

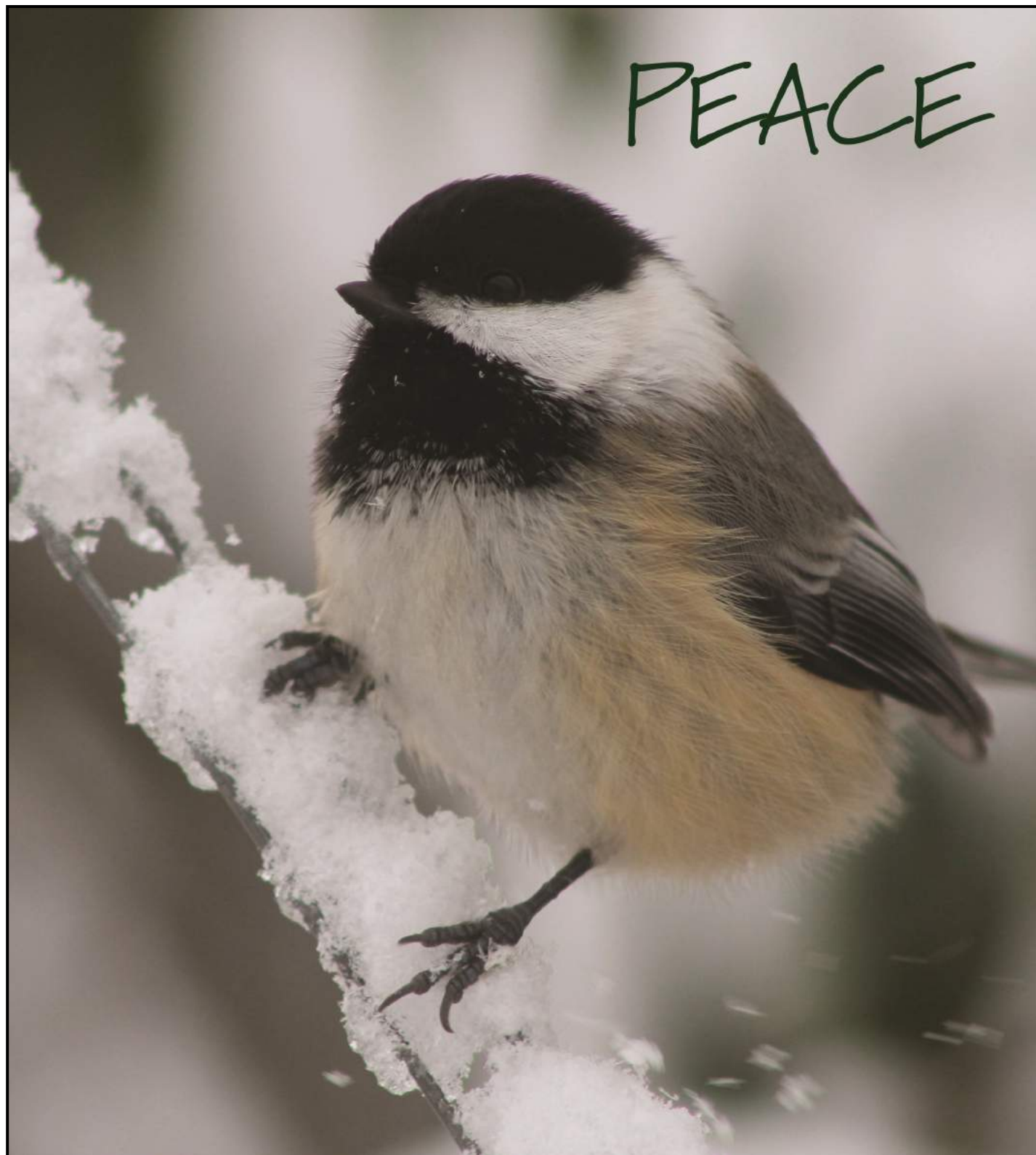
HEATH HERALD

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On the Cover

Chickadee on a snowy branch with a message of peace this holiday season. Photograph by Alec Draxler.

The Heath Herald Logo

The *Heath Herald* proudly features a reproduction of the original *Heath Herald* logo design by Harriet Read for the *Heath Herald*'s first edition in April 1979.

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If you have questions regarding payment, please contact Mary Sumner. Contact information above.

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Submission Deadlines

January 5 for inclusion in February/March issue
March 5 for inclusion in April/May issue
May 5 for inclusion in June/July issue
July 5 for inclusion in August/September issue
September 5 for inclusion in October/November issue
November 5 for inclusion in December/January issue

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From the 40th Anniversary Archives **1979**

Heath Sled Victorious

by Lisa Cromack

Lake Placid, NY, Jan. 27—What is an article from Lake Placid doing in the *Heath Herald*? Well, Heath won the Mayor's Cup in the 1980 North American championships held for the tenth year in Lake Placid. Last year the Greenfield Community College (GCC) sled retired the cup, winning three years in a row. In the Mayor's Cup Race, each sled must represent a town. Catherine Nichols, Town Clerk, signed the Heath entry.

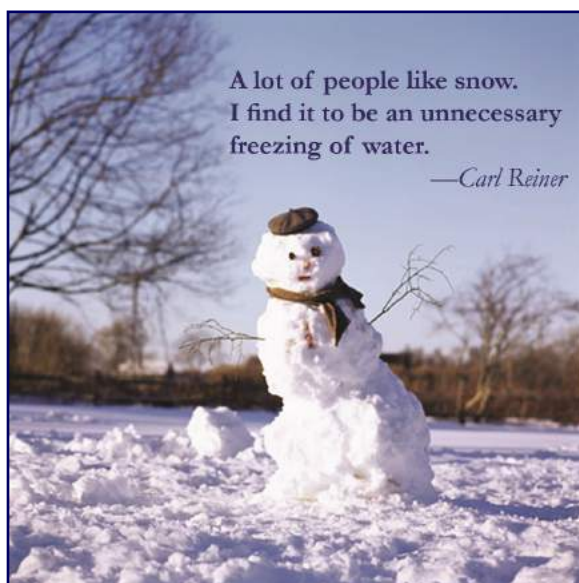
Lisa Cromack, John Palmer, and Deb Antonio rode the winning sled over a quarter of a mile to take first place. Other GCC sleds representing Colrain, Amherst, and Greenfield took second, third, and a sixth respectively. Even at a quarter of a mile the first and fourth place sleds were within four feet.

On the GCC Toboggan Racing Team this year are Lisa Cromack of Heath, John Hart of Amherst, Don Purington of Colrain, Beth Siebert, John Palmer, Deb and Charlene Antonio of Greenfield.

There was competition from Burbank CA, Orlando FL, Michigan and from all over New York State.

It's a fantastic feeling speeding down a chute onto the ice, just gliding along to a victory!

*Reprinted from the Heath Herald
Volume 1, Issue 6, February 1980*



Nine Schools in Heath

by Pearle Tanner

Did you realize that at one time the population of Heath was so large that it required nine schools to take care of the children—with no bussing! In 1830 there were 1,199 inhabitants shown by the census.

The nine schools were:

- No. 1 South School (corner South and Bassett Rds.)
- No. 2 South West
- No. 3 South Center
- No. 4 South East (Burnt Hill)
- No. 5 North East (East Oxbow)
- No. 6 North Center (opposite Center Cemetery)
- No. 7 West Middle (Branch)
- No. 8 North School (Tucker Place)
- No. 9 Number Nine (Number Nine Rd)

*Reprinted from the Heath Herald
Volume 1, Issue 5, December 1979*



Christmas in Heath Remembered

by Harriet C. Read

Snow covered the ground and the stars shone brightly on an evening just before our first Christmas Eve at Plover Hill. I was preparing supper when suddenly I heard the joyous voices of Christmas carolers singing "Hark the Herald Angels Sing." On going outside, Johnny and I were cheerfully greeted by a group of young people who were being driven from house to house by Carroll Stowe in one of his trucks. We all sang several more carols together and then with a "Merry Christmas to you both," they were on their way.

We will always remember that happy surprise which made our first Christmas here in Heath all the more perfect. Would that carolers could bring the true spirit of Christmas, so profoundly and so beautifully expressed in song, to every household across the land.

