture which can cause a champagne-like celebration upon decanting.

Finally, since the hard cider cannot be legally sold, I intend to use this wonderful commodity in order to barter with others in the area who have their own products to offer. I believe this is a great way to stay connected and support local growers and craftspeople, harkening back to a time-tested way communities originally functioned. Also, I plan to offer "cider shares," much like farm shares, which will allow people to prepurchase raw cider and give those willing the opportunity to come by and pick and grind their own apples, allowing for a direct connection and ownership of the process from field to glass.

~ Robert Bourke

Green Thoughts



The Annual Rose Viewing Joins the Tour

By Pat Leuchtman

If one has roses, one must have a garden party. And so we did. In 1985 I invited a few friends over on Sunday afternoon for a Rose Viewing. One guest, digging into her second piece of cake without giving a second glance at the few rose bushes in the lawn, said "You should do this every year."

On such slim threads as these are traditions born.

By the Second Annual Rose Viewing the gardening schedule was set, planting more roses, mowing, weeding, and clipping all through June so that the lawn and roses would look their best. The first few years we scheduled the Rose Viewing for the Sunday closest to June 21, Midsummer's Eve. However, Heath remains cool well into June so even though the number of rose bushes continually increased the number of roses was never abundant. Nowadays we celebrate on the last Sunday of June.

The roses that have survived at the End of the Road are hardy and fragrant, but they do not bloom for a long season. The rugosas begin blooming at the beginning of June, but by mid-July most of the roses, including the albas and gallicas, are done. Some consider this a flaw: I look at it like eating strawberries in season. The brevity of the season makes their loveliness and perfume that much more precious.

For some years we invited only friends and neighbors, but once I began mentioning the Rose Viewing in my garden column it seemed churlish not to invite others. Inspired by the British gardener and wit Beverley Nichols, I consider the Annual Rose Viewing my version of Garden Open Today and a general invitation goes out. Attendance varies. Sometimes Henry only has time to help people park their cars, filling up the back lawn. Other times the attendance is lighter and he has time to visit with our guests and tell stories of the roses from his point of view.

Some people come to the Rose Viewing to find out how I keep bugs and disease from destroying my roses. They say they could never grow roses. "They are so much trouble. All that spraying and fussing. I couldn't do it," they say. Well, I couldn't do it either. And I don't. The people who fear the trouble of caring for roses are usually thinking of hybrid teas and the kind of roses that they see in florist shops. Hybrid teas are beautiful, but they are tender and wouldn't survive our winters, even if I were willing to fuss.

There is now a group of roses that are labeled EarthKind. These are not hybrids, but a group of roses that have been tested by Texas A&M and found to be hardy and disease resistant. I think they are not only kind to the earth since they don't need poisons to thrive, they are also kind to the gardener who doesn't need to fuss with those things.

One friend expressed her admiration that I was so casual about inviting people to my garden. She said the stress of hav-

ing so many people over would do her in. If she had said she couldn't believe how much of a showoff I was, I would have understood. I thought she knew me well enough to know that I am a goodenough girl. I leave perfectionism to others. I don't obsess about details. After all, when I invite guests to a dinner party I don't expect them to run their white gloves over the mantelpiece, or compare my dinner to a three-star restaurant. Neither do I expect them to count the weeds in my country garden.

On the other hand if visitors do count the weeds, that's fine, too. There are two ways of enjoying a garden – or anything else in life. You can accept the pleasures offered; in the case of the Rose Viewing that is a lovely summer afternoon (it has never rained on the Rose Viewing – yet) blessed with perfumed Heath breezes, cookies and lemonade, and chats with other gardeners. If you want to count the weeds, or catalog flaws at any event, thinking that you could do much better, you will still leave happy, feeling pleasantly superior. I remind myself that either way I have given guests the opportunity to enjoy themselves.

Pleasure in a garden is reciprocal and circular. It is hard to know where being admired and being admiring begin and end. At a Garden Open Today the gardeners have their egos stroked, and the visitors have the pleasure of being in a garden where they are not responsible for the weeds. Enthusiasms and information are shared. The sun shines, and there is nothing for us all to do but stop and View the Roses.

(Excerpted from Pat's forthcoming book, *The Roses at the End of the Road*, to be available at the end of July from the author and at local bookstores.)



This year the Rose Viewing is being subsumed by the selfguided Franklin Land Trust Farm and Garden Tour of secret gardens and special places in Heath and Charlemont The Rose Walk will join the Elsa Bakalar/Scott Prior garden as well as other Heath and Charlemont gardens and farms on the tour scheduled for Saturday and Sunday, June 25 and 26, from 9:30 a.m. to 4:00 p.m.. Tickets are \$15 for FLT members, \$20 for non-members and may be pre-ordered until Thursday, June 23, to be mailed or pickled up at registration by calling 413.625-9151 or via e-mail lalvord@franklinlandtrust.org.Tickets, good for both days, may also be purchased the day of the event at the Heath Community Hall from 9:30 a.m. to 4:00 p.m. You can also pre-order \$12 buffet lunch tickets until June 24. The lunch will be served at Jan and Cal Carr's Party Barn both days. Proceeds from the lunch will benefit the Friends of the Heath Library. For full tour information log on to www.franklinlandtrust.org.



Wild Ramblings

Natural Intersection



By Bill Lattrell

This edge between old field (a term used in ecology to describe formerly cultivated or grazed land now abandoned) and young forest undulates along the vegetated corridor and has coves and peninsulas that harbor diverse plant communities and wildlife. On the old field side there are a variety of goldenrods, field asters, mullein, pokeweed, blackberry brambles, and field grasses. The woodland side has red maple, black cherry, white ash, black birch, and sugar maple in the overstory and Canada mayflower, partridge berry, clintonia, and star flower in the understory. In between these two areas the ecotone (as it is known to ecologists) has species from both plant communities. The young tree saplings have not fully shaded out the old field species within the ecotone. This woodland expansion into the old field has created an intersection common in the natural world. It is a place where plant species are plentiful and so is the wildlife that will take advantage of the ample cover and forage that these merged areas provide.

Ecotones can form wherever two different plant communities join; adjacent forest types, forest to riverine corridor, young (usually mowed) field to old field, old field to wetland or marsh. The possibilities are nearly endless. Wherever this combination of two plant communities occurs there are increased numbers of plant species and an abundance of wildlife habitat; nature's oasis in the wild...

