



# HEATH HERALD

## Heath's First Newspaper

\$2.00

Volume 41, Number 3

August/September 2019



**August 16, 17, 18, 2019**

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### On the Cover

102nd Heath Fair logo illustration by Ariel Rosenblum.  
Barn wood photograph by Bruce Phillips.

### The Heath Herald Logo

The *Heath Herald* proudly features a reproduction of the original *Heath Herald* logo design by Harriet Read for the *Heath Herald*'s first edition in April 1979.

### Payment Questions

If you have questions regarding payment, please contact Mary Sumner. Contact information above.

### Correspondence

There are three ways to submit your letters to the editor, articles, and/or subscription forms:

- Send to our email address:  
[TheHeathHerald@gmail.com](mailto:TheHeathHerald@gmail.com)
- Send to our PO Box:  
*Heath Herald*, PO Box 54, Heath, MA 01346
- Drop off at our Town Hall box:

Local residents can drop a letter or subscription form into the black box on the wall to the left of the post office boxes in the vestibule (no postage needed).

### Submission Deadlines

January 5 for inclusion in February/March issue  
March 5 for inclusion in April/May issue  
May 5 for inclusion in June/July issue  
July 5 for inclusion in August/September issue  
September 5 for inclusion in October/November issue  
November 5 for inclusion in December/January issue

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### Color Sponsorship

The color photographs and images in each issue of the *Heath Herald* are funded by you, our readers. Through the sponsorship of generous individuals, we are able to showcase the vibrancy of life here in Heath in such a way as would not otherwise be possible. Consider becoming a \$25 Color Sponsor for an upcoming edition of the *Heath Herald*. Should you wish to add your support, be sure to note "Color Sponsor" on your check so that we can acknowledge your contribution in a future edition.

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# From the 40th Anniversary Archives 1979

## Little Fair in the Oak Trees by Ken and Grace Crowningshield

Many years ago, as kids, there were two things we always looked for—school vacation and the Heath Fair. It was more of an old home day then. Most all of the exhibitors were from Heath. The balloon man had to sell his birdie-on-a-stick and balloons on the town highway because he didn't come from Heath. The premium money was very little then. As we grew up, many of us went into the service of our country. When we came home, it was still the Little Fair in the Oak Trees.

Then in 1962, Mrs. Carol Malone offered to sell the present fairgrounds at a very reasonable price. So it was decided to pick up the building and move. The concession stand was jacked up and two farm wagons rolled underneath it. We let it down onto them and we were off up the road to the Malone property. It was a slow process but everything got there in good shape. Once there it was unloaded and set up ready for business. With a place to eat we now had to have an exhibit hall. With donations of money, nails, lumber, and lots of free labor, it wasn't long before we had the exhibit hall. Next came a driven well and bathrooms which improved things a whole lot!

We were still a one-day fair then, so the state said if you want more premium money you must have the fair on Friday also. Most of the older generation had a fit. The middle generation said it was a good idea to have a little progress. The younger generation loved the idea.

With the extra time and a little more premium money (\$400) we drew more exhibitors and needed a new exhibit hall. That's when the state gave us \$10,000 from the Agricultural Purpose Fund for the big blue hall.

More cattle showed up so rather than have them stand in the sun all day we applied for a barn 30' x 130', and the state allowed \$8,000 for that.

A pair of ponies ran away down at the horse pulling. So next we applied for and got a chain-link fence to put around it with \$1,800 more of state money.

We still needed more premium money but the state said "three days or no more money." So then we were classified as a major fair and our premium money was up to \$3,500.

With the extra exhibit money we attracted a lot of people with sheep. We applied for money for a sheep barn 20' x 120'. The state gave us \$8,900 for that. We had been having six or eight entries of sheep. With the new barn we had over 150 entries the first year.

The cattle and sheep people were fairly well taken care of, but now the horse- and ox-pulling people wanted a roof over their heads. So last year we put up a building for them at a cost of \$6,700. The state gave us \$4,000 towards it.

One more building has been applied for—that will be for rabbits, chickens, and other small stock.

Through the years people have made contributions for the use of the grounds and the big blue hall for picnics, wedding receptions, and reunions. The grounds are open to anyone by appointment.

In just a few years we've come from the Little Fair in the Oak Trees with an attendance of 500 to 600 people to a major three-day fair, with an attendance of 8,000 or better. It's still a country fair with fun for all—not much shade yet but a lot of fresh air. So why not come to see us this year, August 17, 18, and 19. The donkeys will be back plus cattle, sheep, and all. We hope the exhibit hall will be full. Saturday there will be a chicken barbecue and horse pulling. Sunday is Oxen Day with ox drawing, a parade, and the fire companies' annual water fights. This year something new has been added: The fiddlers are going to have a fiddling contest on Sunday from 2 p.m. on through the evening. A baked bean and hot dog supper is also scheduled for Sunday at 6 p.m. Saturday at 8 p.m. there's a square dance at the grounds until 12.

So, after reading this, you had better join us at the fair, and bring a friend.

Reprinted from the *Heath Herald*  
Volume 1, Issue 3, August/September 1979



*Editor's note:* The oak trees where the fair began are on the old Dickinson family farm on South Road.



## Bear With Us

According to the MassWildlife Western District, the bear population goes up and down each year depending on the conditions. In a good year, more babies are born and the population goes up. Last year was considered a bad year for them and, as Andrew Madden from the Western District puts it, “this year remains to be seen.”

In Heath, however, there is little doubt as to the kind of year it is for bears. After hearing of many bear sightings in response to the “Spotted Around Town” request in our last issue, the *Herald* staff has done an informal tally. In short order, we heard of 26 sightings in Heath. A mama and cubs was seen on Avery Brook Road, a large male on Taylor Brook Road, several sightings of a large male on Number Nine Road, and one on Branch Hill Road. There were also bear sightings in the center of town, at the Heath School, and further down Jacobs Road, on Ledges Road, South Road, in Mohawk Estates, and on Royer Road. We heard reports of bears that had come onto porches and decks, of bears that had taken apart compost bins, raided trash and bird feeders, one in a chicken coop, one who took a cup of tea off a porch and drank it out on the lawn, and another that came into a kitchen without so much as a knock!



*Bear sighting and photograph by Henry Josephson*

Bears have a wide range, and most likely some of these are multiple sightings of the same animal. So, while it is true that the jury is still out on the actual number of bears in Heath, it does seem that we are all coming into closer contact with them.

According to Mr. Madden, the frequent late spring/early summer sightings are due to several factors.

Primarily, this time of year bears are looking for food sources since nuts, berries, and other fruits are not yet ripe. It is also the time when young bears (18-month-olds) are being kicked out to find their own food and territory, and it is mating season so males are out searching for a mate.

Regardless of why you might be more likely to see a bear right now, it is important to know how to live with them, both to preserve the bears and to keep your property, your pets, and your family safe.

Western Mass Wildlife encourages us all to enjoy the excitement of seeing these beautiful wild creatures, but also cautions about coming into contact with them. They

ask everyone to remember that feeding bears, planned or unplanned, is a detriment to them. While you may feel that you are helping the animals, it can actually cause more harm and is ultimately a selfish activity that puts them needlessly at risk in several ways:

- When bears become comfortable around people, there is more likely to be trouble, and ultimately the bears have to be removed or euthanized.
- Feeding bears brings them into closer proximity with each other, where they pass-on illnesses and parasites.
- It can make them more likely to cross roads, risking being hit or causing an accident.
- As with deer, feeding bears can alter their digestive system and make surviving a long winter harder.

The MassWildlife website, [www.mass.gov/black-bears-in-massachusetts](http://www.mass.gov/black-bears-in-massachusetts), also has tips on avoiding negative encounters with bears. A few of the important ones:

- Bring in bird feeders from April through October. (Note: All reported Heath sightings were in the day-time, so taking feeders in only at night is not enough)
- Clean outdoor grills.
- Do not use open compost bins.
- Keep dogs on a leash.
- Remove all outside food sources.
- If you encounter a bear in the wild, back slowly away and leave the area.
- If one comes into your yard, annoy them by banging on pots and pans, making noise from a distance and, once they leave, remove any food that may have attracted them.
- Bears like easy pickings, so don't leave your freshly baked apple pie out to cool. You might find it “bearly” there when you return.

