



HEATH HERALD

Heath's First Newspaper

\$2.00

Volume 40, Number 3

August/September 2018

THE 101ST ANNUAL
HEATH FAIR

AUGUST 17, 18, 19, 2018

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Illustration for the 101st Annual Heath Fair poster by Annie Gangne. Heath Fair logo by Richard Steinbock. Background photograph of Jon and Jane Severance's barn by Bruce Phillips.

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The *Heath Herald* proudly features a reproduction of the original *Heath Herald* logo design by Harriet Read for the *Heath Herald*'s first edition in April 1979.

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January 5 for inclusion in February/March issue
 March 5 for inclusion in April/May issue
 May 5 for inclusion in June/July issue
 July 5 for inclusion in August/September issue
 September 5 for inclusion in October/November issue
 November 5 for inclusion in December/January issue

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How to Become a Square Dance Caller the Odd Way...

Back in the early 1980s there were square dances in Heath on the first and third Saturdays of the month from September to May. As a new Heath resident back then, I used to go often—it was lots of fun. The caller was Ray Gay, and Phil Fournier was the band leader with a variety of musicians playing off and on, including Cliff Clark on the fiddle, Linwood Clark on the drums, Leo Belisle on the guitar, Todd Veber on the Bass, and others. Ray did mostly "singing calls," where the words to the call are sung to popular tunes, or at least tunes that were once popular.

When there are regular dances with the same caller, the calls are often the same from dance to dance, and you end up singing along with the calls, so in a relatively short time, I was singing away as I danced. It was very fun. Even now at the Heath Fair, I see many of the dancers singing along as I call.

Then, sometime in 1982 or '83, Ray came down with emphysema and was not able to call. Phil had a string of guest callers come in. Some were good, and some were not so good. One night, the guest caller for that evening came to the dance having had a bit too much to drink before the dance even started. He was NOT one of the "good" callers, and kept repeating the same dance over and over, getting lost in the middle of the dance, and certainly slurring the words. It was not fun. I had been singing in public for at least seven years by that time and was not afraid to get up in front of a crowd. I figured I knew enough to do a set, or three calls, and asked the guest caller if I could call a set. He mumbled an "OK" and waved his hand towards the stage. I went up, and called "Just Because," "Red River Valley," and then the "Dip and Dive" dance (which has always been one of my favorites). I did not know it at that time, but it turns out that the caller left the dance hall during my set, not to return again. So now we had no caller, and I did not know anywhere near enough dances to do the second half of the night.

A really neat thing happened then that is still one of my most fond memories calling square dances: Ray, the old caller, came up to see the dance, arriving at about the time I was calling. There was no way he could call any dances, his lungs would not let him. But he did know the dances, and Phil set it up so that we each had a microphone. For the rest of that evening, Ray would start off a dance, and the words would click in my mind, so I

would take over for the rest of that call. If I happened to stumble, Ray would chime in with the right words, and we would as a team get through that call. The rest of the night went very well, and the dancers really appreciated it. I can't tell you how much of a joy it was to work with Ray. It was a magical night.

At the end of that night, when the band was picking up their sound system and instruments, Phil came over to me and asked me if I wanted to call the next dance in two weeks. Ray said he would help me, and Phil gave me the names of another caller who was no longer able to call but was still around. I said "yes."

So, during that next two weeks, I met with Ray and Freddy Walker. They were able to give me the words to about 25 calls—all singing calls. I wrote them all down in detail, and for the next many dances, I would have my trusty sheets of paper up with me as I called. After the next dance, Phil thanked me and kept me on as the caller. All the dancers were great and patient with me during those early dances, but most importantly, everyone had a great time.

The regular Heath dances ended in the early 1990s due to small crowds that made it not worth the band members' time to pack up their equipment, drive to Heath, play for four hours, and then pack back up at midnight and drive home. It is too bad, but times change and at least the tradition still goes on at the Heath Fair every year. Most of the calls I use at the fair are still the same calls I started with so long ago now, or at least it seems long ago.

—Doug Wilkins



Doug Wilkins calls a square dance.



A swingin' Friday night at the fair.

So You Think You Can Dance?

Learning to square dance when I was a young boy involved watching and listening—watching the grownups dance and listening to the caller.

“Do-si-do your partner, allemande left your corner, grand right and left, swing that left hand corner girl, butterfly whirl, promenade your partner, give that girl a twirl, cast her away with a jitterbug—bring her back and give her a hug, cast her away for a little while, bring her back and give her a smile.” All of these are terms of instructions given by the caller, who plays a major role in making square dancing exciting, fun, and exhilarating.

I don’t remember receiving any formal lessons in square dancing, except for the directions I received from those in the set—a grouping of four couples facing each other, forming a square—I was invited into. Rare was the occasion when the caller would stop the reel to explain how the dance was supposed to be done. I’m sure I made my fair share of mistakes (still do), but there was always a guiding hand to get me back on track.

My introduction to square dancing started at about the age of ten. My mother and father loved to dance, as did my brothers and sister, and square dancing was their dance of choice (actually that was the only dance there was in Heath in those days). Lots of town folks turned out for the dance—the Dickensons, Churchills, Sumners, Gleasons, Galipos, Stetsons, and Livelys, plus many I don’t recall, and out-of-towners.

The Heath Fair dance was one of the biggest events of the year. The one-day Fair was held one-quarter mile south of the Heath Community Hall on a site owned by the Dickenson family, who donated its use for the Fair. The Fair culminated with a square dance in the Community Hall, unlike the present day where it is held in the cow barn on the current Heath Fair site. I have often wondered why it did not start OUT in the cow barn and THEN go to the Community Hall! I would not be surprised, though, if the earliest such dances were held out in the open under the stars. The upstairs of the Community Hall was set up with wooden folding chairs along the outside walls, placed there for the dancers to sit and rest between sets (a set consisting of “three squares”). I think the term “Round and Square Dance” referred to waltzes being played between the more vigorous “squares” for those who wanted to continue dancing, albeit at a slower pace.

When I reflect on those years, I must say that while we were required to work hard when we were young,

and there was little time or opportunity to socialize and have fun, square dancing was one of the few events in my life that filled both bills at the same time, and still does today.

It was really all about the girls for me at that time. As a shy boy (I think most of us from Heath, at my age, fell into that category to some degree, and I’m sure it was similar for the girls), there was a process, evolution, and maturation that took place in dancing education. The Saturday night dances were an opportunity to meet girls and practice courting. Inviting a girl to a dance, as in a “date,” wasn’t heard of as young children, but we crossed our fingers and hoped everything fell into place so we could dance with a special girl. But dancing with any girl filled the bill. As we reached our teen years, became somewhat experienced at dancing, and gained more independence, we either invited girls on a date or made a plan to be at the dance and partner up. Otherwise, it was a matter of mustering up the nerve to ask a favorite girl to dance.

It was about this time that the Rev. John Porter family bought the house next to us. They had four daughters. Wow! I’ve heard that for the Porter girls, living next to a farm was a true adventure, but for us boys (eight total, one sister), the farm was mostly hard work. However, square dancing was what made part of our lives an adventure, and grand it was, thanks in no small part to the girls next door.

Over the years I have continued to enjoy square dancing at least once a year at the Heath Fair, with my beautiful wife Cynthia. Our daughters and grandchildren have picked up the practice and hopefully will carry on the tradition. It makes me happy to see so many young people doing what I did as a young boy, mustering up the courage to get in a square dance set at the Heath Fair dance—a refreshing sight in this day of social media.

Y’all come to the next Heath Fair square dance and join our set!

—Andy Lively

Swing Your Partner!

Heath Fair Square Dance

When: Friday, August 17, 7:30—11 p.m.

Where: Cattle Barn, Heath Fairgrounds

Who: Fall Town String Band
Doug Wilkins, Caller

And You!



Square Dancing

I have square danced since I was little, every year at the Heath Fair. My Mom likes to say I was born square dancing, as she square danced at the Heath Fair that August, just 11 days before I was born. But my earliest memories are of dancing with my Mom on the side of the barn doing my best to keep up with all the moves.