For years and years I have been fascinated by natural intersections. These occur in all facets of the natural world. They can happen botanically, biologically, geologically, atmospherically, and even personally. It is these intersections that often create new habitat, new hope, and even new species. Without them the world would have never evolved or changed.

Intersecting chemicals and intersecting conditions created the first life on this planet we call Earth. Whether you think this was caused by random selection or divine intervention matters not. The fact is that the joining of two unlike entities started the ball rolling that continues on to this day several billion years later.

As I am investigating this old field/young forest ecotone I happen upon some eastern coyote scat. The scat is full of hair and closer examination tells me it is the hair from a cottontail. The low browse found in this edge attracted the cottontail to forage. The coyote was attracted to the area because of the availability of prey and good cover from which it could stalk and hunt. As the plant community matures, and saplings turn into trees, the ecotone will find a new position in the old field.

The eastern coyote is the perfect example of natural intersection. As the western coyote needed to expand its range and moved eastward some took the northern route over the top of the Great Lakes through the Canadian Province of Ontario. This transition and expansion took years and years. Along the way some of the western coyotes bred with gray wolves. This new species moved along, with genetic adaptations and differences, to settle in eastern Canada and the northeastern United States. Today in central New England the coyotes that we see are from 20% to 80% gray wolf. This new species, called eastern coyotes by some and coy-wolves by others, is uniquely adapted to inhabit Quebec, the Maritime Provinces, northern New York State, and New England (primarily Maine, Vermont, New Hampshire, and western Massachusetts). Unlike the gray wolf this new species has kept its coyote-ability to live close to humans. The eastern coyote is much larger than the western coyote and it has powerful jaws, much like its relative the gray wolf. It can take down white-tailed deer and has made an impact on the burgeoning deer populations found in some areas of eastern North America. It is a predator to be reckoned with and has filled a niche long abandoned by larger predators extirpated by our European ancestors who resettled this part of our continent. The eastern coyote is the perfect intersection between two animal species; a wily predator that can withstand human pressure.

While pondering all of this I find a fallen tree where I can sit down and rest. The mossy surface on the horizontal trunk provides some padding that makes sitting much more comfortable. Adjacent to where I sit there is a large boulder, often referred to as a glacial erratic because it was transported by the great ice sheet some twenty thousand years ago and left behind at this location as the ice melted and retreated to the north. The rock might appear nearly lifeless to some but in fact contains a large colony of lichen, another perfect natural intersection, but this time between two different life forms. Fungi and algae (or cyanobacteria) work together symbiotically to form a composite organism that has survived for millions of years. Some believe that lichen is a mutualistic arrangement where fungi provide structure and primary nutrients from minerals and the algae provide photosynthesis. Others believe the combination is in reality controlled parasitism where the fungal organism enslaves the algae to live on the food produced by photosynthesis. In either arrangement this convergence of two species is a wondrous example of natural intersection.

As I sit here, a fresh spring breeze recharging my batteries and a blue sky overhead brightening my spirits, my mind wanders to a more personal intersection. I think about what a personal miracle it was for me when I met my wife Maureen. Two separate lives that were channeled on two parallel paths. The odds of us meeting might seem as if they were pretty slim. And yet one evening in one of our first

("Natural Intersection" continued on page 9)

("Natural Intersection" continued from page 8)

heart-to-heart talks where we held hands and looked into each other's eyes we realized that we had come close to meeting each other previously. It was at a large university where I was doing fund-raising for the American Indian Movement. As I spoke to the group my wife sat amongst those attending. Most were students. At the time she thought me too serious, and certainly not a candidate for a future mate (but she remembered me!). That opportunity was lost. We would not cross paths for several years. Even the event that actually put us together almost did not happen. Years later I had interviewed my wife and several other qualified people for a job working with disadvantaged youth. Our interviewing committee had selected Maureen. I called her to offer her the job but she declined as she had been offered another job. I was unusually disappointed and in fact could not put my finger on why I felt so let down that she did not take the job because we had several highly qualified candidates. Just as I was about to call our second choice Maureen called me back and asked if the job was still available. I wondered how she could be so indecisive but didn't dwell on this thought and told her we would glad to have her onboard if she was willing to accept the job offer. This was, without a doubt, the most critical few moments in our lives. Somehow there was a guiding force, perhaps some sort of spirit guide or universal magnetism, that brought us together. To my way of thinking it was a natural intersection that led to a wonderful life, wonderful children, and lifelong love.

With the conclusion of this fond memory, I stand to walk over to a brook that flows east. The waters from this stream will join three other rivers, each one larger than the previous until it eventually drains into the Connecticut River which is the largest river in New England. The Connecticut River is some four hundred miles long and drains into the Atlantic Ocean near Old Lyme, Connecticut. This intersection between fresh water and salt water is one of the most glorious overlaps between two different ecosystems. It is a place where the crossover between fresh water and salt water is the host to almost countless species. This intersection provides an important gateway for salmon, striped bass, American eels, and shad to enter habitats that hold the specific elements for successful breeding. Numerous macroinvertebrates (animals without backbones) live off of the plentiful nutrients swept into the seas by this mighty river at the crossroads of river and ocean. These intense colonies of benthic invertebrates provide forage for larger insects, fish, and mammals. These places where rivers and ocean converge are one of Earth's richest habitats; certainly amongst the most valuable natural intersections on this planet.

To the north of the brook is a vernal pool. This pool is the birthing place for spotted salamanders and wood frogs. It holds fresh water fairy shrimp and caddis fly larvae that build miniature homes of sticks and a natural glue emitted by the larvae. The miniature homes are cylindrical and hollow where the larvae seek refuge from predation. The stick homes resemble other detritus that lines the vernal pool bottom. Some of the spotted salamanders have hatched and I am reminded of a vernal pool south and east of here where Tremblay's salamanders can be found. The Tremblay's salamander is a perfect natural intersection. It is a hybrid salamander produced by blue spotted salamanders and Jefferson salamanders. The result is an all female genus that when mature breeds with a male blue spotted salamander. The male chromosome from the blue spotted salamander only stimulates the Tremblay egg's devel-

opment; its genetic material does not come into play. Only new female Tremblay's salamanders are created from this natural intersection. Silvery salamanders have a similar natural history. They are created from the same species, a different species as the result is developed, and they are all female as well. It is these oddities that make natural selection and intersection so fascinating.