A complete list of tips is posted at the Heath Library, or you can find them at [www.mass.gov/bears](http://www.mass.gov/bears). A reminder: for any of these tips to be effective it takes everyone's cooperation to keep the bears away from the door.

For further questions, or to report a bear encounter, contact Western District in Dalton at 413-684-1646, or email [mass.wildlife@state.ma.us](mailto:mass.wildlife@state.ma.us), or call the Environmental Police after hours at 1-800-632-8075.

—Heath Herald Staff



*Bear sighting on Ledges Road in Heath. Photograph by Alison Ehara-Brown*

## Spotted Around Town

### Cardinals

Every time Janet pulls into her driveway a male cardinal attacks her outside mirrors. This has been going on for two years now and recently the female has joined in.

—Bob DeLisle

### Gray Fox



Gray fox crossing South Schoolhouse Road on July 19, next to the apple tree behind our house.

—Art Schwenger

### Haying, A Family Affair



FOUR generations of Mike and Veronica Smead's family and friends bring in the hay in south Heath on July 15, perfect haying weather.

—Photo by Lynn Perry

### Baby Moose

A baby moose was spotted on Route 8A below the Dell on the evening of July 17 by friends of Budge and Sheila Litchfield.

### Bull on the Loose



A bull was heading up Bray Road on a rainy day in June while I happened to be heading down to Heath town center.

—Leellen Weis

### Letter to the Editor

The *Heath Herald* remains, pretty much, my only contact with my youth spent "on the hill;" and while I enjoy reading current events, Fair news, and the like, I really enjoy links with the past, such as the current article by Carroll Stowe referencing my late brother-in-law, Howard Thompson.

My sincere thanks for your efforts. It has to be a labor of love.

—Bruce Patterson

## The Man with the Golden Cane



Luis Pazmino, Heath's oldest resident, celebrated his 95th birthday this past spring. Gloria Fisher of the Heath Select Board and Hilma Sumner, Heath Town Clerk, stopped by to present Luis with a plaque and Heath's version of the *Boston Post* cane. More about Luis' fascinating life appears in the February/March 2019 issue of the *Heath Herald*.

The cane tradition started in 1909 when the *Boston Post* began awarding a special cane to the oldest male citizen of the town. In 1930, the newspaper began including women. Various towns adopted the practice, including Heath.

## Heath Arts Exhibition Celebrates the Art of Connection

For the fourth consecutive year, Heath artists will join together the first week in September to present the Heath Arts Exhibition held in the Heath Community Hall on the historic Heath Center Common. Come meet the artists on Sunday, September 1, from 2 to 4 p.m.



"Geisha 2019" by Harry Hallman

The exhibition brings together artists of all ages and backgrounds to share works in oil, pastels, watercolors, acrylic, glass, fiber, photography, and more. All residents from budding talent to well-known professionals are invited to participate. Last year 30 artists exhibited over 85 pieces.

The works of art on display capture beauty and evoke emotions, but their importance goes far beyond that. The urge to connect with others and the longing to create are at the core of what makes us human. The Heath Arts Exhibition not only shares stimulating works of art but also celebrates the creativity that connects all of us in an often fragmented and rapidly changing world.

This program is supported in part by a grant from the Heath Cultural Council, a local agency that is supported by the Massachusetts Cultural Council, a state agency.

The exhibition runs from August 31 through September 7, times vary. For more information, contact Harry Hallman at [hwhallman@icloud.com](mailto:hwhallman@icloud.com) or visit the community calendar at [www.TownofHeath.org](http://www.TownofHeath.org).



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## Wild Ramblings

—Bill Lattrell

### Roots

The red oak that I am standing next to is a testament to the history of this forest. It is about five feet in diameter at breast height, has branches that reach out at least 50 feet in several directions, and is likely more than 400 years old. I have written about this tree before and I will write about it again. Since personally discovering this wonderful monarch of nature in the mid 1970s it is as if I have become part of its kingdom. I am an inhabitant within its domain; perhaps a subject of the monarchy.

From my Abenaki lineage perspective I view all things living and nonliving in the natural world as being intricately connected to me. Some have greater personal meaning. For instance, my spirit animal is the black bear and hence my adopted Abenaki name of Awasos Namaskan or Fishing Bear or more literally Bear Who Fishes. I frequently had a dream as a child where a black bear is standing on a rock in a large river where it grabs fish out of the water. Grizzlies are known to do this but black bears do not typically exhibit this behavior. As a young adult I was traversing a river in the Allagash Wilderness Area and came upon a large bear on a rock and I saw it catch a trout right out of the water by cornering it in a depression on the bank along the shoreline and grabbing it with its mouth. It is a moment that stands still in time for me, and it took me a long time to understand the significance of both the prophetic dreams and the actual incident.

If I had to choose a spirit tree it would be the red oak. They speak to me. I understand what they say. I am sensitive to and feel part of their reality. This is a difficult concept to put into words mostly because it is these nonverbal, nonintellectual forms of communications that seem to define themselves. They exist; we simply have to understand their significance. I have had moments of personal revelation while sitting under oaks. There is something about the gigantic network of branches that reach into the sky above your head when you sit at the base of their trunk. They have gathered and stored hundreds of years worth of energy both from



the ground and from the air. They hold truths that we can barely imagine. If we learn to listen and interpret their wisdom they have much to teach us.



On this day I am focusing on the roots of this tree. I sit on bedrock with my back against the massive trunk. This huge tree weighs tons and tons.

Surprisingly it is anchored into the fractures in the bedrock rather than soil. These roots have had hundreds of years to reach into and explore the bedrock fractures that also hold water. On the surface this seems miraculous, but in reality is simply an example of flourishing in harsh conditions. This is not a typical tree niche but rather an individual tree that struggled mightily to live on. And it did. On and on and on, likely over four centuries of on and on. Of course just the right circumstances had to exist. The bedrock is plated and fractured at about a 50-degree angle. This allows the roots to work into the fractures. The fractures also hold large quantities of water loaded with nutrients from surrounding soil into the fractures. Water, ice, freezing, and thawing have expanded the openings in the fractures.

So one might say that both persistence and luck have played a part in the success of the tree, as well. An acorn, likely transported by a squirrel or blue jay, at the right time and place has created a forest. As far as the eye can see from the precipice on which this queen of the forest rests, there are generations of oaks, all younger than the queen. Generations of red oaks are still surviving, because they grew on steep ledges where logging is next to impossible. Some might call this series of events an accident. I prefer to think it is part of nature's design, perhaps started randomly, but all taking place within a nearly perfect system of evolution predicated by chance.

As I sit here I think of my own aging. We humans do not get to experience the longevity of our northern forests. We come and go. Some of these trees remain through many human generations. This tree dates back nearly to the colonists landing at Plymouth Rock.

And while it is true that one advantage that we humans have is that we are mobile and are not permanently rooted to one location like trees in a forest, it must be recognized that these oaks communicate far distances using pheromones and mycorrhizal fungi networks that

both help to coordinate peak acorn crops, helping the acorn mast to exceed wildlife use, and help trees to prepare for blights by sending advanced notice that allows the forest community to exercise defense mechanisms long stored within the DNA of the trees. I come here to revive my perspective on the natural world and to ponder my own position in this great Earth. I have come to the age where I reflect more than react. A recent scare with heart disease has changed my thinking. On the one hand I feel more urgency to get things done, and on the other hand I see the need to think deeply and slowly and to act on simply what seems right.

As I sit here I reflect on the fact that I have started taking Yoga with local yoga instructor Kate Peppard as part of the changes I have recently made in my life. One of the routines we do involves taking the time to feel our bodies anchored to the earth. Kate talks about feeling our feet and toes rooted to where we stand or sit. It is, I think, about acknowledging our position in the Universe. This strikes me as being very familiar. When I take my Abenaki drum into the forest and beat out Earth's rhythms and chant native songs, I feel the same connection. Each and every one of us comprises a small part of the larger whole. We are connected not only to our human community, but also to our community of nature. As they say, the whole is greater than the sum of its parts.

With that thought I stand and put one hand on the oak—this beautiful testament to aging. And I feel so, so good again.

So very rooted again.

