



HEATH HERALD

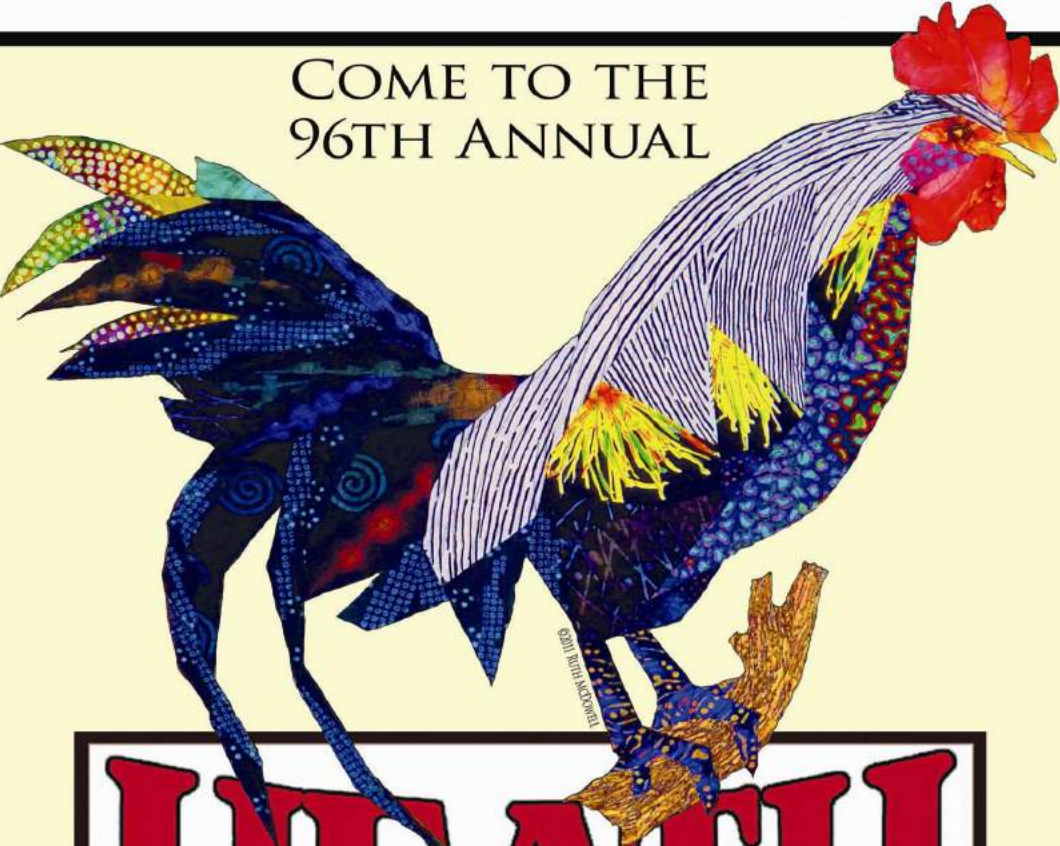
Heath's First Newspaper

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COME TO THE
96TH ANNUAL



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**HEATH
FAIR**

AUG. 16, 17, & 18, 2013

Heath Union Church

Heath Herald Celebration

If you ever have the opportunity to visit Buckingham Palace for the “Changing of the Guard,” make sure you do because it throws light on the core of “Britishness.” We have been lucky enough to see that ceremony and we were reminded of it when we attended the dinner to honor our very own Heath Herald. It wasn’t that people showed up wearing bearskin hats and playing fife and drums. Rather it seemed to be a true “Changing of the Guard” here in the town we all love. The Herald has been a big part of everyone’s, not “Britishness,” but certainly our “Heathishness!” It’s always been how the word got passed...what’s going on, who’s getting married, when are the dump hours changing, who’s graduating, and on and on. The thought of all that drifting off into distant memory is a scary thought!

Scary thoughts do sometimes turn into scary realities and word had begun to pass that maybe The Herald was on the way out. It HAD come close before and been pulled back from the brink. So, how happy was the gathering on this past June 3rd. Word had gone out that a dinner celebration would be held to honor all those generous, knowledgeable, witty and kind people who had donated countless hours of their time for the past 34 years to put the news in print.



Tables and chairs went up...but not enough! The crowds kept swelling. The call for more chairs and more tables went out. More fannies found more chairs. The food kept flowing. Laughter filled the place! And then, it was time to recognize the job well done. A simple request was made, “If you ever played a role in getting The Heath Herald into print, please raise your hand.” Everyone was stunned at the number of hands shooting up and waving. A team effort if ever there was one! Yes, the Guard had changed a few times. Yet just like that palace in London,

town...a team making sure word got out...protecting our citizens with knowledge, history, and good stories that will be passed on.

Then, perhaps the best news...The Heath Herald will live on! Another changing of the guard with a possible change in format, but the tradition will continue! All that was left to do now (other than sneak another piece of dessert) was to give a hearty round of applause to each of the founders and to all those who have worked diligently over the years to record our town’s essence!

A GREAT time was had by all!

~the Gruens

“In this age of speed, with people often having to spend time outside of Heath to earn a living, do business, or accomplish basic tasks, it seems increasingly challenging to maintain a sense of belonging, a sense of community. It makes supporting and contributing to a community newspaper all the more important: to strengthen our ties to one another.”

Moving Forward

The reality of the *Heath Herald*’s ending struck a cord with many people. Word traveled, and a group of concerned Heathans met with the retiring staff at Jan and Cal Carr’s home to discuss solutions. At the May 23rd meeting options were discussed, including that of publishing an on-line version of the paper since the printing and mailing had become overwhelmingly time consuming and cumbersome. The baton, or in this case, a rolling pin (more about that later) was passed from the retiring staff to the new.

This new group of volunteers made a commitment to publish the *Heath Herald* without interruption as a print copy, with a .pdf email option. Meeting at Nancy Thane’s tranquil “Pondside” home in the Dell, plans were implemented and the *Heath Herald* survives.

New ideas for content have emerged; however, many of the regular features will remain. New production methods were discussed. We will not be using the previously mentioned rolling pin. Jan Carr folded each paper, used the rolling pin to go over each fold and then put weights (cookbooks) on the papers. Eileen Tougas struggled with a finicky printer. Keeping up with bulk-rate mailing regulations for the small readership and then driving to Greenfield had become overwhelming. We decided to use a mail service to provide printed copy, to offer an emailed PDF version, and also look into online options in the future.

continued on page 2

Heath Fair News

Ladies and Gentlemen:

*The Heath Agricultural Society is proud to bring you
the 96th Annual Heath Fair beginning Friday, August 16th at 5pm.*

The Heath Fair is an opportunity to celebrate Heath's longstanding relationship with agricultural practices. Exhibitors from the area will showcase and demonstrate the depth of their relationship with their respective animals. These relationships are celebrated, and showcased in events like the Horse and Ox Draws; the Gymkhana; the Poultry and Rabbit displays; and the Cattle, Sheep, and Goat Judging events.

The Heath Fair is also an opportunity to celebrate the skills of vegetable and fruit growing, the creations of our local artisans, and innumerable other crafts and displays of skill, all on display in the Exhibit Hall for the duration of the Fair. Please be sure to take the time to investigate what is in this building. You will be impressed by the range of photographs, drawings, and sculptural creations; you will undoubtedly be teased by the display of delicious pies, cookies, etc; and lastly it is impossible to walk through this building without catching sight of an old acquaintance, or friend with whom you wish to reconnect.

