



HEATH HERALD

Heath's First Newspaper

\$2.00

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June/July 2018



umi
Burnes
Hawlemont

Christian
Eastman
Hawlemont

Abby
Hawk-
Wicklne
Hawlemont

Xavier
Sonntag
Homeschool

Kaylin
Summer
Hawlemont

Hailey
von
Rosenvinge
Rowe

Aiden
Weis
Hawlemont

Madison
White
Colrain

Heath Sixth Graders!



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On the Cover:

Heath's graduating sixth graders. Photographs by Bruce Phillips and Mary Sumner.

The Heath Herald Logo

The *Heath Herald* proudly features a reproduction of the original *Heath Herald* logo design by Harriet Read for the *Heath Herald*'s first edition in April 1979.

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If you have questions regarding payment, please contact Mary Sumner. Contact information above.

Correspondence

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- Send to our email address:
TheHeathHerald@gmail.com
- Send to our PO Box:
Heath Herald, PO Box 54, Heath, MA 01346
- Drop off at our Town Hall box:

Local residents can drop a letter or subscription form into the black box on the wall to the left of the post office boxes in the vestibule (no postage needed).

Submission Deadlines

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 March 5 for inclusion in April/May issue
 May 5 for inclusion in June/July issue
 July 5 for inclusion in August/September issue
 September 5 for inclusion in October/November issue
 November 5 for inclusion in December/January issue

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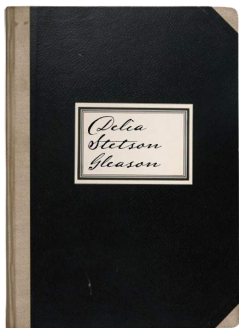
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Farming in Heath

Family memories of Fred and Delia Gleason, grandparents of Earl and Walt Gleason, excerpted from an article in The Book of Heath, 1985, Heath Historical Society.



Farming has been a central activity in Heath since the time of the earliest colonial settlers, but it is not easy to find accounts of daily farming activities. Perhaps this is because farmers have always taken for granted knowledge of climate and land and the labor needed to earn food, fiber, and shelter from them.

For farmers, agriculture is a culture, a way of living and a particular way of looking at the world around them.

Farm life seems so immediate and real it is no wonder that the Heath farmers have rarely stood back to look at their life's work with the object of preserving a record of it. It was her family, her community, and her church that were on the mind of one Heath farmwoman who kept a daily journal:

It was six above zero on Friday, January 7, 1916, and "Fred drew /sic/ up ice, 48 cakes," wrote Delia Stetson Gleason in her diary that day. Winter was hard upon them and that was the work for the day. She doesn't explain the process, that the ice was sawed from the thick cover of the millpond at nearby Branch Brook and brought home by horse-drawn sled to be packed in sawdust for next summer's refrigeration.

In the early twentieth century, Delia Gleason mentions dairy products, apples, and wool as cash products, but the rest of the farm's yield is destined to feed family or livestock. On Saturday, June 5, 1915, she wrote: "Fred finished planting. Planted some beans, turnips, cabbage, and popcorn."

She doesn't mention spinning or weaving, although she often refers to the sheep and to problems of dogs harassing them. The sheep were kept for wool and lambs, which were sold.

"Fred went to Shelburne Falls with steers, calves, and lambs. Fred got \$19.60 for his lambs," she wrote in January 18, 1915. "Nina Smith and Margaret called. Brought up check for wool which Carl carried to the Falls [Shelburne Falls] for Fred yesterday. 65 pounds at \$.25 per pound." Amount of \$16.25 is the entry for May 23, 1915. Clothing was sewn at home from purchased

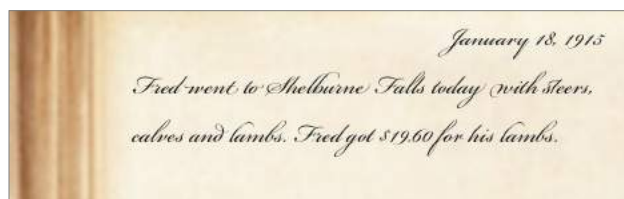
cloth, and on rare occasions an item would be purchased by mail, usually from National Cloak and Suit Company (June 8, 1915).

Delia Gleason's household was an industrious one. She, herself, though long crippled by a stroke, sewed with her good hand and almost daily attended the telephone switchboard of the Heath Telephone Company, located in her home. Her entry on May 20, 1916, shows that this family project she shared with her daughters, Belle (later Dickinson), Pearl (later Packard), and Grace (later Landstrom) was helpful to the family finances.

"Father (Isaac Stetson), C. J. Hager and wife, F. Stone, Levi Lively, S. G. Benson, Oscar and Vivian Thompson were here in the evening for a telephone meeting. They staid /sic/ until after one o'clock. They decided to pay us \$430 per year for attending switchboard after July 1."

The Gleason home housed the Post Office and so served as a stop for the stage. Passing travelers sometimes bought meals or stayed overnight. On January 11, 1916, Delia Gleason wrote, "Mr. and Mrs. B. started for Wilmington between eight and nine o'clock. They paid \$1.30 for staying here." All this provided income for the family and work, especially for daughters Belle and Pearl. The other daughter, Grace, taught school in Charlemont during this period.

Fred Gleason raised cattle, sheep, and horses and dickered in livestock. He sold wool, milk, and timber.



He also worked out a bit, helping at the nearby mill and tending a neighbor's spruce distillery. Son, Frank, was in high school at the time described in the diaries, but he did a lot of farm work when at home. In the winter he had to board in Charlemont, as did Grace, because it was too time-consuming to travel the distance in bad weather. Another son, Ray, was married and did not live at home, although at one time the families considered this arrangement.

"Saturday, April 1, 1916: fair and warm. Fred and Frank did the chores then gathered and boiled what sap that was on hand. The girls did the usual Saturday work. I tended telephone some in the forenoon and mended

(Continued on page 6)



Congratulations Heath Graduating Seniors!



Lukas Bird



I am graduating on June 1 from Franklin County Technical School. While there, I took welding and metal fabrication. Also, I played football, in the positions of defensive end and running back. My hobbies are fishing, hunting, building and driving demolition derby cars, and riding snowmobiles and dirt bikes. Currently, I am employed at Leon L. Sirum's in Greenfield.

My goal is to become a welder/fabricator.

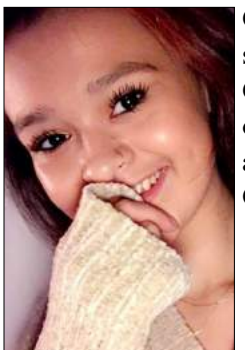
Matt Brooks



I am graduating from the Automotive Department at Franklin County Tech School this June. I have lived in Heath all of my life. I like it here because I am an outdoorsman, and it is quiet and away from everything. I enjoy all outdoor sports, most of all hunting, fishing and snowmobiling. Some day I would like to get my Charter Boat fishing license. The thing I like best about the Tech

School is the Co-op program. My Co-op has been at Matt's Automotive in Charlemont. I have always been interested in mechanics, something I learned from my Dad. I recommend the Tech School, because it is a good school and I have learned a lot there. Plus, my job at Matt's Automotive will continue after I graduate.

Corrine Freeman



Corinne Maria Freeman enjoys studying history and playing tennis. Corinne plans to continue working over the summer, then she will begin attending Greenfield Community College in the fall.