As I got bigger I would dance in an actual “square” with my mom or my step-dad, or both of them, as my partner. Every year I looked forward to the Fair and the square dance. I loved a lot of things at the Fair especially the square dancing.



L to R, a younger Lilly Boyd and Caity Wilkins all smiles on the dance floor.

When I was about ten, I started dancing with my friends from school at the Fair. We would pair up and join in the square with my parents, or go to the other end of the barn and make our own square. I am sure we made a lot of mistakes but it was a lot of fun! At about this time I also started

staying to the end of the dancing. If you have never squared danced, then you may not know that the dances get a bit harder as you go and then the really fun dances happen near the end when all the individual squares join together into one really big “square” and you dance the length of the whole barn!

Soon my friends and I could drive and were heading off to college, and square dancing at the Heath Fair became our way of connecting one more time before we were all off to other places. We all would bring other friends and make as many sets as we could. We would show new friends how to turn and swing just like we had been taught. We would all mess up and laugh, but it was a great night to be with friends.

This year I have moved to upstate New York, but I already have made plans to be home for the Fair and the square dance.

—Lilly Boyd



People in the News

Lillian Boyd



Lillian Boyd, daughter of Eric and Mary Sumner of Heath and Glenn Boyd of Vermont, has graduated magna cum laude from Cazenovia College in New York with a Bachelor of Professional Studies with a dual major in Equine Business Management and Accounting. Lilly

received academic awards in both the accounting program, the equine business program, and the Academic Excellence Award in the Division of Business and Management.

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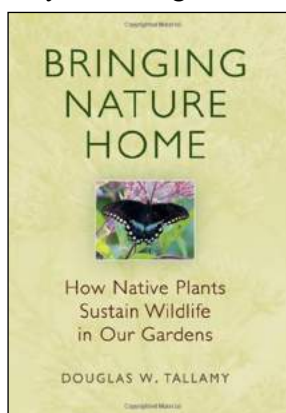
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**Green
Thoughts**

—Pat Leuchtman

Biodiversity and the Insect Population

One of the books I have turned to many times since it came out in 2007 is *Bringing Nature Home: How Native Plants Sustain Wildlife in Our Gardens* by Dr. Douglas Tallamy, Professor and Chair of the



Department of Entomology and Wildlife Ecology at the University of Delaware. A large measure of the wildlife Dr. Tallamy wants to sustain in our gardens is the insect population.

We may think about our own food supply, but not spend too much time thinking about the food that insects, birds, and animals need. Nor do we

think about why those creatures need specific plants. Tallamy devotes a whole chapter to the question "Why Can't Insects Eat Alien Plants?" It turns out that many insects can only eat plants that developed with them in evolutionary time, and some that are extremely specialized. In addition, it takes a long time for an insect to "adapt to the specific chemical mix that characterizes different plants."

Tallamy explains that when alien plants are brought into this country as ornamentals, they can bring serious pests. He gives the example of the Chinese and Japanese buckthorns which arrived carrying the soybean aphid. Since 2000 this pest has caused hundreds of millions of dollars of soybean crop reductions. In addition, since alien plants that escape into the wild are often vigorous growers, they overtake and kill native plants. Thus, those aliens can destroy nesting and shelter sites and interrupt the food web.

A couple of years ago I was fortunate to hear Dr. Tallamy speak at the Western Massachusetts Master Gardener Spring Symposium. He told the audience that there are a lot of bugs in the world, and yet he stressed the need for more insects to make

our gardens—and the world—healthier and more ecologically balanced. “A mere 1% [of all insects] interact with humans in negative ways. The other 99% pollinate plants, return the nutrients tied up in dead plants and animals to the soil, keep populations of insect herbivores in check, aerate and enrich the soil, and, as I keep stressing, provide food either directly or indirectly for most other animals.”

Dr. Tallamy covered a lot of ground, but one of his ideas made a particular impression on me. This was the idea of the environmental carrying capacity of our local landscape, and ultimately of the whole earth. The term “carrying capacity” refers to the amount of resources needed to sustain a certain population. It is easy to understand that a given population of insects, or birds or whatever, will decline when the food they require decreases.



But what happens if, for example, the emerald ash borer (left), which is a threat in Massachusetts right now, were to kill all the ash trees? Forty-four insect species rely on the ash tree to survive. No

ash trees, and gone are 44 insect species. And that means reduced food for other creatures who will not maintain their populations either. Insects are the very bottom of the food chain and we usually do not consider how important they are to the wildlife that we enjoy.

He also explained that not all native plants are equal. Some plants support many more species of wildlife than others. I have been talking about the benefits of native plants for a long time, but this idea never occurred to me. As you might expect, trees are the most productive in having what it takes to support many insects and birds. Trees are big. But even here, some trees are more productive than others. In his book, and on his website, www.bringingnaturehome.net, Tallamy lists the 22 best woody plants, beginning with oaks that support 534 species of butterflies and moths, down to the chestnut which supports 125 species.

Of course, herbaceous plants also support butterflies and moths. We had a substantial field of goldenrod in Heath that supported 115 species. We can marvel at and admire the lupine meadows that some people in our area have cultivated, but we can also thank them for supporting 33 species of wildlife.

Butterflies and moths need host plants their larvae can eat. Monarchs and 11 other butterflies use milkweed



Canadian Tiger Swallowtail on wild lupine

as a host plant and nowadays it is possible to buy more ornamental milkweeds, like *Aesclepius tuberosa*, for the garden. Cone flowers (Echinacea) and black-eyed Susans are two other common garden plants that are particularly attractive to butterflies. A researcher at UMass has been doing studies on sunflower pollen. Honey bees have a greater understanding of

the medicinal power of certain plants than we can imagine. Bees gather and store sunflower pollen so they have it on hand to prevent or help cure nosema, which is a deadly disease for honey bees.

Larger creatures also depend on insects for their food. Over 90% of all birds eat insects, at least when they are raising their young. Insects are very high in protein and fat to nourish the young birds.

Fish eat insects. Sixty percent of the protein fish eat comes from insects. Even black bears, large creatures, consume insects; about 23% of their diet is insects.

Tallamy sounds the alarm, but he is optimistic. He reminds us that biodiversity is a renewable resource. Biodiversity needs to be managed like any resource, clean air, and water. The suburban landscape is a huge percentage of the developed landscape and the suburban gardener has an important responsibility and opportunity to protect and increase the biodiversity of his own domestic landscape. It will be beautiful and healthy. How much easier it is for those who live in the country.

—Pat Leuchtman

This is an abridged version of Between the Rows, originally published in the Greenfield Recorder March 23, 2013. Visit Pat's blog at: www.commonweeder.com

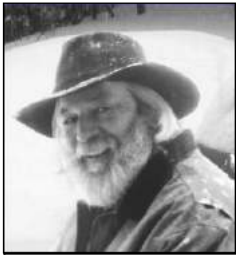
What is It?



At left is a photograph of one of the many natural wonders in Heath.

Can you guess what it is?

See the answer on page 20.



Wild Ramblings

—Bill Lattrell

In the Heat of the Night

It is 12:54 a.m. I have just left my dream world and entered a delirious version of reality. The heat has been oppressive lately and there is a window with a fan that sits at the head of my bed. A cool breeze emanating from the fan is just the right ticket to a good night's sleep in this sultry, humid weather.

The whirring of the slowly turning fan blade is interrupted by a rhythmic howl. I turn the knob and shut the fan off. The night is pitch black. The howling is a fair distance away, to the north I think, and pretty steady. My sleepy mind is now adjusting to the real world and has taken interest in the eerie noise coming from a distance. I realize that these are two or three coyotes howling



Eastern Coyote in Western Massachusetts
Photograph: Masswildlife

together. They howl and then stop. They wait. They howl in unison again. This repeats itself over and over. The howling is high pitched, comprised of several voices of slightly different tones, and ends with a series of yips. The howling is almost hypnotic. But there is something not quite right about the pattern, and so I get up.