The day is wearing thin. The sun in the west begins to intersect with the horizon. As it disappears below the edge where earth meets sky, intense colors of orange, red, and salmon pink bleed across the sky to create the perfect canvas; a natural painting that cannot be exactly replicated or repeated. This last natural intersection of the day will remain in my mind well into the darkness of night. And tomorrow morning when the new day begins a new intersection will happen in reverse order. Darkness becomes light. The morning twilight created by the rising sun will signal the end of night and delineate the beginning of a new day. And we will start all over again as new intersections produce new hope across this planet and the universe beyond.

Finance Committee Report

The Annual Town Meeting will be continued on Monday, June 20, at 7:00 p.m. at the Heath School. Preceding will be a Special Town Meeting at 6:30 p.m. At the May 7th meeting, voters approved all articles on which they voted. Veterans' Benefits were approved as part of Article 3. The Town will be reimbursed 75% of that amount. The three remaining articles for the June 20 meeting are Article 22 to purchase the Mackie property and Articles 26 and 27 to revise the Zoning Bylaws.

The Finance Committee will continue to meet in the weeks prior to June 20. We have been thinking of new ways for the Town to have library, office, and storage space. You are invited to attend our meetings. The minutes can be found on the FIn-Com page of the Town's Web site.

Submitted by Ned Wolf Don Freeman, Chair Ned Wolf, Secretary Jan Carr, Dave Gott, Jeff Simmons



Benson Place News, Blues, and Views

By the time you read this we hope that the rains of May will have offered enough glimpses of sunlight to allow the bees to pollinate blueberry blossoms!

Thanks again to everyone who has supported our farm preservation efforts here for several years. Private contributions plus raffle proceeds from drawings during this past winter netted some funds to help with long-term support of the conservation easement and trail easement that Ted Watt and I have donated to the Franklin Land Trust.

Raffle winners included:

Blueberry vase from Heath Brook Studio - Bob Gaffney of South Deerfield; Fly fishing rod by Dave Turner - Mike Schnorr of Heath; Gift basket and pottery by Jay Pope - Pat Fiero of Leverett; Drawing of a Heath barn by Fred Burrington - Mike Freeman of Heath; Weekend stay in our farm cottage - Sue Samoriski of Buckland; 2011 Woodward calendar - Barbara Vernon of New Jersey and Heath

On Saturday, July 9, there will be a Benson Family gathering here in Heath. All descendants and friends are welcome and may contact me for more information at 337-5340 or benplace@gis.net.

The 10th annual Wild Blueberry Jubilee at The Benson Place will be held rain or shine on August 6 from 11:00 a.m.-5:00 p.m. at the farm, which is at 182 Flagg Hill Road in Heath. Please note the new times.

~ Dave Gott

FUNDING NOW AVAILABLE! HOUSING REHABILITATION PROGRAM

The Franklin County Regional Housing and Redevelopment Authority (HRA) is administering deferred payment loans on behalf of the town of Heath. Income eligible applicants who qualify for a full-deferred payment loan will be able to borrow up to \$30,000.00. This is a 0% interest, deferred payment loan, the loan is secured by a lien placed on your property, and the loan is due when you sell or transfer the property. The goal of this program is to enable low to moderate-income homeowners to bring their homes into code compliance. Examples of eligible work include: Roof replacement, foundation repairs, electrical and plumbing, windows, wells, septic replacement and much more!

Homeowners must have an annual gross income equal to or less than the following amounts:

# In Household	Gross Annual Income		
1	\$43,800.00		
2	\$50,050.00		
3	\$56,300.00		
4	\$62,550.00		
5	\$67,600.00		
6	\$72,600.00		
7	\$77,600.00		
8	\$82,600,00		

If you are interested in receiving an information and application packet please contact: Charity @ (413) 863-9781 ext. 132 or cday@fchra.org

Council on Aging Appreciation Luncheon



Standing left to right: Carol Chagnon, Val Kaempfer, Eileen Tougas, and Margo Newton. Seated left to right: Dorothy Sessions, Alli Thane-Stetson, Theresa Peters, and Jane deLeeuw.



Untitled

So my dog died Things just aren't right

So food has lost some flavor The sunsets are not quite as red

So a friend I could confide in

Drink has lessened its appeal

So the seat next to me is empty when I go on my dump run The air is not as sweet

So pure love is buried in my yard

A piece of me is in that earth

So a quiet tear is shed The days have lost some luster

So my dog died

So it goes Thank-you for being a part of my life

I will never forget

~ Robert Bourke

Jerry Ferguson

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- * Obtain Wonderfully Wild Blueberry Spread and Blueberry Apple Juice at the farm and at many local stores. See Web site for details.
- * 10th Annual Wild Blueberry Jubilee: Saturday, August 6, 11:00 a.m. to 5:00 p.m. (new time!). Rain or shine. Great food and music, farm education, family activities, and modest amounts of PYO.

Stop by or contact us anytime to walk this beautiful land! 182 Flagg Hill Road, Heath. 413-337-5340, www.bensonplace.org

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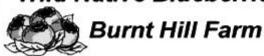


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This section is free to Heath Farmers, and is made possible by the sales of Carroll Stowe's compilation "The Way it is in the Country." Agricultural producers should submit their information to *The Heath Herald*, P.O. Box 54, Heath, MA 01346.

Heath Fair News

Annual Heath Agricultural Fair, August 19-21, 2011

Preparations for the 94th Annual Heath Agricultural Fair are well underway. The program is shaping up and there are some important changes and exciting new events of which you will want to make note. Wednesday Night Work Bees commenced in May and there are some new faces among our Fair officers and volunteers.

Fireworks and Square Dance Move to Friday Night!

We are kicking off the Fair with fireworks this year. The square dance will be on Friday night, too. Combine with that the Church Ladies Ham and Bean Supper, Prize Bingo, the Antique Tractor Parade and Pull, and great music from Girl Howdy, and you've got yourself a good old-fashioned night at the Fair.

Goats

Sheila Litchfield and Ellen Jenkins are organizing a genuine Goat Show. As of this writing the application has been submitted to make it an official American Dairy Goat Association Sanctioned Show. Watch our Web site, <u>Heathfair.org</u> for updates and get your animals vaccinated and ready!