*Reprinted from the Heath Herald
Volume 1, Issue 5, December 1979*

The Steele/McCutchen Venture, Part II Morocco

In the last issue of the *Heath Herald* I wrote about our ongoing work in Vanuatu and our research and expedition in Vietnam. The story of our 2019 expedition continues here...

From Vietnam, we traveled to Morocco in North Africa. Initially, we wanted to visit the country because Morocco is a leader in terms of efforts to combat climate change; It is one of the hand-full of countries with a plan to reduce its greenhouse gas emissions far enough to contribute to keeping global warming below 1.5 degrees Celsius. By 2020 Morocco will get 42 percent of its energy from renewable resources (although the government is still planning to expand coal-fired power generation). This achievement is due to the installation of one of the largest solar farms in the world, near the southern town of Ouarzazate. Launched in 2016, it currently provides electricity to 650,000 people. It is projected that Morocco will be able to become a green energy exporter and provide power supplies to Europe and elsewhere in Africa. The solar field is a remarkable project and truly incredible to behold in person.



Morocco's Noor-Ouarzazate complex, situated at the gateway to the Sahara Desert. The solar farm is the size of 3,500 football fields.

Even with this achievement on the ground in Morocco, adaptations to the climate emergency are struggling to keep pace with climate changes. Extreme weather events and rapidly developing water scarcity is affecting people across the country. As weather patterns change, the country's deep aquifers are no longer being replenished by winter snowfall in the Atlas Mountains, and then extreme rains come in the summer, causing massive flooding. During our time in Morocco and in the immediate weeks after, 40 people were killed in flash floods.

We met with farmers who were harvesting their wheat early—before it was ready—because they feared that the rains would cause flooding and destroy the crop. Nomadic peoples of the deserts, who historically relied on oases and ingenious underground canals, now face extreme water shortages, forcing significant internal as well as international migration.

On a positive note, in the southwestern mountains, we were able to visit an incredibly innovative project developed by the local non-profit Dar Si Hmad. Perched on top of a mountain peak, 33 mesh panels collect fog and condense it into water, enough to supply 19 villages in the region. This project allows communities to have direct piped access to water, vastly reducing women's labor (previously, women had to spend much of their day walking for water), as well as opening up new opportunities for farming.

Join us for an upcoming (January 2020) presentation and screening of a video we are currently editing, and join the discussion about the changes and challenges happening here and around the world. Details to be announced at various locations in town as they become available.

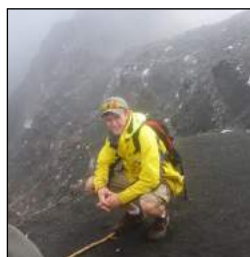
To learn more about the Steele/McCutchen organization, *Island Reach*, visit www.islandreach.org.

—Janis Steele



People in the News

Connor Steele-McCutchen



Connor Steele-McCutchen is currently living in Dhaka, Bangladesh, working with the organization *United Purpose* on food security and development projects that empower local farmers at the grassroots level. Connor is also a board member and project manager with his family's organization, *Island Reach*, which recently obtained its U.S. nonprofit status.

Hats Off to Our Literacy Project Graduates

When the Literacy Project held its 2018-19 graduation ceremony for students who had earned their GEDs (High School Equivalency Certificates), three of the 27 students who walked across the stage had ties to Heath. They are Busara (Jun) Khongchai Busayathip, Gianna Paige, and Ryan Shattuck.

Busara is the daughter of Jumpa Khongchai of Konkaen, Thailand, and the daughter-in-law of Brian DeVriese and Pam Porter of Heath. She is the mother of Maythinee Khongchai and is married to Timothy Porter-DeVriese. In 2012 she moved to this country with Tim and May, and in 2017 became a U.S. citizen. Jun studied at the Northampton Literacy Project with teacher Thane Tomsen and continues to work with Mr. Tomsen in preparation for taking college placement exams. Jun is currently employed by Thai Garden Restaurant in Northampton. She lives with her family in Holyoke.

Gianna Paige is the daughter of Clifford and Mary Paige of Rowe and the granddaughter of Joseph and the late Judy Almeida of Heath. Her step-grandmother is Maryann Almeida. She studied at Franklin County Technical School and completed her studies at the Greenfield Literacy Project with the help of teachers Joshua Freund and Elizabeth Byrne. Gianna lives with her family in Rowe. She plans to volunteer at Rowe Elementary School for the remainder of this school year. Gianna is considering a career in elementary education.

Ryan Shattuck is the son of Anne Lively and stepfather Jason Lively of Rowe, the grandson of Charles and Leah Shattuck of Heath, and great-grandson of Frances Gagnon of Manchester, CT. Ryan studied at Mohawk Trail Regional High School and St. Michaels High School (Brattleboro, VT), and found the support he needed to finish his GED at the Greenfield Literacy Project. Elizabeth Byrne was his teacher. Ryan lives with his parents in Rowe and is employed at Yankee Candle.

The graduation ceremony was held on October 24, 2019, at Greenfield Community College. The graduates wore traditional caps and gowns and were addressed by GCC President Yves Salomon-Fernandez, Judith Roberts, Literacy Project Executive Director and Greenfield teacher Elizabeth Byrne. The student graduate speaker was 59-year-old Theresa Gurley who said she didn't believe she could pass the HiSET exams, but that the Literacy Project proved her wrong.



The Literacy Project class of 2018-19
Photo: Matthew Cavanaugh, *Greenfield Recorder*

The Literacy Project (literacyproject.org) is free and holds classes in Greenfield, Northampton, Amherst, Ware, and Orange for students ranging in age from 16 to 60. The project offers an alternative path to earning the equivalent of a high school diploma. Students work at their own pace, some of them overcoming daunting obstacles such as language barriers, learning differences, and long years away from the classroom while on the job and raising families. With one-on-one support from certified teachers and classroom volunteers, students work to establish proficiency in English, math, reading, writing, science, and social studies and complete the five-part HiSET (High School Equivalency Test).

It's hard work that takes a lot of determination. Congratulations to this year's graduates, to the families and friends who supported and encouraged them, and to the staff and volunteers at the Literacy Project.

—Pam Porter





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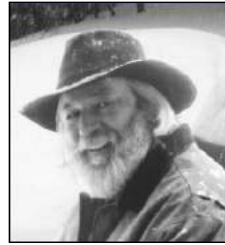
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Wild Ramblings

—Bill Lattrell

Trail to Vitality

The trail meandered in a southerly and easterly direction. Years of wildlife use had established this not-so-easy to recognize path through the woods over decades and decades of use. There is nothing obvious about it. To the untrained eye there is no established route. It would appear as just another piece of the forested New England landscape.

I first discovered the trail over a series of separate snow-covered, winter hikes. The first time I took notice, there were eastern coyote tracks—three of them—that appeared to have walked in a single file line the night before. I've been tracking for more than 60 years and so seeing not only direct registration—hind print directly on top of front print of a single animal—but direct registration of the footprints for several different canines was no surprise. I stayed off the tracks in the snow, only investigating from one side or the other. Those who unintentionally obliterate evidence are trackers of the most inexperienced kind. Too often we need to review what we have already seen to either corroborate or reevaluate a previous opinion. Once you've walked over tracks there is very little left to evaluate. I followed the tracks for several hundred yards until the pack of coyotes spread out in different directions, likely in an effort to find food. A week or so later, and after another snow event, I happened upon the same area and found white-tail deer tracks. A single, moderate-sized deer that walked on exactly the same path. Again, I stayed off the exact path and followed the tracks from about five- to 10-feet off of one side. I stayed with the trail for about half a mile until darkness began to fill the forest, notifying me it was time to head home. A third time, and again after a snow event, I purposely went to the same area with hopes of finding coyote or deer tracks. I did find tracks but they were porcupine tracks following the exact same path. Porcupines sort of plod along with their bellies or tails frequently obliterating the marks left in the snow by their feet. That really makes no difference, considering in reality, it is the entire animal that I am following. The tracks led, over a



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short distance, to a tree where the porky could be seen foraging up on the high branches of an ancient hemlock.