—Bill Lattrell

### **Greenfield Savings Bank Donates Elm Tree to Heath**

Have you noticed something new on the Common near the Veterans' Memorial? Greenfield Savings Bank generously donated a commemorative elm tree to Heath, planted by Snow and Sons Landscaping earlier this summer.

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## The Way We Love To Eat

—Deb Porter

### Bill Lattrell's Quebec Fried Fish



My family has been fishing for generations. From the Atlantic Ocean to fresh water rivers, lakes, and ponds we have caught more than our share of fish. Most of our fishing was done mainly for food, although the recreational aspect of the sport cannot be denied. As such we have been cooking fish in a variety of ways, but none so well liked as Quebec Fried

Fish. In the last decade I decided to upgrade the long-standing recipe substituting maize flakes for corn flakes, in part to satisfy the original native ingredient, but also to avoid GMOs found in most corn products. Given my love for fishing, I often serve fried fish to friends. This recipe has been received well!

Two notes for the recipe below:

First, wild caught fish filets can vary widely in size. Fish filets, and even within the same species, can range from 4 to 18 inches. Therefore one has to adjust the recipe depending on both the size of the filets and how many filets are being cooked. This recipe works for about six to twelve 6-to-8 inch filets. At our house we mostly serve fresh-caught walleye, bass, or perch (trout and salmon as well).



The second note is about Ancient Maize Flakes. This is an organic cereal product that can be bought at Stop and Shop in the Natural Foods Section or ordered online. Maize is the original corn, is super high in antioxidants, and withstands high heat very well. Standard corn flakes will work but expect a different flavor.

#### Dry Coating Mixture

- 2 cups Ancient Maize Flakes (finely chopped in a food processor or blender)
- 1 teaspoon dried parsley
- ½ teaspoon dried thyme

- ½ teaspoon dried basil
- ½ teaspoon dried dill
- 1 tablespoon lemon pepper, optional (and delicious)

#### Egg Wash

- 2 fresh eggs
- 3 tablespoons half-and-half
- 1 teaspoon real vanilla extract, optional (another very delicious option)
- Sunflower oil or coconut oil (Coconut oil imparts a very mild coconut flavor to the fish, our family loves it.)

Mix the dry-coating ingredients together thoroughly and put to one side in a small paper bag.

Whisk the eggs and half-and-half with a fork. (Whisk in vanilla if you choose to use it)

Dip several filets in the egg wash and let them sit for a minute, then put two at a time into the paper bag and shake until thoroughly coated. Place filets on a paper towel on a large plate and repeat this step with three more fish filets. (We usually cook about six at a time in a large deep cast-iron pan)

Heat oil in cast-iron pan until it reaches 375 degrees. The depth of the oil should cover half of the thickest filet. Cook for three to four minutes on each side or until golden brown. Serve with sliced lemon wedges.

Enjoy!





## Library Lines

—Donald Purington

The longest days of summer are behind us and we are looking forward with excitement to the annual Heath Fair. The Friends of the Library will once again have their book sale tent on the midway. They will have tables loaded with used books, audio books, and a few DVDs for you to browse while chatting with others searching for an old favorite title or a real bargain in the stacks.

Summer Reading Program reminder: Children who signed up and received a *Reading Log*, please return them to the library by the start of school to receive your prizes and free raffle tickets. Thank you to the Heath Cultural Council for being a sponsor of the library Summer Reading Program.

### A Few of the New Items at the Library:

Use the *New Titles* link on the Library website ([heathlibrary.org](http://heathlibrary.org)) to see all the new items added to our collection in the previous two weeks.

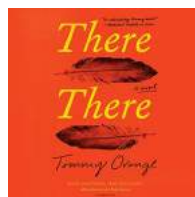
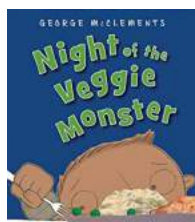
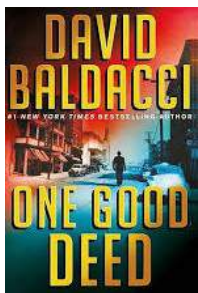
**Fiction Books for Adults:** *Big Sky* by Kate Atkinson, *Queen Bee* by Dorothy Frank Benton, *One Good Deed* by David Baldacci, *A Better Man* by Louise Penny (release date Aug. 27)

**Non-fiction Books for Adults:** *Public Libraries in Western Massachusetts: A Photographic Essay* by Carlos Heligmann, photographer, and Katharine S. Heligmann, editor, *Pieced Flowers* (quilting) by Ruth McDowell, *Backyard Beekeeper* by Kim Flottum

**Audiobooks on CD:** *There There* by Tommy Orange, *Little Women* by Louisa May Alcott

**Books for Young/Teen Readers:** *You Are Home: An Ode to National Parks* by Evan Turk, *Forest: A See to Learn Book* by Kate Moss Gamblin

**Children's Picture Books/Boardbooks:** *How to Read a Book* by Kwame Alexander, *Night of the Veggie Monster* by George McClements



## Cherry Candle-Stand Table Donated for Heath Library Raffle



Alan Nichols, fine furniture craftsman and country man with deep roots in Heath, has donated one of his Shaker style candle-stand tables to be raffled for the benefit of the Heath Library. This beautiful cherrywood table will be on display at the library all summer, where raffle tickets can be purchased for \$1 each or seven tickets for \$5. The drawing will be Sunday, August 18, 2019 at 2:30 p.m. in the library book sale tent at the Heath Fair. You do not need to be present to win.



### For Sale for a Good Cause

**Antique Piano Box Runabout Buggy, Circa 1900**  
Cobb size, in good/usable condition. Made by Fuller Buggy Company, Jackson, MI. \$800 to be donated to the Heath Historical Society. Contact Claire Rabbitt, 12 Sadoga Rd., Colrain, MA 01340, 413-337-8309.

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## Heath Agricultural Society News

We don't say summer's ending, we say "The Fair will be here!" Our beloved Heath Fair will take place August 16, 17, and 18 on the top of the hill in our little town called Heath, an event for all ages with a little something for everyone!

General Admission, \$10; Seniors (65 and older), \$8; Kids (10 and under), FREE; Parking is also free.

A limited number of 3-Day Passes offering a significant discount (\$20 General Admission, \$15 Senior) are available July 19 to August 9 at the Heath Town Hall, at Avery's General Store in Charlemont, and Hager's Farm Market in Shelburne Falls.

The Exhibit Hall will be open during the entire fair for you to enjoy the craftsmanship and growmanship of your neighbors. It is a great place to learn and get inspired. The historic Solomon Temple Barn will also be open most hours all three days of the fair.

Back by popular demand, the Local Brews Garden, a fenced-in space to enjoy a taste of local brews brought to you by the People's Pint. Only those with ID, 21 and over, will be allowed in the beer garden. All beverages must be consumed inside the beer garden. Cash only.

The Agricultural Tent is where you can relive our agricultural past. Typical opportunities include making and writing with a quill pen, shelling corn with an antique shelling machine, making butter or ice cream the old fashioned way, tasting heirloom tomatoes and peppers, and making your own rope at the antique rope-winder.

**Fun for Kids:** The animal barns and a petting zoo are open throughout the fair. The Kids Bike Raffle is held at 8:15 p.m. on Friday and you must be there to win! Donald Bisbee's free horse-drawn wagon rides start on Saturday. A kids' singing, acting, and dancing event with the Under the Tree Music Company is on Saturday at 10 a.m., and Zucchini Races are at 2 p.m. Sunday afternoon features kids' games, led by local parents, with classic games like "tug of war" and "three-legged races." And don't miss the Amazing Magic Show for All Ages with Damian Odess Gillett at 3:30 p.m.! Thank you to Baystate Health for sponsoring the Family Tent, a space for quiet time for young children and families.

Check out our full schedule in this issue of the *Herald* on page 13, and visit [www.heathfair.org](http://www.heathfair.org) for the latest updates to a packed schedule for this year's 102nd Heath Fair. Oh, and please remember to like us on Facebook.

Thank you to all the members and volunteers who have helped to make this year's fair possible. We can always use more help so if you haven't already, it isn't too late. Get in touch about volunteering at the fair. We could use help in the food booth, parking, the ticket gate, and more. You get in free to the fair on the day you volunteer! Thank you to our police and EMT workers who volunteer their time to ensure our fair and its patrons are safe.