Poultry and Rabbits

In the spirit of strengthening the agricultural character of the Fair, and with substantial support for a Community Foundation Grant, we are expanding our Poultry and Rabbit Barn. Justin Lively, our new Copresident, is the captain for this project and is organizing the volunteer work crew. We will double our capacity for entries and be able to keep both rabbits and poultry on exhibit throughout the Fair weekend.

Cattle

No square dance on Saturday means the barns will be available for animals overnight. We are hoping this will make the Fair more attractive to 4-H-ers and others and beef up (sorry) cattle entries.

New Fair Secretaries

Bob Bourke and Kara Leistyna are our new Fair Secretaries. Bob and Kara have been active in the Franklin County Fair for years, and we are delighted to have their expertise and energy applied to the Heath Fair. Bob is a Master Gardener and will also give a talk at the Fair in the Speakers Tent on composting. As an active member of the Whately Historical Society, Kara has been an organizer for their spring and fall festivals. She is also Heath's new town coordinator. Bob and Kara grow apples and make cider. They raise chickens, herbs, flowers and vegetables, including asparagus, at their home just south of Heath Center. You can recognize their place by the cart offering eggs and produce for sale. Bob and Kara's four children, Dan, Maura, Dylan, and Katherine are also veteran fair volunteers.

Exhibit Hall Entry Deadline August 12.

Now is the time to be planning and preparing your prize winning Exhibit Hall entries. Bob and Kara are receiving Exhibit Hall entry registrations at 15 South Road. The deadline for entry is Friday, August 12, 2011 at 5:00 p.m.

Midway, Crafts Vendor Booths

There is still some space on the midway, but it is going fast. Contact Heidi Griswold (337-4079) for details to register.

Work Bees Need You

Work Bees have gotten off to a soggy start. Hopefully by the time you are reading this the rains will have abated and the mowing will be underway. Call Dave Freeman (337-4766) if you would like to lend a hand. Work Bees happen every Wednesday night from now until September, 6:30 p.m. until dark. A list of tasks will be posted in the red Green Building, alias Food Booth Barn. Come Wednesday nights with bug juice, garden and cleaning tools, or, if Wednesdays don't work for you, come choose a job to complete on your own time. Call Christine O'Brien (337-4766), Justin Lively (834-0168, cell), or Pam Porter, (337-5525) for information about how you can help get the Fairgrounds ready.

Rentals

Once again the Fairgrounds are available for rental for family or organizational events. We are looking forward to hosting the Yankee Beemers in August and the Massachusetts Motor Cycle Association in September. Call Christine O'Brien for rates and availability.

June Draws June 25-26.

The Ox Draw is on Saturday, the Horse Pull on Sunday. The Food Booth at the pull ring will be open all day. Admission is \$7.00. Call Cindy Clark for information, (337-7761).

Looking forward to seeing you on Wednesday nights!

~ *Pam Porter*, Copresident Heath Agricultural Society



By Jeanine Heil, Principal

It's hard to believe that we're in the homestretch here. The next few weeks are filled with school-wide events, field trips, and wrap-ups. Some of the exciting events on the calendar are:

June 01 – Colonial Fair for 5th/6th grades

June 03 – Project Safeguard at Mohawk for 6th grade

June 06 – Strings Concert, 2:30 p.m.

June 07 – Field Day (rain date June 8)

June 09 – Volunteer Brunch

June 15 – School Beach Day at Rowe Lake, p.m.

June $16 - 6^{th}$ grade graduation, 6:30 p.m.

June 20 – Last day for students

Don't forget to come see our young musicians on June 6 as they perform one more time this school year. The show begins at 2:30 p.m.

As we wrap up this school year, we begin to look ahead to the 2011-2012 school year. A "Pastries with the Principal" meeting was held on April 29 to share the classroom configurations for September. We will have four classroom teachers for 2011-2012. The configurations will be:

PreK/K

1st/2nd

3rd/4th

 $5^{th}/6^{th}$

The staff and I have begun to plan for the fall. We will be working on designing a master schedule that will provide more in-class support for this multi-grade model. A paraprofessional will be assigned to each classroom, in addition, special education and Title I math and reading staff will also team-teach more frequently with the classroom teacher. This will allow teachers to place students into small groups so that their needs may be better met. Teachers have been trained this spring on a new reading assessment tool that will assist them in monitoring the progress of the students throughout the year, as well.

Additionally, Heath School will open a new concept – a math lab. Administration and Title I staff will oversee the lab. Students will come to the lab for reinforcement and enrichment. It is another tool the staff will be using to meet the needs of students in a multi-grade classroom.

As you can see, the Heath students and staff have been incredibly busy this spring. We hope you can join us for our exciting end-of-year events. A special thank-you to the community for a wonderful school year!

Heath School Committee Update

There is good news to report. The 2012 Mohawk Trail Regional School Budget has been approved by the Towns. This has meant a reduction for Heath's assessment. It was a pleasant surprise to have something in our budget be lower than last year.

The Town has approved \$15,000.00 for Preschool support. Even adding this figure in; we spent less on our town assessment for Mohawk. It is going to be very interesting to see exactly how the Preschool shapes up this year. The main thing that we will look at is how many students are in our Preschool and how many are Heath residents.

The Education Subcommittee has been reviewing the use of the virtual school at Mohawk. Mohawk signed up four students to take an online course through the virtual high school. It has proved to be a difficult process for the students. They must be self-starters, and the Web site is difficult to navigate.

The Building Subcommittee has received the bids from the designer for the Colrain Central School roof and windows and the Buckland-Shelburne roof. There is investigative work ongoing for the Mohawk roof. We are hopeful that the MSBA grants will be extended into 2012. We'll keep you up-to-date on the progress.

The 3D Transportation Subcommittee was recently updated on the progress of ongoing training for bus drivers and students to carry over the anti-bullying laws from the classroom to the buses. The process will be done again shortly after the start of school in September. We continued our review of mileage, age, and repairs of all vehicles for the district. There are no issues to report on the Heath buses.

Heath Elementary School is looking for some interest from the Heath community. They need a community member for their LEC (Local Education Council). This is a wonderful opportunity to be involved with the local school. This is also a great opportunity to wear multiple hats by looking out for the Heath children and the Heath taxpayers. It involves attending one LEC meeting a month as well as volunteering to represent the Heath LEC at some of the School Committee meetings. If you are interested, please contact Jeanine Heil at (413) 337-5307.