Emma Gougeon



My name is Emma Gougeon, a senior at Mohawk Trail Regional High School. As most graduating class students will say, I can't wait to be free. I've been working since the summer of 2017 at Baker Pharmacy, which has been a really fun job and perfect for a high school student. As for college, I'm not sure where I'm going or what I'm doing, but I have been leaning

more toward photography and the digital arts. Driving in my old scary car and taking pictures with my new Nikon are my favorite things to do, and can always make my day better. I also love animals. I have a guinea pig who's definitely spoiled and has a palace taking over my room. My old cat Wally is my best friend, and I'm soon to get his four paws tattooed in real color on my arm. I've always taken a liking to the arts (since the talent came so naturally), including tattooing, painting, sculpting, and Photoshop. In middle school I was sure I wanted to be a tattoo artist but quickly realized sketching is my weakest point. Now that I've found what I really want to do—professional photography—we'll see where it takes me.

Vega Johnson-Buchard



After going to Heath Elementary School, Mohawk Trail Regional for middle school, and then four years at Four Rivers Charter Public School, I will be graduating this month. My interests include reading, writing, music, traveling as much as I can, and art. Throughout high school I have attended the ArTeens Program at the Art Garden in Shelburne Falls, a program for local teen artists, in

which I have had a space that my teachers have given me to develop as an artist, as a member of the community, and as a person. I had the amazing opportunity of being able to go to Guatemala this year where I got my first new foreign cultural experience, which I'll never forget.

I will be going to Greenfield Community College this fall to work towards an associate's degree in Liberal Arts.

There, I hope to do as much reading, writing, playing music, and creating art as I can, both as a part of my academics and just for fun. Then, I will be going to a four-year college to pursue a journalism career. I also have been considering applying for a project with Ameri-corps between GCC and a four-year college.

I hope to someday get a job in the city working at a big newspaper company as a correspondent. But no matter how exciting things may get in the city, I will always want to come home to the close community of Heath and the hilltowns. I could never express how thankful I am for this community, but thank you all for everything that you do to make this community a place I will always want to come back to.

Matthew Lively



I have had a Co-op job with Hartnett Plumbing for the past year and will be working there full-time after graduation. Tech was a great school to go to. I fit in more, shop weeks are awesome, and it's just a good school. I'm on National Honor Society and won a silver medal and a gold medal at SkillsUSA district competitions for plumbing. I've attended state competitions

twice. I have gone to night school over the past year and will continue to go for two more years in order to get my journeyman's plumbing license, and eventually become a Master plumber. I am currently an apprentice plumber.

Oshen Ramirez



Oshen Christopher Ramirez enjoys soccer and skateboarding. He already has a sponsor for skateboarding, and would like to have more. He plans to take a gap-year to skate, travel, and visit family out west. He then plans to continue his education at GCC or a community college out west.



Haley Rode



Over the course of the past six years at Mohawk, I've been overwhelmed by the immense generosity and continued support that the members of our nine-town district have showered on me in every opportunity that has arisen during this time. Some of my fondest memories were spent on the soccer field chanting "Tuko Pamoja!," winning the league title alongside my track team for four consecutive years, and performing on stage in the presence of family and friends. In addition to these, I recognized the importance of giving back to an incredibly supportive community, and volunteered my time participating in community service activities as Student Council Vice President and webmaster of the school's Key Club, sponsored by the Shelburne Falls Kiwanis club, as well as serving as the secretary of the senior class. As a busy student-athlete, I didn't often have "free time," but on the rare occasions that I did, I liked to spend my time writing music, studying French language and culture, and being outdoors with friends. As I prepare to graduate in the coming month, I am grateful for the people in my life who have never ceased to offer their words of encouragement and enthusiasm to help propel me forward to where I am today. This fall, I will attend Massachusetts College of Liberal Arts, where I hope to pursue a double major in French and the performing arts, and will begin my new legacy as a trailblazer on the women's varsity soccer team.

Leah Wozniak



I will be graduating from Franklin County Technical School on June 1, where I took carpentry while there for four years. Also, I played volleyball for three years and softball my junior year. My hobbies are skiing, fishing, hanging out with my friends, and going to car shows. Currently, I work at the Charlene Manor as a dietary aide. In the fall, I will be going to Greenfield Community College to start classes towards becoming a nurse. My goal is to major in obstetrics and work in the maternity ward, or doing prenatal care.

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Farming in Heath (Continued from page 3)

an old pair of pants for Fred. The stage went on runners—very bad traveling. Lizzie H. and Maude Day Potter were on the stage in the morning."

Dairy production was an important part of Heath farm life in 1915. The milk was processed at the Heath Cooperative creamery into butter and cheese. It was picked up just once a week and then not always promptly. "The milk team didn't come, until about 7:30," Delia Gleason wrote on August 23 of that year.

Family farms of Heath are going out of business. [Editor's Note: this article was written in 1985.] They played an important part in shaping the character of the town and its people. It will be interesting to compare the past influence of the farm people with the effect of the current increased interest in getting agricultural pursuits by people in other vocations. There are more gardens in Heath and more goats than anyone can remember. Oxen and saddle horses are being raised by part-time farmers and the sheep are beginning to appear in places that had not seen them for many years. The decline of farming as a way of life is regrettable. Perhaps a small part of the family farm outlook can stay alive in the bits and pieces of farming practiced by people who live in Heath.

—Susan Gleason

**Town Clerk Report
Heath Officials Elected on May 11**

Selectman—Gloria Fisher
Assessor, 3 year—Robyn Provost-Carlson
Assessor, 2 year—Margo Newton
Town Clerk—Hilma Sumner
Finance Committee—Janis Carr, Edwin Wolf, Ken Gilbert
Planning Board—Douglas Mason
Library Trustee—Deborah Porter
School Committee—Budge Litchfield
Constable, 2 year—Robert Bourke
Constable, 3 year—Steven Thane

Heath Building Transition Team (SBTT)

Meets the last Wednesday evening of the month at the former Heath Elementary School. Meetings are open to all. Agendas are posted at Town Hall.



Library Lines

—Donald Purington

Preschool Story Hour: The last Story Hour of the season will be June 8 (re-starting in September) from 10:30 to 11:30 a.m. in the library. For ages birth to five. Older siblings welcome!

A Few of the New Items at the Library

Use the *New Titles* link on the library website to see all the new items added to our collection in the previous two weeks.

Fiction Books for Adults: *The Dark Angel* by Elly Griffiths, *Wicked River* by Jenny Milchman, *The Outsider* by Stephen King



Non-fiction Books for Adults: *Vogue Knitting: The Ultimate Knitting Book* by the editors of Vogue. *Best Cook in the World* by Rick Bragg, *Meet Your Dog* by Kim Brophy, *Barracoon: The Story of the Last Black Cargo* by Zora Neale Hurston

Audio Books on CD: *Women in Sunlight* by Frances Mayes, *Macbeth*

by Jo Nesbo

Books for Young/Teen Readers: *The Trials of Apollo* by Rick Riordan, *Not If I Save You First* by Ally Carter

Children's Picture Books/Boardbooks: *Be Kind* by Pat Miller, *Llama Llama Loves to Read* by Anna Dewdney

DVDs: *An American Conscience: The Reinhold Niebuhr Story*, *Black Panther*, *A Wrinkle in Time*, *Being Mortal*



We're celebrating music and literacy this summer at the Heath Free Public Library. Children ages 12 and under are welcome to stop by the library any time in June to pick up their reading log. They can keep track of the books they read on their own or with their families. At the end of August and in early September, prizes will be awarded to those who bring in filled-out logs!

Also, sign up at the library to join us for some musical crafts and story times with guest musicians. We'll explore another side of "rock" with a geology hike to Tannery Falls in Savoy with naturalist, Bob Richardson. These sessions and the hike will be on the four Friday mornings in July. See the library's website, www.heathlibrary.org, stop by, or call us 337-4934, ext. 7 for more details. There will be more information in area school newsletters as well. These programs are funded by The Friends of the Heath Library, the Massachusetts Library System, the Boston Bruins, and the Massachusetts Board of Library Commissioners.



Friends of H.A.Y.