Reconnecting with our community is another valuable function of the Heath Fair. As attendees of the Fair you can expect to bump into innumerable friends while enjoying the foods and wares offered on the Midway. You may be watching one of the many musicians and in a brief moment of distraction, realize that right next to you stands the son or daughter of an old friend and when last you saw that person they were a full foot shorter. If you have children you will regularly and randomly catch sight of them running with a pack of kids from one barn to the next, or playing in the Kids Games area... The Heath Fair is filled with serendipitous occasions; and that is an important part of the magic that is experienced at the Heath Fair.

This year there are a few new things to be aware of at the Fair.

1. Deadline for entries to the Exhibit Hall and for the various categories of animals is **August 9th**.
2. The Friday Night Bike Raffle will occur once again, but this year we'll be raffling two bikes: one to a young boy, and one to a young girl. Tickets for the raffle can be requested at the Gate as you pay for entry. Please take note: the young boy or young girl must be present at the raffle to win the prize. A parent or substitute will not suffice. There will be an announcement for the raffle at about 8 pm on Friday.
3. The Heath Agricultural Society has increased some of the Premium Awards for display of both animals and crafts. Please take note of this, as it is exciting news.
4. The Schedule of Events can be found in many places but the website, HeathFair.org, will be continually updated so look there to learn more about when things are happening.
5. Fireworks and the Square Dance will be Friday night.

Lastly, should you, or someone you know wish to become one of the generous volunteers who help to create a magical Heath Fair then please contact me directly at: Justin@thelivelyheathan.com. Volunteer opportunities exist in the Food Booth, Ticket Booth, Parking Area, and many other areas and there are NEVER as many volunteers as would be ideal. Please consider offering a few hours of your time and become one of the hundreds who work hard to make the Heath Fair something to be remembered.

We look forward to seeing you at this year's 96th Annual Heath Fair! Thank you for your support.

~Justin Lively, President

The Solomon Temple Barn Museum on the fairgrounds will be open for visitors during the Heath Fair on Friday, August 16th from 5 pm to 9 pm, on Saturday, August 17th from 10 am to 9 pm and on Sunday, August 18th from 10 am to 5 pm. The Society's publications will be on sale as usual, including the latest edition of Ed Calver's Heath Massachusetts: A History and Guidebook and Dave Howland's memoir, A Snippet from the Greatest Generation. Our raffle items will be on display, too. Don't miss it!

Heath Historical Society

The Heath Historical Society's **Annual Meeting and Supper** will take place on Saturday, August 24, 2013 at the Heath Community Hall. A potluck supper will take place at 5 pm, downstairs in the Senior Center. At 6 pm the Annual Meeting, including raffle drawing, will take place upstairs in the hall. Immediately following, at 7 pm, Anne Lanning will offer a PowerPoint Presentation entitled "The Colonial Revival and Arts and Crafts Movement in Deerfield". All are welcome to attend this look into the rich heritage of this area.

Dining with History Part II.

Our pot-luck supper and history of Heath program, entitled "A Tribute to Our Forefathers, Near and Far" took place on June 16, Father's Day, in the Community Hall. Those in attendance were entertained by dramatic readings from and about our forefathers, starting at the very beginning with the Native Americans as seen through the eyes of Newland Smith, Jr., scholar from Seabury-Western Theological Seminary, read by Art Schwenger.



A few of Revolutionary War hero and founder of our town Col. Hugh Maxwell's journal entries were read by Nina Marshall, who portrayed his daughter, and journal entries of Maj. Gen. William Heath, after whom our town was named, were read by Eric Sumner. A letter of commendation to General Heath from Commander-in-Chief George Washington was artistically rendered by Bob Viarango in full costume.



Members of some of Heath's multi generational families: Benson, Stetson, Gleason, and Smith were also featured. An amusing newspaper article by Squire Benson was read by his great-granddaughter, Lois Benson Buchaine. She has plenty more to entertain us with another time!



Austin Sumner read a school essay written by a young Fred Gleason, entitled "The Old Time and the New", which boasted of such modern improvements as the mowing machine and horse rake and machinery to make cloth run by steam and water power.

A sweet and somewhat coy letter from Della Mae Stetson Gleason to future husband Fred Gleason, August 22 1883, was read by Sheila Litchfield, with a very romantic letter in reply, dated December 9, 1883, read by Budge Litchfield. Look for more love letters in the future, too! In conclusion Peter Smith, descendant of Carl Smith, read some of Carl's letters, dated April, 1907.



Stay tuned for updated information about the next in our series, tentatively titled "***Ghost Stories of Heath***", coming sometime this October! Does your house have a ghost, a spirit, or other story of mystery that you would like to share? If so, contact Nancy Thane, 337-5580 with information, or to request an interview. All stories, from the semi-credible, to the totally incredible will be considered! Ω

Poetry Corner

The *Heath Herald* is pleased to announce the Poetry Corner with works provided by Jack Estes. Jack, who is editor and publisher of the small literary press 'Pleasure Boat Studio', resides in Heath with his wife Betsy Kovacs and their two cats.

The poem for our first edition is written by Pamela Stewart. Most people know Pamela as Jody Cothey, who with her husband, ran Tregellys Fiber Farm and Weaving Center in Hawley, MA. Tregellys is a Cornish word meaning "hidden homestead," and was an apt description of the Cothey's place at the end of Dodge Branch Road in Hawley. The farm is no longer operational, but Jody's farm, animals, and companions appear in her collection of poetry, 'Ghost Farm', released by Pleasure Boat Studio.

More about Jody and her life and poetry can be found at <http://www.ourgrandmotherskitchens.com/?tag=tregellys-fiber-farm>.

"The Tibetan Man" was awarded a Pushcart Prize in 2010. The poem is from her book, *GHOST FARM*, published by Pleasure Boat Studio.

A TIBETAN MAN IN HAWLEY, MASSACHUSETTS

Just one step off the edge into the deep
wrong place and a shoe pulls off, is lost.
Amidst twigs, leaves, mosses and stones this shoe
cannot be found by eyes or strong hands.
Even digging into the exact place the shoe exited its foot,
farther down than the shoe could have delved,
there's no black shoe! What now?
The man stands in thick dry grasses at road's edge
and decides on the one thing children in his village
were taught to do. Slipping off
his other shoe he flings it over to where the first black shoe
must have gone. How long should he wait
for one shoe to find the other? It's August,
too hot to stand for long without flies catching in his hair.
The shoes have tongues; they should call to one another.
It's hot, but the man from Tibet will pace this roadside ditch
waiting for his shoes to rise out of the shadows.



Tregellys Farm
Photo by Jeff Conklin

© 2011 'Ghost Farm' - Pleasure Boat Studio, Publisher



Jeff Conklin visited Tregellys Farm while it was still operational and captured the beauty of the hidden homestead. Jeff has a web site where he encourages people to get outdoors:

You can see Jeff's photos of his treks to Franklin County including all his photos from his visit to Tregellys.

<http://www.getoutsidenj.com/listings/Tregellys-Fiber-Farm.Hawley.Franklin-County.Massachusetts.html>

The Fawn by Austin Sumner, Heath School Student

Eric, (my father) and I were mowing grass at the Heath Fairgrounds, and my Dad kept looking down at the gymkhana ring and I kept looking down after him. After a while he told me to shut off my lawn mower, then he told me he had seen a deer. We went over to the sheep show barn and looked down at the ring. What we saw was walking like a deer but small like a fox. We looked at it for a few minutes and saw it go under the fence into the gymkhana ring. We decided to go down and look for it. We stood by the fence and looked but did not see it. After a few minutes I decided to get inside the fence and look. I looked and looked and then I saw a place where the grass was patted down. I walked over to it. I was two feet away from it. I looked down and there was a fawn! It jumped up, ducked under the fence, and ran around the ring so it was across from us. It ducked back down under the fence, took two steps and lay back down.