Finally, we wish to remember those who have been a part of our fair's history but are no longer with us. We know their spirit will be there celebrating with us.

With much appreciation to all who make the Heath Fair possible.

—Jessica O'Neill

President, Heath Agriculture Society





## Speakers' Tent & New Attractions

In addition to the delicious food, great music, and traditional favorites, this year's Heath Fair includes some new events and an exciting line-up for the Speakers' Tent that you will not want to miss!

The Speakers' Tent, located behind the blue building and next to the Solomon Temple Barn, is a great way to learn about topics of interest involving gardening, food preservation, agriculture, history, Heath, nature, and home crafts.

### Introduction to Vegetable Fermentation



Katie Korby is a worker-owner and Fermentation Manager at Real Pickles Co-operative, an organic food manufacturing company in Greenfield producing naturally fermented pickles from Northeast-grown ingredients. Passionate about all kinds of fermentation, she took a break from Real Pickles to help her husband

start up Stoneman Brewery at their homestead in Colrain in 2013. When not busy with bacteria, Katie enjoys knitting, gardening, and spending time with her daughter, Maggie.

### The Five B's of Pollination: Bats, Bees, Birds, Bugs, Butterflies



With growing concern about the decline of natural pollinators, learning more about how they function will help us protect and enhance their vital work. This year's presentation by Kimberly Noake MacPhee, will take us beyond bees and widen our understanding of pollination and pollinators.

Kimberly Noake MacPhee, P.G., CFM, manages the Franklin Regional Council of Governments' Land Use and Natural Resources Planning Programs. She is a registered Professional Geologist and Certified Floodplain Manager with over 25 years of private and public sector work experience.

### Mushroom Foraging and Farming in the Woods



Paul Lagreze of New England Wild Edibles in Colrain has years of experience seeking, growing, and harvesting mushrooms. Come learn how to seek, identify, and sustainably harvest this low-impact food source.

### Wild Turkey Calling, Hunting & Conservation



Fifty years ago there were no wild turkeys in Massachusetts. Restoration of this native bird to its former habitat is an incredible conservation success story. Joe Judd has been part of that story since the 1970s. An expert wild turkey caller, Joe is past president of the Massachusetts National Wild Turkey Federation, a member of Quaker Boy Game Calls pro staff, an outdoor writer, and author of *"On the Ridge: Stories from a New England Hunter."*

### Sled Dog Demonstration



Hilltown Sled Dogs with international gold medalist Marla BB, along with her handlers and team of Alaskan Huskies will demonstrate Dryland Mushing from Cani-Cross, Bikejoring & Scootering, to Rig Racing with one, two and three dogs. Come meet the sweetest sled dogs and watch how they love to pull and run!

### Amazing Magic Show for All Ages



Prepare to be amazed! Damian Odess Gillett has been practicing magic for over 20 years, with more than 10 years' experience performing for corporate events for Europe's biggest companies. Damian also performs in Hollywood and European film and television. His face and magic hands can be seen in commercials for Starbucks, Škoda, and Budweiser, among others. Damian grew up in the Pioneer Valley and attended the Academy at Charlemont. He now makes his home in Prague.

—Eric Sumner



## Entertainment

### Friday, August 16

Fairgrounds open from 5—11 p.m.

- 5—8 p.m. Exhibit Hall
- 5—8 p.m. Upper Food Booth
- 5—10 p.m. Lower Food Booth
- 5:30 p.m. Church Ladies Ham & Bean Supper
- 5:30 p.m. Antique Tractor Parade
- 6 p.m. Antique Tractor Pull
- 6:30 p.m. Bingo
- 7 p.m. **Mamma's Marmalade**
- 7:30—11 p.m. **Square Dance—Fall Town String Band with Doug Wilkins, Caller**
- 8:15 p.m. Drawing for Bicycle
- Nightfall **Fireworks!**



**Concessions, Local Brews Garden, Rides, Petting Zoo, and Crafts open until Fairgrounds closes every day**

All performances and speakers under cover, rain or shine



Remember, you are in the country—limited cell service and no ATM available

**Please, no pets on grounds or in cars**



### Saturday, August 17

Fairgrounds open from 8 a.m.—10 p.m.

- 8 a.m.—closing Lower Food Booth
- 8 a.m.—8 p.m. Upper Food Booth
- 9 a.m. Rabbit Show
- 9 a.m. Kids Garden Tractor Pull Registration
- 9:30 a.m. Youth Showmanship Goat Show
- 10 a.m.—8 p.m. Exhibit Hall
- 10 a.m. ADGA Sanctioned Senior Goat Show
- 10 a.m. **Winterberry Farm Herd Dogs**
- 10 a.m. Kids Garden Tractor Pull
- 10 a.m. **Under the Tree Music Company Kids Show**
- 10 a.m.—3 p.m. Master Gardeners' Tent
- 11 a.m. **Introduction to Vegetable Fermentation by Real Pickles**
- 11 a.m. Adult Sheep Show
- 11 a.m. Adult Cattle Show
- 11 a.m. Horse Draw
- 11:30 a.m. **Uncles of the Pioneers**
- Noon Heath Firefighters Association BBQ
- Noon **Sheep Shearing, Kevin Ford**
- Noon—4 p.m. Wagon Rides
- 12:30 p.m. Goat Parade
- 1 p.m. ADGA Sanctioned Junior Goat Show
- 1 p.m. Kids Games
- 1 p.m. **Lonesome Brothers**
- 2 p.m. Zucchini Racing
- 2 p.m. **Winterberry Farm Herd Dogs**
- 2 p.m. **The 5 B's of Pollination, Kimberly Noake MacPhee**
- 3 p.m. **The Pistoleros**
- 4 p.m. **Wild Turkey Calling, Hunting and Conservation, Joe Judd**
- 4:30 p.m. Truck Pull
- 5 to 10 p.m. Deadgrass
- 7 p.m.

## Speakers/Demos



### Sunday, August 18

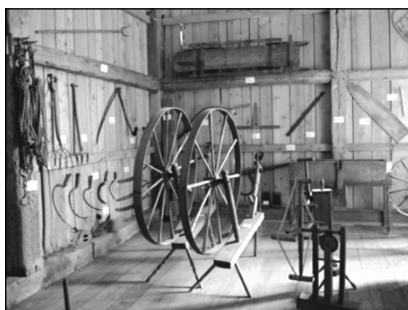
Fairgrounds open from 8 a.m.—5 p.m.

- 8 a.m.—4 p.m. Lower Food Booth
- 8 a.m.—3 p.m. Upper Food Booth
- 9 a.m. Church Service
- 9—10:30 a.m. Blueberry Pancake Breakfast
- 9 a.m. Ox Draw
- 10 a.m.—4 p.m. Exhibit Hall
- 10 a.m. Youth Sheep Show
- 10 a.m. Poultry Judging
- 10:30 a.m. Classic Car Cruise Registration
- 11 a.m. **Hilltown Sled Dogs**
- 11 a.m. Youth Cattle Show
- 11:30 a.m. **Shelburne Falls Military Band**
- Noon Heath Firefighters Association BBQ
- Noon Line Up for the Parade
- 1 p.m. Parade—Prizes for the best theme-related floats and best kid-decorated bicycles
- 1:30 p.m. **Gaslight Tinkers**
- 1:30 p.m. **Mushroom Foraging and Farming in the Woods, Paul Lagreze**
- 2 p.m.—closing Wagon Rides
- 3:30 p.m. **Amazing Magic Show for All Ages with Damian Odess Gillett**
- 4 p.m.—closing Exhibit Hall entries may be picked up. Premium Secretary booth is open for Exhibit Hall prize money

Schedule is subject to change

**Visit [www.HeathFair.org](http://www.HeathFair.org) for updates**





## Visit the Solomon Temple Barn on the Heath Fairgrounds

Historic farm tools, looms, spinning wheels, and agricultural machinery are on display in the Solomon Temple Barn. Built by Solomon Temple on his property on Avery Brook Road in the 1770s, the barn remained there for nearly two centuries.