I never returned to that area until the next summer. I was wandering around the woods when I came across a small piece of pink ribbon that I had tied to a tree branch identifying the winter trail area. I immediately noticed that there was no obvious trail. The forest floor was covered with a thick layer of weathered leaves and decaying pine needles. The trail was mostly obfuscated by low, overhanging branches adorned with live vegetation in the form of viburnum, maple, and beech leaves. The branches, mostly four to six feet off the ground, created the impression that there was no trail here at all. I was intrigued, so I followed where I knew the winter trail to be—from one side, of course. Looking closely I could see some eastern coyote hair tangled on the thorn of a Japanese barberry shrub along the trail. I also found a twig with a 45-degree cut that removed the bud, signifying that white tail deer were still using the trail. Looking closely, I could see occasional disturbed dead plant material that had been kicked up by an animal moving quickly along the trail. At one place where the trail divides, there was quite a bit of grazed wood aster, most likely as a result of a white tail deer's foraging habits. I also found some bobcat scat partially buried in a layer of pawed-up decaying leaves. Had I not closely investigated this area, I would not have learned about the presence and use of this hidden gem of wildlife use.

The next autumn, long before any snow fell, I was able to verify that the trail is used at that time of year as well. Deer scat and browsing were evident along the animal pathway as well as an obvious and unpleasant area of fox marking (an unpleasant scent left behind when fox urinate to mark territory), and the remains of a squirrel who ended his days in the jaws of a predator—likely a fisher, given the fisher scat found just down the trail.

The obvious question is: Why do so many animals use the same trail throughout the year?

Certainly the presence of prey on a habitual trail would attract predators. Eastern coyotes will kill and eat deer when given the chance. Red and gray fox will eat squirrels, snowshoe hares, and a host of other prey, as will fisher. Bobcats and fisher will eat porcupines; in fact, they are the only two efficient predators of this well-armed animal species. Animals that primarily eat vegetation will use the trail because it is a path of least resistance with ample forage. Although the trail may not be obvious, there are fewer branches near the ground; there is a clear visual experience moving directly ahead, thereby allowing potential prey some comfort; and it is a

well-used, habitual path that may lead to other foraging habitats.

The real lesson here may escape some. This environment, in fact, any natural environment, ecosystem and/or plant community is a living teacher. Each holds secrets that are there to be discovered, devoured, held, and loved. Each is a wealth of information if we are willing to look for what is there. Each is a microcosm of our planet displaying the relationships, dependencies, and symbiosis of all the plants, creatures, and nonliving elements that are deployed in the miracle of the natural world.

I have taught ecology at the graduate school level for more than 30 years, but I have been a student of the natural world for 68 years. Yes, I took courses from wonderful instructors that helped me understand what I needed to know and what I needed to explore. But my most effective teacher is, has been, and forever will be the Earth—something I learned from my grandparents. I teach what I have been taught. Whether it is the science of soil, the study of ecology, the history and identification of native plants, or the mysteries and miracles of mycorrhizal fungi, it is all information that was discovered and understood by humans, but already present in nature. All good teachers understand that they are relaying information. Teaching is, in effect, clear communication of knowledge. It is also stimulating others to learn what they might want to research, form opinions about, and study.

In these times when our planet is threatened by climate change, in these times when we are witnessing the loss of ecosystems, animal and plant species, and the very foundations of life, can we not all take a moment to consider what Earth has to teach us?

There is a marvel in every leaf, a revelation in every plant community, a wonder in every single animal on this planet. If we all take the time to ponder this, to hold it in our hearts, to commit to teaching our children about this wonderful planet, there is hope!

Every mother, every father, every senior citizen, every politician, every educator, every single human can do this. There is a trail to a new vitality for this planet. We must only take the time to notice; to find, and follow this trail. And then we must act, educate, and stay on course towards a new day—a new way of living for and with our planet Earth.

I am 68 years young. I am a student of this planet. I am, forever, its child and it is forever my mentor.

How about you?




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Spotted Around Town



Curious about the Technical School truck parked in the Town Center? Nine electrical students were working on replacing all of the lighting in the town garage, Sawyer Hall, and

the Community Hall/Senior Center with energy efficient LED lighting. The Tech School has been a wonderful resource for many of our children, and now they are helping in a broader way. Watch for more about the Tech School in future issues.

—Art Schwenger

A blue heron was standing on the edge of the road at the culvert repair on 8A.

Friday, November 1, there was a yellow Mass DPU box truck parked on 8A at the bottom of Brunelle Rd. There were two men, one dressed in full scuba gear, with it.

—Bob DeLisle



October owl holding watch in Heath.

—Julianne Hallman

Nature Note

—Susan Draxler



Solstice Greenery

The winter solstice on December 21 marks the official start of winter. As the shortest day of the year, the solstice has been celebrated for centuries with lights and greens brought into the house to brighten the long dark night. Besides pine, fir, and spruce boughs, in New England people would seek out clubmoss for making wreaths and roping. Clubmoss is a woodland groundcover that looks like a miniature pine tree and is also known as princess pine, running ground pine, ground cedar or creeping pine, as well as its Latin name of *lycopodium*.



Clubmoss is not actually a moss but is related to ferns and horsetails and, like those groups of plants, evolved around 400 million years ago. Carboniferous forests of 350 years ago were made up of the tree forms of ferns, horsetails, and clubmosses that grew to 100 feet tall. Today's clubmosses only grow to a height of about a six inches.

Club moss also known as princess pine, running ground pine, ground cedar or creeping pine, as well as its Latin name lycopodium

Photo: Will Draxler

Besides being used as decorative greenery, *lycopodium* is believed to have a variety of medicinal properties and has been used as a dye. Its spores have a high oil content and are highly flammable so were once used as flash powder for photography, fireworks, and theatrics.

lycopodium is slow growing and probably not as common as it once was, so rather than harvesting it for indoor greenery, I plan to take a solstice-day walk through the woods and enjoy seeing it there.

Lycopodium is slow growing and probably not as common as it once was, so rather than harvesting it for indoor greenery, I plan to take a solstice-day walk through the woods and enjoy seeing it there.



Sunday, December 22 • 3 to 5 p.m.

18 Jacobs Road, Heath

Free for all ages

Join us for some fun and winter solstice festivities at the former Heath school building on December 22.

Bring some holiday cookies and/or refreshments and a favorite holiday reading to share, if you like.

Enjoy a reading of *Hershel and the Hanukkah Goblins*, plus other holiday tales.

This event is jointly sponsored by the Heath School Building Use Committee, the Heath Public Library, and the Heath Parks and Recreation Committee.



Letters

Day of the Dead Celebration

On October 26, my family headed to the transfer station, stopped by the library to get some books and then headed to the former Heath School building for some pre-Halloween fun. It was wonderful to walk into the building and hear joyful young voices down the hallway and hear older ones singing along to music by Jason Graves in the cafe. Josephine and I even caught a glimpse of a dancing Alli Thane! The Day of the Dead celebration was great fun, with stories and art activities, including the creation of our own flying ghosts for the occasion! My children were quite excited to have a giant gym to run and scream in, and to try their hand at basketball (something nearly impossible to do successfully on our gravel driveway). We are so grateful for the volunteers that made this time possible and hope to find our own ways to give our time to the town in return, continuing in the long line of volunteers and happy Heathans who find ways to come together no matter the weather, their politics, or opinions.

Emily Cross

Thanks to Dining with History

I would like to thank the board members of the Heath Historical Society for their most recent Dining with History production: "Cracks in the Ceiling."

The program, which honored "Bold Women of Heath" past and present, was exceptional! The Community Hall was beautifully decorated and atmospheric. It was easy to envision the women featured planning and attending events in this historic building. Thank you for keeping our connections to the past and unique history alive.

Sincerely,
Jayne Dane



Hilma Sumner artfully portrays her grandmother, Avis Churchill, at the recent Dining with History. Avis was the first female to be elected constable of Charlemont. She felt uniquely qualified because of her ability to deal with "young whipper-snappers" in the early 1920s.



Jacobs Road was alive with ghosts, graves (musician Jason Graves, that is), and fun activities for all ages on the Day of the Dead.



Heath Union Church Annual Soup & Bread Supper

To benefit Good Neighbors Food Pantry

Saturday, December 15, 5 p.m.

Come celebrate the warmth of the season with yummy soups and homebaked breads in the good company of friends and neighbors. The lucky winner of the raffle for the Fred Burrington signed print of Heath Center will also be drawn at this event!

All are welcome!



See Church News on page 21 for more information.



