



HEATH HERALD

Heath's First Newspaper

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Volume 43, Number 2

June/July 2021

Yesterday a child came out to wander

—Joni Mitchell



**Brody Eastman, Hawlemont
Regional Elementary School**



**Truman Long, Buckland
Shelburne Elementary School**



**Joseph Mason, Hawlemont
Regional Elementary School**



**Sofia Mason, Hawlemont
Regional Elementary School**



**Ketsliany Ivett Velez, Hawlemont
Regional Elementary School**



**Celebrating
Heath's
Class of 2021
Graduates!**

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On the Cover

Heath's sixth grade graduates. Dragonfly botanicals by Sofia Mason, Hawlemont Regional Elementary School's Class of 2021.

The Heath Herald Logo

The *Heath Herald* proudly features a reproduction of the original *Heath Herald* logo design by Harriet Read for the *Heath Herald*'s first edition in April 1979.

Payment Questions

If you have questions regarding payment, please contact Mary Sumner. Contact information above.

Correspondence

There are three ways to submit your letters to the editor, articles, and/or subscription forms:

- Send to our email address:
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- Send to our PO Box:
Heath Herald, PO Box 54, Heath, MA 01346
- Drop off at our Town Hall box: Residents can drop a letter or subscription form into the black box on the wall to the left of the post office boxes in the vestibule (no postage needed).

Submission Deadlines

January 5 for inclusion in February/March issue
 March 5 for inclusion in April/May issue
 May 5 for inclusion in June/July issue
 July 5 for inclusion in August/September issue
 September 5 for inclusion in October/November issue
 November 5 for inclusion in December/January issue

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The color photographs and images in each issue of the *Heath Herald* are funded by you, our readers. Through the sponsorship of generous individuals, we are able to showcase the vibrancy of life here in Heath in such a way as would not otherwise be possible. Consider becoming a \$25 Color Sponsor for an upcoming edition of the *Heath Herald*. Should you wish to add your support, be sure to note "Color Sponsor" on your check so that we can acknowledge your contribution in a future edition.



Congratulations to Heath's Graduating Seniors!

Will Draxler



Will moved to Heath just as he entered second grade at Heath Elementary. There he found a wonderful school community where he thrived, made good friends, and enjoyed Outdoors Club, Drama, all-school hikes, playing in the snow at recess, nature study with Ted Watt, and playing on the soccer team, basketball team, and

championship-winning baseball team.

In seventh grade, Will started at the Academy at Charlemont, where he once again found a nurturing, close-knit school community. There he was involved in sustainability, environmental, and food and gardening projects; was on the yearbook staff; used his photography skills to document school activities; played on the soccer and ultimate frisbee teams; and ran on the cross-country team, which won the league championship in 2019.

Outside of school, Will enjoys traveling, trail running, photography, hiking, backpacking, and kayaking. He is engaged in the Heath community and has volunteered at the Heath Farmers' Market and the Heath Fair, has built trails with the Department of Parks and Recreation, and has participated in the Heath Arts Exhibition.

Will plans to attend the College of the Atlantic in Bar Harbor, Maine, after taking a gap year to travel and gain some work experience.

**"Follow your passion.
It will lead you to your
purpose."**

—Oprah Winfrey

Keemen Ramirez



Keemen is graduating from Mohawk Trail Regional High School with membership in the National Honor Society and is then heading out west to attend the University of Northern California. He will be studying computer science and playing soccer. His hobbies include skateboarding and hiking. Keemen would also like to visit Spain.

Gavin Steele-McCutchen



Gavin was a graduate of Heath School, and then attended Mohawk, before moving on to Four Rivers Charter. He has graduated from Greenfield Commonwealth Virtual School and was dual enrolled at GCC where he took most of his classes. He was very fortunate to not be in traditional classes when

COVID hit the reshuffle button, as his transition was fairly straight forward. He's now planning to move to western Canada, either to the University of British Columbia or the University of Victoria. His focus is on environmental studies, and with both schools pushed against the coast by mountain ranges, he's looking forward to spending a lot of time outside working, and surfing!

(Continued on page 4)

(Heath's 2021 Graduates, continued from page 3)

Austin Sumner



Austin attended Heath Elementary, and will now be graduating from Mohawk Trail Regional this spring. Throughout his time in school, he has enjoyed hands-on classes and activities such as wood shop and science projects. In his earlier years, he was a member of the band and the baseball team. He was a member of the basketball team all of his

years at Mohawk. He is also member of the National Honor Society and has enjoyed working on school community projects. He loves to spend his free time outdoors doing yard work, hunting, and working on different farming activities. After graduation he will be pursuing a career in the electrical trade. He will be an apprentice electrician with Beckwith Electric in Greenfield. He has enjoyed his time in school but is looking forward to taking the next steps in his life.



**Mohawk Trail Regional
High School Graduation
Saturday, June 5, 2021 at 5 p.m.
Rain Date: Sunday, June 6 at 1 p.m.**

Due to COVID-19 social distancing measures, graduation will be limited to graduates and their families. Each graduate will be allotted a certain number of tickets, and graduates must register each ticket in advance.