Hawlemont, Agriculture and You

To ensure the sustainability of the Hawlemont, Agriculture and You program at Hawlemont Regional Elementary School, "Friends of H.A.Y." has been started. This all-volunteer organization will support H.A.Y. by matching the talents and skills of volunteers to needs identified by the teaching staff. Possible tasks include:

Minor repairs to barn or other structures • Major farm building projects • Animal husbandry support • Educational programs • Graphics, website and social media support • Conference planning • Fundraising • Volunteer coordination • Grant writing • Publicity • and more.

Become a friend of H.A.Y. today! Pick up a volunteer services application at the Hawlemont School office or at Heath Town Hall. For more information, please contact Budge or Sheila Litchfield at 337-4957.

Summer Hours

Heath Elementary School Library

Open Every Friday 3 to 5 p.m.

All are welcome!

Come check out a great book, play on the playground or the basketball court with friends, and picnic!

The collection has a wonderful Young Adult selection for teens. WiFi available.

Contact Lyra at lyrajohnson@yahoo.com for more information.



Wild Ramblings

—Bill Lattrell

Spring has Sprung

A phoebe, sitting atop a blackberry cane bobbing its tail, awaits a newborn insect to fly by. His nest, already built on a window ledge under the cover of the eaves from our roof, is occupied by his mate, who sits on eggs. Soon we will hear their frequent chirping from our second-story window. This annual event unfolds before us with much anticipation. A rite of spring, no doubt.

Each evening we hear the songs of male robins. Although we like to think their beautiful calls are in celebration of the vernal season, they are, indeed, warning would-be suitors of female robins that this is their territory. These territories often overlap, which can result in minor territorial squabbles that diminish when there are newborn chicks to be fed... a full-time job. Robins have, for some reason, been given the reputation of hallmarks of spring, even though many over-winter in these times of mild winters.

We saw our first black flies and mosquitoes the other day. The black flies hatching in nearby Taylor Brook will soon fill the daytime air until the end of June. Black flies require clean, well-oxygenated water for breeding habitat. Nights are reserved for mosquitoes so there will be little relief from biting insects, save screened-in porches and bug gear that we wear that keeps them at bay. These pesky insects rely on still pools of water for laying eggs. Mosquitoes and black flies have one thing in common. They both need our blood for breeding. Without us and other mammals, there would be no future generations.

About one half mile south of our domicile in thick woods on top of the mountain, there are bedrock basins that hold water. These are used as vernal pools, where both wood frogs and spotted salamander use the knee-deep water habitat to breed and lay eggs. When the eggs hatch, the young amphibians will mature, turn into land creatures, and make their way into the forest... all in the span of a few months. Presently, wood frogs can be heard chorusing during the day. Their chorus is so loud that it is nearly deafening. Yet somehow, even the sound

of a foot on leaves can stop the entire chorus from singing in only a moment. Wait a few minutes. A few brave individuals begin chorusing again, only to be joined by thousands of other individual wood frogs once again bringing a symphonic orchestra performance to the woodland around the vernal pool.

The buds on red maple (right) have swelled and will be among the first to burst and form into new leaves.

This early emergence gives them a leg-up on collecting solar rays in the forest before other tree leaves emerge. Red maples, perhaps our most numerous hard wood in central New England, are masters at survival and capable of living in wet soils, moist soils, and dry soils. They are truly ubiquitous, and have found a niche that allows them to thrive among the competitive tree species that abound in our forests.



False hellebore (left), a plant that many people confuse with skunk cabbage, is well above ground and thriving at this time of year. One of the first plants in the spring, it has a very short life span. It is a heavily veined plant, and quite striking. It is also very toxic, as it contains steroidal alkaloids in great quantities. After flowering, this plant dies and withers quickly. The strong alkaloids contribute to its rapid decomposition. It is not unusual for the plant to not be visible on the landscape by the end of July.

There is a series of bedrock ledges to the south of me. They were formed by the glaciers by plucking out large quantities of rock as the glaciers advanced. The geologic term for these is Roche Montainee. They appear as a series of ledges and cliffs. In one area, the plucking action exposed a buried area of carbonate rock. This dissolved over the last 12,000 years and produced an unusual microclimate. It is unusual for that area, because most of the soils are formed in schist bedrock that creates relatively acidic soil. The soils in this area, perhaps an acre, are very sweet, or have high pH conditions. Unlike the rest of the south-facing ledges, this area has wet areas that contain large areas of ramps, a plant that emerges in the spring and is a member of the onion family. The area also has blue cohosh and bloodroot. It is a small ecosystem oasis that is only easily identified in the spring.

I keep the exact location of this area guarded, as ramp collectors are known to decimate populations of this delicious and well-known edible.

Early spring forests are full of animal surprises. Encounters with black bears ranging far and wide in search of food after a long winter nap; young beavers forced out of their former homes where the habitat had limited potential, and in search of a new habitat for themselves; the sound of wild turkeys as they seek mates in a quest to produce new generations; bobcat kittens tucked into a ledge nest while mom is out hunting; and overhead turkey vultures seeking decomposing perished animals left behind by a harsh winter. I find it wonderful that there are animals that clean up the carrion in the forest. It somehow fits my view of a perfect ecosystem.

As I age, I appreciate spring more and more. Each new-year cycle brings joy to my heart. And as I witness all of these miracles, I get a spring in my step, and for a short time feel as if I am young again. Spring has sprung and I am in love with it.

—Bill Lattrell

Road Trash

It isn't possible to stay ahead of the growing litter on our Heath roads despite the efforts of many people in town who continually pick up beer cans (which are widespread) and other alcoholic beverage bottles, large animal feed bags, and other trash. I walked down Bray Road last week and counted 121 items of trash.

Others have found hypodermic needles, a boiler, and bags full of household trash. Those of us who pick up this litter must then pay to dispose of someone else's trash. There appear to be three types of trash: alcohol containers, household trash, and bulky items. This is a year-round problem.

Is littering on the rise? Yes, based on the roads I walk. I'm not sure how best to address the problem, but perhaps we can at least raise the consciousness of the abusers, that we are aware of what is happening, maybe by a letter and a call to all residents.

—Pat McGahan



Photos by
Sandy Gilbert



Bumblebee Walk & Talk

Saturday, June 23 • 10 a.m. to noon
Crowningshield Conservation Area
West Branch Road, Heath



Join Dr. Robert Gegear, Director of the Beecology Project, for a walk and discussion about the decline of bumblebees in our region and how you can help our native pollinators!

Come prepared to be outdoors and to walk on rugged terrain.

The event is **FREE**. Registration is requested. To register, visit www.franklinlandtrust.org and look for Bumblebee Walk on the Events page.

Sponsored by the Franklin Land Trust and the BeeCology Project, with support from the Heath and Rowe Cultural Councils.



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Nature Note: Silk Moth

Life is short... especially if you are a giant silk moth. In early summer, we have the opportunity to cross paths



Luna moth on ferns

Photograph by Will Draxler

with these magnificent insects when they are attracted to our porch lights or lit windows at night. The luna moth is the most common and easily recognized, but it is also possible to see cecropia, polyphemus, and promethea moths. Remarkably, these large moths live for only several weeks as their only purpose is to mate and reproduce. They don't even have mouthparts for feeding, so are solely occupied with finding a mate. Females advertise their location by releasing pheromones which males can detect with their feathery antennae from up to a mile away. After mating, the female lays over 100 eggs from which caterpillars eat and grow all summer and then pupate in a cocoon in which they overwinter. The following spring, adult moths emerge from their cocoons and, once again, we have the chance to see a giant silk moth at our lights.



Luna moth caterpillar

—Susan Draxler



Cecropia cocoon

Photograph by Will Draxler



Cecropia moth

Photograph by Will Draxler



Town Nurse

—Claire Rabbitt, RN

Sharps Disposal

It has come to my attention that used sharps (needles, syringes, lancets, and other devices used at home to treat certain diseases), have been found improperly disposed of in Heath. Franklin County Solid Waste District provides free sharps boxes, and full ones may be brought to their office on Miles Street in Greenfield. I have a sharps collection box in the Nurse's office, where full sharps boxes may be dropped and new sharps boxes obtained during my office hours on Tuesday and Thursday.