We loaded up our mowers and went home to get my Mom and sister. We all went back and looked for the fawn. After a while my Dad said "Austin, Kaylin, Mary come here, it's here." We came over and it was about ten feet in front of him. We saw it. My Mom had her camera ready. It jumped up and ran. My Mom got a picture of it running. The fawn ran into the woods and we never saw it again.



The End

Heath School & Community Meeting

A group of community members, teachers, staff, and parents had a really exciting meeting right after school finished up in June. The focus of the meeting was to explore deeper school-community partnerships and celebrate and develop stronger place-based curriculum. Place-based learning centers learners in their physical, cultural, historical, and natural environments. It is an inter-disciplinary approach that allows children to integrate learning in an applied hands-on way.

We spoke about expanding our relationships with community members of all ages and of sharing skills and providing needed services for the community. We reviewed Susan Sylvester-Samoriski's community directory and plan to create a local update for Heath. We also discussed partnering with the sustainable energy committee to have kids help envision a sustainable plan for Heath into the next decade (energy efficiency, alternative energy, invasive species education and control, community gardens, etc.). After this year's successful Massachusetts Cultural Council Star's Grant project with local naturalist Ted Watt, we are hoping to apply again for the coming school year.

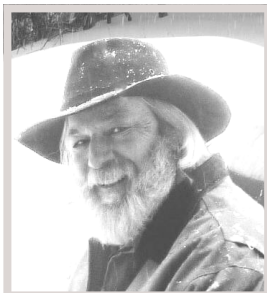
As a community-based school, we would like to learn, collaborate, and celebrate more with the local senior center, historical society, agricultural committee, the planning and recreation councils, and with individual artists, gardeners, scientists, farmers, and friends! If you have a passion, or skill, or would just like to volunteer at the school in some way, your help is welcome! If you would like to participate in our next meeting or have ideas to share about school-community projects or partnerships, please email Lorena Loubsky at lloubskylonergan@netzero.com

Thanks to Art Schwenger and Nancy Thane as well as all the engaged staff and parents for attending the first meeting. Stay tuned for future updates from the Heath Parent-Teacher Partnership and the Local Education Council (LEC). Note: in the last *Herald*, we erroneously mixed our LEC news and an educational editorial about Mohawk Drama (those views were not those of the LEC as a whole, but Lorena Loubsky's personal reflection and appreciation for local resident Jonathan Diamond who directed the program last year)

~Lorena Loubsky

Heath Herald Subscribers

If you elected to receive a .pdf version of the paper, for this edition only you will receive both printed and .pdf. There will always be an option to return to printed copy if you find you prefer it.



Wild Ramblings

Bill Lattrell

Under the Conifers

Nearly unbearable heat and humidity have pushed my male bloodhound (who we call James Fenimore Cooper) and me up this forested hill to the edge of a large stand of hemlocks. Here the shade blocks the sun and our higher elevation has put us into a gentle breeze that blows from the southeast. Light filters through the edge of this dark canopy where a few hardwoods, yellow birch, black birch, and red maple, hug the edge of this large conifer stand creating a zone with mixed hardwoods and conifers. Along the edge of this union there is a good stand of shining club moss that covers the ground. This emerald green ground cover is cool, somewhat soft, and beautiful to look at. I sit down, placing my back against a hemlock, and Cooper lays down and rolls over onto his back. He seems to be enjoying a view of the filtered sunlight through the overhead branches.

I've been moving slowly today, the result of an accident where I broke my foot while playing with Cooper, and so beyond the oppressive heat and humidity the rest is most welcome and necessary. The contraption I wear on my foot is not comfortable but is necessary to protect the foot until it is healed. I am happy that I can move around, even a little, considering my present physical maladies. I'm not sure I would call it "lucky" but to have even a little freedom to move short distances seems somewhat fortunate considering the circumstances.

Cooper rolls off of his back and onto the side of his extra wide frame. He is a 135-pound gentle giant who enjoys life to its fullest. His nose works the air even though he is in a very relaxed position as he scans the scents that mark this forest. Bloodhounds, unlike any other dog, completely survey the landscape with their noses much like humans would with their eyes. Both he and our female bloodhound, Adia, are capable of smelling miles out into the distance; a feat that we humans can only imagine. His acute smell picks up a scent and Cooper rolls over from his side to a prone position with his belly laying against the cool earth. He raises his nose up into the air, widens his nostrils, and pulls the scent directly into his olfactory sensors and this message is relayed to his brain where the message is interpreted. Cooper now stands, puts his large black nose into the air as the folds of his excess skin slides back along his very narrow skull. He looks warily towards the southeast. I suspect he smells a black bear or some other wild animal that could be interpreted as a possible threat. Cooper remains alert, although not in a totally overt way,

and relaxes laying down with his nose pointed into the wind.

As I sit here I notice a large flat piece of schist which is our most prevalent bedrock in these parts. I flip this stone over with some effort to see if there are any interesting critters underneath its hard surface. Expecting to see centipedes or perhaps a red-backed salamander I am surprised to see a small earthworm. The terrific amounts of rain we have recently had have most likely forced this annelid to the surface where oxygen is available and darkness can still be found underneath the stone. Most earthworms are thought not to be native to the northeast. The theory is that the last glacier period, some 14,000 years ago, extirpated them. A mile of ice that completely tore up the landscape from the polar regions to the terminal moraine that is now Long Island most likely removed earthworms from our region. The ones that we have, it is speculated, were reintroduced for angling and agriculture mostly from European and Asian varieties. There is at least room for some doubt about their complete extirpation in my mind as I am aware of Native American myths and lore that use these critters as part of the story. It seems as if these stories would have been lost as the native populations followed the glacial recession north, because they would not have been relevant.

The earthworm that I see under the rock reminds me of a fantastic relationship between a particular kind of carnivorous fungi found in the soil and worms. Worms actually have a very sophisticated communication system where they give off pheromones called ascarosides to attract other worms. The fungi actually eavesdrop on these chemical signals to detect the earthworms' presence. In response, some of these fungi species actually build a web comprised of natural adhesives to trap the earthworms so they become easy prey: essentially food for the nutrient needy fungi. That worms communicate with some sophistication is simply amazing. That fungi can not only detect these signals but interpret them is almost beyond my imagination!

Considering all of this I slide away from the hemlock tree, which has been supporting my back as I have sat here, and lay down to look up through the branches at the hazy sky. A wonderful mix of yellow birch branches and hemlock branches are overhead. A gentle breeze allows the branches to lazily swing to and fro creating interesting patterns and openings with the blue sky as a backdrop. As I gaze through this ever-changing natural art display I remember that conifers, a member of the Gymnosperm group of plants, are very old - somewhere in the vicinity of 320 million years. These naked seed plants evolved in the Carboniferous era, when our planet's climate was very volatile, amongst forests of giant ferns and fern allies that covered much of the Earth's land mass. It is very interesting to note that Angiosperms (flowering plants) evolved from Gymnosperms. In fact, these relatively new flowering plants first evolved some 190 million years ago and since then have evolved into about 400,000 separate plants, whereas Gym-

nosperms are much older and have evolved into about only 1,000 different plants. Angiosperms survived by evolving and adapting with time and climatic change. Gymnosperms survived by adding to their genome structure, essentially adding characteristics to existing structure, that help them to carry on through enormous changes spread out over eons and eons. That these two plant groups are so different and have a much different survival strategy is astounding. More proof that it is our planet's diversity that contributes to all of the mutually beneficial relationships between plant, animal, and mineral; all things living and non-living.