I travel downstairs to our living room and open the sliding door on the deck and walk outside. The air is thick and full of moisture. I hear the coyotes howl. They are now squealing on each end of the howl. They sound like a young pack to me; perhaps litter mates that have stayed together. But this time in the wide-open air I hear something in between the coyotes chorusing. On a

distant hillside I hear the long, low howl of another animal. It is several octaves lower. It is a singular animal. It is more distinct and the howl contains a certain power. It is chilling.

I've heard wolves howl in the northern Canadian wilderness on many an occasion while fishing and hunting in the far northern latitudes. The howl I hear tonight has a similar tone. The mystery canine howls and the coyotes howl back. I think they may be having a conversation about territory, but this is, at best, a wild guess. The low howls coming from deep in the woods to the south seem deliberate. I've never heard any coyote, eastern or western, with a howl this low and this powerful. The young coyotes continue to howl in a frenzy each time in response to the low howl. After about twenty minutes the cycle seems never ending and I go back to the bed with the window open. I lie there listening. And the howling back and forth continues.

As I lie in bed listening, my mind wanders. We know the eastern coyotes are a hybrid between the gray wolf, western coyotes, and domestic canines. Extensive genetic research has been done on these critters and the available information is mind-boggling. We know the exact pack or packs of wolves that the coyotes bred with in Ontario that created the eastern coyotes from which our local coyotes originated. As western coyotes migrated east thirty or forty years ago, some of them hooked up with a pack of wolves in Algonquin National Reserve in Ontario. This wilderness area has wolves that have been studied extensively. So much so that we can recognize their genetic makeup and separate them from other wolf packs. The eastern coyotes that eventually landed in New England and eastern Canada seem to all have a genetic make-up that leads to the wolves that live in the Algonquin National Reserve.

There is no definitive reason why some of these individual wolves and coyotes bred together or why later in their travels some of the hybrids bred with domestic dogs. This is abnormal behavior for sure. There are many theories out there as to how this occurred. I have yet to hear one that is thoroughly convincing. Of course eastern coyotes primarily breed with other eastern coyotes. The eastern coyotes that live farthest north have the most wolf DNA, some as high as 80%. The eastern coyotes in southern regions, in southern New England, and the mid-Atlantic states are frequently only 10% gray wolf. The average seems to be about 25-30% wolf DNA among eastern coyotes in central New England.

Unlike the wolf, eastern coyotes are comfortable around humans, much like western coyotes. Unlike western coyotes, eastern coyotes have tremendous jaw strength (many times that of a western coyote) and some with jaw strength that rivals a full-blown gray wolf. And although I would not classify any of these canines as very dangerous animals, it is wise to show them a great deal of respect. When encountering them, never run, and keep your face towards them while slowly backing away. They will often be curious and at other times fearful. It is in everyone's best interest if the wolves leave the immediate area when encountering humans.

More than a decade ago I captured the image of what I believe to be a wolf on a trail camera in the deep forest south of our homestead. It was unusually large, larger than my 140-pound bloodhound. I wrote an in-depth article about this for the *Heath Herald* at the time.

A wolf was also shot and killed in Shelburne a couple of years before I caught the image of the different animal in Heath. The Shelburne wolf's DNA was sent to a laboratory and, indeed, it was 100% gray wolf.

So, at least occasionally, wolves are around. They are likely almost always males seeking new territory and a female. They don't stick around because there are no female wolves residing in the area.

As the sun starts to peak over the horizon, I wake from a fitful sleep. I am still thinking about wolves as soon as I open my eyes. And somewhat ironically, the first thing I see on this hot and humid morning is two hounds standing before me. These days we have a wonderful basset hound visiting us, and a large majestic hound in our extended family. They both are on guard. The hair is up in the center of their backs and their noses are up in the air surveying the landscape via wafts of air blowing through the window.

They know exactly what is out there. And, much to my chagrin, I do not.

—Bill Lattrell



Eastern Coyote-Wolf hybrid



Town Nurse

—Claire Rabbitt, RN



Wonderful Vegetables

This time of the year, fresh local vegetables are plentiful and at their best. There will soon be a bounty from area gardens exhibited at the Heath Fair. Eating five to nine servings a day of a variety of vegetables is recommended to prevent cancer and heart disease, lose weight, and in general improve health.

The July *Mayo Clinic Health Letter* reported that a study published by *Neurology* in January analyzed data on the consumption of leafy greens by 960 adults with an average age of 81. The results showed that those who ate the most leafy greens over a five-year period “were equivalent to about 11 years younger in terms of age-related cognitive decline than those who rarely or never ate leafy greens.” Those who ate the most were eating one to two servings of one cup of raw, shredded greens or a half-cup of cooked greens. The study did not identify a specific ingredient in the greens, but concluded it was the mix of ingredients that had beneficial effects on the brain.

The June issue of the *Nutrition Action Health Letter* promotes consumption of a variety of vegetables, and rather than measuring the servings, says it's better to cover half your plate with vegetables and fruit “and not just at dinner.” A good way to cut calories is to snack on carrots, grape tomatoes, or snap peas rather than pretzels or crackers. Use cauliflower as a substitute for rice, and zucchini in place of pasta. The DASH diet, for lowering blood pressure, is rich in fruits and vegetables. The top five potassium-containing vegetables are sweet potatoes, lima beans, Swiss chard, spinach, and portobello mushrooms. Magnesium found in spinach, Swiss chard, lima beans, artichoke, and peas is important for bone health. Avocados are high in fiber, so are artichokes, peas, and lima beans. Leafy greens are also rich in lutein and zeaxanthin, both important for eye health. Spinach, Swiss chard, mustard greens, turnip greens, and radicchio are the top five in lutein. Broccoli and kale were not mentioned in the article, but they are high in calcium needed for bone health, along with magnesium and vitamin D.

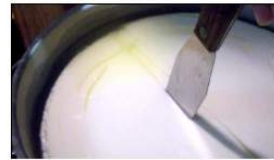
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Heath Agricultural Society News

Here we are again. How has another year passed by? But as summer wanes, we always have something to look forward to. Our beloved Heath Fair will take place August 17, 18, and 19 on the top of a hill in our little town; a family-friendly, engaging, and thoroughly enjoyable event that celebrates our agricultural roots.

A dip into history reveals that it was a woman who brought her sheep to a local market and provided a shearing demonstration that kicked off what we now know to be agricultural fairs. Back in the early 1800s fairs started to become popular ways to showcase the latest in farming technology, livestock, and produce. They became a place to show off craft and skill. Farm families would work all year to take off a couple of days to enjoy and participate in the local fair. More than 200 years have passed and I can say this about the Heath Fair: not much has changed. We still have a demonstration of sheep shearing. We still showcase agricultural technology (but perhaps we take a closer look back than forward with our antique tractors). We still show off our crafts, crops, and livestock. We are blessed in Heath to have stayed true to these roots.

Come to the fair and bring your friends!

Friday kicks it all off with our famous fireworks, square dance, antique tractor pull, the bike raffle, music by Upstart Rubdown, and fireworks at nightfall.

Come on Saturday for a full day of favorite family-friendly activities, including zucchini races; goat, rabbit, sheep, and cattle shows; the kids' garden tractor pull; wagon rides; the famous fire-



man's chicken BBQ; horse draw; workshops; and live music (see page 12 for full line-up).

Sunday will greet you with a blueberry pancake breakfast, Heath Union Church's outdoor worship service, a new equestrian hunter jumper clinic; oxen pull, the parade, juggling, and more workshops and music.

The Exhibit Hall will be open all day during the fair for you to enjoy the craftsmanship and "growmanship" of your neighbors. It's a great place to learn and get inspired. In addition, the Heath Historical Society's Solomon Temple Barn will be open much of the time throughout the fair.

Bring your appetite and visit the midway vendors, head to the Upper Food Booth that benefits the fair, and remember to support 4-H at the Lower Food Booth, too. There will also be many delicious local options.

This year we introduce a new fair feature, The Beer Garden, a fenced-in space to enjoy a taste of local beer or cider. Paired with the Garden will be opportunities to gain insight into the agricultural roots of these drinks and to learn how they are brewed/made. ID is required and tastings are limited.