Preventing the Misuse of Medications

As many of us have sadly become aware, the issue of misuse of prescription drugs and overdose is a serious public health problem in the United States and in Franklin County. Nonmedical use of prescription drugs is highest among young adults, and each year many young children also accidentally ingest unsafe medications. Reasons for the prevalence of drug misuse vary by age, gender, and other factors, but likely include ease of access.

Do you have prescription opioids, depressants, or stimulants in your home? Here are three recommended steps to prevent the misuse of medications:

1. Counting, which includes not just knowing how many pills you have, but keeping a record of your pill count with your bottle, showing the amount left.

2. Locking, which means keeping all medications out of reach to household visitors, contractors, and family members.

Through a grant from the Opioid Task Force of Franklin County and the North County Region, a limited number of free medication lock boxes are available to residents.

3. Dropping, which is proper disposal of medications that are no longer needed. Unused medication (however, no liquids or injectables) can be disposed of at any one of the Drug Drop-Off Boxes located at Police Stations throughout the region (Ashfield, Buckland, Bernardston, Erving, Deerfield, Greenfield, Montague, Sunderland).



(Continued on page 19)



Earl Gleason's Last Call

1932—2018



Earl (left) and Walter Gleason



"To help someone when they are in trouble, there is no other feeling like it, a feeling of satisfaction."

—Earl Gleason



"Always look forward to tomorrow; you've done today."

—Earl Gleason

Photographs by Art Schwenger

Dedication to Earl Gleason

Reprinted from the 2003 Heath Town Report

Earl joined the fire department in 1948 as a volunteer firefighter. At that time, he recalls that all telephone communication came through the Heath Telephone Company, Central Command so to speak, in a building in the center of town. This company was started in the late 1800s by his great-grandfather.

In 1958, he became an assessor for a period of 12 years, and also served as the forest fire warden from that time up until 1996. He has been a member of the planning board, board of assessors, board of selectmen, and finance committee. He also owned and operated the family-run dairy farm and maple syrup business from 1950 until 1985 when the dairy cattle were sold.

Earl owns a municipal fire equipment supply business, which began in 1975, that continues to service southern Vermont, Southeast New Hampshire, Western Massachusetts, extending into Connecticut and New York areas—even stretching to the Canadian border.

Earl has been, and continues to be, involved in a variety of community activities. He holds a past membership with the Heath Grange from the 1950s to the 1960s, and even served as Master of the Heath Grange for a period of time. The Grange was in operation from the turn-of-the-century until it dissolved in 1980. He continues to serve as the director of the Franklin County Farm

Bureau, where he has been a member since 1957. He also served as a representative to the Franklin County Planning Board in the 1970s. He was also active in the Heath Agricultural Society in its earlier years, serving as president for one year.

Earl graciously accepted appointment as Heath's Fire Chief for a period of 21 years, from 1975 until 1996, which included involvement with the Tri-State Mutual Aid, which encompasses a service area of 44 departments within the Vermont, Massachusetts, and New Hampshire region of New England. He also served as secretary and treasurer for the Tri-State for a four-year period. Earl continues to serve as Heath's E 911 coordinator, honoring his commitment to the town for nearly 15 years. He is also currently serving as the secretary and treasurer of Deerfield Valley Mutual Aid, which includes ten departments and two rescue squads, which he has served for over 25 years. He states that being a bachelor has allowed him time for so much involvement in things. His inquiring nature also helped to promote his

level of involvement.

He claims his hearing is interrupted slightly due to running a chainsaw and tractor without ear protection for years while running family logging operations with his younger brother, Walt. He also says that "dairy farming helped with being on the fire department. Had to learn to treat each one differently." He also says that "milking cows gives you a lot of time to do a lot of thinking."

He recalls the setup of Town Office up until the 1950s or so. Arriving at Town Office, you had to first light the wood stove and move the typewriter (yes, the typewriter that is still in use in the assessor's office today) and the hand-operated adding machine near the heat to keep warm while working as an assessor.

In the mid-1970s while serving as a selectman, he recollects time spent on local restaurant and bar issues—not roadwork issues. He refers to the Mountaintop Lodge located just off of South Road.

Anyone who knows Earl (or even just met him for the first time) cannot walk away without realizing what a great sense of humor he has. "Always look forward to tomorrow; you've done today. Look at the bright side. Humor is my way of doing it."

Earl claims a reason for remaining in Heath is that "the whole family is just too shiftless to move." Research of historical records indicates that he has found written where his great-great-grandfather, back in 1790, was called in to meet with the selectmen since he hadn't gotten permission to move to Heath. "Apparently zoning was around then too." To give an example of the type of business talents dealt with centuries ago, Earl remembers reviewing historical records and coming across where a man wanted to move out West, and he wanted a \$100 from the Town to do so. The Town approved the \$100 request and told the man he could go anywhere else he wanted. Apparently, the Town wanted him anywhere else but Heath.

Just some of the moments while serving as Fire Chief include the time when his brother lost 50 head of cattle when his barn burnt. Another was when a trailer exploded down in Mohawk Estates resulting in "depositions and over 300 pages of testimony. The lead lawyer was from F. Lee Bailey's office; so I was in good company (notorious company, anyway)."

Earl says that the good moments far outweigh the bad. He says that, "to help someone else when they are in trouble, there is no other feeling like it, a feeling of satisfaction."

(See Earl's letter to the editor on page 15)

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Thank You Letters

Letter to the Editor

From Earl Gleason, recently received, but written sometime late last winter after he was in a truck accident, and then following a terrible fall outside of his house where he was rescued by EMT Tim Lively, who by chance drove by and saw him.



I feel like one of the luckiest men in the world today. I had two not so pleasing experiences lately; a truck crash in Windsor, MA just before Christmas, and falling in my yard and left out in the cold for over an hour [early in the new year]. As I have done my good deeds in my lifetime, they returned by the thousands during the past couple of months. Following

is a short list of the many people who aided me after my troubles. The EMTs, ambulance, and fire personnel of Windsor. When I needed wood, the deliveries from Nathan Clark and Lennie Roberts. Making sure the woodpile stayed dry by Bruce Phillips. Throwing wood in the cellar by Walt and Glenn Gleason, Eric, Mary, and Austin Sumner, and Steve Thane. Heath EMT Tim Lively, who discovered me in the cold, along with assistance from Tom Lively and Nick Crozier. The Colrain ambulance, and all the nurses and doctors at Franklin Medical, and all the crew at Charlene Manor. Others to thank include Steve Bigelow who assisted me with my troubles with my furnace. Another person that assisted me was [the late] Howard Dickinson, who made an offer to supply me with a replacement vehicle. Many thanks to a Mr. Kingsley who paid for my supper at the Four Leaf Clover restaurant for no good reason at Christmas time. And thanks go to the many people who showed concern during my troubles. It's wonderful to know the world still has so many caring and wonderful people.

—Earl Gleason

"As I have done my good deeds in my lifetime, they returned by the thousands..."



Thank you, Miles

Miles spent his school vacation week in Heath with his grandparents, Ken and Sandy Gilbert. In celebration of Earth Day, he picked up four garbage bags of trash from the roadsides.

To the Town of Heath:

THANK YOU!

We welcomed Haris Otto Cross Jalil to the world on March 31 and, as members of the Heath community, we have felt so supported and loved by all of you. A special thanks to Lyra Johnson-Fuller for organizing such an amazing shower for us, even though Haris decided to arrive early and we couldn't be there! We heard it was amazing. We can't imagine a better community to be a part of. Thank you, thank you, thank you!