Cooper stands up and raises his black nose into the air. His red hair ruffles as the breeze gets stronger. I take this as a hint from Cooper that it is time to move on. After I maneuver myself to my feet (not an easy task in this air cast) the two of us head back down the hill. As we get into the more open canopy the forest seems dank, hot, and humid.

Cooper runs ahead, his long ears trailing behind, as I follow a little bit slowly and cautiously.

Better late than never. Ω

General Heath At the Library

Tuesday, July 2nd, Yale University Professor Michael Coe, a longtime summer resident of Heath, presented our Library with a portrait of General Heath. With it, Professor Coe gave a very lively impromptu talk about General Heath to a small gathering of folks, including Representative Paul Marks, who happened to be having office hours in Heath that evening.

As the story goes, our town founder, Col. Hugh Maxwell, served under Heath in the Revolutionary War and was so enamored of him that he named the town in his honor. We also learned that though General Heath was well liked by his men, and even a good friend of George Washington, he was terrible at warfare and after a very serious blunder was relegated to the far north. As one observer noted: "Kind of like us."

The portrait, beautifully framed thanks to The Heath Historical Society, will hang in the Library where you can also find out more about General Heath. Ω



The Solomon Temple Barn Needs a New Roof!

Over the past year the roof of the Solomon Temple Barn, located on the Heath Fairgrounds, has deteriorated drastically. Holes and cracks have emerged in the cedar shingles, and immediate action is called for. Our goal is to replace the roof this summer or fall, before another season of snow and ice takes its toll. The Heath Historical Society is raising funds to replace the roof, and we are well on our way, but we haven't yet reached our target. To date we have received generous donations from HHS members, as well as the Dickinson Family Fund for Historical Heath, but more is needed. If you would like to contribute to saving this beautiful historical building, please send a check to P.O. Box 698, Heath, MA 01346. Any amount will help us to reach our target!!

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Green Thoughts

Pat Leuchtman



Bringing Nature Home By Dr Douglas Tallamy (2007)

One of the books I have turned to many times since it came out in 2007 is *Bringing Nature Home: How Native Plants Sustain Wildlife in Our Gardens* by Dr. Douglas Tallamy, Professor and Chair of the Department of Entomology and Wildlife Ecology at the University of Delaware. A large measure of the wildlife Dr. Tallamy wants to sustain in our gardens is the insect population.

We may think about our own food supply, but not spend too much time thinking about the food that insects, birds, and animals need. Nor do we think about why those creatures need specific plants. Tallamy devotes a whole chapter to the question “Why Can’t Insects Eat Alien Plants?”. It turns out that many insects can only eat plants that developed with them in evolutionary time, and some are extremely specialized. In addition it takes a long time for an insect to “adapt to the specific chemical mix that characterizes different plants.”

Since alien plants that escape into the wild are often vigorous growers, they overtake and kill native plants. Thus, those aliens can destroy nesting and shelter sites and interrupt the food web. Tallamy explains that when alien plants are brought into this country as ornamentals they can bring serious pests as well. He gives the example of the Chinese and Japanese buckthorns which arrived carrying the soybean aphid. Since 2000 this pest has caused hundreds of millions of dollars of soybean crop reductions.

While it is easy to understand why homeowners and landscapers might be drawn to plants that do not attract insects, the goal we have to work towards is a balanced community and ecosystem in our own gardens. This requires complexity; “a food web with many levels and much redundancy, just as we would find in nature.” It is with plants that we can start to build this balanced system with its redundancies that provide support.

Early this spring I was fortunate to hear Dr. Tallamy speak at the Western Massachusetts Master Gardener Spring Symposium. He told the audience that there are a lot of bugs in the world, and yet he stressed the need for more insects to make our gardens – and the world – healthier and more ecologically balanced.

“A mere 1 % [of all insects] interact with humans in negative ways. The other 99 % pollinate plants, return the nutrients tied up in dead plants and animals to the soil, keep populations of insect herbivores in check, aerate and

enrich the soil, and as I keep stressing, provide food either directly or indirectly for most other animals.”

Dr. Tallamy covered a lot of ground, but one of his ideas made a particular impression on me. This was the idea of the environmental carrying capacity of our local landscape, and ultimately of the whole earth. The term carrying capacity refers to the amount of resources needed to sustain a certain population. It is easy to understand that a given population of insects, or birds or whatever, will decline when the food they require decreases. But what happens when, for example, the emerald ash borer, which is a threat in Massachusetts right now, were to kill all the ash trees? Forty-four insect species rely on the ash tree to survive. No ash trees; no more 44 insect species. And that means reduced food for other creatures that will not maintain their populations either. Insects are at the very bottom of the food chain and we usually do not consider how important they are to the wildlife that we enjoy. At least, that is true for me.

Dr. Tallamy also explained that not all native plants are equal. Some plants support many more species of wildlife than others. This was an eye-opener for me. I have been talking about the benefits of native plants for a long time, but this idea never occurred to me. As you might expect, trees are the most productive in having what it takes to support many insects and birds. Trees are big. But even here, some trees are more productive than others. In his book, and on his website, www.bringingnaturehome.net, Tallamy lists the 22 best woody plants, beginning with oaks that support 534 species of butterflies and moths, down to the chestnut which supports 125 species.

Of course, herbaceous plants also support butterflies and moths. We have a substantial field of goldenrod that supports 115 species. Learning this gave me a whole new view of our goldenrod. We can marvel at and admire the lupine meadows that some people in our area have cultivated, but we can also thank them for supporting 33 species of wildlife. Butterflies and moths need host plants their larvae can eat. I hardly ever weed out milkweed these days because monarchs and 11 other butterflies use milkweed as a host plant. Coneflowers (*Echinacea*) and Black-eyed Susans are two other common garden plants that are particularly attractive to butterflies.

Fish eat insects. No surprise to fishermen. 60% of the protein fish eat comes from insects. Even black bears, large creatures, consume insects; about 23% of their diet is insects.

Tallamy sounds the alarm, but he is optimistic. He reminds us that biodiversity is a renewable resource. Biodiversity needs to be managed like any resource, clean air and water. The suburban landscape is a huge percentage of the developed landscape and the suburban gardener has an important responsibility and opportunity to protect and increase the biodiversity of his own domestic landscape. It will be beautiful and healthy. How much easier it is for us who live in the country. Ω



Heath Fair

The 96th Heath Fair will be held August 16, 17 and 18, 2013, at the fairgrounds on Colrain Stage Road. This is an old-fashioned country agricultural fair with fun for everyone. Friday night will see a free kids' bike raffle. Two Raleigh bikes will be raffled off – one each to a boy and a girl. Get free raffle tickets at the gate when entering. The raffle will be held at 8 pm and the child must be present to win. Then get set for some spectacular fireworks.

The theme of this year's Sunday parade is Fruits of Our Labor. You never know what you're going to see marching, riding, or driving up Colrain Stage Road. and winding through the fairgrounds. Great music and entertaining and educational talks will be happening all weekend, as well as animal exhibits and shows, including the ADGA sanctioned goat show. Exhibit Hall entry information is available in the Official Premium List booklet or online at heathfair.org. The premium book may be downloaded and entries may be made online.