Heath Agricultural Society News

The brilliant and bold colors of fall have passed by, a reminder of the beauty that surrounds us and of the coming and going of our New England seasons. The month of December is one of rest for the many volunteers of the Heath Agricultural Society (HAS). It will be the one month that we do not gather as a group, but rest assured the 103rd Heath Fair is still very present on our minds.

As we think about 2020, we know that Aug 21, 22, and 23 will be here before we know it: Please mark your calendars! As we plan, we will think through: How do we get more draft horses to the Fair? Should we consider pushing vendors to become more sustainable by requiring compostables thereby reducing the trash that is produced at the Fair? Can we organize a new horse event in the show ring? Where will we fit all of those marvelous goats and sheep? I could go on and on. If you would like to think through the logistics of the Fair, or wish to get involved in some other way, we know we can find the perfect place for you to plug in. I encourage you all to join us in planning the 103rd Heath Fair. We'll begin our regular meetings in January. Winter meetings are held in the downstairs meeting room of the Heath Church in Town Center. Please keep an eye out for the new meeting day/time which will be set following our annual meeting in November (not ready for publication in this issue).

Beyond the Fair, the HAS membership is thinking about new ways we can leverage our fairgrounds as a resource in Heath and for our broader community. We will be considering new ideas, new events, and new ways for engaging community over the course of the next year, and we wish to invite you to be at the table with us as we dream, vision, and plan together. One example to wet your whistle: We have requested funding to support a bat-house building project, spearheaded by HAS members, Bob Delisle and Sue Draxler. Once funded, we will invite community members to build community bat houses to be placed at the fairgrounds and around town. Providing bat habitat will support natural efforts to control mosquito populations.

Have you completed your holiday shopping? If not,

consider giving the gift of the Heath Fair! This year HAS is offering Heath Fair merchandise to delight your friends and family. Gifts include: the new Heath Fair water bottle, ballcaps and trucker caps, tee-shirts, and the 100th anniversary Heath Fair DVD. Please see our listing on page 13 in this issue's Local Holiday Shopping Guide. All proceeds go to support the activities of the Heath Agricultural Society.

Please be safe this holiday season. Thank you for a wonderful 2019. We look forward to working together next year to help celebrate our agricultural roots here at home.

Warmly,

—Jessica O'Neill

President, Heath Agricultural Society

Create the Logo for the 2020 Heath Fair!

Deadline for submissions: February 1, 2020



Heath Agricultural Society is now accepting design submissions for use on 2020 Heath Fair promotional materials, including T-shirts, brochures/posters, and digital media. Artwork must be original, with no typography. Entries will be judged for creativity, composition, and the ability of the design to capture the spirit of the Fair.

Please direct submissions, as well as any questions, to Susan Draxler at skdrax@yahoo.com or call 339-8536.

Raffle to Benefit Heath Union Church Organ Repair

Win a signed, framed print by Frederick Burrington



Tickets \$10 each/6 for \$50

Drawing to be held 12/14/19 at the Soup and Bread Supper
at Heath Union Church

To purchase tickets, call Victoria Burrington at 337-4425

Local Holiday Shopping Guide

Provisions

Cheese

Gift Certificates for Cheese Making Workshops
Dell Farm
337-4957
See ad on page 8



Eggs

Chicken and Duck Eggs
Birch Brook Farm (Molly and Sam Lane)
337-5576 • mchapin10@yahoo.com

Craig Gerry and Julie Sidon
612 Route 8A
337-4310 • jsidon@verizon.net

Dell Farm
Fresh eggs for holiday baking
337-4957



Rita and Matt Lively
337-4331

Amber Tullock
Hawlemont School Farmer's Market
Mondays, 2:45 to 3:15 p.m. • 339-8316

Meats and Poultry

Pigs raised to full size, young piglets to raise
Taking orders for turkey and beef for 2020
Birch Brook Farm (Molly and Sam Lane)
337-5576 • mchapin10@yahoo.com

Meat CSA—Pasteurized Beef, Pork, Chicken
Freeman Farm
522-5565
info@freeman.biz • freemanfarm.biz

Maple Syrup

Russ Donelson
337-4460 • donelson@crocker.com

Janis Steele and Brooks McCutchen
Artisinal, small batch
Profits support conservation and food security for communities, farmers, and harvesters internationally
337-8301 • farm@bershiresweetgold.com

Freeman Farm
522-5565
info@freeman.biz • freemanfarm.biz

Jams, Jellies, Condiments

Jams
Leellen Weis
337-4804 • edwina1957@yahoo.com

Jams, Jellies, Condiments
Hawlemont School Farmer's Market,
Amber Tullock
Mondays, 2:45 to 3:15 p.m. • 339-8316



Gifts and Crafts

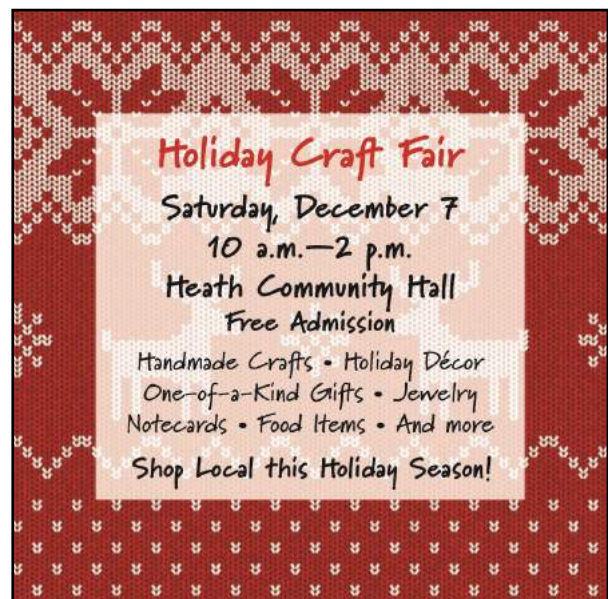
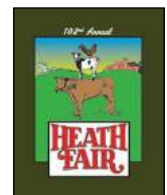
Fine art, prints, and cards
Fred Burrington
337-4425

Cloth dolls and doll clothes, some topsy-turvy dolls,
hand-sewn, knit, crochet articles
Dolly Churchill • 337-6680

Functional and decorative handblown glass
Bob Dane
337-5736 • robdane@verizon.com
robertdane.com
See Holiday Sale ad on page 13



Heath Fair t-shirts, water bottles,
caps, and 100th Anniversary DVDs
Heath Agricultural Society • 337-4078
patricia.mcgahan01@gmail.com
Buy online at heathfair.org



Gifts and Crafts (cont.)

Heath Historical Society Notecards
Kara Leistyna • 339-4015

Handmade items for the kitchen, babies, and the holidays
Heath Ladies Aid, Teresa Peters
339-5354

Functional and sculptural glass art
Tucker Litchfield
337-5799 • tucker@litchfieldglass.com
See ad on page 6

Aprons (new style this year), note cards,
recycled shopping bags made from
animal feed grain bags.
Eileen Lively • 337-4742

Balsam Wreaths—plain and decorated
Timothy Lively
337-4742 • livelytim53@gmail.com

Children's reversible aprons, hand sewn in colorful
fabrics. Fits ages pre-school through fourth grade
Leellen Weis
337-4804 • edwina1957@yahoo.com

Produce bags, tote bags, candles
Hawlemont School Farmer's Market, Amber Tullock
Mondays, 2:45 to 3:15 p.m. • 339-8316

Services

Hay

First and second cut hay
Russ Donelson
337-4460
donelson@crocker.com



Craig Gerry and Julie Sidon
612 Route 8A
337-4310
jsidon@verizon.net

Carpentry

Russ Donelson
337-4460
donelson@crocker.com
See ad on page 16



HEATH, MA.

COME VISIT BRANCH VIEW FARM THIS WINTER!

Christmas trees, wreath sales and gift shop with crafts from local vendors open weekends:
Saturday, November 30 through Sunday, December 22,
10 a.m. – 4 p.m.