Love,

Emily, Shahid, Josephine and Haris

Thank a Visiting Angel

Visiting Angels® of the Berkshires provides non-medical home care services, allowing elders to maintain the independence of daily routines in the familiar setting of their own home.

Care services include: meal preparation, light housekeeping, errands and shopping, medication reminders, and providing rewarding companionship.

For more information, contact Mariana Luz, Client Care Coordinator, at 413-822-2177.



Green Thoughts

—Pat Leuchtman

Annuals for All Season Bloom

Until I began working on the Bridge of Flowers committee some years ago, I never realized how important annuals are to having a really flowery garden all season. Those of us who have perennial gardens accept that most perennials are in bloom for only three weeks or so. With deadheading and pruning we might be able to get a second flush of bloom. With careful planning, we can create a design that will always have something in bloom, but there may not be a lot in bloom at any one moment.

Annuals are in evidence everywhere in the spring as local merchants put out big pots of bright geraniums, or the greatly improved petunias that now come in wild colors and no longer need deadheading. My neighbors have been known to hang pots of graceful annuals. In my youth I admired hanging pots of begonias that I thought were beautiful and exotic. I never dared to think of trying to plant such a pot myself. Nowadays, frames for hanging pots and fibrous mats for holding soil in the pot are abundant in every garden center. There are also new varieties like Proven Winner Nonstop Mocca begonias with lovely double blossoms that look so much like roses in an array of colors. You can plant them in hanging baskets or in pots for the patio.

Who doesn't love a daisy? There are many daisy-like flowers. One of the most popular right now is the family of osteospermums (left). A lot of name for a simple flower in some outrageous colors. They can be grown in the soil or in pots.



Once I was visiting the stunning Wave Hill gardens overlooking the Hudson

River in the Bronx, New York. Many flowers were familiar and beautiful, and suddenly I came upon this astonishing plant with deep red dripping blooms called Love Lies Bleeding. I had never seen anything like it. The name is so shockingly apt—and it makes for an



elegant and romantic flower bed.

Love Lies Bleeding (left) is an amaranth and it has larger cousins that are edible grains.

Sweet peas (below) are not edible, but this is a lovely annual vine that climbs with many forms and colors. Renee's Garden offers 27 sweet pea varieties that include window box sweet peas that are happy in a container.



Since the point of annuals is that they bloom into the fall, I must mention dahlias. The Bridge of Flowers includes many dahlias in its plantings that bloom from summer until frost. There are any number of colors and flower forms but they are all gorgeous.

I love cosmos with its airy foliage and tender colors of pink and white. Even just a six pack of seedlings will ultimately take over a large space in the garden and make a substantial display, even when they are routinely snipped to make a dining table bouquet.

Another favorite of mine is the very familiar zinnia (right), brilliant and bold colors, or paler shades. Renee's Garden even offers a bright white zinnia, and the Green Envy zinnia that is a stunning chartreuse color and a great addition to any bouquet, and can set off the bright colors in an arrangement.



Though annuals will only last for one season, to get the lush growth you are looking for they should be planted with as much care as any perennial. The planting bed should be prepared and enriched by adding compost. If you are just planting individual plants to fill a space, it is good practice to add a scoop of compost to that planting hole. Regular watering is important when plants are getting started. All potted annuals will need daily watering, and periodic fertilizing to keep blooming well.

This article is an abridged version of Between the Rows, originally published in the Greenfield Recorder June 24, 2017. Visit Pat's blog at: www.commonweeder.com.

The Way We Love to Eat

Rhubarb

As I write this recipe, it is mid-April and the relief of surviving this winter with its late snow is still the talk of the town. By the time you read this, it will be early June and hopefully the late spring snows will be but a memory and our attention will be on our gardens. Whether in April, May, or June, though, the promise of summer can't help but get one out in the garden digging, planting, and dreaming of the produce yet to come.

For anyone who is lucky to have a rhubarb patch, the first garden harvest comes early and heartily, giving an abundant crop that just begs a pie or two. But as I have discovered, there are other yummy things to do with rhubarb that are worth passing on. These both come from Cathy Tallen. The first recipe, originally from *Rhubarb Cookbook* put out by CQ Products, is called Rhubeans. The following are Cathy's and my adaptations of this recipe, which are a tasty version of baked beans. The recipe itself describes making baked beans the old fashioned way. In other words, it is an all-day affair that uses far too much electricity or propane, in my opinion. My version is done in the crockpot in a large portion and Cathy's uses canned beans and makes a smaller quantity for households that would be overwhelmed by ten servings. We were both happy with the outcomes. The second rhubarb recipe comes with high praise. It is from *Yankee Magazine* and is a favorite of Cathy's.

Crockpot Rhubeans

- 1 pound dry yellow-eyed beans, sorted and washed
- $\frac{2}{3}$ cup maple sugar
- 2 $\frac{1}{4}$ cup chopped rhubarb, fresh or frozen
- $\frac{1}{3}$ cup molasses
- 1 $\frac{1}{2}$ cup chopped onions
- 2 teaspoons salt
- 1 cup brown sugar
- $\frac{1}{4}$ teaspoon dry mustard
- $\frac{1}{2}$ teaspoon pepper

Place beans in a large saucepan and cover with water at least 3 inches above beans. Cover and soak overnight. Pour off water and rinse the beans. Return the beans to the saucepan and add fresh water, about one inch above beans. Place over medium-high heat and simmer until the skins of the beans pop off when you pinch them (about 30 minutes).

Drain beans, reserving cooking liquid. Add rhubarb to the rest of the ingredients, and mix well. Transfer to a

crockpot and add reserved liquid to within $\frac{3}{4}$ to the top of the beans. Cook on low for eight hours or on high for six. Makes about 10 servings.

Easy Rhubeans

Combine:

- 1 can black beans, drained, saving a little liquid
- 1 cup chopped rhubarb
- $\frac{1}{2}$ to $\frac{3}{4}$ cup chopped onion
- $\frac{1}{3}$ cup brown sugar
- $3\frac{1}{2}$ tablespoons maple syrup
- $1\frac{3}{4}$ tablespoons molasses or sorghum
- $\frac{1}{2}$ teaspoon salt
- $\frac{1}{4}$ teaspoon dry mustard
- Dash of pepper



Simmer until the rhubarb is soft and almost sauce-like. (Cathy does it on the wood stove but the stove top works.) Makes 3 servings.

Savory Rhubarb Compote

Originally seen in *Yankee Magazine*

- $\frac{1}{2}$ cup honey
- $\frac{1}{4}$ cup orange juice
- 1 tablespoon fresh lemon juice
- 1 tablespoon balsamic vinegar
- 1 pound rhubarb stalks cut into $\frac{1}{2}$ -inch pieces (about 3 cups)
- $\frac{1}{2}$ teaspoon finely chopped fresh rosemary
- Freshly grated zest of 1 lemon (about 2 teaspoons)
- $\frac{1}{4}$ teaspoon kosher or sea salt
- 2 tablespoons chopped fresh chives

In a heavy-bottomed 2 to 3-quart nonreactive saucepan, combine the honey, orange juice, lemon juice, and vinegar. Set over medium-high heat, and bring to a boil. Add the rhubarb, rosemary, lemon zest, and salt. Simmer until the rhubarb breaks down and the sauce thickens slightly, about 15 minutes. Add the chopped chives, and cook an additional 5 minutes. Remove from the heat and let cool (the sauce will thicken a bit). Serve immediately or store in the refrigerator for up to 2 weeks. You may also process the rhubarb compote in half-pint jars (leave $\frac{1}{2}$ -inch head space). Makes about 2 cups.

—Deb Porter





Heath Agricultural Society News

The Heath Agricultural Society (HAS) relies on its members and volunteers to bring the Heath Fair to thousands, young and old. For this issue of the *Heath Herald*, I wanted to bring forward another voice; a member voice to tell the story of “Why.” Why do members show up and bring their magic to HAS, and to the Heath Fair?