We will keep you updated as to what is going on with School Committee. Please feel free to contact us with any questions or comments. We are here to voice your opinions and concerns.

> Town of Heath Mohawk Trail School Committee Reps. ~ Ann Pacino Rebecca L. Allen

Heath Preschool preregistration for the 2011-2012 school year is now in progress.

Children who will be 3- or 4- years- old by August 31. 2011, are eligible to enroll. Please contact the Heath Elementary School by calling 337-5307 to request an application form.

Mohawk 2011 Graduates



Emily Pacino, daughter of James and Ann Pacino.

While at Mohawk, my high school activities included secretary of the Key Club and an in-depth involvement in the Music Department, participating in chorus, band, and jazz band. I play the flute and the tenor sax. I was also a teaching assistant for the Select Chorus and organized the costuming for the school play productions.

I will attend Mt. Ida College in Newton where I plan to work for a degree in Human Services with a focus on Child Development.



Elana Posl-Lumbis, daughter of Monika Posl and William Lumbis.

While at Mohawk I participated in the tennis program, and my favorite subjects were English, both Post Modern and Advanced Humanities. My outside interests include tennis, drawing, and writing poetry.

In the fall I plan to attend Greenfield Community College and, at the moment, am thinking of majoring in Interior Design.

The Heath Herald Staff wish to extend sincere congratulations to the 2011 Heath Graduates and to their proud parents

Best wishes for a shining future!



Library Lines



By Donald Purington

You probably have a Netflix account or know someone who does. Ten dollars a month gets you access to downloadable movies or DVDs sent to your mailbox. Sign up online, search for and add movies to your list, and either download one immediately or watch your mailbox for the distinctive red and white Netflix envelope. When the movie arrives you watch it, return it, and get another.

Did you know the Library offers a similar service with no monthly fee? All you need is your library card and the same computer that you use to access Netflix. Go to the Heath Library Web site (http://www.heathlibrary.org/p/catalog.html), and click the link to the online catalog for all the public libraries in Western Massachusetts. Login to your account, search for a movie or TV series, then click the "Request" button. It will be added to your "Hold" list and a DVD will be sent to the Heath Library via the Inter-Library-Loan delivery system. We'll call you when your movie arrives. You can add up to 10 movies to your "Hold" list.

What if you don't like to use computers, don't own one, or the dial-up connection is driving you s-l-o-w-l-y c-r-a-z-y? Here's where the Library has a big advantage over Netflix. No computer required – just come to the Library with a movie title and Don or Lyra will request it for you.

Please come to the Library for more information and to browse our growing collection of DVDs.

A Few of the New Items at the Library:

DVDs: *Upstairs, Downstairs* (2010) three new episodes of the hit 1970s BBC series, with a new cast but the same setting: 165 Eaton Place, London, England in 1936; *True Grit*, the 2010 remake starring Jeff Bridges; *Royal Wedding: William and Catherine*, the two hour BBC condensed version for those who didn't get up at 4:00 a.m. to watch the live broadcast; *Black Swan, The Cazalets, Firefly – The Complete Series* (science fiction), *American Experience: Freedom Riders, Any Human Heart, Gnomeo and Juliet, Land Girls, Small Island*, and *Tangled*. These DVDs were purchased with funds from the Heath Council on Aging and the Friends of the Heath Free Public Library.

Adult Fiction Books: Sixkill by Robert Parker, The Snowman by Jo Nesbo, Dolci Di Love by Sarah Kate-Lynch, The Sixth Man by David Baldacci, Caleb's Crossing by Geraldine Brooks

Adult Nonfiction Books: A Reason to Believe: Lessons From an Improbable Life by Deval Patrick, The Greater Journey: Americans in Paris by David McCullough, Collected Poems 1943-2004 by Richard Wilbur

Audiobooks: State of Wonder by Ann Patchett, Red Herring by Archer Mayor, Caleb's Crossing by Geraldine Brooks, A Reason to Believe by Deval Patrick, Morning Song: Poems for New Parents edited by Susan Todd and Carol Purington. These audiobooks were purchased with funds from the Heath Council on Aging and the Friends of the Heath Free Public Library.

Books for Young Readers: Fantasy Baseball by Alan Gratz, The Penderwicks at Point Mouette by Jeanne Birdsall, The Pirate Captain's Daughter by Eve Bunting, Queen of the Falls by Chris Van Allsburg, and School Days According to Humphrey by Betty G. Birney – the newest adventures of everyone's favorite 2nd grade classroom hamster (arriving at the Heath Library in early July)

Children's Picture Books: *Ribbit Rabbit* by Candace Ryan, *The Secret Box* by Barbara Lehman, *Cloudette* by Tom Lichtenheld, *Seasons* by Anne Crausaz

Summer Reading and Crafts Program

The Heath Free Library invites children ages 5-12 to participate in the free Summer Reading and Crafts Program. Join Lyra Johnson in exploring other cultures with the nation-wide theme of "One World, Many Stories." The crafts sessions will be held at the Community Hall on July 6, 13, 20, and 27 from 6:30-7:30 p.m.

Please stop by the Library to sign up and pick up a Summer Reading Log for children to keep track of books read. Later, bring in the filled-out log to receive a gift certificate to World Eye Bookshop.

Please call the Library for more information-337-4934 ext. 7, open Monday, 3:00-7:00 p.m., Wednesday, 12-7:00 p.m., and Saturday, 9:30 a.m.-1:30 p.m.

~ Lyra Johnson

Heath Business Directory

The Benson Place

Wild Blueberries & Blueberry Spread 337-5340

Fred Burrington

Artist 339-0030

Robert Delisle

Electrician 337-5716

Russell E. Donelson

Design/Construction/Cabinetry 337-4460

Jerry Ferguson

Home Improvement Lic. Electrician 337-4317

Earl M. Gleason

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Bonnie Wodin

Custom Gardens & Landscapes 337-5529

John Mooney **Custom Remodeling** 337-8344

Wanda Mooney

Realtor 337-8344

Tripp's Blueberries

Taylor Brook Road 337-4964

Heath Brook Studio

Glass and Baskets 337-5736

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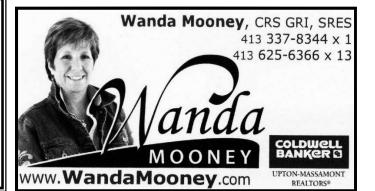
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Osteoporosis and Wellness Program



By Claire Rabbitt, RN

Following up on my last article on osteoporosis, I signed up to take leader training for the osteoporosis prevention exercise class in June. I hope to be able to begin a weekly class at the Heath Community Hall by late June. The class will include exercises to improve balance as well as strengthening muscles and bone. The exercises are not strenuous. In fact they begin with exercises done while sitting in a chair. Improving balance is important for fall prevention and very beneficial for anyone over the age of 55.