Advance sale tickets are again being offered this year. There is a limited quantity for a limited time. The three-day tickets are \$15 regular admission and \$10 for seniors; they are available at the town coordinator's office in the Town Hall, at Avery's Store in Charlemont, and at Hager's Farm Stand on Route 2 in Shelburne. At the gate, tickets are \$7 regular admission, \$6 seniors, and free for children 9 and under. Parking is free in the lower lot or just \$1 for on the grounds parking.

The schedule is subject to change. The most up-to-date information can be found on the fair's website: heathfair.org.

And remember, the fair doesn't just happen magically overnight. There are many people working diligently to make the fair fun and enjoyable for all. You may join some of them at the Wednesday night workbees at 6:30 at the fairgrounds. Any and all help is appreciated.

See you at the Fair!

~Gloria Fisher

HEATH FAIR SCHEDULE AUGUST 16, 17 & 18, 2013

Concessions, Rides, Crafts, Exhibits until Closing.
All Musical Performances & Speakers under Cover
Rain or Shine.

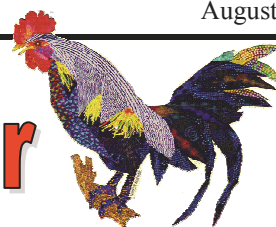
Friday August 16, 2013 from 5 pm to 10 pm

- 5-8 pm Exhibit Hall Open
- 5-10 pm Upper Food Booth
- 5-10 pm Lower Food Booth
- 5-6:30 pm Church Ladies Ham & Bean Supper
- 5:30 pm Antique Tractor Parade
- 6:00 pm Antique Tractor Pull
- 6:30 pm JustRoots Community Farm, Greenfield,
Andy Grant, speaker
- 7:00 pm Peter Mulvey & the Crumbling Beauties,
music
- 7:30 pm Methane Digester Project, Chip Hager,
speaker
- 7-8:30 pm Prize Bingo
- 7:30-11pm Square Dance: Doug Wilkins, Caller
- Nightfall Fireworks



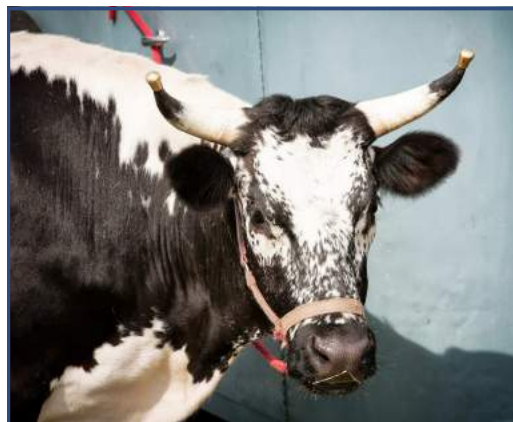
The Heath Fair will provide a Family Tent for those with little ones again this year. A special thank you to Baystate Franklin Medical Center for sponsoring the tent for the past 6 fairs!

Heath Fair



Saturday, August 17, 2013 8 am to 10 pm

10 am-8 pm	Exhibit Hall open
7 am-closing	Lower Food Booth
9 am-10 pm	Upper Food Booth
9:00 am	Rabbit Show
10:00 am	ADGA Sanctioned Goat Show
10:00 am	Kids Garden Tractor Pull
10:00 am	Winterberry Farm: Herd Dog Demo
11:00 am	TBA
11:00 am	Horse Draw
11:00 am	Adult Cattle Show
11:30 am	Fireseed, music
11:00 am	Adult Sheep Show (All sheep in place by 10am)
Noon	Firemen's Chicken Barbeque
Noon-4 pm	Free Wagon Rides with Tommy Flynn
1:00 pm	Ben & Adrie Lester, Wheatberry Bakery & Café: Local Grains in the Pioneer Valley, speakers
1:00 pm	Small Change, music
1-3 pm	Kids Games
2:00 pm	Winterberry Farm: Herd Dog Demo
3:00 pm	More Chain Saw Strategies, Mike Smith, speaker
4:00 pm	Chain Saw Safety Demo
4:00 pm	Brattlyn Brothers, music
5-10 pm	Truck Pull
7:00 pm	Lone some Brothers, music



Sunday, August 18, 2013 from 8 am to 5 pm

7 am-closing	Lower Food Booth
9 am-closing	Upper Food Booth
9:00 am	Church Service
9-10:30 am	Blueberry Pancake Breakfast
9:00 am	Ox Draw
9:00 am	Gymkhana Registration
10 am-5 pm	Exhibit Hall
10:00 am	Gymkhana
10:00 am	Youth Sheep Show
10:00 am	Poultry Judging
10:00 am	Gardening the Community, speakers
10:30 am	Classic Car Cruise Registration
11:00 am	Youth Cattle Show
11:00 am	Rep. Paul Mark, MA Dept. of Agri- culture, Environmental, and Natural Resources, speaker
11:30 am	Shelburne Falls Military Band, music
Noon	Firemen's Chicken Barbeque
Noon	Line up for the parade
1:00 pm	Parade: Fruits of Our Labor
1:30 pm	Rani Arbo and daisy mayhem, music
2 pm-closing	Free Wagon Rides
2 pm-3 pm	Kids Games
3:00 pm	Tucker Jenkins & The Heath Volunteer Firefighters, speakers
5:00 pm	Fair Closes



Service animals only; NO PETS on the grounds or in cars. Thank you.

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413-773-1818 / fax 773-1881



Library Notes

Donald Purrington

Library Hours

Monday 3 pm - 7 pm

Wednesday 12 pm - 7 pm

Saturday 9:30 am - 1:30 pm

Major General Heath at the Library

The recent presentation of a framed print to the Heath Library of an engraved portrait of Major General William Heath (see Deb Porter's article) gave me an opportunity to search our library collection for books about the man for whom the Town of Heath was named. We have four books available for loan:

Memoirs of Major General Heath Containing Anecdotes, Details of Skirmishes, Battles and Other Military Events During the American War. Dr. Michael Coe described this as a very important resource for Revolutionary War historians.

The Book of Heath: Bicentennial Essays edited by Susan B. Sylvester contains an article titled *Why the Town Was Named for General Heath* by William J. Wolf.

The Christian Patriot: Some Recollections of the Late Col. Hugh Maxwell of Heath, Massachusetts, Collected and Preserved by a Daughter. General Heath is mentioned many times in this book.

Paul Revere's Ride by David Fischer Hackett. General Heath's role in the Revolutionary War is discussed on many of the pages.



The Friends of the Heath Free Public Library will hold their annual book sale and raffle under the big white tent at the Heath Fair. Books of all types, with a few DVDs, videotapes, audio books, and computer software/games will be available for purchase. This is their biggest fundraiser of the year and they appreciate your support. Hope to see everyone there!

A Few of the New Items at the Library:

See all the new items added to our collection in the previous two weeks on the Library website (www.heathlibrary.org - look for the **New Titles** link on the left side of the page.)