In 1993, the barn was donated by the Rev. Richard Gary and his wife Dorothy to the Heath Historical Society. In the spring of that year, a new foundation was laid at the Heath Fairgrounds; in the fall the barn was meticulously dismantled, with each piece's original location noted for reassembly in its new home. In May of 1994, in the culmination of the effort and support of well over a hundred people—Society members, community members, and businesses—the barn was reassembled on its current site, and dedicated to the preservation of Heath agricultural artifacts, and the education of future generations about the farming culture of Heath.

*“These venerable barn members surrounding us today have withstood 8 or 9 major wars, a devastating depression, severe forest fires and innumerable onslaughts by the weather. Yet here they stand, straight and tall as the trees they once were, and wearing their new raiment proudly.”*



*—From Barn Dedication Speech,*

*M.E.C. Howland, 1994*



## Town Nurse

*—Claire Rabbitt, RN*

### Prevention of Mosquito-Borne Illness

Although there are others, the two most common illnesses transmitted by mosquitoes in our area are Eastern Equine Encephalitis, EEE and West Nile Virus, WNV. Our state department of public health monitors the percentage of mosquitoes carrying these diseases from the time mosquitoes appear, through the first hard frost in the fall that ends the mosquito season, and the risk of these diseases to the public.

Eastern Equine Encephalitis is a very serious disease causing fever, stiff neck, headache, and lethargy that is fatal in 30-50% of cases, and causes lifelong neurological disability in many survivors. Symptoms may occur in three to ten days after a bite from an infected mosquito, causing inflammation and swelling of the brain.

West Nile virus may cause a variety of symptoms: severe illness with high fever, headache, stiff neck, disorientation, coma, vision loss, numbness, and paralysis. Less than 1% of people develop such severe symptoms and approximately 80% will have no symptoms. Those older than 50 have a higher risk of severe illness.

Although there are other areas of the state that have been determined to have greater risk for these diseases, the best course of action is to practice mosquito bite prevention wherever you are. Precautions should include: avoiding outdoor activity during the time of day mosquitoes are most active, typically during cooler dusk hours, using mosquito repellent with an EPA-active ingredient, and protective clothing to reduce mosquito access to skin. The need for these protective measures is not reduced by mosquito control through aerial spraying.

There may be less mosquito activity now through the first killing frost, but the virus carried by the mosquito is more potent and more likely to cause illness. Prevention measures should be maintained until a hard or killing frost, defined as two consecutive hours of temperatures below 28 degrees Fahrenheit, or three hours below 32 degrees. This may happen in Heath prior to in other areas, so it's best to continue precautions until there has been a public service announcement for the entire area. Stay vigilant and bite free. And don't forget tick bite prevention!



## Dining With History

The Historical Society's spring Dining with History program about the Heath Fire Department and Heath Firefighters' Association was well-attended, with several active and retired firefighters and EMTs along with several Association members present. One highlight was a segment entitled "This is a Test, This is Only a Test." Bob Gruen, in Earl Gleason's own words, told the story of a day-long test of the Heath Nuclear Alert Plan, which took place on March 25, 1982. Local Emergency Operations Centers, the Greenfield Tri-State Dispatch Center, and the Massachusetts State Police were all involved in this simulation. We enjoyed Earl's attention to detail, including the personal reminder to bring his coffee pot to the station with him when the initial call came in.

Our practice of using Yankee Ingenuity from the Department's inception in the 1930s to the present was also quite evident from Earl Gleason's articles in the *Heath Herald* over the years. Portable pumps, upgrading and changing water tanks from old to new-to-us trucks (a "new" 1974 truck in 1981, for instance), and other efforts at saving money were quite evident. It should be known that the Firefighters' Association fundraising efforts in the beginning through the present day contribute significantly to the purchase of equipment, saving the town thousands of dollars. So, eat those pancakes at their spring pancake breakfast and enjoy the chicken barbeque at the Fair! It could be you or a loved one who needs help next time.

—Nancy Thane

Save the Date!  
**The Heath Historical Society, Inc.**  
**Annual Meeting**

Saturday, August 3, 2019  
 Heath Community Hall  
 Annual Meeting from 5:30 to 6 p.m.  
 Potluck Supper from 6 to 6:45 p.m.

"Digging Up History at the Manse,  
 Bassett Road, Heath" from 7 to 8 p.m.

Former Heath Historical Society President, Nina Marshall, who holds a degree in Anthropology, will present a lecture with slides on a dig that she, her family, and friends conducted at their house, the Manse, with several local history experts. The Manse was built in 1768 for Reverend Jonathan Leavitt. Artifacts from the dig will be on display.



## Nature Note

—Susan Draxler

### A Better Mousetrap

This winter there seemed to be an endless number of mice who tried to share our house, so when the warm weather arrived, I was pleased to see that our local rodent controller, a milk snake, was on the job. I find snakes fascinating so am always happy to see one, but milk snakes are among my favorites. Because they are nocturnal and secretive, they are not often seen. I'm sure that this is the same one that we have been occasionally finding in our barn or garage or hiding between rocks in our garden wall for the last few years.



Adult milk snake. Photo: [westernmassnaturalist.org](http://westernmassnaturalist.org)

They are attractive snakes with smooth, glossy scales (their genus, *Lampropeltis*, is Greek for "shiny shield") and a pattern of brown or reddish-brown saddles lined in black, on a light tan or gray background. Their bellies have a black-and-white checkboard pattern. This particular snake has brown saddles, but I have also seen a smaller milk snake in the yard with a beautiful brick-red color.

Milk snakes are opportunistic feeders, so they have a diverse diet but primarily eat small mammals like mice. Why are they called milk snakes, then? They are often in and around barns to take advantage of the plentiful supply of rodents; but at some point someone suggested, perhaps in jest, that the snakes were there because they were milking the cows, and the name "milk snake" stuck.



Adult milk snake head pattern

Milk snakes are not aggressive or dangerous but unfortunately are sometimes confused with copperheads, which are venomous, although copperheads are not shiny and have a triangular head. I am happy to have these snakes sharing my yard and adding to its diversity. And I will be happy to have fewer mice trying to share my house next winter too!

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## People in the News

### Catherine Charlton



Catherine Charlton graduated from Franklin County Technical School in the field of Collision Repair and Refinishing, and is looking to stay in that field of work. She made the honor roll her senior year. Right now, she is working as a personal care attendant for her sister Theresa. Catherine is an avid book reader and her dream is to have her own

book store one day.

### Gwyneth Clark



Gwyneth Clark was born and raised in Heath. She attended Heath Elementary, graduated sixth grade from Rowe Elementary, and spent middle school at Mohawk Trail Middle. She graduated from the Collision and Repair program at the Franklin County Technical School. While there, she was on the soccer team, and

was a part of the National Honor Society and Skills USA. As a Skills member, she qualified for the State Competition. She also received the John and Abigail Adams scholarship.

At home on the state line, Gwyneth trail rides and barrel races with her quarter horse, Heart. She also likes to ride four-wheelers and downhill ski.

Gwyneth has been accepted to Ohio Technical College in the Rod and Customs program. In addition to working in the auto body program at school, she also works in an auto repair garage doing a variety of bodywork jobs. She and her dad have been building a 1967 Camaro as a personal project and a Capstone project for school. She hopes to have it done by fall, to take it to some car shows before heading off to Cleveland.

### Joshua Rode



Joshua Rode, son of Barbara and Greg Rode of Heath, graduated this past May 2019 from Wesleyan University in Middletown, CT with a Bachelor of Arts Degree in both English and Film Studies.

### Cathy Tallen, SHINE Counselor for Heath



*Cathy Tallen (left) with Lorraine York-Edberg, Western Massachusetts Regional Director of the SHINE program*

Cathy Tallen was one of 11 recent graduates of the SHINE program provided by the LifePath office in Greenfield. SHINE is an acronym for "Serving the Health Insurance Needs of Everyone." Through SHINE, volunteers provide Medicare beneficiaries free, confidential, and unbiased health insurance information counseling. People who are about to become eligible for Medicare can meet to learn about benefits and options available. For those who already have Medicare, a review can also sometimes be helpful. Cathy will be available to assist people in Heath, with contact information to be posted soon in the Town Hall.