12 West Branch Road
Heath, Massachusetts 01346

branchviewfarm.com

HEATH BROOK STUDIO OPEN STUDIO & SALE

December 7 & 8
December 14 & 15

10am – 4pm



Sunday, December 15th, 10 – 4
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Watch Bob create one of his "Orishas"

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HEATH, MA 01346

STUDIO: 413.337.4038
HOME: 413.337.5736
robtdane@verizon.net

OPEN YEAR ROUND BY APPOINTMENT



Holiday Recycling Guidelines

Yes, please recycle these:

- Gift wrap, tissue paper (no foil, metallic inks, or glitter). Tape is okay
- Paper gift bags and shopping bags
- Envelopes (plastic windows are okay)
- Catalogs, calendars
- Cardboard: corrugated, paperboard



No, please DO NOT recycle these:

- Ribbons, bows, tinsel (reuse or trash)
- Holiday light strings (acceptable in scrap metal recycling)
- Christmas tree netting
- Bubble wrap, packing peanuts, polystyrene/Styrofoam (clean packing materials accepted for reuse at Greenfield UPS Store)
- Plastic bags (clean bags marked #2 and #4 accepted in retail stores)
- Plastic blister pack packaging (i.e. from toys and electronics)
- Photographs



The Way We Love To Eat

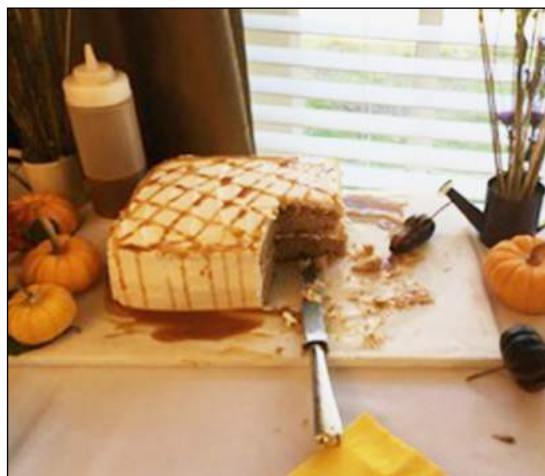
—Deb Porter

Birthday Spice Cake

On October 4, Heath native and longtime resident Lois Stetson Buchiane (below) turned 94. Her five children honored the occasion by throwing her a birthday party at the Buckley Nursing Home where Lois is currently residing. It was a joyful affair with lots of great food, and even better company. Of course Lois was at the center of attention, looking radiant and beautiful. For the occasion, daughter in-law Marsha made Lois' favorite cake. Now for all you "it's got to be chocolate" cake lovers, please note that this was an out-



standing spice cake and well worth trying. It was light and yet moist, not overly spiced or sweet, with a wonderful cream frosting and caramel sauce. Steve Thane pronounced it most delicious, and I heartily agreed. In fact it disappeared too fast to get a photo of the whole cake so, the one below will have to do, but I think you will get the picture. Marsha Buchiane, who lives on Brunnell Road in Heath was good enough to share the recipes she adapted from Ceil Dyer's Book, *The Best Recipes from the Backs of Boxes, Cans, and Jars*, and *Better Homes and Gardens New Cookbook*.



Goodie Apple Sauce Cake, A.K.A. Spice Cake

2 ½ cups all-purpose flour
1 cup sugar
¼ teaspoon baking powder
1 ½ teaspoon baking soda
1 ½ teaspoon salt
¾ teaspoon cinnamon
½ teaspoon clove, ground
½ teaspoon allspice
½ cup of shortening
½ cup water
½ cup of nut meats, broken
1 cup raisins
1 pint homemade apple sauce
1 large egg

Sift first eight ingredients. Then add next four and beat for two minutes. Add last two ingredients and beat two more minutes. Pour into a greased, floured 12x7 1/2 inch pan and bake at 350 degrees for 45 to 50 minutes.

The recipe suggests to top with your favorite lemon frosting, but Marsha used the following and it was great. Also says for best flavor, make a day before serving, which is another selling point.

Frosting

1 cup shortening
1 ½ teaspoon of vanilla
4 ½ cups of sifted powdered sugar
3 to 4 tablespoons of milk

Beat shortening and vanilla with an electric beater on medium speed for 30 seconds. Slowly add half the powdered sugar, beating well. Add two tablespoons of milk and gradually beat in the remaining sugar and enough of the remaining milk to make it spread evenly.

Carmel Sauce

1 cup sugar
½ cup water
¾ cup whipping cream
3 tablespoons butter or margarine

Combine sugar and water in heavy sauce medium-sized saucepan. Cook over moderately high heat WITHOUT STIRRING, until mixture turns golden brown: Be careful not to let it burn. Immediately remove from heat and slowly stir in the cream. The sugar will harden but the stirring will smooth it out. Stir in butter until it is melted.

For a special occasion like a 94th birthday party, make two cakes and layer them as Marsha did.



Green Thoughts

—Pat Leuchtman

Houseplants for Christmas

Plants, one way or another, play a big part in our Christmas festivities and gift giving. I can't think of any other holiday when plants are so important. We decorate our houses with evergreen wreaths and deck our halls with holly. Or at least with laurel ropes, evergreen boughs and swags, and forced bulbs on the festive table.

We also give plants as gifts, and may receive a potted plant. The question is how can we choose a gift plant, or care for a plant we never imagined taking up residence on our windowsill? The answer is the same as it is for a plant in the garden. We have to know what the plant needs in terms of light, water and heat, and where in the house those needs will be met most easily.

When choosing a gift houseplant, consider the home of the recipient. Is the house or apartment very warm or cool? How bright or sunny is the house? Different plants have different light requirements, from tolerant of low light, to bright but not sunny, to long hours of sun.

Choose your plants with those conditions in mind. The poinsettia is a tropical plant that requires four hours of sun, with daytime temperatures between 65 and 70 degrees, and nighttime temperatures 10 degrees cooler. This iconic Christmas flower has the advantage of coming in a range of colors and having a long period of bloom. The 'flowers' are actually bracts that will easily give a month of color. People do carry poinsettias through their dormant period to bloom another year, but most consider the poinsettia a living bouquet, and toss it when it begins to shed bracts and foliage.

A glamorous Christmas houseplant is the amaryllis or *Hippeastrum*. White Flower Farm offers a huge selection of large amaryllis bulbs, but you can buy these at local garden shops. They come in a full range of colors from pale white to rich red, and even candy-striped. They often come potted ready to wake up and start growing once they are watered and placed in a bright, warm (70-80 degree) room. They need to be watered when the top inch of soil is dry.

After amaryllis bloom, they can be carried over by cutting off the flower stalks and putting the plant in a

bright cool 50-degree room. Leave the foliage to gather strength for another bloom period, just as you leave daffodil foliage. When the weather is warm, the potted plant can be put outside. In the fall, cut back the foliage and store the bulb, without watering, in a cool dark space like a basement for at least eight weeks. Then the bulb can be repotted and brought into a bright room. When growth begins, water the bulb and carry on as before.

Two plants that need very little care are the Thanksgiving (*Schlumbergera truncata*) and the Christmas cactus (*S. bridgesii*). These two succulents are very similar, but the stem segments of *S. truncata* have points rather than the *Amaryllis* (*Hippeastrum*) scalloped stem segments of the Christmas cactus. Both are available in shades pale and bright.

Christmas cactus (below) bought now will probably be in bud or bloom that will last for a month or more. It is a cactus but needs bright light, not sun. While it does need to be watered, less harm is done by underwatering, than by overwatering. This is true of most houseplants. Christmas cactus stems will begin to soften or shrivel slightly if the plant has been underwatered and will recover quickly when watering is resumed.

Of course there are many other houseplants available for gift giving, but any of them will give pleasure throughout the holiday season and beyond if you keep their needs in mind when making a choice.

Between the Rows, December 7, 2013



Christmas Cactus (Schlumbergera)

Visit Pat's blog at www.commonweeder.com

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413-337-4460**Licensed/Insured****The Baker Pharmacy****31 Bridge Street • Shelburne Falls****Tel: 625-6324****Weekdays: 8:30 a.m.–8 p.m.****Saturdays: 8:30 a.m.–3 p.m.****Holidays: 9 a.m.–12 noon****Support your local, independent pharmacy.**

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Library Lines

—Donald Purington

Art Exhibit in the Library:

Fifteen watercolor and pastel paintings and charcoal drawings by Heath artist Don Dekker are on display in the library through the end of December. Please stop by for a viewing.



Library Passes:

Take some time for yourself or go with family and friends this winter to visit a nearby museum. We have passes available for free admission to MASS MoCA in North Adams, the Clark Art Museum in Williamstown, the Eric Carle Museum of Picture Book Art in Amherst, and the Brattleboro Museum of Art in Brattleboro, VT. We also have a pass for performances by the Pioneer Valley Symphony.