Fiction Books for Adults: *The Bat* by Jo Nesbo, *Long Lankin* by John Banville, *The Quarry* by Iain Banks, *Instructions for a Heatwave* by Maggie O'Farrell, *Sweet Salt Air* by Barbara Delinsky, *Trains and Lovers* by Alexander McCall Smith, *Old City Hall* by Robert Rotenberg

Non-fiction Books for Adults: *Robert McAfee Brown: Spiritual and Prophetic Writings* selected with an introduction by Paul Crowley, *The True History of Chocolate*, 3rd edition by Sophie D. Coe and Michael D. Coe, *Revolutionary Summer: The Birth of American Independence* by Joseph Ellis, *Saving the Season: A Cook's Guide to Home Canning, Pickling, and Preserving* by Kevin West

Books for Young/Teen Readers: *Primates: The Fearless Science of Jane Goodall, Dian Fossey, and Biruté Galdikas* by Jim Ottaviani, *The Empty City* by Erin Hunter, *One Crazy Summer* by Rita Williams-Garcia, *Pulse* by Patrick Carmen

Children's Picture Books/Boardbooks: *What a Party!* by Ana Maria Machado, *Baby Parade* by Rebecca O'Connell, *123 Versus ABC* by Mike Boldt

DVDs: *Zorro Season 1*, *Call the Midwife Season 2*, *Smiley's People*, *Longmire Season 1*

Audio Books on CD: *Inferno* by Dan Brown, *And the Mountains Echoed* by Khaled Hosseini, *Habits of the House* by Fay Weldon

DVDs: *Zorro Season 1*, *Call the Midwife Season 2*, *Smiley's People*, *Longmire Season 1*

Audio Books on CD: *Inferno* by Dan Brown, *And the Mountains Echoed* by Khaled Hosseini, *Habits of the House* by Fay Weldon

Ω



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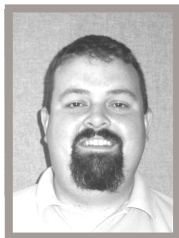
WeekDays 8:30AM - 8PM

Saturdays 8:30AM - 5PM

Holidays 9AM - 12 Noon

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Shelburne Falls



Heath School

Eric Glazier, Principal

Letter from the Principal

What an amazing school year this has been! I am so excited to stop and look back at what we've accomplished over these 185 days. We started our year with a very well-attended open house on September 27th, where students had an opportunity to show their parents and families around their classrooms. In early October we went on our annual all-school hike. This year we went to the top of Mount Negus! It was a perfect weather day and a beautiful view from



the top. We had LOTS of snow this winter and we held our Winter Enrichment Day on February 15th. Students had the choice to ski, snowshoe, and build snow forts and much more. The student teachers from Ameri-Corps assisted in our enrichment day and planned many fun activities for our kids.

It seems like a distant memory, but our school's well pump broke the last day of May and we had to spend an entire week with our friends at BSE. I had to call all of the parents on April 1st to notify them of our change in location...one of the parents asked me if it was an April Fools joke. Despite the fact that we were in a different building, I think we had a great week.

Our good friend Ted Watt spent many days with us this year thanks to a Massachusetts Cultural Council grant. Ted worked with staff and students to create beautiful science projects that were on display during our Museum Night. Ted also went on local field trips with our classrooms and also attended our all-school field trip to the Springfield Science Museum on April 26th. We had such a great year with Ted and we hope to continue that partnership into the future.

We also held our annual art show on June 7th. Currently our walls are covered with the most beautiful artwork. Koi

fish, landscapes, animal murals, instrument collages, pressed copper, water colors, chalk iguanas, colored pencil dragonflies, tribal birds, painted owls, and clay pottery were just some of the art pieces on display. I would like to thank Rachel for putting together such a wonderful collection of art. Also, I would like to thank the many parent volunteers who came in to hang the artwork for our show.

Heath School students have done so much this year that it's hard to note it all, but some of the other activities they participated in include: Nature's Classroom, Kids In Concert, Memorial Day service honoring veterans, collecting food for Good Neighbors, playing baseball, soccer, softball, and basketball, holding a strings concert, dance classes, and our annual winter drama production with nearly 50% of the school participating, and MUCH more.

I would also like to thank our PTP and the many parent volunteers who provide countless hours of time supporting our school community. We rely on them for so much and they never hesitate to pitch in when needed, to provide refreshments for an event, host after-school enrichments for our kids, or to coordinate a school fundraiser. There are far too many parent and community volunteers to list them all by name, but you know who you are! Thank you.

We will be saying goodbye to a few very wonderful people this year as well. Seth Gilbertson, our 5/6 teacher, will be moving to Virginia to be closer to his family. Seth has been a great addition to our school staff and will be greatly missed, but we wish him the best of luck in his teaching career. Jorie Macleod will also be leaving us in June to take a position at Sanderson Academy. Jorie has worked in Heath for many years and will surely be missed. Thank you, Jorie for your many years of dedicated service to the Heath School. Sanderson Academy is lucky to be getting you! After 50 years in the field of education, Gloria Nichols has decided that it's time to retire. Gloria has been with the Heath School for several years and has provided speech services to many students during that time. Students always love their time with Gloria and it will be hard to fill her shoes. Thank you, Gloria, for everything you've given to Heath and best of luck to you. Enjoy your retirement; you've earned it!

Also, best of luck to our 6th grade graduates as they move on to middle school. Nat, Alouette, Mac, Eli, Max, Jennifer, Izzy, Geannie, Timmy, Bryan, Charles, Adam, Kirsten, and Taylor—great job, you've worked so hard and you've accomplished so much, I know you're all going to do great things in life!

I hope that everyone has a safe and happy summer. Please enjoy this time with your family and friends as the 2013-2014 school year will be here before we know it! Thank you again and have a fantastic summer!

~ Eric Glazier, Principal

New Senior Meals Program



Thanks to the Council on Aging and additional funding from the Town of Heath, the Senior Center will now be offering home cooked meals. These luncheons will be served family style.

We are pleased to announce that Sharon Call, who hails from Colrain, and is well known by various organizations for her culinary expertise, has agreed to prepare our meals. Sharon has been preparing meals for the Colrain Council on Aging and has received rave reviews from all who attend.

Meals will be served at noon on the third Thursday of each month unless otherwise posted. A donation of \$2.00 is suggested.

RESERVATIONS ARE REQUIRED

If you plan on attending the luncheon, you can sign up by calling Val Kaempfer between 9:00 - 11:00 a.m. at 337-5728 no later than the Monday prior to the meal. This is necessary so that we can give Sharon a count before she does the shopping.

July 18 Roast Pork Potato Gravy Mixed Beans Apple Sauce Coleslaw Dessert	September 19 Meat Loaf Baked potato Gravy Vegetables Apple Desert	November 21 Thanksgiving Turkey Dinner with fixings 
**August 22 Stuffed Chicken Potato Gravy Squash Cranberry Bread Blueberry Dessert	October 17 Pot Roast Potato Gravy Vegetables Dessert	December 19 Christmas Ham Dinner with fixings 

***Meals are scheduled for the 3rd Thursday of each month unless otherwise indicated by ***

*We hope you will enjoy this new
Senior Meals Program!*

Meals listed on this Menu may be substituted as deemed necessary by our chef.



Town Nurse

Claire Rabbitt, RN

Office Hours

Tuesday from 12 to 1
Thursday from 11 to 1
or by arrangement if needed

PERSISTENT ITCHING

There is an interesting article in the July issue of the Mayo Clinic Health letter on persistent itching. It refers to itching that requires more than a brief scratch or rub to relieve, and how itching is treated according to the cause.

The two types of itching, described in the article, are those that are caused by a rash and those caused by internal problems that usually don't have a rash. Some types of itching accompanied by a rash are dry skin, (said to be the most common in older adults), skin disorders, (such as psoriasis, dermatitis, hives, and skin infections), infectious diseases, (including chicken pox, shingles, scabies, lice, and fungal infections), irritation and allergic reactions (including insect bites, cosmetics, wool, or poison ivy). A doctor or dermatologist will determine the cause of the rash by examination and history. Treatment includes eliminating the cause, dressings, medicated creams, medications, and phototherapy (light therapy).