### Aya Haliya



Young subscriber Aya Haliya, granddaughter of Alison Ehara-Brown, sits down to peruse the *Heath Herald* at home in California. A wonderful way to learn how to read!





## Select Board Report

### Former School Building at 18 Jacobs Road

As residents voted not to sell the former school building at Annual Town Meeting, the Select Board has been looking at ways to use it (see below), including all financial implications. Roof repairs, parking lot paving and sidewalk work need to be done. General maintenance of the building needs to be ongoing to keep the building “healthy” and in good repair.

Heath's town counsel recently informed us of a Massachusetts General Law (MGL) that states the building may be leased by the Select Board for up to 30 years. Although this appears to contradict the vote at town meeting, there is a difference. The “leasing” language on the rejected (“approval to dispose by sale or lease”) warrant article was designed to give the Select Board the option to lease the *building and property*. The MGL that allows the Board to lease the building is for the building only, not the property. Only a town meeting vote can authorize the Select Board to sell town-owned property. If the building or parts of it are leased, the revenue would most certainly help with the ongoing utility, maintenance, and repair expenses. The Select Board has discussed issuing another Request for Interest when we get more information regarding the expenses.

### School Building Use Committee

The Select Board has appointed a School Building Use Committee to help manage the maintenance and use of the former Heath School at 18 Jacobs Road. Committee membership includes Pam Porter, Chair, Susan Draxler, Lyra Fuller-Johnson, Pat McGahan, and Larry Sampson. The former school building is open and available for use by individuals, nonprofits, town committees and departments, and others. Applications and a fee schedule are available at [townofheath.org](http://townofheath.org). Click on Commissions and Committees and go to School Building Use Committee. Completed applications should be submitted to the School Building Use Committee, Heath Town Hall, at least ten days prior to the date you would like to use the building.

The committee is also organizing volunteer efforts to assist with care of the buildings and grounds. If you would like to be on a volunteers' list, you can sign up at the Heath Free Library or contact Mary Holan at [3340mfh@gmail.com](mailto:3340mfh@gmail.com).

### Highway Department

The Heath Highway Department has been quite busy with road care for the town. After a very muddy spring

season filled with a number of road issues requiring numerous repairs, the crew is out working on roadside mowing, tree trimming, minor culvert repairs and pot-hole patching. The crew has switched to the summer schedule of Monday through Thursday, 6 a.m. until 4:30 p.m. with the department mechanic starting at 7a.m. on those four days allowing for four hours of work on Friday morning for truck and equipment maintenance and repairs. This schedule will continue until daylight saving time ends in the fall, when they will all go back to working five, eight-hour days.

The department recently took part in a Voluntary Technical Assistance Assessment by the Workplace Safety and Health Program through the Commonwealth of Massachusetts Executive Office of Labor and Workforce Development Department of Labor Standards. An inspector was sent out to interview the highway department crew and conduct an inspection of the highway facility. From this a list of recommendations and corrective actions was created for the town to improve general safety and health provisions, and various training programs were to be created to assist in the prevention of accidents and illnesses. All recommendations and corrective actions have been met and a completion report has been filed with the Department of Labor Standards.

We are currently working on the town's submission for the 2019 MassWorks Infrastructure Program Grant for road repairs including new paving from the Charlemont town line at Burrington Road up to the center of town, including a portion of South Road up to Bassett Road. West Branch Road will see the completion of last year's paving project with the addition of the top coat of blacktop in mid-July which will be paid with Chapter 90 money. The site work for our town-wide Bridge/Culvert Preventative Maintenance plan is underway by the BETA Group, Inc., a consultant group that is surveying the roads and culverts in town to develop a long-range maintenance plan for Heath. This consultant is being paid for by a \$35,000 grant that Heath received as part of the Community Compact Grants Program for this year.

In May, the department saw the arrival of its new 2019 John Deere 310SL HL Backhoe, and by August we hope to see the new 2019 Chevrolet 3/4-ton, extended cab pick-up truck, which will replace both the 1999 GMC 3500 crew truck and the 2004 Ford Escape. We have recently signed a purchase agreement for the new John Deere tractor and have started the process of preparing the documents to procure the new 7400 series cab and chassis, all of which were voted for acqui-

sition at this year's Annual Town Meeting.

### Transfer Station

The Transfer Station has new year-round hours: Saturdays from 8 a.m. to 4 p.m. and Wednesdays from 9 a.m. to 5 p.m.

### Broadband

We are still on track to get broadband to Heath by late summer/early fall 2020. Residents will soon see utility poles being replaced in order to accommodate the fiber optic lines. The town is most fortunate to have Bob Bourke as Heath's broadband liaison. In this capacity, he works with Bill Ennen, the state's Last Mile Implementation Liaison based in Western Massachusetts, and Westfield Gas & Electric (WG&E) on the details, projects, construction, and financial details needed to get broadband to Heath. Sheila Litchfield, Art Schwenger, Ned Wolf, and Jan Carr form the Municipal Light Plant Advisory Board, which has been meeting weekly with representatives from WG&E, the state's Executive Office of Housing and Economic Development, town treasurer Kris Nartowicz, and the town's financial advisors. The time and attention this group has spent is of enormous value to the Select Board, which functions as the Municipal Light Plant Board, and to the town. Our thanks go to each and every one of them.

### Public Records Requests

Town Clerk Hilma Sumner is Heath's Records Access Officer. Anyone wanting a copy of a public record from any board, committee, or commission must submit a written request to Hilma. Hilma then coordinates with the appropriate people to respond to the request. Sending a request to a board, committee, or commission directly will delay the response. Town Clerk office hours are Tuesdays and Thursdays, 8:30 to noon, and most Mondays from 5 to 7 p.m.

### Regionalization with Hawlemont

Heath's school committee members to the Hawlemont Regional School, Budge Litchfield and Bob Gruen, have been working hard with members from Hawley and Charlemont to write a new regional agreement that includes Heath. There are a few obstacles still to overcome including filing special legislation with the state. A special town meeting will be called sometime this fall to vote on withdrawing from the Mohawk Regional School District, preK-6 grades only, and to vote to regionalize with Hawley and Charlemont. Budge and Bob have quietly put in many, many hours working on this. Many thanks to both of them.

—Select Board

## Common Threads

Things are progressing rapidly at the Hawlemont School Weaving Studio. Renovations are underway!

With much volunteer assistance, major construction has included the addition of a bullet-proof door and window, electrical work, putting in double thickness Safety Fire Code sheetrock, and painting throughout. We are making this room bright and cheery using a yellow "Frittata" color for the upper walls with white wainscoting below. An extra window to let more sunshine in will depend on further donations.

Enjoy the before and after pictures below. Dream along with us, and imagine the fun. If you wish to make a donation, make your check payable to HAY and mail to 3 East Main St, Heath, MA 01346 in c/o Susan Gruen. Please note on your check "Weaving Program." Thank you!

—Susan Gruen



*Hawlemont School Weaving Studio before renovations got underway*



*Weaving Studio with renovations progressing rapidly*

## Home Repairs for Seniors

If you are 62 or older and need assistance with a home repair, the Home Repair Grant may offer the muscle and skill you need to tackle basic home maintenance projects such as installing a railing or grab bar, fixing an outside step, replacing a broken thermostat, or other tasks.

We'll do our best to help meet your need. Contact Hilma Sumner, Program Manager at 337-4845 or 337-4934, ext. 6

**Program ends September 30!**

## Obituaries

### Peggy Stowe



Margaret C. "Peggy" (Nelson) Stowe, went home on June 8, 2019, a perfect hay day. She was born in Florida, MA on April 26, 1928 and grew up on the Swenson family farm on County Road in Rowe, MA. She attended Rowe and Charlemont schools.

As a teen and young adult, she worked with her beloved Uncle Robert Swenson, and his draft horses on their farm. She loved gathering sap with "the team" and raking hay with "Sandy." As farming became more mechanized, Peggy met Carroll B. Stowe of Colrain, MA when he and his Farmall H were contracted to bale hay for the Swenson family.

Peggy often worked by Carroll's side on whatever odd job or project was at hand, and she took great pride in her ability to operate Carroll's tractors, especially in the hay field. Peggy and Carroll were active in the Grange, Heath Agricultural Society, and organized the Heath Wagon Train for many years. In addition, Peggy drove a school bus for 27 years for various area schools.