The following is from Bob Delisle, a long-time member of HAS and champion of the much-loved Heath Fair Agricultural Tent.

I have been an active member of the fair for over 30 years. It started out with that dreaded phone call from another volunteer looking for help. I had been to the fair a couple of times but never considered participating, in fact I wasn't really a fan of fairs. Soon, work bees became a regular part of my summers, volunteers became friends, and my view of the fair started evolving.

The Heath Fair is a direct tie to its agricultural past, and is a tangible way to help preserve and promote our rural heritage. Rural life has changed over the years, and will continue to evolve, and the fair will be part of this evolution. The Agricultural Tent is an example of this evolution, as an attempt to preserve skills from the past while looking towards the future. Besides being a showcase for rural life, the fair also serves as a fund-raiser for church groups, the library and fire department, and others; all important to life in the country. The fair has a reputation as a child-friendly event; it's fun, safe, not too big, and has great music, too. When people find out that I am active in the fair, I am amazed at how often they will tell me they love the fair.

The most important piece of the fair is the volunteers. We are an organization that relies on them, and never seems to have enough. My personal experience is that kids love to be involved in the fair, so please bring your kids with you to the work bees. We don't just work, we



Fun with ropemaking

have fun! Make participating in the preparation of the fair, and the fair itself, a family tradition.

The town of Heath should be proud of the Fair. It's amazing that we can pull off an event of this magnitude with such a great reputation using only volunteers. To think, we have been doing it for 100 years, and will be doing it for the next 100, too; but we could use your help to be sure we have this opportunity. Please get involved. If you are anything like me, you won't regret it. Work Bees will be held in June, July, and August. Check out www.heathfair.org for details.

—Bob Delisle

HAS wishes to send our condolences to the following HAS member families for their recent losses: The Livelys (for the loss of Sue's mom), the Dickinsons (the fair will always celebrate you, Howard), the Gleasons (Earl's loss will be felt at the fair), the Thaness (David Thane, son of Alli and Steve's eldest brother, who was involved in the fair for many years and will be missed), and Henry Josephson (for the loss of Peggy Root, who will fondly be remembered as goat steward with the green thumb).

—Jessica Van Steensburg

**The 101st
Heath Fair
Aug. 17—19**



**The Heath Fair Needs You.
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Assist in 2018—take the reins in 2019
Contact John Henry, johnedhenry@gmail.com

Heath Fair Work Bees: Thursday, July 5 & 19,
5:30—8:30 p.m., at the Fairgrounds
Rain date: July 26

There's still time to volunteer!

**Heath Artist Exhibition
Artist's Call**



Sept. 1-8 • Reception Sunday, Sept. 2, 2-4 p.m.

To enter work into the Exhibition,
please contact Harry Hallman at
hwhallman@icloud.com.

Entry Form due by Aug. 1

Tick-Borne Disease

Board of Health Update

Tick-borne disease continues to be a growing concern in our area. In the last year, more than 35% of local deer ticks tested positive for Lyme, and more than 5% for Anaplasmosis, the two tick-borne diseases occurring most frequently in the Franklin County region. Only deer ticks (also known as black-legged ticks) can transmit Lyme and Anaplasmosis disease. American dog ticks transmit much less common diseases but also should be avoided. The longer a tick remains attached and feeding, the higher the likelihood that it may spread the bacteria. There's a lot you can do to prevent tick bites from occurring in the first place.

Prevention

- Make a habit of checking yourself, your children, and pets for ticks after coming inside. When in high-risk wooded brushy areas, wear light-colored clothing that covers skin with loose ends tucked in.

- DEET (25%) is the most recommended repellent to prevent tick attachment. DEET must be applied directly to the skin. It is not effective if sprayed on clothing. Carefully follow package directions for application and re-application.

- Permethrin is a spray-on product applied to clothes. Once treated with Permethrin, especially on shoes and socks, there is a 76% reduction in tick attachment. Clothes should be sprayed outdoors away from children and pets—especially cats. Please read and follow label directions carefully.

- Both the Center for Disease Control (CDC) and the Department of Defense (DOD) recommend the combined use of DEET and Permethrin as the most effective method to reduce the likelihood that ticks will attach to your skin.

How to Get a Tick Tested

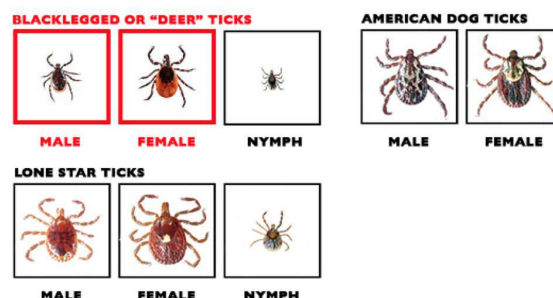
The Heath Board of Health, in conjunction with the Cooperative Public Health Services of the Franklin Regional Coalition of Governments, has negotiated a reduced cost to member towns. Residents need pay only \$15.00 of the \$50.00 cost of getting a tick tested.

If you have been bitten (the tick was attached to your skin) by a Deer Tick, save the tick in a small, plastic bag. Log on to www.tickreport.com and follow the instructions for mailing the tick. Not sure if it is a Deer Tick? Check <http://www.tickencounter.org>. Call Mary Sumner, Heath Board of Health Clerk at 413-337-4934,

ext. 8, or Betsy Kovacs at 413-337-5346, if you need help completing the form.

How to Remove a Tick

1. Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
2. Once you have a firm grasp, pull upward with steady, even force. Don't twist or jerk the tick as you may cause the mouth to break off and remain in the skin.
3. If you do accidentally break the tick in half, try removing the mouth with the tweezers. If you can't, leave it alone and let the skin heal.
4. Once the tick is removed, thoroughly clean the bite area, and your hands, with rubbing alcohol, an iodine scrub, or soap and water.
5. Check the bite area for several weeks after removal; if you develop a rash there, or have a fever at any point in that time-frame, see a doctor about getting tested for Lyme and other tick-borne diseases.



What Not to Do

There is no shortage of alternative tick removal strategies to be found online. Most of those folk remedies have long since been debunked. A 1985 study in the journal *Pediatrics* compared several popular strategies (Vaseline, nail polish, and a hot kitchen match) to the tweezers technique described above, and found that none worked nearly as well. There are several tick removal devices on the market, but the CDC says that a plain set of fine-tipped (pointy) tweezers is really all you need.

Preventing Misuse of Medication (Continued from page 11)

For more information on medication safety, or to request a medication lock box, please call FRCOG Cooperative Public Health Service Nurse, Lisa White at 413-665-1400, ext. 114 or stop by the Charlemont Federated Church. Her regular hours are from 10:30 a.m. to noon on the second Tuesday of the month.

—Lisa White, RN

Obituaries

Peter Lyman Row



Peter Lyman Row, 73, of Heath, MA passed away April 2.

Having studied Indian Classical music in India, Peter was member of the faculty of the New England Conservatory since 1973 and later served as Dean (1983-1990) and Provost (1990-1996 and 2000-2004). At NEC, he taught in the Contemporary Improvisation, Liberal Arts, and Music History Departments. Peter performed in concert throughout North America and India and made numerous radio and television appearances.

After moving to Heath, Peter was an active participant in town alternative energy committees and in the Heath Union Church, where he helped establish an annual music series. He continued musical explorations, including performing free improvisation on sitar and tabla, with Jazz French Horn, memorably during concerts at Heath Union Church.

Survivors include his wife, Heather; son, Andrew and partner Catherine Hanningan; son Christopher (Agatha); brothers David (Kathleen) and Gordon (Ginia); two granddaughters and three nieces.

Catherine H. Hale



Catherine H. (Demaris) Hale, 97, died at home on Monday, April 30.