For the full Heath Fair schedule and latest updates, visit www.heathfair.org and like us on facebook.

Three-day passes are available through August 10, and can be purchased at Avery's, Hagar's, or Heath Town Hall. Go all three days at a great savings—\$15 for adults, \$10 for seniors (compared to \$8 and \$6 per day). As always, kids age nine and under are free.

We've said it before but will continue to sing the praises of the countless volunteers who help plan and execute the Heath Fair each and every year. There are too many to count. Some spend the whole year; others arrive just in time for the fair with special expertise that they give generously for the enjoyment of fairgoers young and old. It's never too late to help out. We always need more volunteers and hope you'll come and find a way to pitch in.

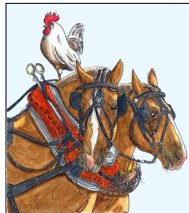
Finally, we wish to remember those who have given so much to the Fair and are no longer with us. I like to think that their energy will be "up there" as we dance, sing, and enjoy each other at the 101st Heath Fair.

See you at the fair,

—Jessica Van Steensburg

President, Heath Agricultural Society

Photographs: matthewcavanaugh.com



SCHEDULE

HEATH FAIR

August 17, 18, 19, 2018

Friday, August 17

Fairgrounds open from 5 to 11 p.m.
Concessions, Rides, Petting Zoo, Crafts until closing

5 to 8 p.m.	Exhibit Hall open
5 to 10 p.m.	Upper Food Booth
5 to 10 p.m.	Church Ladies Ham and Bean Supper
5:30 p.m.	Antique Tractor Parade
6 p.m.	Antique Tractor Pull
6:30 p.m.	Bingo
7:30 p.m.	Music: Upstate Rubdown
7:30 to 11 p.m.	Square Dance: Fall Town String Band with Doug Wilkins, Caller
8:15 p.m.	Drawing for Bicycle
Nightfall	Fireworks!

Saturday, August 18

Fairgrounds open from 8 a.m. to 10 p.m.
Concessions, Rides, Petting Zoo, Crafts until closing

10 a.m. to 8 p.m.	Exhibit Hall open
7 a.m. to 10 p.m.	Lower Food Booth
9 a.m. to 10 p.m.	Upper Food Booth
9 a.m.	Rabbit Show
10 a.m.	ADGA Sanctioned Goat Show
10 a.m.	Demonstration: Winterberry Farm Herd Dogs
10 a.m.	Kids Garden Tractor Pull
10 a.m. to 3 p.m.	Master Gardeners' Tent
11 a.m.	Speaker: Economic Revival in the Hills, Rural Commonwealth
11 a.m.	Adult Sheep Show
11 a.m.	Adult Cattle Show
11 a.m.	Horse Draw
11 a.m.	Music: The Uncles of the Pioneers
Noon	Heath Firefighters Chicken BBQ
Noon to 4 p.m.	Wagon Rides
Noon	Demonstration: Sheep Shearing: Kevin Ford
1 p.m.	Music: The Green Sisters
1 p.m.	Speaker: The Buzz about Bees, Massachusetts Apiary Program
1 to 3 p.m.	Kids Games & Zucchini Racing
2 p.m.	Demonstration: Winterberry Farm Herd Dogs

Saturday, August 18 continued

3 p.m.	Speaker: Southern Vermont Museum of Natural History
4 p.m.	Music: Li'l BeeDee & The Doo-Rites
4:30 p.m.	Speaker: New England Good Food Vision
5 to 10 p.m.	Truck Pull
7 p.m.	Music: The Whiskey Treaty Road Show

Sunday, August 19

Fairgrounds open from 8 a.m. to 10 p.m.
Concessions, Rides, Petting Zoo, Crafts until closing

7 a.m. to 5 p.m.	Lower Food Booth
9 a.m. to 5 p.m.	Upper Food Booth
9 a.m.	Church Service
9 to 10:30 a.m.	Blueberry Pancake Breakfast
9 a.m.	Ox Draw
9 a.m.	Hunter/Jumper Clinic
10 a.m. to 4 p.m.	Exhibit Hall open
10:30 a.m.	Classic Car Cruise Registration
10 a.m.	Youth Sheep Show
10 a.m.	Poultry Judging
10:30 a.m.	Music: The Ageless Waves of Rhythm
11 a.m.	Youth Cattle Show
11:30 a.m.	Speaker: 4-H Programs
11:30 a.m.	Music: Shelburne Falls Military Band
Noon	Heath Firefighter Chicken BBQ
Noon	Line up for the Parade
1 p.m.	Parade: Prizes for best theme-related floats, best kid-decorated bicycles
1:30 p.m.	Music: Banish Misfortune
1:30 p.m.	Speaker: From Brook Trout to Bumblebees
2 p.m. to 5 p.m.	Wagon Rides
3:30 p.m.	Performance: Henry The Juggler
4 to 5 p.m.	Pick up Exhibit Hall Entries

Admission: Regular \$8 · Seniors \$6
Children nine and under free
On-site Parking \$1 · Off-site Parking free
Schedule subject to change
Visit www.heathfair.org

Please, no pets on grounds or in cars.

Heath Fair Speakers' Tent 2018

We have a great lineup of presentations for the Speakers' Tent at this year's Heath Fair:

Economic Revival in the Hills— Rural Commonwealth

Rural Commonwealth is an organization focused on strengthening the 170 rural towns in Massachusetts through network development, effective communication of community needs, on-the-ground research, and local problem-solving projects. *Saturday 11 a.m.*



The Buzz About Bees



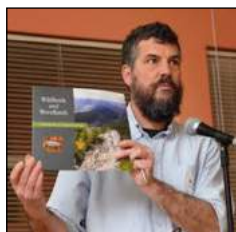
Learn about bees and beekeeping with this presentation by the Massachusetts Apiary Program. Bring your questions and observations about these vital natural pollinators. *Saturday 1 p.m.*

Southern Vermont Museum of Natural History

Educational, interactive and entertaining, these presentations are a favorite for children of all ages! Mr. Mike is known to many for his past work in the Heath Elementary School. Come see what critters and stories he brings to this year's Heath Fair. *Saturday 3 p.m.*



New England Good Food Vision



Brian Donahue, author of *A New England Food Vision: Healthy Food for All, Sustainable Farming and Fishing, Thriving Communities* (Food Solutions New England, 2014), will speak on the title subject. He is also author of *Reclaiming the Commons: Community Farms and Forests in a New England Town* (Yale University Press, 1999), and *The Great Meadow: Farmers and the Land in Colonial Concord* (Yale Press, 2004). He is co-editor with Edwin Hagenstein and Sara Gregg of *American Georgics:*

Writings on Farming, Culture and the Land (Yale Press, 2011), an anthology. Brian Donahue is Associate Professor of American Environmental Studies at Brandeis University and Environmental Historian at Harvard Forest. He teaches courses on environmental history and sustainable farming and forestry, and chairs the Environmental Studies Program. He sits on the board of the Thoreau Farm Trust and The Land Institute. *Saturday 4:30 p.m.*

4-H

Come learn about local 4-H programs and opportunities. *Sunday 11:30 a.m.*



From Brook Trout to Bumblebees— Managing Land for Wildlife

The Franklin Land Trust's Crowningshield Conservation Area in Heath is home to several important "indicator species" whose presence tells us that the land is a healthy habitat for an array of animals and insects. Join Will Sloan Anderson, Head Land Steward from the Land Trust, to learn about the surprising discoveries on this property, and hear lessons about how to help wildlife thrive on your land or in your garden. *Sunday 1:30 p.m.*



Speakers, as well as musical performances, are under cover and events will take place rain or shine.



Photograph: matthewcavanaugh.com

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Library Lines

—Donald Purington

Were you able to join us for the music, crafts, and hike in July as part of this summer's Reading Program? "Libraries Rock!" was the theme. You can still join



in the fun by coming to the Heath School Library on Friday afternoons from 3-5 p.m. and help us put together the 1000 piece Rock 'n' Roll jigsaw puzzle. Be sure to come to the

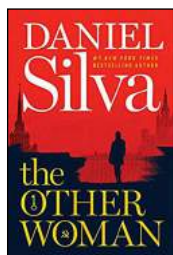
Karen Brooks rocks the library. Friends of the Heath Library book sale tent at the Heath Fair. It's an opportunity to chat with friends and neighbors while hunting for good deals on books, audio books, and DVDs. And don't forget to buy your tickets for the great raffle prizes!