The class is through a Federally funded program and is free. I will determine the day and time according to what works best for those interested in coming, either on Tuesday or Thursday, as I am there for my office hours on those days. I will start a sign-up sheet at Senior Luncheon, on which people can indicate their preference, or just call and let me know. Before participants are allowed to use weights, permission from their health care provider is required.

My office hours continue to be on Tuesdays, 12:15-1:15 p.m. and Thursdays, 11:00 a.m.-1:00 p.m.. I am also available for home visits, if needed, or call for an appointment if you need to see me at another time. I am able to check INRs for people on coumadin. My office number is 337-4847. and home number is 337-8309.



Board of Health

The Heath Board of Health would like to send a heartfelt Thank-You to all of you who turned out for the first half of the Annual Town Meeting. For those of you who were there, you should realize that you approved the purchase of a Reverse 911 System. This is a program that will call the entire town with a prerecorded message to inform you of an emergency situation. This system will be purchased and set up after the beginning of the 2012 fiscal year.

The Board is writing this to explain some instances where the system would be used and also where it will not be used.

This system will be used to make calls for:

Road closures States of Emergency Shelter openings Pandemic situations **Evacuations** Chemical or radiation spills The system will **NOT** be used for the following:

Town meeting information Board meeting announcements Information session announcements School closings and other school information Information from nongovernmental organizations Fund-raisers

You may register your home phone number, cell phone numbers, and e-mail addresses at any time by contacting the Heath Board of Health. You can call the Heath Board of Health at (413) 337-4934 Ext. 8 or e-mail your contact information to boardofhealth@townofheath.org. Please include your first and last name, street address, primary phone number, additional numbers, and e-mail addresses.

> Rebecca Allen, Chair Elizabeth Nichols, Clerk Karen Brooks, John Doherty, Robert Bourke

Selectboard's Report

Summer Meeting Schedule

The Board meets every Monday evening at 7:00 p.m. in Sawyer Hall until June 20 and every other Monday thereafter, unless posted otherwise.

Town Election Results

Town Elections were held on Friday, May 6. The results were as follows:

Selectman – Brian De Vriese Finance Committee – Don Freeman Assessor – Alice Wozniak Planning Board – Calvin Carr Moderator – Doug Wilkins Library Trustee – Kate Bailey Dog Officer – Robert Tanner Constable – Jeff Simmons Constable – Robert Tanner

Special Town Meeting

This year's Annual Town Meeting on Saturday, May 7, was preceded at 8:30 a.m. by a Special Town Meeting. There were 10 "housekeeping articles" on the warrant that consisted of transferring money from accounts with surpluses to those with deficits. The entire warrant was approved unanimously.

FY12 Annual Town Meeting & Town Elections

The Annual Town Meeting followed the STM at 9:00 a.m. There were 28 articles on the warrant. The Selectboard and the Finance Committee had previously agreed to recommend to the meeting that all budget items other than school items be passed over due to the lack of an official tax rate. When Article 3, the itemized town budget, was brought to the floor, members of the meeting opposed passing over it despite the recommendations of the BOS and FinCom. The motion to pass over was defeated and the article was voted and passed. The preschool support line was increased by \$5,000 this year with the intention of making the Heath Preschool "tuition free" to compete with the status of the neighboring town preschools.

A motion to move Article 22, the Mackie property purchase, up on the agenda was made from the floor. It was narrowly defeated. Articles 4 through 21 passed with little discussion and included \$50,000 from Free Cash to reduce taxes and \$110,000 for a new truck and wing plow.

When Article 22 was brought to the floor a lively discussion ensued. A motion to table the article was made by a member of the Library Trustees and discussed. A ballot vote was taken after two head counts proved inconclusive. The ballot vote approved the motion to table by two votes.

Articles 23, 24, and 25 all passed. Article 24 was the second vote needed to establish a "municipal light company" for the purposed of joining the Wired West Collaborative to help bring broadband communications to Heath. Article 25 appropriated the \$1,000 annual membership fee.

Article 26 was the "Smart Growth" amendment to the Heath Zoning Bylaw. A Power Point presentation was made by members of the Planning Board to the meeting. The Planning Board decided to table the article and the related Article 27. The motion passed. The Selectboard made a motion to continue the meeting to Mon-

day, June 20, at 7:00~p.m. at Heath Elementary School. The motion passed.

Special Town Meeting

Another Special Town Meeting will be held on Monday, June 20, at 6:30 p.m. at the Heath Elementary School. Several transfers will be voted on.

Annual Town Meeting Continued

The Annual Town Meeting on Monday, June 20, at 7:00 p.m. at the Heath Elementary School will act on Articles 22, the Mackie property purchase, and Articles 26 and 27, the Smart Growth amendments to the Heath Zoning Bylaw.

Municipal Facilities Committee Formed

The Selectboard has reconstituted the former Space Study Committee to evaluate the current status and future needs for town facilities based on work done in 1999 by the previous committee. Two new committees have been formed: the "Municipal Complex Committee" will focus on Highway, Fire, and Police Departments, salt shed, and Emergency Operations Center needs, and the "Space Needs Task Force" will focus on office space, record files, and equipment storage needs for town offices, town committees, the Community Hall, Town Nurse, Post Office, Library, and town permanent archives. Representatives of the various committees are being asked to participate on these newly formed committees. Residents interested in participating can contact the Selectboard.

The first meeting of the Municipal Complex Committee was convened in April with Bob Bourke elected as chair and Bob Viarengo as secretary. Ken Gilbert and Jeff Simmons are members, and Mike Smith and Brian De Vriese are ex officio members. The group was given tasks such as gathering data on municipal facilities and locating base maps of Town property. When the information has been assembled the Committee will reconvene.