Some tips for soothing and preventing dry skin are included in a side bar:

- Minimize hot showers and baths, because hot water will deplete natural oils in your skin.
- Wash gently and limit soap use on the face, underarms, genital area, hands and feet. Avoid aggressive scrubbing and use mild cleansers such as Cetaphil, Dove, or Vanicream. Avoid antibacterial, perfumed, and deodorant soaps.
- After bathing pat the skin gently with a towel and avoid rubbing.
- Moisturize immediately after patting dry to keep moisture in your skin with lotions containing glycerin, lactic acid, or urea. They suggest Aveeno, Cetaphil, and Van cream.
- Use a humidifier when the air is very dry, as in the winter.
- Protect yourself from the elements by covering exposed skin in the winter and wearing a hat, staying in the shade, and using sunscreen in the summer.

Some causes of itching not accompanied by a rash are diseases (such as liver disease, kidney failure, iron deficiency anemia, thyroid problems, leukemia, lymphoma, and other cancers), medications, (however may also cause rash), nerve dysfunction, (a pinched, damaged, or irritated nerve can send itch signals, as in multiple sclerosis and post-herpetic neuralgia.) and psychological problems associated with stress, anxiety, and mood disorders. In these cases treatment of the underlying disease may bring relief. Ω

Heath Union Church Fair News

Our beautiful old church is in need of steeple repair soon! We are currently having fundraisers to support this cause. The next event is the **Annual Ham and Bean Supper on Friday night at the Fair.**

Come and enjoy a wonderful meal!



SELECTBOARD REPORT -7/10/13**Summer Meeting Schedule**

The Board will meet every other Tuesday evening beginning 6/4/13 at 7:00 p.m. in the Community Hall unless posted otherwise. This schedule will be maintained throughout the summer and into early fall.

Community Hall and Sawyer Hall Painting

Sergeant Kevin Gamache of the Franklin County Sheriff's Department and his intrepid crew of painters have been sprucing up the exteriors of the Community Hall and Sawyer Hall. The work has been progressing remarkably well despite the many rainy days in June. The job should be completed sometime in the middle of July.

In addition to the exterior work, the upstairs wood flooring in the Town offices has been sanded and refinished. It looks spectacular. Town Coordinator Kara Leistyna was responsible for the challenging management of the moving operation to clear the office for the work and move everybody back in with a minimum of disruption to the business of the Town. Thanks to everyone for their help and cooperation for making the project possible.

Selectboard Business

Our newest selectboard member is Bill Lattrell who was elected to fill the seat formerly held by Tom Lively. Bill is a wetland scientist and teacher. His experience with municipal agencies will be a valuable asset to the board. The Board has just completed its review and updating of the Town Personnel Policy and will be making it available to all employees. The policy was reviewed by Town Counsel to make sure it complies with current employment laws.

Building Manager

Tim Lively has been hired as Building Manager for the Town buildings. Three very well qualified candidates applied for the position. The new position includes custodial duties, minor repairs as well as coordination of inspections, maintenance visits, and scheduling of repairs as they are approved by the Board of Selectmen. The building manager will monitor the condition of town facilities and recommend repairs or other remedial actions as they are needed.

The Board wishes to express its appreciation to Brian Drummey for his service as custodian for Sawyer Hall and the Community Hall.

Heath Online

The Town website is an important source of information for the goings on about town.

Take some time to visit the Town's Web site at www.townofheath.org. You'll find Selectboard meeting minutes, school information, and much more. You may contact the Board at BOS@townofheath.org. Send messages to any board or individual via the e-mail address, or visit the Heath Web site. The new Web page is up and running. Please have a look and let us know what you think.

~ Heath Selectboard

Sheila Litchfield, Chair

Bill Lattrell

Brian De Vriese

**Robert Strong Woodward
(1885-1957)**

There will be an exhibit of this local western Massachusetts artist at Memorial Hall in Old Deerfield (Sept. 21-Oct. 14). We want to spread the word about two Community Days (Sept. 28 and Sept. 29) during which time museum admission will be free to Heath residents, thanks to a contribution to the exhibit by the Heath Cultural Council. Read more about the artist and see gallery of paintings at:

www.robertstrongwoodward.com



Heath Village, image courtesy of robertstrongwoodward.com



Letters to The Editor

I am so glad the paper will (probably) continue. I have no objection to delivery to me to this email address. I prefer to read hard copy, but I can understand the issues. One concern: among the older generation in Heath there may be more than a few who do not have email or access to the internet and for whom the HH is a valued link.

Dick Hulbert

Response: Thank you Dick, just want to assure you that we are committed to always provide a printed version.

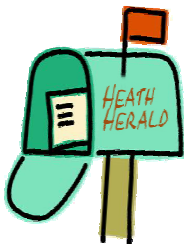
We are delighted that you have stepped up to continue the Herald with its focus on our community. We are perfectly comfortable with receiving it in email format and will continue our financial support.

Congratulations and warmest regards,

Del and Bob Viarengo

Hello Folks,
Thanks for carrying on this
wonderful tradition.

Dave Gott



Calendar of Events

July 31 - "Remembrance of Our Past", 6:30 in the Evening,, Leavitt Manse/Marshall-Mason Homestead, Heath. All are welcome. Details at the library or library website.

August 16, 17 & 18 - The 96th Annual Heath Fair - Heath Fairgrounds

August 22 - Senior Luncheon,
Community Hall Center - 11:45 am

August 24 - Heath Historical Society
Potluck Supper - 5 pm
Annual Meeting - 6 pm
Presentation - 7 pm
(see article for details)

September 19 - Senior Luncheon,
Community Hall Center - 11:45 am

September 21
Household Hazardous Waste Day
(pre-register by 9/13 at
www.franklincountywastedistrict.org
or call 772-2438)

September 28, 29
Robert Strong Woodward exhibit at Memorial Hall, Deerfield, MA

October 19 - Fall "Clean Sweep" Bulky Waste Day - 9 am to 12 pm
Buckland Recreation Facility,
(Route 112-S, one half mile south of
Mohawk Trail High School) - Dispose of large items - more info: 772-2438

Heath School Dates

August 28	First day of school
September 11	Half day of school
September 18	Half day of school
September 25	Half day of school
September 30	School Pictures
October 3	Open house

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Milestones

Birth

In Baystate Franklin Medical Center, June 25, a son, Wyatt James, 9 pounds, 7 ounces, to Amanda (Clark) and Luke Inman of Heath; grandson of Tim and Robyn Clark of Hawley, Kathy Inman of Heath and Cliff Inman of West Halifax, VT; great-grandson of Jim and Flora Rice of Hawley.

Requiescat in Pace

Gerard "Jerry" D. Cedrone, 57, of Number 9 Road, died 6/6/13 at the Baystate Medical Center in Springfield. He was born in Newton on May 22, 1956, the son of Daniel and Loretta (Baccari) Cedrone. Jerry attended local schools in Franklin, MA and was a graduate of Franklin High School. He continued his education and graduated from Framingham State College with a B.A. in Psychology. Jerry was a security guard at the Yankee Power Plant in Rowe for 14 years.

He had a gentle, quiet spirit and was loved by all who knew him. Jerry especially enjoyed spending time with his family. Among his survivors, Jerry leaves a brother, Daniel Cedrone and his wife Marilyn of Groton, a sister, Donna DiLuna and her husband Jack of Edisto Island, SC, three nephews, Alex and Dylan Cedrone and Michael DiLuna, MD, a niece, Amy DiLuna and her fiancé Bryan Koplin, and great niece and nephew Avani and Arjun DiLuna.