A Few of the New Items at the Library

Use the *New Titles* link on the library website to see all the new items added to our collection in the previous two weeks.

Fiction Books for Adults: *The Other Woman* by



Daniel Silva, *Cottage by the Sea* by Debbie Macomber, *The Fens* by Pamela Weschler, *What We Were Promised* by Lucy Tan.

Non-fiction Books for Adults: *Down and Dirty Guide to Camping with Kids* by Helen Olsson. *Energy: A Human History* by Richard Rhodes, *Age in*

Place: A Guide to Modifying, Organizing, and Decluttering Mom and Dad's Home by Lynda G. Shrager.

Audio Books on CD: *Feel Free: Essays* by Zadie Smith, *The Dry* by Jane Harper, *The Handmaid's Tale* by Margaret Atwood.

Books for Young/Teen Readers: *Secret Sisters of the Salty Sea* by Lynne Rae Perkins, *All Summer Long* by Hope Larson.

Children's Picture Books/Boardbooks: *Can I Have Some Cake Too? A Story about Food Allergies and Friendship* by Melanie Nazareth, *The Honeybee* by Kristin Hall, *Tiny, Perfect Things* by M. H. Clark.

DVDs: *Anne of Green Gables*, *Little House on the Prairie Season 1*, *On Chesil Beach*, *Avengers: Infinity War*.



People in the News

Noy Holland

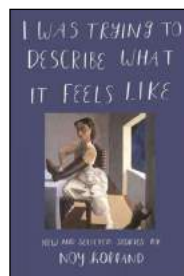
Katherine Anne Porter Award in Literature recipient



I attended the American Academy of Arts and Letters Ceremonial on May 23 in New York City and was surprised to see Noy Holland's name on the program as the recipient of the Katherine Anne Porter Award in Literature. I say "surprised" because Noy is one of my best friends in Heath and she hadn't told me about this honor. And honor it is. She joins previous winners such as Sherman Alexie, Kathryn Davie, Tim O'Brien, John Edgar Wideman, and Nicholson Baker in receiving one of the most prestigious awards in the U.S.

In the program, Noy's work was described as follows: "To read Noy Holland is to be invited into a particularly astonishing chamber in the house of language. Her newest collection of storied effects, *I Was Trying to Describe What It Feels Like* is a galloping phantasmagoria. She deals in dream-states of the most inarticulable variety, yet her work is rooted in essentials—childhood, animals, birth, survival. She deals in dark delights."

Noy's modesty is also notable. Certainly I would have told everyone I knew had I been awarded such an honor. Noy just quietly went about town without really letting many people in on this. Well, now we know. "Congratulations to Noy Holland!"



—Jack Estes

A Nationally Sanctioned Goat Show in Heath!

The Heath Fair 2018 Goat Show will be the ninth nationally sanctioned goat show held in Heath. A goat show represents an opportunity for goat breeders to have their purebred goats judged against others of their breed. The animals' placing in particular championship wins are recorded and count toward permanent championship. This recognizes the goat as a top-quality animal, and also acknowledges the breeder's efforts at herd improvement.

A goat show that is nationally sanctioned is a show that has been awarded benefits of functioning under the auspices of a national organization. This means that everything from the show rules and the judge selected, to the animals themselves and the large rosette ribbons conform to expectations of a specific national organization.

The Heath Fair shows are sanctioned by the American Dairy Goat Association (ADGA). ADGA has been in operation since 1904 and was organized with the purposes of "collecting, recording and preserving the pedigrees of dairy goats, and to provide genetic management and related services to dairy goat breeders, including the supervision and publication of official milk production records of dairy goats and issuing certificates of production." ADGA establishes breed standards and promotes and regulates the breeding, exhibition, and improvement of dairy goats. The tools that ADGA uses—Dairy Herd Improvement for the Registry (DHIR), Linear Appraisal, Sire Summaries, Performance Reports, genetic improvement programs and DNA verification are a form of quality assurance for the selection of breeding animals and are among the many things that make the ADGA Registry unique! For example, when I registered the kids born at our farm with ADGA this year, I received a complete report of their pedigree history.

ADGA boasts over 2 million purebred goats in their registry and sanctions about 1200 shows yearly. For the Heath Fair Goat Show we generally apply for our show to be sanctioned for all dairy breeds currently recognized by ADGA. This includes Alpine, Nubian, Toggenburg, Saanen, Nigerian Dwarf, Sable, Oberhasli, and LaMancha. The Heath Fair Goat Show consists of two separately sanctioned shows; a senior doe show (meaning the does who have kidded and are currently in milk) followed by a junior doe show (meaning the younger does who have never been pregnant.) Our show draws between 70 and 150 goats for each show from several surrounding states. ADGA requires that a show select a

judge certified by ADGA and that different judges are used each year. The Show Secretary makes the official record of wins for each breed entered in the show, to include the grand champion and reserve champion (runner up) and champion challenger (a champion from another show entering to compete with the Heath Show champion for the title of grand champion.) The judge also selects a "best in show" from each grand champion winner.

Our Heath show begins at 10 a.m. at the Pavilion on the Saturday of the Fair. Typically, the senior doe show winds up around lunch time and the junior doe show begins after the seniors have been milked. It's a wonderful opportunity to see beautiful examples of the different breeds of dairy goats. Come and enjoy! Volunteers are always welcome.

—Sheila Litchfield



A "Best in Show" competition at the Heath Fair. From left to right, the does competing are Saanen, a La Mancha, an Alpine, a Nubian, and a Nigerian Dwarf.

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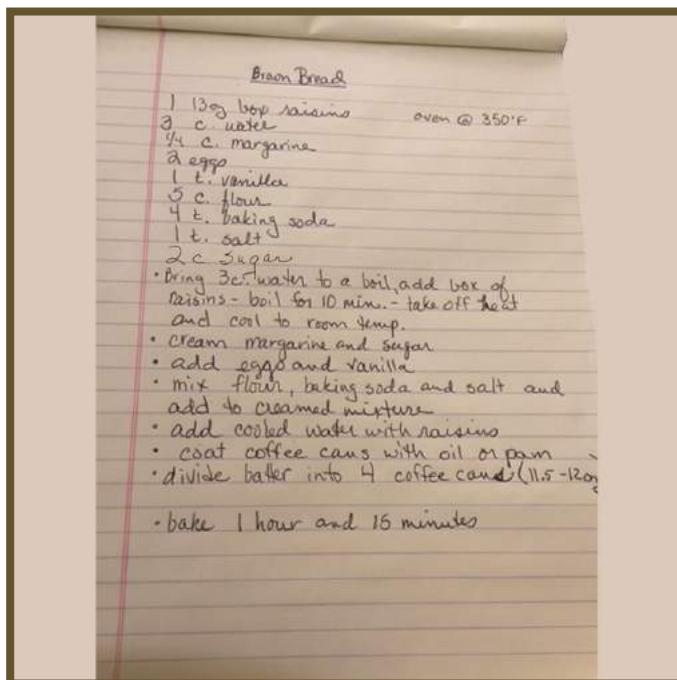
The Way We Love to Eat Boston Brown Bread

Original recipe from Donna Tanner

It's that time of year when we Heathans can once again enjoy eating out at our own local food joint, i.e. the Heath Fair. One of my favorite fair haunts is the Heath Church ham supper on Friday night at 5:30. The food is all homemade (really church-made but you know what I mean) and is reminiscent of the wonderful Ladies Aid supper many of us grew up on; ham, baked beans made with Dickinson maple syrup, potato salad, brown bread and dessert. Eating delicious food under the tent on a summer evening with friends and neighbors is one of the best ways I know to transition from the frantic last minute setting-up work of Friday to the happy fact that it's Heath Fair time once again.