Heath Online

Take some time to visit the Town's Web site at www.townofheath.org. You'll find Selectboard meeting minutes, school information, and much more. You may contact the Board at Bos@townofheath.org. Send messages to any board or individual via the e-mail address, or visit the Heath Web site. The new Web page is up and running. Please have a look and let us know what you think.

~ Heath Selectboard Thomas Lively, Chair Brian De Vriese, Sheila Litchfield



Welcome New Town Coordinator Kara Leistyna!



When I entered the Town Offices, I was greeted by our new Town Coordinator, wearing a big smile, and calling me by my first name, and I was there to welcome her! I was put totally at ease by this nice greeting, and we set about conversing about her work background, her family, and her love of Heath.

Kara comes from Amherst and Whately and has a degree in Anthropology from the University of Massachusetts. For the past ten years, she has worked for a Northampton

firm doing audience research, for instance, for museums, testing visitors' experience to give museum officials information on how to be visitor-friendly. When asked why she sought the town coordinator position, she replied, "because it would give me an opportunity to connect with the community," and, frankly, because since moving to Heath, she was finding the daily commute to Northampton a trial.

And how did they find Heath? She and husband Bob Bourke, after deciding they wanted more land, searched the area until they found "the house" (of late, the Nichols-Wilmeth house on South Road). It was "love at first sight." As she said, "The house bought us." Between them, she and Bob have four children, Dan who has joined the Navy following in Bob's footsteps; Maura, a high school junior and Gold Medal Gymnast; Dylan, a high school senior, and Katherine, a sophomore in high school. According to Kara, they all get along famously and love Heath as do their parents. From the time of their arrival here, Kara said they were met with warmth and friend-liness and a sense of immediate inclusion.

She loves gardening, mostly herbs and flowers at first but moving more into vegetables (check out the stand in front of the house), cooking (they are members of the Gourmet Club), and most of all, "my passion," designing and sewing historic costumes, "a way of connecting with history."

And while you are registering your exhibit entry at the Heath Fair, say hello to Kara and Bob, who in addition to their active community service and home life that also includes cidermaking, raising chickens, and selling eggs, have signed on to be the new secretaries of the Heath Fair.

From any point of view, they are very welcome additions to our community!

~ Jane deLeeuw

The Old Town House



2011 TOWN ELECTION RESULTS

121 REGISTERED VOTERS OR 23.3% TURNOUT.

SELECTMAN		PLANNING BOARD	
Brian DeVriese Gloria Fisher Donald Dekker Robert Tanner Blank ASSESSOR	Votes 98 12 1 1 9	Calvin Carr Gloria Fisher Jenna Day Gary Singley Mike Smith David Thane Blank	100 1 1 1 1 1 1 16
Alice Wozniak 83 Douglas Mason 33 Blank 5		LIBRARY TRUSTEE	
MODERATOR	3	Kate Bailey MaryBeth O'Dea	68 1
Doug Wilkins Don Freeman Gary Singley	83 1 1	Blank DOG OFFICER	52
Blank	36	Robert Tanner Blank	113 8
FINANCE COMMI		CONSTABLES (2)	
Don Freeman Kathryn Inman David Freeman	61 50 1	Jeff Simmons Robert Tanner	106 110
Jeff Simmons Blank	1 8	Blank	26

Heath Historical Society Open House Schedule

This summer the Heath Historical Society will open the doors of the Old Town House and the Center Schoolhouse on the following dates:

- * June 25 and 26, 10:00 a.m. to 4:00 p.m.
- * July 16, 10:00 a.m. to 1:00 p.m.
- * August 27, 3:00 p.m. to 5:00 p.m. (before the Society's Annual Meeting)
- * September 17, 10:00 a.m. to 1:00 p.m.

During the 94th Heath Fair (August 19, 20, and 21), the Solomon Temple Barn Museum on the Fairgrounds also will be open to visitors. Fort Shirley on Hosmer Road is open every day.

All are welcome – please come in and see the collections!

~ Nina Marshall, President

Milestones

Johannes Clausen of Conway, died on April 18, 2011. Born in Bergen, Norway, on August 19, 1913, he was the son of Ivar Mikal Clausen and Jenny Sofie Johannessen. He studied at the University of Kiel, Germany, and at the University of Oslo where he went on to teach and receive a PhD in psychology.

During the German occupation of Norway during the Second World War he was arrested for his role in the Norwegian Underground and was imprisoned in a concentration camp. In 1947, he came to the United States to study experimental psychology and in 1949 married Martha Battle of Tennessee.

After a time back in Norway, they returned to the States where he headed research at the Training School in Vineland, NJ, and at the New York State Institute for Basic Research in Mental Retardation.

They spent their retirement years in Conway.

He is survived by his wife; his son, Jo Clausen; his daughters, **Elizabeth Nichols and Kathryn Inman**, both of **Heath**; nine grandchildren, and four great-grandchildren.

Elinor Roberts Hartt of Greenfield and long-time summer resident of Heath, died on April 17, 2011. Born on November 2, 1918, in Jamaica, NY, she was the daughter of Elijah and Ida Maeder Nostrand.

Elinor graduated from the National Cathedral School of Washington, DC, and studied at the Arts Students League in New York City. She was a professional artist represented by the Betty Parsons Galley in New York. Her drawings are in many collections including those of the Hirshhorn Museum and National Gallery of Washington, and the Fogg Museum of Cambridge. She was also a lifelong poet, her work appearing in various journals. A volume of her poetry, *Chiaroscuro*, was published in 2005.

She married David Roberts, Dean of Students at Union Theological Seminary in 1945. Dr. Roberts died in 1955. In 1987, Elinor and Julian N. Hartt, Professor of Philosophy and Theology at Yale University and the University of Virginia, were married. They made their home in Charlottesville, VA, before moving recently to Greenfield.

She is survived by her three daughters, Kathleen Roberts of New York City, Wendy Roberts of Laurel, DE, and Diana Roberts of Greenfield; three stepchildren, Beverly Ann Gouaux of Denton, TX, Susan L. Hartt of Hamden, Ct, and Julian H. Hartt Jr. of West Hartford, CT; three grandchildren, a step-grandson, and a great-grandson.

A service celebrating Elinor's life will be held on August 14, 2011, at the Charlemont Federated Church. Memorial donations may be made to ArtSpace, 15 Mill Street, Greenfield, MA 01301.