A Few of the New Items at the Library:

Use the *New Titles* link on the Library website (heathlibrary.org) to see all the new items added to our collection in the previous two weeks.

Fiction Books for Adults: *The Old Success* by Martha Grimes, *Under Occupation* by Alan Furst, *To the Land of Long Lost Friends* by Alexander McCall Smith

Non-fiction Books for Adults: *The School of Life: an Emotional Education* by Alain de Botton, *No Stopping Us Now: the Adventures of Older Women in American History* by Gail Collins

Audiobooks on CD: *City of Girls* by Elizabeth Gilbert

Books for Young/Teen Readers: *White Bird: A Wonder Story* by R. J. Palacio

Children's Picture Books/Boardbooks: *The Kindness Book* by Todd Parr, *The Pencil* by Susan Avingaq

DVDs: *Country Music: a Film* by Ken Burns, *Endeavour Season 6*, *Scooby Doo! Carnival Capers*



Town Nurse

—Claire Rabbitt, RN

Preventing Injuries from Falling

A few of years ago I was reading about fall risk, and was surprised to think that I was in the age group, over 55, at increased risk for falls. Then I slipped and fell on ice on my way to the barn that winter, but fortunately I wasn't hurt. It taught me to be more cautious.

According to the Home Safety Council, 60 percent of falls occur at home, due to slippery or wet surfaces, poor lighting, loose or slippery footwear, and clutter on the floor. However, a recent article in *Nursing Magazine* states, "More than 21,000 older adults are treated in Emergency Departments each year for injuries from falls associated with their dogs and cats, according to a Center for Disease Control report."

Some suggestions for fall prevention are as follows:

- Exercise to increase strength and flexibility and improve balance. (We have Healthy Bones and Balance class, every Tuesday 11 to 12 and every Thursday 10 to 11 at the Community Hall/Senior Center that is free for anyone 55 and over!)
- Install grab bars in your bathroom. It is unsafe to use towel bars for this purpose.
- Remove throw rugs and runners or apply double-faced adhesive carpet tape to the backs to prevent slipping.
- Make sure stairways are well lit and have handrails extending the full length on both sides.
- Thin, non-slip soled shoes are best.
- Review your medications with your pharmacist to see if you take anything that might affect your balance. Go slow when moving from lying to sitting to standing position.
- Discourage pets from lying next to beds or in front of chairs.
- Consider dog obedience training, so your dog will walk calmly on leash and not jump on visitors.
- In winter avoid walking outside until walkways are shoveled and sanded and use ice creepers as needed.

I wish you all a safe and happy holiday season.

Select Board Report

Town Coordinator

Eight applications were received for the position of town coordinator. A search committee comprised of Select Board member Robyn Provost-Carlson, Highway Superintendent Jeff Johnston, and Tax Collector Elizabeth Nichols reviewed the applications and conducted preliminary interviews. Upon their recommendation the Select Board interviewed four candidates for the position at their October 22 meeting. After careful deliberation the Select Board offered the position to interim town coordinator and town clerk Hilma Sumner. According to Mass General Laws, the town coordinator may not also hold an elected position. After thoughtful consideration, Hilma accepted the appointment. The Board at its November 12 meeting voted to appoint Hilma Sumner to the position of town coordinator, contingent upon receiving her resignation as town clerk. The Board will appoint a temporary town clerk until the end of Hilma's current term, which will be May, 2021.

Housing Rehab

The Franklin County Regional Housing and Redevelopment Authority (FCHRA) is proposing to include Heath in their next round of Community Development Block Grant (CDBG) applications. The CDBG program provides no-interest deferred loans to income eligible homeowners to make improvements to existing conditions including energy efficient measures. The loans can be used for roofs, windows, insulation, heating systems, septic systems, electrical and plumbing system repairs, and more. For more information and to be placed on a waiting list, contact FCHRA at fchra.org or contact Jen Morrow at 863-9781 or jmorrow@fchra.org.

Meeting with Governor's Representative

On October 31, Select Board Chairman Brian DeVriese and Interim Town Coordinator Hilma Sumner met with Patrick Carnevale, the Director of Governor Baker's Western Mass Office. Among the items they discussed were the special legislation needed for Heath to join the Hawlemont Regional School District, the highway department's STRAP grant application, the \$1 million earmark for a new fire station, the debt exclusion bill, and the letter sent to our legislators regarding the other post-employment benefits (OPEB) money to be paid to Mohawk.

Open Meeting Law Training

In lieu of the All-Boards Meeting, the Select Board invited Town Counsel Mark Reich, KP Law, to give an Open Meeting Law (OML) training to all town boards, committees, and commissions on October 29. KP Law offered this training free of charge. Attorney Reich covered the Open Meeting Law extensively in his 2 ½-hour presentation. There was a lot of information presented, and the Board and other attendees gained some new knowledge. The Select Board will host an All Boards and Committees Meeting sometime in the future when all boards and committees will give an update on their activities after first posting their meeting and agendas in order to comply with OML.

Former School Building

The former school building is open and available for short-term use (parties, meetings, receptions, etc.) by residents of Heath, nonprofits, town committees and departments, and others. Applications and a fee schedule are available at townofheath.org. Click on Commissions and Committees and go to School Building Use Committee. Completed applications should be submitted to the School Use Building Committee, Heath Town Hall, at least ten days prior to the date you would like to use the building. Portions of the building are also available for long-term rental. Please contact the Select Board if you are interested in this opportunity.

Green Communities Grant

The Select Board has urged the Energy Advisory Committee to get the former school building added to the Green Communities Energy Reduction Plan application so that solar, lighting, insulation, and other energy-saving improvements could be considered for this town-owned building as well. We have contacted Energy Conservation, Inc. (ECI) to do an energy audit of the building as a first step to amending the grant.

Town Budget

The Select Board and the Finance Committee are meeting now to get an early start on the FY 21 budget. All the numbers will be looked at closely and with an eye toward savings.

Highway Department

The Highway Department personnel are now working five days per week, a change from their more recent four 10-hour day schedule.

REVERSE 911 CODE RED: ALL CALL

The reverse 911 system uses a list of town phone numbers to impart emergency and town-related information to Heath residents. This could include information on road closures, emergency preparations for a storm and what to do afterwards, or notifications of important town meetings. The system is used approximately four to five times each year. The Select Board urges every household to enroll in this vital system ASAP.

To add your name to the list, please contact Hilma Sumner, Town Coordinator, at 337-4934, extension 0 or email bos@townofheath.org.

Hawlemont School District Regional Agreement Passes

A Special Town Meeting was held on November 5 to act on several items, including an Article representing the next steps in finalizing our Regional Agreement with the Hawlemont School District for our pre-K and elementary level students. This measure passed, unanimously, moving us closer to our final goal of regionalization with Hawlemont to coincide with removal from the Mohawk Trail Regional School District, pre-K through sixth grade. Our thanks go to Budge Litchfield and Bob Gruen for their countless hours of work helping to make this regionalization possible. Their devotion to the education of the children of our town knows no bounds.

—Nancy Thane



Hobby Horse Bazaar #44

Saturday, December 7 • 9 a.m.—3 p.m.
Hawlemont Elementary School
10 School Street, Charlemont

**Join us for a day of holiday shopping featuring
items from local artisan crafters—plus,
music, kids' activities, raffles, and much more!**

Proceeds will benefit the elementary school students.

Obituaries

Michael Coe: Influential archaeologist helped unlock secrets of Mesoamerica



The anthropologist and archaeologist Michael D. Coe, whose work illuminated the earliest cultures of Mesoamerican civilization and inspired generations of scholars to follow in his path, died on Sept. 25 in New Haven, CT. He was 90 years old.

Coe, the Charles J. MacCurdy Professor Emeritus of Anthropology at Yale, was esteemed by friends and colleagues for his adventurous spirit, generous nature, and passionate scholarship.

Coe was born on May 14, 1929, in New York City. He received his Ph.D. in anthropology from the Harvard Graduate School of Arts & Sciences in 1959. During the Korean War, he served with the Central Intelligence Agency in Taiwan. He met his wife, Sophie, during a class on physical anthropology. At the time, she was an undergraduate anthropology student at Radcliffe College. The couple married in 1955 and had five children: sons Nicholas, Andrew, and Peter; and daughters Sarah and Natalie.