Catherine was born in Colrain on September 27, 1920, the youngest of 11 children of Peter and Cordelia (LaFrance) Demaris. She was predeceased by her husband, Ernest Hale, in 1969.

Survivors include her daughter with whom she lived, Susan Hale (Thomas) Lively of Heath, four grandchildren; Justin Lively, Sherri Lively, Ernest Hale-Howe, and Matthew Hale-Howe; and several nephews and nieces.

Memorial contributions may be made to St. Joseph's Church, 34 Monroe Ave., Shelburne Falls, MA 01370 or Hospice of Franklin County, 329 Conway St., Greenfield, MA 01301.

David Thane



David Alan Thane, 70, of 37 Brunelle Road, Heath, died Friday, May 11, at home. David was born in Concord, MA, the son of Ernest and Alli (Syvanen) Thane. He was a 1966 graduate of Whitingham (VT) high school and a 1970 graduate of North Adams State College.

He was employed by the North Adams Hospital for 17 years before employment with Yankee Atomic in Rowe, then by Bartlett Nuclear where he retired in 2006.

He was active in the Heath community, serving on the conservation commission for 25 years and active on the Heath Fair committee. At the age of 14 he joined the Heath Fire Department and later became an EMT. David was an avid sportsman and enjoyed both nature and animals.

Survivors besides his mother, of Heath, include his wife of 48 years the former Phyllis Giard; sons Kenneth (Paula) Thane of Halifax, VT, James of Heath, Joseph of Rowe; daughters Victoria Crossin of Holden, MA, Alexandra (Donald) Wilson of Heath; brother Steven (Nancy) Thane of Heath; sister Beverly (Jack) Cable of Townsend, VT; and grandchildren, Corbin, Logan, Austin, and Morgan Thane and Megan Crossin. He was predeceased by his father, Ernest, and his brother, William.

Suggested donations to Hospice of Franklin County, 329 Conway St., Greenfield, MA 01301.

Earl Gleason



Earl Marshall Gleason, 85, of Route 8A, Heath, passed away Friday, April 27, in the company of his family at 21 Bassett Road in Heath.

He was born in North Adams, October 17, 1932, the son of Frank I. and Edith M. (Marshall) Gleason. He was a life-long resident of Heath.

Survivors include his brother Walter of Heath; nephews Glenn and Dan; and cousins.

Donations may be made to the Heath Fire Department, 1 East Main St., P.O. Box 45, Heath, MA 01346.

Robert "Bob" Barclay

Robert Barclay, 70, died unexpectedly on Monday April 16, at Baystate Franklin Medical Center in Greenfield.

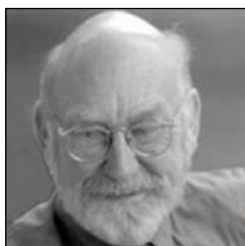
Born on July 30, 1947, in Glen Cove, NY, he was the son of Edward and Catherine (Becker) Barclay. He was a Navy veteran, and a managing engineer in New York City before moving to this area.

He loved cooking, and was known for his wonderful homemade pies. He enjoyed tending his apple trees on Long Hill Road, Heath, and spending time with his children and grandchildren.

Survivors include his wife Maureen (Greene) Barclay; his son and daughter-in-law Frank and Margie Barclay of NJ; three daughters and their husbands, Jennifer and Charles Hoffman of PA, Tara and Frank Pandillo of FL, and Amanda Barclay and Jon Coppola of NY; and nine grandchildren. He also leaves two brothers, two sisters, and several nieces and nephews.

Donations may be made in Bob's memory to the Country Club of Greenfield, with memo of "Steve Kells Junior Golf Fund."

Leon Francis John Peters



Leon Peters, 70, died on May 10, at home. He grew up in Heath, the twelfth child of Philipine Lively Peters and Leon N. Peters, and graduated from Greenfield High School/Vocational Tech School and Greenfield Community College. He was

employed for 40 years by North Adams State College, now Mass College of Liberal Arts as a media specialist, later Graphic Designer. Lee shared his extraordinary artistic talents with community organizations, schools, and his church, Charlemont Federated Church, where he was a member and Deacon for many years. He won many awards for his artwork both locally and nationally.

He is survived by his wife, Van; daughters, Olga Elizabeth Peters of Dummerston, VT, V.Tacy (Howard) Lincoln of Essex Junction, VT; and Dana C. Homer of Whitingham, VT; and four grandchildren. In addition Lee is survived by siblings; Cleon (Teresa) Peters of Heath, John (Valeda), Beatrice (Bob) Drew, Teresa (Bob) Hicks, Paulina (Loren); Evelyn Lemay, and Sylvia Williams. Lee was predeceased by siblings Nelson, Marie Herman, and Lucille Annear.



Heath Union Church

The Rev. James Koyama, Minister
Dennis Ainsworth, Organist
Sunday morning worship 10 a.m.

All are welcome!

Rev. Koyama is in town on Thursdays, with church office hours in the afternoon. Cell phone: 808-282-6711; Church phone to leave a message: 413-337-4019.

Board of Deacons:

Hilma Sumner, Chair, 337-4845

Ruth Johnson 337-4367; Walter Gleason 337-4479

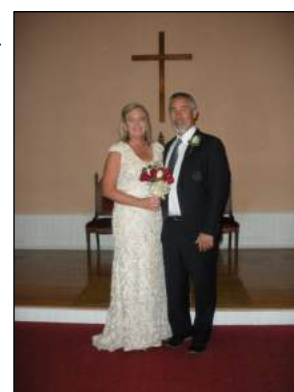
Dana Blackburn 413-221-0961

Find us on Facebook: Heath Union Evangelical Church. Church building facilities are available for private events. Call Victoria Burrington at 337-4425.

Church News

As we enter into the summer, the church has been host to three guest ministers. Deacon Hilma Sumner in April, the Rev. Pam Porter in May and early June, with the Rev. Armand Proulx, retired, of Greenfield to lead the service the second and third Sundays in June, while Pastor James is on an extended leave as he and his new bride, Sheryl, visit three European countries.

On April 14, the church witnessed the marriage union of Pastor James and Sheryl Cabral. They were attended by their children, Matt Koyama and Justin and Angela Cabral. Kaylee Koyama, granddaughter of the groom, served as flower girl. It was a joyous occasion that allowed their families and friends to meet and celebrate together.



Summer events are still in the planning stages. Please look for posted notices around town for information on upcoming concerts and/or community dinners.

—Hilma Sumner

COMMUNITY CALENDAR

- June 1 **HEATH ELEMENTARY SCHOOL LIBRARY OPEN**
3 to 5 p.m. every Friday during summer, at the former Heath Elementary School building.
- June 1 **EDIBLE WILD PLANT WALK**
6:30 p.m. at The Benson Place, 182 Flagg Hill Road with John Root. Free, all ages welcome.
- June 7
21 **HEATH AGRICULTURAL SOCIETY - FAIR WORK BEE**
5:30 to 8:30 p.m. at the Fairgrounds
All are welcome. Come to have fun and help. Task lists are on the wall, so dig in when you get there. Rain date: June 28.
- June 8 **PRESCHOOL STORY HOUR**
10:30 to 11:30 a.m. at the Heath Library
Last of the season! Restarting in September.
- June 14 **HEATH AGRICULTURAL SOCIETY MEMBERS MEETING**
6:30 to 8 p.m. at the Fairgrounds
Public is welcome!
- June 23 **BUMBLEBEE WALK**
10 a.m. to noon at the Crowningshield Conservation Area on West Branch Road with Robert Gegear. See more information on page 9.
- July 5
19 **HEATH AGRICULTURAL SOCIETY—FAIR WORK BEE**
5:30 to 8:30 p.m. at the Fairgrounds
All are welcome. Come to have fun and help. Task lists are on the wall, so dig in when you get there. Rain date: July 26.
- July 12 **HEATH AGRICULTURAL SOCIETY MEMBERS MEETING**
6:30 to 8 p.m. at the Fairgrounds
Public is welcome!