Peggy's life focus was her family and animals. She loved making hearty, soul-warming meals for her family and friends, and in recent years looked forward to Friday night dinners with great anticipation as well as grilled cheese lunches. She was totally devoted to the many assorted equines and other "critters" under her care. She had a special touch that attracted all animals to her.

She was predeceased by her husband, Carroll, her parents, Margaret C. (Swenson) and Wallace C. Nelson, her brother, Robert D. Nelson, brother and sister-in-law Edward and Valda Stowe, brother, Robert D. Nelson, brother and sister-in-law, Edward and Valda Stowe.

She is survived by her daughter L. Diane Stowe and son-in-law William Dronin (maker of grilled cheeses), her constant companion, Salem the Minx cat, her "grandcats" Ralph and Ellyssandra, brothers and sisters-in-law Howard and Barbara Stowe, Richard and Linda Stowe, and Rebecca Nelson, and many nieces and nephews.

It was Peggy's wish that there be no services. Burial will be at the convenience of the family in the Swenson family plot in the West Cemetery in Rowe.

In lieu of flowers, donations in Peggy's name should be sent to *Blue Star Equiculture*, 62 Birch Hill Rd., W. Brookfield, MA 01585 or *Save Your Ass Long Ear Rescue*, 23 Sawmill Rd., South Acworth, NH 03607.

In Peggy's memory, have a cup of coffee and a good visit with a dear friend.



### Richard Gallup



Richard Thornley Gallup of 11 Bellow Rd, North Heath, was born on Nov. 17, 1932 to Ellen Thornley & C. Stanton Gallup. He studied Pre-Law with a minor in Medieval and American History at Denison University in Ohio and served in the U.S. Army Infantry from 1954 to 1956, during which time he married Esther Litke of Brooklyn, CT. Richard worked in the Plainfield, CT family lumber business and was active in several civic organizations including the Plainfield Rotary Club and Rotary International in a variety of leadership positions. He and Esther have four children; Kevin, Donald, Jana Lynn, and Ian.

In 1979, he and Esther moved to Heath, where they built a log home on a hill raising livestock, bees, and dairy goats. They raised award-winning racing pigeons and were involved in the Western Mass. Pigeon Club. He was an assessor in Heath for over 10 years and was active in the Heath Union Church.

Richard was predeceased by his parents and his sister (Carolyn Gailey). He is survived by his wife of 64 years, Esther, sister, Joyce (Roland) Tourangeau of Plainfield, CT, brother, Ronald Gallup of Falmouth, MA, and children, Kevin (Suzanne) Gallup of Charlestown, RI, Donald (Jane) Gallup of Seattle, WA, Jana (Michael) Purington of Colrain, MA and Ian Gallup of West Dover, VT. He is also survived by eight grandchildren and his beloved Rhodesian Ridgeback, Cecil.

A memorial service will be at Heath Union Church on August 10, 1:30 p.m. In lieu of flowers, donations in Richard's name should be sent to the Heath Union Church, 5 E. Main St, Heath, MA 01346.



## Remembering Richard Gallup

On behalf of the entire church family, we owe a debt of gratitude for the many years of service and dedication that Dick gave to the church. Besides being faithful in weekly attendance, he also served in a variety of offices.

Dick was a longtime deacon who worked during the tenure of several different ministers, filling the chairmanship for much of the time. He also served as a member of the finance committee, and eventually became treasurer of the church. He held that office until his passing. Dick's diligence as treasurer meant that the rest of us had the assurance that bills were always paid, accounts were balanced, and the financial welfare of the organization was in hand.

Richard received special joy from the music each Sunday. He loved the melodies emanating from the organ, the singing of hymns, and took particular pride and delight in listening to the choir. As the choir members looked out at the assembly gathered, his countenance always was a reflection of the contentment and joy he felt as he soaked in words and the voices.

It is said that each of us is made from a unique mold—one of a kind—and then the mold is broken. In Dick Gallup's case, it is unfortunate that there wasn't more than one; his life added a richness to all of our lives.

—Hilma Sumner

## Hazel Porter

We were sad to learn that Hazel Porter of both Heath and Northampton died on Tuesday July 16. As of the publication of this newspaper, arrangements are pending. Full obituary and remembrances will appear in our next issue.



Above left: Blue herons at two-weeks-old;  
Above right: herons at five-weeks;  
Right: herons at seven-weeks  
Photographs by Henry Josephson



## Heath Union Church

The Rev. James Koyama, Minister  
Dennis Ainsworth, Organist  
Sunday Morning Worship 10 a.m.  
Thursday Bible Study 5:30 to 7 p.m.  
at the church

### All are Welcome

Rev. Koyama is in town on Thursdays, with church office hours in the afternoon. Cell phone: 808-282-6711; Church phone to leave a message: 413-337-4019

### Board of Deacons

Hilma Sumner, Chair, 337-4845; Claudia Ainsworth 624-8952; Dana Blackburn 413-221-0961; Victoria Burrington 337-4425; Walt Gleason 337-4479

Find us on Facebook: Heath Union Church. Church building facilities are available for private events. Call Victoria Burrington at 337-4425.

### Church News

Warm summer days are finally upon us and with them, the outdoor events we look forward to each year. The church will be participating in three outdoor services during several weeks. On August 11 at 10 a.m., we will be joining with the Charlemont Federated Church for a pond-side service at 90 Route 8A, home of Nancy and Steve Thane. The following Sunday, August 18, at 9:00 a.m., under the big tent will be our Heath Fair worship service. On Sept. 8, 10:00 a.m., we will hold our service at 291 Route 8A, home of Richard and Hilma Sumner, followed by a potluck picnic, visiting and recreation.


The church ham and bean supper will take place Friday evening of the fair weekend. Serving begins at 5:30, so come early to avoid missing a delicious home-cooked meal! Artist Fred Burrington has redesigned an old favorite t-shirt, "God Loves Us Heathens." Shirts plus raffle tickets for a chance to win a full-color print will be on sale during the fair. The framed print, signed and numbered by the artist, is of a pastel painting depicting the town center. Look for these opportunities on the midway. Proceeds from the sales of both shirts and raffle tickets are to benefit the organ fund. Raffle drawing will be held in October.

We are anticipating Rev. Koyama's first Sunday back on Aug. 4. It will be exciting to hear about their travels. All are welcome to join us for a time of peaceful meditation and worship each week.

—Hilma Sumner

**COMMUNITY CALENDAR**

- Aug 3 **HEATH HISTORICAL SOCIETY ANNUAL MEETING AND PROGRAM**  
5:30 to 8 p.m. at the Heath Community Hall.  
See more information page 15
- Aug 10 **CHARLEMONT FORUM; OH, GLORY! CONCERT**  
7:30 p.m. at the Charlemont Federated Church,  
presented with Mohawk Trail Concerts
- Aug 11 **HEATH FAIR DOCUMENTARY FILM**  
4:30 p.m. at Academy of Music in Northampton,  
[www.aomtheatre.com](http://www.aomtheatre.com) for details
- Aug 16 **HEATH FAIR**  
At the Heath Fairgrounds. See more information  
pages 11 through 13; Schedule page 13
- Aug 31 **HEATH ARTS EXHIBITION**  
At the Heath Community Hall. See more information  
page 5
- Sept 13 **PRESCHOOL STORY HOUR**  
10:30 a.m. at the Heath Library
- Sept 21 **HAZARDOUS WASTE COLLECTION**  
See announcement below



**Household Hazardous Waste Collection Day**  
**Saturday, September 21, 2019**  
**GCC Main Campus & Orange Transfer Station**

Residents must pre-register between Aug. 15 and Sept. 21 at [www.franklincountywastedistrict.org](http://www.franklincountywastedistrict.org). Paper registration forms are also available at town offices, transfer stations, and ads in the *Greenfield Recorder*.

Collection is free for residents. Items include: oil-based paints, stains, thinners, household cleaners, pesticides, herbicides, pool chemicals, motor oil, antifreeze, automobile batteries, and other household chemicals. Only mercury-containing items like thermostats and thermometers will be accepted. No fluorescent bulbs.