The recipe below is for the brown bread that they serve every year. It is a traditional Boston Brown Bread recipe right down to baking it in coffee cans to get the classic round shape. It was sent to me in the same mode as all the old recipes in my recipe box, and the way most recipes used to be shared: hand written on note paper. I must confess I have not tried making it yet but have only enjoyed it at the Fair. I can, though, highly recommend eating it with all the other yummy foods that the church offers at their ham and bean Heath Fair supper. Hope to see you there!

—Deb Porter



Talkin' Trash

When you spot more trash than water,
it makes one wonder...

Are we reaching a tipping point?
Please help our environment by recycling properly.
Thank you!



**Franklin County
Solid Waste Management District**

For more information about recycling or programs offered by Franklin County Solid Waste Management District (FCSWM), contact the District office.

Phone: 413-772-2438

Email: info@franklincountywastedistrict.org

Website: www.franklincountywastedistrict.org

MA Relay for the hearing impaired:
711 or 1-800-439-2370 (TTY/TDD)

The district is an equal opportunity provider.

HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

Saturday, September 22, 2018

**Drop-off locations: Greenfield Community College
Orange Transfer Station**

Pre-registration required

For more information, visit
franklincountywastedistrict.org

PARTICIPATE IN YOUR LOCAL HAZARDOUS WASTE ROUNDUP

Thank You Letter

In appreciation for the contributions and service of Sheila Litchfield to the Heath Selectboard

I've known Sheila Litchfield since we moved here from Michigan in 1980. Our son Tim and her son Tucker were classmates from kindergarten at Rowe Elementary School through graduation from Mohawk Trail Regional High School. Aside from being one of the Heath moms, Sheila is an RN and the go-to person for advice on medical issues. She was always patient and generous with her time and expertise. We knew Sheila as a community person, a committed volunteer always willing to pitch in and help with all manner of projects and events.

I only became aware of the remarkable management skills she possesses when she was elected to the Selectboard, where we served together for 15 years. Sheila was able to stay on top of the many issues before the Board of Selectmen (BOS) while still managing to participate in a host of other organizations and committees. She was and continues to be active in the Charlemont Federated Church, Good Neighbors food bank, various nursing associations, is Rowe town nurse, and provides Heath fire department support, while raising and showing goats, grandmothering, cheese making, gardening, and probably a dozen other things. Sheila always seems to know who in town needs help and where it is likely to come from.



As a Selectboard member and chair, Sheila took a particular interest in personnel issues, municipal finance, broadband development and shared municipal services. One of her most important contributions to town governance is the job classification system which she developed with Dave Howland. It provides a rationale for town employee compensation based on the responsibilities,

skill levels and experience required for each position and grades them accordingly. We have used this system for a number of years and have updated and refined it. This will serve the town for many years to come and is a model for other communities. Sheila also took the lead in updating job descriptions, the personnel policy and the development of a town financial policy.

The town has faced many challenges in the past 15 years. Resisting the early efforts of the district to close the Heath School, capping the Three Town Landfill, coping with two major ice storms, tropical storm Irene, bringing broadband to town, working out an alternative arrangement for educating our children, closing the Heath School, attempting to replace the fire and highway facilities, loss of population, and declining tax revenues are a few of those challenges. Many people volunteered their time and expertise to help us deal with those issues, but Sheila often took the leadership role. Her ability to research and understand problems is awe inspiring. She was often the one to organize the strategy for addressing them.

On a weekly basis Sheila was always well prepared for the meetings, having dropped by to consult with the Town Coordinator and made necessary contacts for the business at hand. As chair she managed to keep us all focused on the most important agenda items, while keeping track of the myriad others that needed to be attended to in the near future. As chair of the board she was a fearless tackler of tough issues and difficult negotiations.

I can't imagine that anyone has served the town as a Selectboard member with greater care or competence than Sheila Litchfield. I am grateful for her many years on the BOS. Fortunately she will still be serving on a number of committees, most notably for the build-out of the broadband project, and exploring a shared policing agreement with Charlemont.

Thank you, Sheila!

—Brian De Vriese
Heath Selectboard



Heath Online

Stay connected with what's happening in Heath.
Visit www.townofheath.org
 Town Directory • Meeting Minutes • Community News
 Upcoming Events • Emergency Announcements • and more

To contact the Selectboard, email bos@townofheath.org

Thank You Letter

Greetings from the Town of Granby

I received in the mail today, from someone I don't know, a copy of the *Heath Herald* June/July 2018. I believe it was from a lady that I sat next to for the memorial service of Earl Gleason.

My reason for writing is to compliment the fine folks of Heath for the incredible remembrance service and send-off afforded to Earl Gleason. It was an incredibly moving and respectful day, and managed to humble an old salt like myself.

My first year of fire service began in 1974 and my introduction to Earl came shortly after that through the Western Mass Forest Wardens Association. I always marveled when Earl would come into the meetings. His smile and old dairy-farmer walk preceded him. He always had an anecdote to tell, but most clearly stated by him was his love for the town and people of Heath. That never wavered, all of the years I knew him with the Forest Wardens Association.

I remember many years ago when Earl hosted the Forest Wardens dinner at the Heath fairgrounds, and what a joy it was to go there. Top of the mountain, at the end of summer and the first appearances of fall. My association with the Heath Fair itself goes back to attending tractor shows sponsored by Carroll Stowe, also many years ago.

I would ask you to share my thanks with the folks who created the reception at the school after the service and burial. It was truly wonderful. THANK YOU!

Although retired from fire service, I remain, respectfully, a humble servant. Kindest regards to all,

—George Randall
Granby, MA



“My reason for writing is to compliment the fine folks of Heath for the incredible remembrance service and send-off afforded to Earl Gleason.”

People in the News

Hilma A. Sumner CMMC Recognized



Hilma A. Sumner, Town Clerk of Heath, recently qualified for the Massachusetts Town Clerks' Association's (MTCA) prestigious CMMC (Certified Massachusetts Municipal Clerk) designation. She received her commemorative pin and plaque at the MTCA Spring Conference in Plymouth, MA, on June 14, 2018. Currently, only 121 of the Commonwealth's 301 town clerks hold this designation.

The CMMC designation is achieved by attending MTCA-sponsored educational courses and passing a two hundred and fifty-question aptitude test measuring the municipal clerk's knowledge of Massachusetts General Laws in categories such as elections and election procedures, vital records, campaign & political finance, town meetings, Chapter 40A (planning), Chapter 41 (zoning), ethics and public records.

Hilma has been Heath's elected Town Clerk for 18 years. She also served as a member of the Board of Selectmen from 1994 to 1999 and from 2001 to 2003, and was a member of the Zoning Board of Appeals from 1992 to 1997. She also recently chaired the School Building Transition Team.

In addition to the MTCA, Hilma is a member of the Western Massachusetts City & Town Clerks Association and the New England Association of City & Town Clerks.

—Marie Ryan, President
Massachusetts Town Clerks Association
mryan@townofgb.org

Heath Fire Department Notice

Approved street number signs can be ordered by signing up at the Heath Post Office. The cost is \$10. You will be notified when the sign comes in. Be aware that, due to 911 requirements, some addresses in town are changing.



911

**Heath Historical Society
ANNUAL MEETING**

SATURDAY, AUGUST 4, 2018, 5:30-8 PM

At the **Heath Community Hall**

- ♦ 5:30-6:00 pm.....Annual Meeting
- ♦ 6:00-6:45 pm..... Potluck Supper
(please bring a dish to share)
- ♦ 7:00-8:00 pm.....Presentation

ROBERT STRONG WOODWARD
by Janet Gerry & Polly Anderson

Learn more about the acclaimed landscape artist, who purchased a blueberry field high on "Burnt Hill" in Heath in 1937 and there built his fourth studio, the Pasture House.

All are invited and entire families are welcome!