If you would like an event included on the Community Calendar, please drop a note in the *Heath Herald* black box located in the Town Hall vestibule, or send an email to theheathherald@gmail.com. Please include the title of the event, date, time, location, and contact person.

**ONGOING CALENDAR****CRAFTY LADIES**

Second and fourth Thursdays from 3 to 5 p.m. in the Senior Center, downstairs in the Community Hall. Come join fellow sewers, knitters, and crafters and work on your favorite projects while enjoying each other's company. A \$2 donation is encouraged to defray the cost of using the building. For more information and schedule updates, please contact Susan Gruen at 413-337-4235 or gruenfam@verizon.net.

FOOT CLINIC FOR SENIORS

Third Tuesday of each month in the Senior Center, downstairs in the Community Hall. Contact Eileen McVay-Lively at 413-337-4742 to set up an appointment and/or arrange transportation.

HEALTHY BONES AND BALANCE

Tuesday, 11 a.m. to noon, and Thursday, 10 to 11 a.m. in the Senior Center, downstairs in the Community Hall. This exercise program helps prevent falls and osteoporosis. For ages 55 and over.

SENIOR BROWN BAG LUNCH

First Thursday of each month, dessert & games. 11:45 a.m. in the Senior Center, downstairs in the Community Hall.

SENIOR LUNCHEON

Third Thursday of each month, 11:45 a.m. in the Senior Center, downstairs in the Community Hall. A count is required by the Monday before the scheduled meal. Please sign up at the Senior Center, downstairs in the Community Hall or call Margo Newton at 413-339-8580.

SENIOR OPEN ART

First and third Thursdays from 2 to 5 p.m. in the Senior Center, downstairs in the Community Hall. Open to all. You don't have to be an artist to join! Contact Eileen McVay-Lively at 413-337-4742 with questions.

TAI CHI

Mondays, 10 to 10:45 a.m. upstairs in the Community Hall. Newcomers welcome, suggested donation (\$5) Contact Lois Bascom at lola621@comcast.net for more information.

YOGA

Fridays, 9:30 to 10:30 a.m. upstairs in the Community Hall, led by Kate Peppard. Beginners welcome, mats available, donations (\$5-10) accepted. Contact Kate at 617-669-4891 for questions.

Scheduled activities will not take place on holidays or days with school weather closures/delays.

HEATH TOWN OFFICES

1 East Main St, Heath MA 01346
Phone: 413-337-4934 Fax: 413-337-8542
www.townofheath.org

Town Coordinator, Kara Leistyna

bos@townofheath.org
Monday-Friday 9:30 a.m. to 3:30 p.m. with
exceptions posted in Sawyer Hall

Selectboard, bos@townofheath.org

Tuesday 7 p.m., Sawyer Hall
Brian DeVriese, 413-337-5525
Robyn Provost-Carlson, 413-337-5316
Gloria Fisher, 413-337-6626

Town Clerk, Hilma Sumner

townclerk@townofheath.org
Tuesday and Thursday 8:30 to 11 a.m.
Monday 3:30 to 5 p.m. or call for appointment
413-337-4845

Accountant, Tracey Baronas

accountant@townofheath.org
Monday 9 a.m. to 2:30 p.m. (varies)
413-337-4934, ext. 5

Tax Collector, Elizabeth Nichols

taxcollector@townofheath.org
Monday 4 to 6 p.m.
or call for appointment 413-337-6665
413-337-4934, ext. 2 / Fax: 413-337-8542

Treasurer, Kristi Nartowicz

Monday 3:30 p.m. (varies)
knartowicz@gmail.com

BOARDS AND COMMITTEES

Board of Assessors

Wednesday 9 a.m. to 3 p.m.
Robyn Provost-Carlson, 413-337-5316
Heather Hathwell, 413-339-4359
Margo Newton

Board of Health, 413-337-4934

Betsy Kovacs, Chair, 413-337-5346
Mary Sumner, Clerk
Armand Clavette, 413-337-4065
Henry Godek
Susan Gruen
Tucker Jenkins

Finance Committee,

Ned Wolf, Secretary, 413-337-4476
Jeff Simmons, 413-337-4994
Ken Gilbert, 413-337-4461
Jan Carr
Kathy Inman

Library Board of Trustees

Deborah Porter, Chair, 413-337-4715
Emily Cross, 413-337-4816
Jan Carr

Planning Board

Calvin Carr, Chair, calvinccarr@verizon.net
Douglas Mason, Sec., dougmason@hughes.net
Robert Viarengo, viarengo932@crocker.com
Jo Travis, jtravis156@verizon.net
Bill Gran, whgran@gmail.com

Agricultural Commission

Pam Porter
Doug Mason, 413-339-4756
Nina Marshall, 413-339-4756
Sean Neill, 413-339-4820
Haynes Turkle

Cemetery Commission

Jerry Gilbert, Central Cemetery, 413-337-4355
Claire Rabbitt, North Cemetery, 413-337-8309
Eric Sumner, South Cemetery, 413-337-5330
Matthew Lively, Sexton, 413-337-4331
Hilma Sumner, Burial Agent, 413-337-4845

Conservation Commission

Brian DeVriese, Chair, 413-337-5525
Dennis Peters, 413-337-4014
Bernard "Buck" den Ouden, 413-337-4002
Jessica Van Steensburg, 413-339-4820

Historical Commission, Heather Hathwell

COMMUNITY

Public Library, Don Purington, Director

Lyra Johnson-Fuller, Library Assistant
www.heathlibrary.org, heath.library@gmail.com
Monday 3 to 7 p.m., Wednesday noon to 7 p.m.,
Saturday 9:30 a.m. to 1:30 p.m.; 413-337-4934, ext. 7

Post Office Manager, Charlene Reynolds

Monday to Saturday, 9:30 a.m. to 1:30 p.m.
413-337-4934, ext. 4

School

MTRSD School Committee Representative

Budge Litchfield, 413-337-4957

Franklin County Technical School Representative

Art Schwenger, 413-337-4077

Hawlemont Elementary School

Samantha Rutz, Principal, 413-339-8316

Town Nurse, Claire Rabbitt, RN

Office hours, Senior Center, 413-337-4847
Tuesday 12:15 to 1:15 p.m. and Thursday 11 a.m. to 1
p.m.; Voicemail: 413-337-4934, ext. 109
Home phone: 413-337-8309

Senior Center/Community Hall, 413-337-4847

Eileen Lively, Senior Coordinator, 413-337-4742

PUBLIC WORKS AND SAFETY

Animal Control Officer, Melinda Herzig

413-337-4934, x 108, or Shelburne Control at 413-
625-8200 to have paged. All emergencies, dial 911.

Highway Department, Mike Shattuck, Road Supervisor; Jeff Johnston, Shop Supervisor ;413-337-4462; cell, 413-406-4516

Police Department, Melinda Herzig, Chief

Office hours: Tuesday 6 to 8 p.m. 413-337-4934,
ext. 108, or call Shelburne Control at 413-625-8200
to have paged. All emergencies, dial 911

Transfer Station, Ken Erho, Attendant

Wednesday, noon to 4 p.m. **all year**
Saturday, 8 a.m. to 4 p.m. **all year**
Monday, 9 a.m. to 1 p.m. Memorial Day through
October 31

Volunteer Fire Department

Nick Anzuoni, Interim Fire Chief, 413-337-4461, or
911 for an emergency



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911

Emergency Call — calling...

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keypad

speaker

add call

hold

contacts

Reminder from
Heath Chief of Police,
Melinda Herzig.

In case of emergency, contact Dispatch at 911. For non-emergencies, please call the business number: 413-625-8200.

Thank you.



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