Kaylee Constance Jackman was born on April 25, 2011, daughter of Nathan and Elizabeth Kuehl Jackman of Greenfield; granddaughter of **Dennis Kuehl of Heath;** Jill Kuehl, Wayne and Chris Jackman of Conway, and Mike and Doris Frazier of Worthington; great-granddaughter of Warren Kuehl of North Carolina and David and Connie Jackman of Conway.

Hazel Scully-Henry was born on April 17, 2011, the daughter of Jesse Porter-Henry and Amy Scully of Chesterfield, the granddaughter of **John Henry** and **Deborah Porter of Heath**

and Linda and Fred Scully of North Adams. She is the great-great-grandniece of **Hazel Porter of Heath.**

Charlotte Viola Smead was born on April 5, 2011, daughter of Steven and Julie Smead of Heath; granddaughter of Corrina Hill of Pittsfield, Michael Hill of Athol, and Michael and Veronica Smead of Heath; great-granddaughter of Fred and Elizabeth Towle of Orange, Michael and Patricia Hill of Templeton, and Robert and Arlene Thorndike of Shelburne.

Heath People in the News



Heath Constable, Finance Committee member, volunteer firefighter **Jeff Simmons** was awarded a Star of Life medal at a recent meeting of the American Ambulance Association held in Washington, DC. This award is designed to pay tribute to outstanding EMS professionals.

Jeff has been a member of the Cataldo Ambulance Service in Somerville since 2008

and has had some 28 years of experience in a variety of systems.

Among the kudos given to this public servant was recognition of his "continuous dedication, compassion, and constant motivation of his colleagues."

"Jeff sets the bar high on his shifts, tirelessly advocating for patients."

CONGRATULATIONS, JEFF!

Bob & Donna Tanner Honored at Heath Fire Association Banquet



After 36 years of dedicated service to the Heath Fire Department, Robert Tanner Jr. decided it was time to retire. Regretfully, at the December Association meeting Chief Smith accepted Bob's departure and announced it to the members saying, "For as long as I can remember Bob has been a member

of this department." In recent years Bob has spent a good deal of time at the station during emergency calls helping to dispatch and keeping track of vital information. Members have many fond memories of Bob around the firehouse and fire calls going all the way back to when several joined the department as junior firefighters.

Bob was honored at the 2011 annual Heath Fire Association banquet with a life membership card and plaque thanking him for all his hard work over the years. Also at this event, Donna Tanner was recognized for all her years of service in parallel to Bob's during which time she was instrumental in coordinating the provision of food and refreshments to firefighters during long periods of battling blazes such as structure fires and large brush fires. Donna reports that she plans to remain available to help in this capacity.

~ Sheila Litchfield

The Heath Ladies Aid Summer Sale

Heath Union Church Lower Level

Saturday, July 30, 2011 10:00 a.m. to 3:00 p.m.

Featuring handmade crafts, homemade baked goods, and a white elephant table

We are a group of multi-talented ladies dedicated to lending a helping hand whenever and wherever we can. We spend the year making a quilt and other craft items for our July and November sales and use the proceeds to fulfill our mission which includes giving scholarships and donating to local organizations.

Heath's Monthly Precipitation (inches)

(Observed by Heath School Staff and Students)

	<u>Rain</u>	Snow
From March 11, 2011	1"	6"
April	1.1/4"	6"
To May 10 th	1/4"	

In this reporting period:

We ended the 2010/2011 winter season with approximately **101 inches** of snow. The last of the snow fell (very surprisingly) on the 23rd of April. Residents woke up on the Saturday of this Easter weekend with a temperature of 32 degrees and 2 inches of snow, which later changed to sleet and rain. By 8:00 Sunday morning things had warmed up to 58 degrees with some sun.

~ Tim Lively

Community Calendar

June 2011

Heath Fair Work Bees every Wednesday until the Fair from 6:30 p.m. until dark.

June 01 – Colonial Fair, Grade 5/6, Heath School.

June 02 – Senior Luncheon, Community Hall-Senior Center, 11:45 a.m. Senior Awards Night, MTRHS, 6:30 p.m.

June 03 – Final Preschool Story Hour, Heath Library, 10:30–11:30 a.m. Project Safeguard for 6th Grade, Mohawk.

June 05 - MTRHS Graduation, 1:00 p.m.

June 06 - Strings Concert, Heath School, 2:30 p.m.

June 07 – Field Day, Heath School, Afternoon, (6/8 Rain Date)

June 09 – Volunteer Brunch, Heath School, 9:30 a.m.

June 15 – Rowe Beach Day, Heath School.

June 16 – Senior Luncheon, Community Hall-Senior Center, 11:45 a.m. Early Release Day, Heath School 11:45 a.m.

6th Grade Graduation, Heath School, 6:00 p.m.

June 17 – Final Exams, Mohawk; Early Release, Mohawk, 12:45 p.m.; Heath School, 11:45 a.m.

June 20 - LAST DAY OF SCHOOL

Early Release, Mohawk, 12:45 p.m.; Heath School. 11:45 a.m.

HAPPY SUMMER!!

June 25 & 26 – Franklin Land Trust Farm and Garden Tour, Registration, Community Hall ,10:00 a.m. to 4:00 p.m.

Heath Historical Society Open House, Old Town House and Center Schoolhouse, 10:00 a.m. to 4:00 p.m.

July 2011

July 06 – Summer Crafts Program, Community Hall, 6:30 p.m.

July 07 – Senior Luncheon, Community Hall-Senior Center, 11:45 a.m.

July 13 – Summer Crafts Program, Community Hall, 6:30 p.m.

July 16 – Heath Historical Society, Open House, Old Town House and Center Schoolhouse, 10:00 a.m. to 1:00 p.m.

July 20 – Summer Crafts Program, Community Hall, 6:30 p.m.

July 21 – Senior Luncheon, Community Hall, 11:45 a.m.

July 27 – Summer Crafts Program, Community Hall, 6:30 p.m.

July 30 –Ladies Aid Summer Sale, Heath Church Lower Level, 10:00 a.m. to 3:00 p.m.

Community Hall Craft Sale, 10:00 a.m. to 3:00 p.m. Morning Coffee and Luncheon, Senior Center, 10:30 a.m. to 1:30 p.m.

If I had influence with the good fairy who is supposed to preside over the christening of all children, I would ask that her gift to each child in the world would be a sense of wonder so indestructible that it would last throughout life.

Rachel Carson From The Silent Spring



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