Coe was considered one of the most influential anthropologists of his generation. “Mike Coe spent his life breaking new paths in archaeology,” said Mary Miller, Sterling Professor Emeritus of History of Art, and one of Coe’s former students. “His work transformed our understanding of the cultural history of the Americas,” said Peabody Museum Director David Skelly, the Frank R. Oastler Professor of Ecology. “Beyond his own research, he was a wise and generous person who went out of his way to support the efforts of younger scholars.” [Deb Porter recalls; This included one of our own Heath School students. In 2012, a young boy upon hearing of the Mayan prediction that the world would end in December 2012, became understandably upset. Nothing helped to convince him otherwise until, upon request, Michael personally called the boy to let him know that on his authority, he had nothing to worry about.]

“He looked to Bali and to Venice for insights into Mesoamerica; he thought about the role of food in both elite and ordinary lives, and with special attention to the

Continued on next page

Michael Coe *continued*

luxury feast food of Mesoamerica: chocolate,” Miller said

After Sophie was diagnosed with cancer in March, 1994, Coe completed a book she had been writing, *The True History of Chocolate*, which was published in 1996 and is now in its third edition.

Coe was highly respected in his role being instrumental in deciphering Maya script. He was one of the first scholars to grasp the importance of studying inscriptions on ceramic vessels, which had been widely characterized as strictly ornamental. One of Coe’s final projects involved authenticating the Maya Codex of Mexico, which is the oldest book in the Americas. Each page of the 13th-century manuscript features a fearsome deity to demonstrate the malevolent nature of Venus.

“He was one of the most important archaeologists of the 20th century, with an enthusiasm for ancient American civilizations that lasted quite literally to his dying day. His flashes of insight had no parallel I know,” reflected Stephen Houston, the Dupee Family Professor of Social Science at Brown University.

Remembering Michael Coe

I was saddened to learn of Michael Coe's passing. Although I hadn't seen him at the Fair, my guess would have been that the fishing in some far corner of the world was just too good to leave. I think I was in my 20s when I first met him and Sophie through my parents. Michael and my dad enjoyed talking about Heath's history, with Michael being curious to learn more about this guy named Edward Calver whom he viewed as a sort of self-appointed town historian. Sophie, who began writing a history of chocolate, gave my dad a recipe for spruce beer that he included in his Benedict Arnold novel. Michael had an international reputation partly earned through his help in breaking the Mayan code. His book on that achievement reads like a detective story with scenes in a Russian scholar's basement study in Moscow. He loved to tell of once seeing a story from Heath on the TV news in Russia. It was about a moose courting a cow in Fred Crowningshield's pasture on A.L. Stetson Road.

He was devoted to the Heath Historical Society. For years he was the Society Historian and served on the Board. His generous donations included the protective shades in both the Old Town House and the Center Schoolhouse. With a group of Yale students, he led a dig one very wet summer at Fort Shirley. Included in this excavation was Bill Thane, of Heath, who, with

Michael's encouragement and guidance, constructed a scale replica of Fort Shirley, which is on display in the Historical Society's Center Schoolhouse. I will miss a gentle, humorous, adventurous scholar who loved Heath.

—Ned Wolf

President, Heath Historical Society

Cynthia Smith



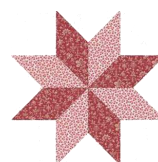
Cynthia A. "Cindy" (Cromack) Smith, 65, passed away at home on Thursday, October 24, after a three-year battle with cancer. Cindy was born on October 29, 1953, to the late Catherine (Burrington) and Bruce Cromack of Heath.

She will be dearly missed by her entire family: her husband of 38 years, Allan Smith; son

Nathan and his wife Marjorie "Maggie" (Shearer), and their two sons Rhett and Garth, of Colrain; and daughter Jennifer Smith and her partner Stephen Fernie, of Arlington, VA. She is also survived by her siblings Debra and Charles Washer of Shelburne, Weston and Karen Cromack of Bremerton, WA, Lisa and Norman Davenport of Shelburne, and Brenda and James Gallagher of Okeechobee, FL; numerous other cherished relatives; friends; and her dog, Elsa.

Cindy worked most of her career in accounting, starting her own company providing accounting and business services, in addition to helping to establish family-owned businesses. Cindy was also deeply committed to community service and believed in giving back wherever she could.

Her other great passion was quilting. Over the years, Cindy made scores of quilts for friends, family, and fun, and taught dozens of adults and young people—including her own children and nieces and nephews—to love sewing.



It was an awe-inspiring sight to walk into the church for Cindy's memorial service where every pew, and the walls, were covered with beautiful quilts that she had lovingly stitched. We sat on a dark floral one directly behind one clearly designed for a Red Sox fan."

—Nancy Thane

Carol-Anne Eldridge



Carol-Anne (Scharch) Eldridge, Ed. D. 82, passed away on October 16, after her courageous battle with cancer. Carol-Anne was born on May 14, 1937, in Groton, MA.

Carol-Anne got her MA in Education and her Doctorate in Computer Science at the University of Massachusetts. She spent most of her career as an educator, retiring after 25 years of teaching in the Nashua, NH school district. She was named to Who's Who in American Education in 1993.

Carol-Anne was a wife, a mother, a sister, a friend, and a Nana, survived by her husband, Elsom Eldridge Jr., her children Elsom Eldridge III, Mark Eldridge, and Beth Dakoulas, her sister Paula Taggart, and 10 grandchildren.

She loved being outdoors, and in the summer you could find her kayaking or walking the Oxbow Road in Heath, MA. In the winter you would find her at Mt. Snow in West Dover, VT, where she served as a ski ambassador for over 10 years. Over the years she was very active with her Church, the Springfield Choral Society, and the Heath Historical Society.

Carol-Anne:

Athlete, Scholar, Teacher, Musician, Friend

I first got to know Carol-Anne on a wild river in Vermont. It was March and there was still a foot of snow on the ground. Carol-Anne was one of the leaders of two-day training in solo white-water canoeing. She was completely unorthodox in her technique and steady as a rock. She'd slide down the rapids and slip around easy to the eddy behind a boulder and then call out encouragement to us novices as we made our white-knuckled way down. "Don't work so hard, Pam," she yelled, "go with the river." It was a lesson I never fully mastered.

Carol-Anne had a keen interest in history and genealogy. She researched her family extensively. I wonder if she came across any seafarers in her ancestry, because she was unflappable and completely at home on the roughest water.

—Pam Porter

Carol-Anne will also be remembered as a faithful chaperone for many years with the Heath Elementary School ski program.

—Deb Porter



Heath Union Church

The Rev. James Koyama, Minister
Dennis Ainsworth, Organist
Sunday Morning Worship 10 a.m.
Thursday Bible Study 5:30 to 7 p.m.

All are Welcome

Rev. Koyama is in town on Thursdays, with church office hours in the afternoon. Cell phone: 808-282-6711; Church phone to leave a message: 413-337-4019

Board of Deacons

Hilma Sumner, Chair, 337-4845; Claudia Ainsworth 624-8952; Dana Blackburn 413-221-0961; Victoria Burrington 337-4425; Walt Gleason 337-4479

Find us on Facebook: Heath Union Church.

Church building facilities are available for private events. Call Victoria Burrington at 337-4425

Church News

As the Advent season begins, we would like to share a few special events coming up this month. On Saturday, December 14 at 5 p.m., please join us for our annual Soup and Bread Supper to benefit The Good Neighbors Food Pantry. The dinner consists of homemade soups, with one vegetarian option, and homemade breads served cafeteria-style. Donations accepted, with 100% of the proceeds going to support the Good Neighbors Food Pantry. This event is a wonderful opportunity to visit with other members of the community and to share the spirit of the season. The winner of the raffle for the framed, signed print of Heath Center by Frederick Burrington will be drawn at this event, and there will be small hand-crafted items for sale to support the Deacon's fund, which is designated to help provide assistance to community members in need.

Our Candlelight Service will be at 5 p.m. on Christmas Eve, officiated by our own Pastor James Koyama. All are welcome for this very special service as we celebrate with special music and a gathering of friends and family. Come and experience the beauty and simplicity of our historic Heath Union Church by candlelight, as well as the fellowship within at this wonderful time of the year.