For those unable to attend in person, graduation will be live-streamed. Consult the Mohawk Trail School web page at mtrsd.org for the information on how to access the link to view the event.

Annual Town Meeting and Election

Town Elections and Annual Town Meeting (ATM) were held on May 7 and 8 with COVID safety protocols in place. Elections were conducted indoors at the town building at 18 Jacobs Road and the ATM was held outdoors, under a tent, at the same location. The weather on Saturday was cold (in the 40s to low 50s), possibly deterring some from attending or staying for the full length of the better-than-four-hour ATM.

Forty-three percent (240 of 558) of registered voters cast a ballot for town officers and committee members, and 114 (20%) attended ATM. Results of the contested races are as follows:

- Susan Lively was newly elected to the Select Board
 - Mary Sumner was newly elected Town Clerk
- Filling three Finance Committee positions are Ned Wolf, Incumbent, Robert McGahan, and Tom Lively



All 23 Articles on the warrant were passed at ATM, with the funding levels for maintaining and running the facility on Jacobs Road and some changes to the town's Zoning By-laws engendering the most discussion.

Also discussed and debated were two citizens' petitions regarding town-owned properties. Citizens' petitions are meant to gather a sense of the will of the voters present but are non-binding on the Select Board. Related to these petitions, the Select Board has complete purview over the use and disposal of town-owned properties. The first, a request that the Select Board make every effort to make town offices, services, and buildings compliant with the Americans with Disabilities Act in the most cost-effective and timely way received universal support. The second petition, asking voters in attendance to require town municipal offices to be located in Heath Center in the two town-owned buildings, Sawyer Hall, and the Community Hall (listed, but not limited to, were the offices and services currently located in Sawyer Hall) was supported by a narrow margin.

—Nancy Thane



Nature Note

—Susan Draxler

Porcupines

Whenever I see a porcupine slowly waddling along the side of the road, I have to smile. These large lumbering rodents with their long, shaggy and spiky mane of fur and quills are quite a sight. They are known to fall out of trees, have poor eyesight, and make squeaky, grunting sounds when they eat. Despite their clumsy and comical appearance, they are well adapted for survival as evidenced by how common they are.



Porcupine eating. Photo: Alec Draxler

Their diet varies depending on the season so they are always able to find something to eat—from hemlock needles to sugar maple

buds, apples, the twigs and inner bark of many tree species, acorns and beechnuts. They are adept at climbing trees both to find food and to escape danger. They are gentle creatures that use the threat of raised quills, displayed on their rear end and tail, to keep potential predators at bay. Those that venture close will receive a hit of the porcupine's tail and end up with embedded quills. Their covering of barbed quills means that they don't have many predators besides fishers, but bobcats, coyotes, and great horned owls have all been found with embedded quills.

Though porcupines may not have fans among pet owners whose dogs have gotten quilled, or gardeners whose trees have been damaged by their gnawing, they serve a role in the woodland ecosystem. In addition to being part of the food web, their activities enrich the forest community. Trees that have had their bark gnawed eventually die and the resulting snags or deadfalls are the source of food and shelter for many species of wildlife. Their browsing prunes tree branches, allowing more light to reach the forest floor which aids the growth of understory plants and tree seedlings. And while feeding in the treetops, they inadvertently drop twigs, fruit, or

nuts to the ground, providing a meal for other animals.

Here's a little porcupine trivia: *Do you know what baby porcupines are called?* Porcupettes!

Heath Firefighters Pancake Breakfast

The meals sold like hotcakes at the Heath Firefighters Association Spring Drive-thru Pancake Breakfast held on May 1 at 18 Jacobs Road. 150 meals were served to Heath residents, as well as supporters from Colrain, Shelburne, and other area towns. After expenses, just over \$1,200 was raised to benefit the Association.

The Firefighter Association would like to thank its members who helped to make the breakfast a great success, as well as volunteers Hilma Sumner, Barbara Rode, and Margaret Freeman.

Special thanks go out to those who donated supplies for the breakfast, including: Andrew Kurowski and Meredith Wecker of the Benson Place (blueberries); Julie Sidon and Craig Gerry (eggs); Alli Thane (eggs); Ryan Bros. (maple syrup); Russell Donelson (maple syrup); Steve and Sandy Kinsman (pancake mix and silverware); Will and Anne Emmet (half & half); Cathy Tallen (napkins); Greg and Barbara Rode (pancake mix and eggs); Colrain Fire Association for running up extra sausage and more pancake mix in the final hour.

—Alice Wozniak



Doug Mason on griddle at the Heath Firefighters Pancake Breakfast



Aiden Weis, junior firefighter, on batter



Jack Dyer serving it up with a smile

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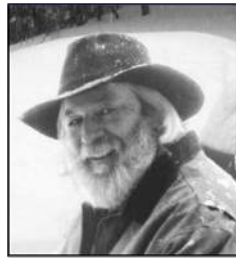


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Wild Ramblings

—Bill Lattrell

Old Fields and New Beginnings

The old field that I am crossing on this spring day has scattered saplings, shrubs, and many taller perennial plants such as goldenrod and asters; all evidence that the area is no longer mowed, grazed, or utilized for agriculture. And while some people might not like seeing agricultural land go fallow, I see this differently. In my mind I see it as an opportunity for the many wild creatures that will take advantage of this habitat.