Bernadette Marie (Shattuck) Rocha, 43, of Rocky Hill, CT formerly of East Granby, loving wife of John Ferreira Da Rocha, Sr. for 16 years, passed away Thursday, June 6, 2013 after a courageous battle with cancer, at Hartford Hospital with her family by her side.

She was born in Derby Line, Vermont and is the daughter of Charles A. and Lea L. (Gagnon) Shattuck. She was a graduate of Hartford College for Women. Bernadette and her husband John owned and operated Elizabeth's Restaurant in Tariffville for over 10 years.

She also resided in Nova Modica, Minas Gerais, Brazil where she enjoyed their farm and horses as well as a loving community. She was actively involved in the East Granby school system and enjoyed volunteering. Bernadette was a kind, loving, and devoted wife and mother. She will be sadly missed. Besides her husband and parents she is survived by her twins, John Ferreira Da Rocha, Jr. and Luanna Marie Ferreira Da Rocha, seven brothers, five sisters and their spouses, Michelle and Gregg Nadeau, Charles and Michelle Shattuck, III, Joseph and Kerri Shattuck, Theresa Shattuck, Andrew and Carla Shattuck, Anne and Jason Lively, Janice and Joel Shaw, Johnpaul and Amy Shattuck, Maryrose and Jeremy Ellis, Michael Shattuck, David Shattuck, two brother-in-law, 3 sister-in-law and many nieces and nephews. She was predeceased by her brother Peter Shattuck.

James "Jim" Tuturice, 69, of Branch Hill Road died 6-3-13 at Baystate Franklin Medical Center in Greenfield. He was born in Norristown, PA, on March 5, 1944, the son of Joseph and Elizabeth (Catagnus) Tuturice. Jim attended local schools in Norristown, PA, and was a graduate of Norristown High School. He continued his education at the Coombs College of Music and in 1997 received his associate's degree in Graphic Design from Greenfield Community College.

Jim was a U.S. Army Vietnam veteran, who enjoyed playing the clarinet, saxophone and piano in the U.S. Army Band in Germany and numerous other bands later on. In his youth he also served in the Legion of Mary. He was a machinist at Hamilton Standard for 17 years. Prior to that, he worked at the Catholic Bookstore and later worked as a security guard at the Yankee Atomic Plant.

He was a parishioner of Blessed Sacrament Parish and the pianist for Holy Trinity Lay Community.

Jim leaves behind his wife of 42 years, Kathleen (Fisher) Tuturice; his father, Joseph Tuturice of Norristown, PA; two sons, Patrick H. Tuturice and Marisela of Port Huene, CA, and John B. Tuturice of Woonsocket, RI; four daughters, Theresa M. Tuturice of East Falmouth, MA, Mary F. Holan and her husband Erich of Heath, Kathleen E. Parra and her husband Cesar of Goodyear, AZ, and Joy M. Tuturice of Heath; two brothers, Joseph Tuturice and his wife Mary of Pottstown, PA, and Francis T. Tuturice of Norristown, PA, and eight grandchildren, Patrick Jr., Julian, Julio, Alexis, Leo, Jada, Nina and Leonie, and several nieces and nephews.



"Robert Strong Woodward rode around the country roads at first with his horse and buggy, and subsequently with an open Packard Phaeton automobile, looking for the places to paint which took his fancy. One of these places was at the top of Burnt Hill in Heath where there was a spectacular view and where there was a lone wind-blown beech tree which completely fascinated him."

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See page 20 for exhibit information.

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Heath's Monthly Precipitation (inches) (Observed by Heath School Staff and Students)

In this reporting period:

Rain	
From May 10 th	5 1/4"
June	10"
To July 10 th	3/4"

Despite the fact that most of this period was on the **very** wet side, the flowering bushes, trees and shrubs were abundant with blossoms this year. Tropical "System" Andrea passed by us around June 8th giving us around 3" of rain (thankfully with no problems). July is starting out with plenty of hot, hazy and humid weather as local farmers are trying to get some haying done.

~ Timothy Lively

RECYCLING is happening in Yes, please recycle this paper & cardboard:



Cardboard; clean pizza boxes; newspapers/inserts, magazines, junk mail, office paper; paperbacks and phonebooks with covers; wrapping paper (no foils or metallics) and greeting cards; shredded paper (in a paper bag)
paper clips, staples, windows in envelopes, and metal spirals are ok

Yes, please recycle these containers:



Milk, soup, and juice cartons; metal cans; aluminum foil; plastic bottles, jars, tubs, and jugs; clear plastic hinged containers (clamshells); glass bottles and jars; empty aerosol cans (health, beauty, laundry, food only) labels and caps on bottles are ok

No, thanks:*

- plastic bags
- plastics over 2.5 gallons
- Styrofoam
- black plastic
- plastic trays
- motor oil/antifreeze bottles
- plastic utensils
- flower pots
- coat hangers
- light bulbs
- dishes, cups, glasses
- holiday lights

*Lists are not all-inclusive

For more information, visit www.franklincountywastedistrict.org, or contact the Franklin County Solid Waste Management District at (413) 772-2438 or info@franklincountywastedistrict.org.
MA Relay for the hearing impaired: 711 or 1-800-439-2370 (TTY/TDD).

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FCSWMD is an equal opportunity provider.

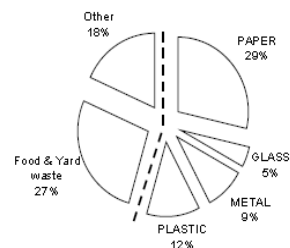
Why Recycle?

- **Saves money for you:** If your town requires "Pay As You Throw" trash bags or stickers, you can save money by keeping recyclables OUT of your trash bag. Your town saves tax dollars when less trash is disposed of and more is recycled.
- **Saves money for your school or business:** Recyclables are usually hauled away for less than trash.
- **Saves fossil fuels:** Recycling 200 pounds of aluminum saves 166 gallons of oil.
- **Slows climate change:** Recycling all of your home's newspaper, cardboard, glass, metal, and plastic can reduce carbon dioxide emissions by 850 pounds a year.
- **Creates jobs:** 14,000 jobs in Massachusetts are related to recycling.
- **Saves energy:** Recycled plastic saves 88% of the energy required to produce plastic from raw materials.



Over 50% of your trash is recyclable!

Not recyclable = 45% Recyclable = 55%



Recycling is easy...

- Use a paper bag in the kitchen to collect mixed paper products: cereal and pasta boxes, paper towel rolls, newspapers, office paper, and junk mail.
- Use a recycling bin or any sturdy bin to collect bottles, cans, milk/juice cartons, and containers.
- Containers do not need to be super clean: a simple rinse will do.
- Recycling bins are available at many transfer stations and the Solid Waste District office.

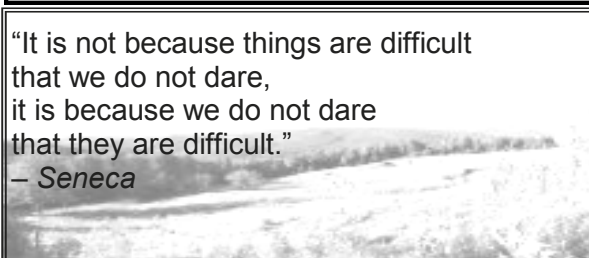
The Franklin County Solid Waste Management District serves 22 member towns in Franklin County. For more information about recycling, composting and household hazardous waste disposal, visit www.franklincountywastedistrict.org or contact us at (413) 772-2438, or at info@franklincountywastedistrict.org. MA Relay for the hearing impaired: 711 or 1-800-439-2370 (TTY/TDD). The District is an equal opportunity provider.



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