—Victoria Burrington

COMMUNITY CALENDAR

- Dec 6 20 **PRESCHOOL STORY HOUR**
10:30 a.m. at the Heath Library.
- Dec 7 **HOLIDAY CRAFT FAIR**
10 a.m. to 2 p.m. at the Heath Community Hall. Donuts, sandwiches, coffee/tea and so on will also be on sale downstairs in the Senior Center. See announcement on page 12.
- Dec 7 **HOBBY HORSE BAZAAR**
9 a.m. to 3 p.m. at the Hawlemont Elementary School in Charlemont. See announcement on page 19.
- Dec 14 **SOUP AND BREAD SUPPER**
5 p.m. at the Heath Union Church. Donations accepted to support Good Neighbors Food Pantry. Raffle drawing for Fred Burrington print to raise money for organ repair. See announcement on page 10.
- Dec 22 **SOLSTICE GATHERING**
3 to 5 p.m. at 18 Jacobs Rd in Heath, former Heath School building. See announcement on page 9.
- Dec 24 **CHRISTMAS EVE CANDLELIGHT SERVICE**
5 p.m. at the Heath Union Church
Please join, all are welcome.
- Jan 10 24 **PRESCHOOL STORY HOUR**
10:30 a.m. at the Heath Library.

**ONGOING CALENDAR****FOOT CLINIC FOR SENIORS**

Third Tuesday of each month at the Senior Center, downstairs in Heath Community Hall.

Contact Margo Newton at 339-8580 to set up an appointment and/or arrange transportation.

HEALTHY BONES AND BALANCE

Tuesdays, 11 a.m. to noon; Thursdays, 10 to 11 a.m. at the Senior Center, downstairs in Community Hall. This exercise program helps prevent osteoporosis and falls. For ages 55 and over.

SENIOR BROWN BAG LUNCH

First Thursday of each month, 11:45 a.m. at the Senior Center, downstairs in Heath Community Hall. Bring your own lunch, dessert provided.

SENIOR LUNCHEON

Third Thursday of each month, 11:45 a.m. at the Senior Center, downstairs in Heath Community Hall. A count is required by Monday before the scheduled meal. Sign up at the Senior Center, or call Margo Newton at 339-8580.

SENIOR OPEN ART

Mondays, 1 to 4 p.m. in the Senior Center, downstairs in the Heath Community Hall. Open to all. Contact Eileen Lively at 337-4742 with questions.

TAI CHI

Mondays, 10 to 10:45 a.m. upstairs in Heath Community Hall. Newcomers welcome! Suggested donation (\$5). Contact Lois Bascom, lola621@comcast.net for more information.

YOGA

Fridays, 9:30 to 10:30 a.m., downstairs in Heath Union Church. Led by Kate Peppard. Beginners welcome! Mats available. Suggested donations (\$5-10) accepted. Contact Kate at 617-669-4891 with questions.

Scheduled activities will not take place on holidays or days with school weather closures/delays.



HEATH TOWN OFFICES

1 East Main St, Heath MA 01346
Phone: 413-337-4934 Fax: 413-337-8542
www.townofheath.org

Town Coordinator, Hilma Sumner

bos@townofheath.org
Mon./Wed. 10 a.m. to 2 p.m., Tues./Thurs.
9 a.m. to 2 p.m., Fri. 9 a.m. to 1 p.m.

Selectboard, bos@townofheath.org

Tuesday 7 p.m., Sawyer Hall
Brian DeVriese, 413-337-5525
Robyn Provost-Carlson, 413-337-5316
Gloria Fisher, 413-337-6626

Town Clerk, Hilma Sumner

townclerk@townofheath.org
Tuesday and Thursday 9 a.m. to noon
Or call for appointment 413-337-4845

Accountant, Tracey Baronas

accountant@townofheath.org
Monday 9 a.m. to 2:30 p.m. (varies)
413-337-4934, ext. 5

Tax Collector, Elizabeth Nichols

taxcollector@townofheath.org
Monday 4 to 6 p.m.
or call for appointment 413-337-6665
413-337-4934, ext. 2 / Fax: 413-337-8542

Treasurer, Kristi Nartowicz

Monday 3:30 p.m. (varies)
knartowicz@gmail.com

BOARDS AND COMMITTEES

Board of Assessors

Wednesday 9 a.m. to 3 p.m. 413-337-4934 x 3
assessors@townofheath.org
Alice Wozniak, Assistant Assessor
Robyn Provost-Carlson
Heather Hathwell
Vacancy

Board of Health, 413-337-4934

Betsy Kovacs, Chair, 413-337-5346
Mary Sumner, Clerk
Armand Clavette
Henry Godek
Susan Gruen
John Palmer

Finance Committee,

Ned Wolf, Secretary, 413-337-4476
Ken Gilbert, 413-337-4461
Jan Carr
Kathy Inman
Alice Wozniak

Library Board of Trustees

Deborah Porter, Chair, 413-337-4715
Emily Cross, 413-337-4816
Maureen O'Malley

Planning Board

Calvin Carr, Chair, calvinccarr@verizon.net
Douglas Mason, Sec., dougmason@hughes.net
Robert Viarengo, viarengo932@crocker.com
Jo Travis, jtravis156@verizon.net
Bill Gran, whgran@gmail.com

Agricultural Commission

Jessica O'Neill, 413-339-4820
Doug Mason, 413-339-4756
Nina Marshall, 413-339-4756
Sean O'Neill, 413-339-4820
Haynes Turkle

Cemetery Commission

Jerry Gilbert, Central Cemetery, 413-337-4355
Claire Rabbitt, North Cemetery, 413-337-8309
Eric Sumner, South Cemetery, 413-337-5330
Matthew Lively, Sexton, 413-337-4331
Hilma Sumner, Burial Agent, 413-337-4845

Conservation Commission

Brian DeVriese, Chair, 413-337-5525
Dennis Peters, 413-337-4014
Bernard "Buck" den Ouden, 413-337-4002
Jessica O'Neill, 413-339-4820

Historical Commission, Heather Hathwell

COMMUNITY

Public Library, Don Purington, Director

Lyra Johnson-Fuller, Library Assistant
www.heathlibrary.org, heath.library@gmail.com
Monday 3 to 7 p.m., Wednesday noon to 7 p.m.,
Saturday 9:30 a.m. to 1:30 p.m.; 413-337-4934, ext. 7

Post Office Manager, Charlene Reynolds

Monday to Saturday, 9:30 a.m. to 1:30 p.m.
413-337-4934, ext. 4

School

MTRSD School Committee Representative

Budge Litchfield, 413-337-4957
Barbara Rode

Franklin County Technical School Representative

Art Schwenger, 413-337-4077

Hawlemont Elementary School

Lindsay Rodriguez, Principal, 413-339-8316

Town Nurse, Claire Rabbitt, RN

Office hours, Senior Center, 413-337-4847
Tuesday 12:15 to 1:15 p.m. and Thursday 11 a.m. to 1 p.m.; Voicemail: 413-337-4934, ext. 109
Home phone: 413-337-8309

Senior Center/Community Hall, 413-337-4847

Eileen Lively, Senior Coordinator, 413-337-4742

PUBLIC WORKS AND SAFETY

Animal Control Officer, Kyle Dragon. 413-768-0983,
or if not available, call Shelburne Dispatch
413-625-8200. All emergencies, dial 911.

Highway Department, Jeffrey Johnston, Road

Superintendent; 413-337-4462; cell, 413-406-4516

Police Department, John McDonough, Police Chief

Office hours: Tuesday 6 to 8 p.m. 413-337-4934,
ext. 108, or call Shelburne Dispatch at 413-625-8200
to have paged. All emergencies, dial 911

Transfer Station, Ken Erho, Attendant

Wednesday, 9 a.m. to 5 p.m. **all year**
Saturday, 8 a.m. to 4 p.m. **all year**

Volunteer Fire Department

Nick Anzuoni, Fire Chief, 413-337-4461, or 911 for
an emergency



Spring passes and one remembers one's innocence.
Summer passes and one remembers one's exuberance.
Autumn passes and one remembers one's reverence.
Winter passes and one remembers one's perseverance.

—Yoko Ono




Heath Online

Stay connected with what's happening in Heath.
Visit www.townofheath.org

Town Directory • Meeting Minutes • Community News
Upcoming Events • Emergency Announcements • and more

To contact the Selectboard, email bos@townofheath.org



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