Images courtesy of robertstrongwoodward.com

SAVE THE DATE ☑ SAVE THE DATE



**Heath Hill Climb
with Kids' Bike Tour**

Saturday, September 22, 2018
9 a.m.—1 p.m.
Heath Fairgrounds

Contact Shahid Jalil at heel2toexpress@aol.com for info.
Organized by, and benefitting, Heath Parks and Recreation

EVOLVING
TRIBUTE TO PEGGY ROOT BY HENRY JOSEPHSON

OUR GARDENS SEEM A BIT DRAB THIS YEAR,
FLOWERS MISS THE TENDER TENDER.
A DEEP APPRECIATION OF ALL SENTIENT
BEINGS IS ABSENT. "MI TAKU OYSIN."
WE MISS THE BLUE EYED BUDDHIST'S MORNING
BLESSING THAT SEASONED OUR DAY.
A FLOOD OF KNOWLEDGE PASSING THROUGH
A VORACIOUS READER HAS BECOME A TRICKLE.
THERE'S AN AWKWARD SPACE ON THE
COUCH... BETWEEN US.
WE'RE WITHOUT THE LUDITE PARTNER AGREEING
TECHNOLOGY IS DEHUMANIZING THE PLANET.
THE GENEROSITY, COURAGE, LOYALTY AND HUMILITY
THAT INFUSED OUR HOME HAS BEEN TRANSFERRED.
MISSING IS OUR SHOTGUN COPILOT WITH A POOR
SENSE OF DIRECTION.
WE COULD USE MORE ADVICE FROM THE
VOCABULARIC MASTER REGARDING LANGUAGE,
SPELLING AND "GRAMER."
SYNCHRONICITY IS NOT COINCIDENCE!
A NEW BORN WILL ARRIVE SOON, WITH SOME
KARMIC LUCK IN OUR NEXT PHASE WE'D LOVE TO
LIVE IN YOUR NEIGHBORHOOD.
FAREWELL RENAISSANCE WOMAN, IT'S A CHALLENGE
NAVIGATING WITHOUT A ROOT.

—HENRY AND TWISTER

What is It?

Answer from page 7



The abdomen of a bumblebee queen,
Bombus borealis

Bumblebees have fuzzy abdomens, unlike some of the other wild bees that you will see in your backyard. This queen is foraging for pollen, which she will use to feed her developing worker bees. Heath has a variety of rare bumblebee species, and we can all help to support them by providing them with the native plants that they use for nectar and pollen such as rose and St. John's wort. You can also help by becoming a member of the New England Beecology Project: visit <http://beecology.wpi.edu> or contact Rob Gegear at rgegear@wpi.edu for more information.

Heath Arts Exhibition
Sept. 1-8, 2018 • Community Hall



Reception Sunday, Sept. 2, 2-4 p.m.

Sat. Sept. 1: 10 a.m.—1 p.m. • Sun. Sept. 2: 2-4 p.m.
Mon. Sept. 3: 10 a.m.—2 p.m.; 4-6 p.m. • Tues. Sept. 4 to
Fri. Sept. 7: 4-6 p.m. • Sat. Sept. 8: 10 a.m.—noon

Obituary

Virgil Paul Rabbitt



Virgil Paul Rabbitt, age 49 and longtime resident of Groton, MA, passed away on May 25, 2018. He was the beloved husband of Christine E. (Butler) Rabbitt.

Virgil was born August 20, 1968 at Franklin County Public Hospital in Greenfield, MA while his father, Thomas J. Rabbitt was serving with

the Marines in Vietnam and his mother, Claire L. (Smith) Rabbitt was living in Heath. The family lived in Arlington, VA until 1975, when they moved to Heath. Virgil graduated from Rowe Elementary School in 1980, and Groton-Dunstable (MA) High School in 1986. Virgil became an excellent carpenter and worked as a contractor for many years, building many homes including his own.

Virgil loved spending time in his garage working on different projects with his sons, working on cars, attending car races and watching sporting events. He enjoyed going to Heath Fair and watching the truck pull with his kids. He celebrated many of his birthdays at Heath Fair, including in 2011 with his cousin, Margaret Jones, who celebrated her 100th birthday that year. During the winter months Virgil did snowplowing and enjoyed snowmobiling. Virgil Rabbitt was the kind of man that if you called and needed him for anything, he would be there without any hesitation.

In addition to his wife and parents, he is survived by his children, Nichole (Terrance) McNulty of Billerica; Jessica Rabbitt of Townsend; Joshua Rabbitt of Groton; and Nathan (Krista) Rabbitt of Camp Lejeune, NC; his grandson Thomas Leighton; his brothers Sean (Lynn) Rabbitt of Orange; Christopher (Susan) Rabbitt of Fiskdale; and many nieces and nephews.

The staff of the Heath Herald extends its heartfelt condolences to our columnist, Claire Rabbit, and the Rabbitt family.



Heath Union Church

The Rev. James Koyama, Minister
Dennis Ainsworth, Organist
Sunday morning worship 10 a.m.

All are welcome!

Rev. Koyama is in town on Thursdays, with church office hours in the afternoon. Cell phone: 808-282-6711; Church phone to leave a message: 413-337-4019.

Board of Deacons:

Hilma Sumner, Chair, 337-4845

Ruth Johnson 337-4367; Walter Gleason 337-4479

Dana Blackburn 413-221-0961

Find us on Facebook: Heath Union Evangelical Church. Church building facilities are available for private events. Call Victoria Burrington at 337-4425.

Church News

Summer brings several of the annual church events that we look forward to each year. First, on Aug. 5, we will join in worship with the Charlemont Federated Church. This unique outdoor service will be held at the home of Steve & Nancy Thane, 90 Route 8A, beginning at 10 a.m.

There will be another outdoor service at the home of Richard & Hilma Sumner, 291 Route 8A, on Sept. 9. Gathering under the whispering pines, church will begin at the usual hour of 10 a.m. and will be followed by a picnic lunch.

On the Friday evening of the Heath Fair, the church will once again be sponsoring the annual Ham & Bean Dinner. All food items are made by the church. Tickets are available on a first-come, first-serve basis at the time of the dinner. Come early for a plate full of delicious Heath home cooking. At 9:30 a.m. on Sunday morning the church service will be held under the entertainment tent at the fairgrounds.

The choir continues to enrich our worship with their singing each week through the summer. Whether it be during one of the outdoor services or in the church building itself, please join us as we come together for a time of peaceful reflection and meditation.

—Hilma Sumner

COMMUNITY CALENDAR

- Aug 4 **HEATH HISTORICAL SOCIETY ANNUAL MEETING**
5:30 to 8 p.m. at Heath Community Hall.
- Aug 5 **HEATH UNION CHURCH AND CHARLEMONT FEDERATED CHURCH JOINT-WORSHIP SERVICE**
10 a.m. at the home of Nancy and Steve Thane, 90 Route 8A.
- Aug 11 **HEATH FAIR 100TH DOCUMENTARY—PREMIER**
7:30 p.m. at Pothole Pictures, Shelburne Falls.
- Aug 29 **MOHAWK SCHOOL DISTRICT**
Start of school—half day.
- Sept 1-8 **HEATH ARTS EXHIBITION**
Opening Day September 1, 10 a.m. to 1 p.m.
Reception September 2, 2 to 4 p.m.
September 3; 10 a.m. to 2 p.m. and 4 to 6 p.m.
September 4 through 7; 4 to 6 p.m.
Closing Day September 8; 10 a.m. to noon at the Heath Community Hall.
- Sept 9 **HEATH UNION CHURCH OUTDOOR WORSHIP SERVICE**
10 a.m. at the home of Hilma and Richard Sumer, 291 Route 8A. *See Church News page 21.*
- Sept 14 **PRESCHOOL STORY HOUR**
10:30 to 11:30 a.m. at the Heath Library
28 Regular story hour resumes on Fridays.
- Sept 22 **HEATH HILL CLIMB AND KIDS' BIKE TOUR**
8:30 a.m. to 1 p.m. at the Heath Fairgrounds.
- Sept 22 **HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY**
Greenfield Community College and Orange Transfer Station. Pre-registration required August 16 to September 17.

ONGOING CALENDAR**FOOT CLINIC FOR SENIORS**

Third Tuesday of each month in the Senior Center, downstairs in the Community Hall.
Contact Eileen McVay-Lively at 413-337-4742 to set up an appointment and/or arrange transportation.