For information, call 413-772-2438 or email [info@franklincountywastedistrict.org](mailto:info@franklincountywastedistrict.org)

**ONGOING CALENDAR****FOOT CLINIC FOR SENIORS**

Third Tuesday of each month at the Senior Center, downstairs in Heath Community Hall  
Contact Margo Newton at 339-8580 to set up an appointment and/or arrange transportation.

**HEALTHY BONES AND BALANCE**

Tuesdays, 11 a.m. to noon; Thursdays, 10 to 11 a.m. at the Senior Center, downstairs in Community Hall  
This exercise program helps prevent osteoporosis and falls. For ages 55 and over.

**SENIOR BROWN BAG LUNCH**

First Thursday of each month, 11:45 a.m. at the Senior Center, downstairs in Heath Community Hall  
Bring your own lunch, dessert provided.

**SENIOR LUNCHEON**

Third Thursday of each month, 11:45 a.m. at the Senior Center, downstairs in Heath Community Hall  
A count is required by Monday before the scheduled meal. Sign up at the Senior Center, or call Margo Newton at 339-8580.

**SENIOR OPEN ART RESUMING IN SEPTEMBER**

Mondays, 1 to 4 p.m. in the Senior Center, downstairs in the Heath Community Hall  
Open to all. Contact Eileen Lively at 337-4742 with questions.

**TAI CHI**

Mondays, 10 to 10:45 a.m. upstairs in Heath Community Hall  
Newcomers welcome! Suggested donation (\$5).  
Contact Lois Bascom, [lola621@comcast.net](mailto:lola621@comcast.net) for more information.

**YOGA**

Fridays, 9:30 to 10:30 a.m., downstairs in Heath Union Church  
Led by Kate Peppard. Beginners welcome! Mats available. Suggested donations (\$5-10) accepted. Contact Kate at 617-669-4891 with questions.

**Scheduled activities will not take place on  
holidays or days with school weather  
closures/delays.**



## HEATH TOWN OFFICES

1 East Main St, Heath MA 01346  
Phone: 413-337-4934 Fax: 413-337-8542  
[www.townofheath.org](http://www.townofheath.org)

### **Town Coordinator, Kara Leistyna**

[bos@townofheath.org](mailto:bos@townofheath.org)  
Monday-Friday 9:30 a.m. to 3:30 p.m. with  
exceptions posted in Sawyer Hall

### **Selectboard, [bos@townofheath.org](mailto:bos@townofheath.org)**

Tuesday 7 p.m., Sawyer Hall  
Brian DeVriese, 413-337-5525  
Robyn Provost-Carlson, 413-337-5316  
Gloria Fisher, 413-337-6626

### **Town Clerk, Hilma Sumner**

[townclerk@townofheath.org](mailto:townclerk@townofheath.org)  
Tuesday and Thursday 9 a.m. to noon  
Or call for appointment 413-337-4845

### **Accountant, Tracey Baronas**

[accountant@townofheath.org](mailto:accountant@townofheath.org)  
Monday 9 a.m. to 2:30 p.m. (varies)  
413-337-4934, ext. 5

### **Tax Collector, Elizabeth Nichols**

[taxcollector@townofheath.org](mailto:taxcollector@townofheath.org)  
Monday 4 to 6 p.m.  
or call for appointment 413-337-6665  
413-337-4934, ext. 2 / Fax: 413-337-8542

### **Treasurer, Kristi Nartowicz**

Monday 3:30 p.m. (varies)  
[knartowicz@gmail.com](mailto:knartowicz@gmail.com)

## BOARDS AND COMMITTEES

### **Board of Assessors**

Wednesday 9 a.m. to 3 p.m. 413-337-4934 x 3  
[assessors@townofheath.org](mailto:assessors@townofheath.org)  
Alice Wozniak, Assistant Assessor  
Robyn Provost-Carlson  
Heather Hathwell  
Vacancy

### **Board of Health, 413-337-4934**

Betsy Kovacs, Chair, 413-337-5346  
Mary Sumner, Clerk  
Armand Clavette  
Henry Godek  
Susan Gruen  
John Palmer

### **Finance Committee,**

Ned Wolf, Secretary, 413-337-4476  
Ken Gilbert, 413-337-4461  
Jan Carr  
Kathy Inman  
Alice Wozniak

### **Library Board of Trustees**

Deborah Porter, Chair, 413-337-4715  
Emily Cross, 413-337-4816  
Maureen O'Malley

### **Planning Board**

Calvin Carr, Chair, [calvinccarr@verizon.net](mailto:calvinccarr@verizon.net)  
Douglas Mason, Sec., [dougmason@hughes.net](mailto:dougmason@hughes.net)  
Robert Viarengo, [viarengo932@crocker.com](mailto:viarengo932@crocker.com)  
Jo Travis, [jtravis156@verizon.net](mailto:jtravis156@verizon.net)  
Bill Gran, [whgran@gmail.com](mailto:whgran@gmail.com)

### **Agricultural Commission**

Jessica O'Neill  
Doug Mason, 413-339-4756  
Nina Marshall, 413-339-4756  
Sean O'Neill, 413-339-4820  
Haynes Turkle

### **Cemetery Commission**

Jerry Gilbert, Central Cemetery, 413-337-4355  
Claire Rabbitt, North Cemetery, 413-337-8309  
Eric Sumner, South Cemetery, 413-337-5330  
Matthew Lively, Sexton, 413-337-4331  
Hilma Sumner, Burial Agent, 413-337-4845

### **Conservation Commission**

Brian DeVriese, Chair, 413-337-5525  
Dennis Peters, 413-337-4014  
Bernard "Buck" den Ouden, 413-337-4002  
Jessica O'Neill, 413-339-4820

### **Historical Commission, Heather Hathwell**

## COMMUNITY

### **Public Library, Don Purington, Director**

Lyra Johnson-Fuller, Library Assistant  
[www.heathlibrary.org](http://www.heathlibrary.org), [heath.library@gmail.com](mailto:heath.library@gmail.com)  
Monday 3 to 7 p.m., Wednesday noon to 7 p.m.,  
Saturday 9:30 a.m. to 1:30 p.m.; 413-337-4934, ext. 7

### **Post Office Manager, Charlene Reynolds**

Monday to Saturday, 9:30 a.m. to 1:30 p.m.  
413-337-4934, ext. 4

### **School**

#### **MTRSD School Committee Representative**

Budge Litchfield, 413-337-4957  
Barbara Rode

#### **Franklin County Technical School Representative**

Art Schwenger, 413-337-4077

#### **Hawlemont Elementary School**

Lindsay Rodriguez, Principal, 413-339-8316

### **Town Nurse, Claire Rabbitt, RN**

Office hours, Senior Center, 413-337-4847  
Tuesday 12:15 to 1:15 p.m. and Thursday 11 a.m. to 1  
p.m.; Voicemail: 413-337-4934, ext. 109  
Home phone: 413-337-8309

### **Senior Center/Community Hall, 413-337-4847**

Eileen Lively, Senior Coordinator, 413-337-4742

## PUBLIC WORKS AND SAFETY

**Animal Control Officer, Town Office, 413-337-4934,**  
ext. 108, or Shelburne Control at 413-625-8200 to  
have paged. All emergencies, dial 911.

### **Highway Department, Jeffrey Johnston, Road**

Superintendent; 413-337-4462; cell, 413-406-4516

### **Police Department, John McDonough, Police Chief**


Office hours: Tuesday 6 to 8 p.m. 413-337-4934,  
ext. 108, or call Shelburne Control at 413-625-8200  
to have paged. All emergencies, dial 911

### **Transfer Station, Ken Erho, Attendant**

Wednesday, 9 a.m. to 5 p.m. **all year**  
Saturday, 8 a.m. to 4 p.m. **all year**

### **Volunteer Fire Department**

Nick Anzuoni, Fire Chief, 413-337-4461, or 911 for  
an emergency



*The more time goes by, the more things will happen to you in your life. And the ability to be positive throughout and look for the good in people, look for the good in situations—it's so important.*

*—Jennifer Hyman*

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drop us a note at P.O. Box 54, Heath, MA 01346.




**See you at the Square!**

August 16, 2019 • 7:30–11 p.m.  
Heath Fairgrounds



Fall Town  
String Band  
with Doug  
Wilkins





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