HEALTHY BONES AND BALANCE

Tuesday, 11 a.m. to noon, and Thursday, 10 to 11 a.m. in the Senior Center, downstairs in the Community Hall. This exercise program helps prevent falls and osteoporosis. For ages 55 and over.

SENIOR BROWN BAG LUNCH

First Thursday of each month, dessert & games.
11:45 a.m. in the Senior Center, downstairs in the Community Hall.

SENIOR LUNCHEON

Third Thursday of each month, 11:45 a.m. in the Senior Center, downstairs in the Community Hall.
A count is required by the Monday before the scheduled meal. Please sign up at the Senior Center, downstairs in the Community Hall or call Margo Newton at 413-339-8580.

SENIOR OPEN ART

Mondays from 1 to 4 p.m. in the Senior Center, downstairs in the Community Hall. Open to all. You don't have to be an artist to join! Not meeting in August.
Contact Eileen McVay-Lively at 413-337-4742 with questions.

TAI CHI

Mondays, 10 to 10:45 a.m. upstairs in the Community Hall. Newcomers welcome, suggested donation (\$5)
Contact Lois Bascom at lola621@comcast.net for more information.

YOGA

Fridays, 9:30 to 10:30 a.m. upstairs in the Community Hall, led by Kate Peppard. Beginners welcome, mats available, donations (\$5-10) accepted. Contact Kate at 617-669-4891 for questions.

If you would like an event included on the Community Calendar, please drop a note in the *Heath Herald* black box located in the Town Hall vestibule, or send an email to theheathherald@gmail.com. Please include the title of the event, date, time, location, and contact person.



Scheduled activities will not take place on holidays or days with school weather closures/delays.

HEATH TOWN OFFICES

1 East Main St, Heath MA 01346
Phone: 413-337-4934 Fax: 413-337-8542
www.townofheath.org

Town Coordinator, Kara Leistyna

bos@townofheath.org
Monday-Friday 9:30 a.m. to 3:30 p.m. with
exceptions posted in Sawyer Hall

Selectboard, bos@townofheath.org

Tuesday 7 p.m., Sawyer Hall
Brian DeVriese, 413-337-5525
Robyn Provost-Carlson, 413-337-5316
Gloria Fisher, 413-337-6626

Town Clerk, Hilma Sumner

townclerk@townofheath.org
Tuesday and Thursday 8:30 to 11 a.m.
Monday 3:30 to 5 p.m. or call for appointment
413-337-4845

Accountant, Tracey Baronas

accountant@townofheath.org
Monday 9 a.m. to 2:30 p.m. (varies)
413-337-4934, ext. 5

Tax Collector, Elizabeth Nichols

taxcollector@townofheath.org
Monday 4 to 6 p.m.
or call for appointment 413-337-6665
413-337-4934, ext. 2 / Fax: 413-337-8542

Treasurer, Kristi Nartowicz

Monday 3:30 p.m. (varies)
knartowicz@gmail.com

BOARDS AND COMMITTEES

Board of Assessors

Wednesday 9 a.m. to 3 p.m.
Robyn Provost-Carlson, 413-337-5316
Heather Hathwell, 413-339-4359
Margo Newton

Board of Health, 413-337-4934

Betsy Kovacs, Chair, 413-337-5346
Mary Sumner, Clerk
Armand Clavette, 413-337-4065
Henry Godek
Susan Gruen
Tucker Jenkins

Finance Committee,

Ned Wolf, Secretary, 413-337-4476
Jeff Simmons, 413-337-4994
Ken Gilbert, 413-337-4461
Jan Carr
Kathy Inman

Library Board of Trustees

Deborah Porter, Chair, 413-337-4715
Emily Cross, 413-337-4816
Jan Carr

Planning Board

Calvin Carr, Chair, calvinccarr@verizon.net
Douglas Mason, Sec., dougmason@hughes.net
Robert Viarengo, viarengo932@crocker.com
Jo Travis, jtravis156@verizon.net
Bill Gran, whgran@gmail.com

Agricultural Commission

Pam Porter
Doug Mason, 413-339-4756
Nina Marshall, 413-339-4756
Sean Neill, 413-339-4820
Haynes Turkle

Cemetery Commission

Jerry Gilbert, Central Cemetery, 413-337-4355
Claire Rabbitt, North Cemetery, 413-337-8309
Eric Sumner, South Cemetery, 413-337-5330
Matthew Lively, Sexton, 413-337-4331
Hilma Sumner, Burial Agent, 413-337-4845

Conservation Commission

Brian DeVriese, Chair, 413-337-5525
Dennis Peters, 413-337-4014
Bernard "Buck" den Ouden, 413-337-4002
Jessica Van Steensburg, 413-339-4820

Historical Commission, Heather Hathwell

COMMUNITY

Public Library, Don Purington, Director

Lyra Johnson-Fuller, Library Assistant
www.heathlibrary.org, heath.library@gmail.com
Monday 3 to 7 p.m., Wednesday noon to 7 p.m.,
Saturday 9:30 a.m. to 1:30 p.m.; 413-337-4934, ext. 7

Post Office Manager, Charlene Reynolds

Monday to Saturday, 9:30 a.m. to 1:30 p.m.
413-337-4934, ext. 4

School

MTRSD School Committee Representative

Budge Litchfield, 413-337-4957

Franklin County Technical School Representative

Art Schwenger, 413-337-4077

Hawlemont Elementary School

Samantha Rutz, Principal, 413-339-8316

Town Nurse, Claire Rabbitt, RN

Office hours, Senior Center, 413-337-4847
Tuesday 12:15 to 1:15 p.m. and Thursday 11 a.m. to 1
p.m.; Voicemail: 413-337-4934, ext. 109
Home phone: 413-337-8309

Senior Center/Community Hall, 413-337-4847

Eileen Lively, Senior Coordinator, 413-337-4742

PUBLIC WORKS AND SAFETY

Animal Control Officer, Melinda Herzig

413-337-4934, x 108, or Shelburne Control at 413-
625-8200 to have paged. All emergencies, dial 911.

Highway Department, Mike Shattuck, Road

Supervisor; Jeff Johnston, Shop Supervisor;
413-337-4462; cell, 413-406-4516

Police Department, Melinda Herzig, Chief

Office hours: Tuesday 6 to 8 p.m. 413-337-4934,
ext. 108, or call Shelburne Control at 413-625-8200
to have paged. All emergencies, dial 911

Transfer Station, Ken Erho, Attendant

Wednesday, noon to 4 p.m. **all year**
Saturday, 8 a.m. to 4 p.m. **all year**
Monday, 9 a.m. to 1 p.m. Memorial Day through
October 31

Volunteer Fire Department

Nick Anzuoni, Interim Fire Chief, 413-337-4461, or
911 for an emergency

"...they've got to grow up some time...and a fair is a good place to start."



—Mrs. Arabel
from E.B. White's
"Charlotte's Web"

**"To live is to dance,
to dance is to live."**
—Snoopy
(Charles Schulz)

See you at the Fair!



Special Thanks to Our Color Sponsors for This Edition!

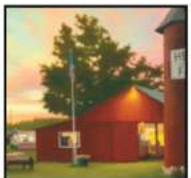
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Michael Girade
Steve and Sandy Kinsman
Peter Danyluk**

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Simply send your check for \$25
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P.O. Box 54, Heath, MA 01346.
Note "Color Sponsor" on the check.

World Premier! **HEATH FAIR—100th Anniversary Celebration** Documentary

Saturday, August 11, 7:30 p.m.
Pothole Pictures, Shelburne Falls Memorial Hall
Dick Moulding performs Scott Joplin at 7 p.m.



This new documentary about the Town of Heath and its 100th Agricultural Fair will leave you smiling, dreaming about barbecued chicken and ice cream—and visiting the 101st Heath Fair on August 17, 18, and 19.
Directors: Ashli Bickford and Nate Reininga

www.shelburnefallsmemorialhall.org

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Enroll today! Simply send an email to:
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drop us a note at P.O. Box 54, Heath, MA 01346.



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