I notice a curious dead-end stone wall that reaches toward the center of this old field. I sit on the wall and use it as a place to rest my legs. It appears to be a stone wall never completed. It even has a pile of moss-covered stones at the unfinished end, evidence of endeavors intended but not concluded. I think about who might have cleared this land and how it was used. Most of the land in our area was cleared in the early 1800's when all the laborious output, like felling trees was done with axes and crosscut saws. The trees were likely used for lumber, fence posts, and homestead necessities. Moving the trees was often accomplished with oxen, horses, or mules. In those days clearing land was a life-long activity. Acres of clearing took months, whereas today with modern equipment, acres of clearing may only take days. I remember reading an account written by an early settler where he talked about cutting the stumps low, near ground level, scarifying the earth in between each tree trunk and planting it with grass seed for pasture. It occurs to me that the work accomplished in those days was honest, difficult, and done with the intent that you would, at the minimum, survive, and at the most live a little more comfortably. Forests were converted to land that could be planted and used for pasturing. The settlers did what they knew how to do, and what they learned from their parents' parents' parents.... all who originated in some far-off land.

This old field has some features left behind by its former pasture use. Grasses, native to Europe and Asia, like timothy, quack grass, orchard grass, and red fescue

can still be found, but they no longer dominate the plant community. They have been replaced with an assortment of plants, both native and non-native, that broadens the habitat value of the field. Rough-leaved cinquefoil hugs the ground in sunny areas. Bracken fern, interrupted fern, and sensitive fern are found in swaths oriented from east to west in random areas, but nearer to the edge of the field. Large areas of goldenrod and asters dominate the center portion of the field, and a few milkweed plants can be located in the higher and dryer ground, where sun and well drained soils favor this plant.



About eight years ago, a few shrubs began to appear, primarily gray dogwood and elderberry. Now gray birch, poplar, and yellow birch saplings seem to be

working their way into the forest from the northern edge of the field where an area, perhaps pasture 100 years ago, has turned into a mixed hardwood and conifer forest.

Plant succession (the transition of plant communities from one type to another) has long fascinated me. The natural world seems to have an aptitude for returning land converted to human use back to its original purpose. Unmown old fields allow grass to collect and form a thick herbaceous thatch that rodents use for cover and food. These rodents are used as forage by larger raptors, reptiles, and mammals. Over time, perennial forbs find their way into the old fields, populating the area with plant species that support an essential insect community, many of them pollinators, which in turn makes good forage for all kinds of other animals that predate the insects. Some plants, like milkweed, are even critical for particular species like monarch butterflies. It is all of these natural interdependencies that fascinate me. That the natural landscapes and ecosystems seem to have no trouble reestablishing themselves after human use is encouraging. It provides hope that our natural systems still have an integral resilience, a will to survive and thrive for the well-being of our planet.

I find this meadow to be meditative. Songbirds sing. Dragonflies flying about produce a subtle whirring sound. A light breeze rustles the remaining dead plant material from last year's growing season. The rustling sound is mesmerizing. The underlying grass is turning green, in fact, is already emerald in a few moist loca-

tions. And along the edge of the old field, chipmunks chatter, likely warning others of my presence. If I sit here long enough, it is possible I will get a glimpse of a red fox in search of voles and field mice. I am where I need to be at this moment.

It occurs to me that my life's work, both at home and in my employment, has thrust me into the natural world. I have been very fortunate to have formed this intimate relationship with nature. But still, I know I have much to experience, much to learn, and much to tell others. This long journey hopefully has yet another significant distance to cover.

It is time to get back to the homestead, and so I walk to the south edge of this old field before looking back for one last glimpse. I see a new world. I see hope in our planet's future. As I turn my head back to the direction I am travelling, I notice that a variety of seeds, like beggar ticks and burdocks, have attached themselves to my clothes, hitchhikers in the truest sense of the word. I am an unintended party to the master plan of plant migration, and in some small way I am contributing to its future.

I can think of nothing that pleases me more.

—Bill Lattrell

Spotted Around Town



Red Foxes

—Art Schwenger



Tension in the air between hawk and robin



Litter Stinks!

Trash recently picked up along Avery Brook Rd. Please do not litter or dump illegally. And if you see someone littering, please report it.

—Sandy Gilbert

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Library Lines

—Donald Purington

We are looking forward to reopening the library this summer (actually, welcoming you back inside the building!), after we work out a plan with the Select Board and Board of Health. It will be different from before, certainly, with safety precautions such as masks and social distancing, but it will be wonderful to see you inside again!

Until then, the library takeout window at the front of Sawyer Hall is open Monday 2 to 7 p.m., Wednesday 2 to 5 p.m., Thursday 2 to 6 p.m., and Saturday 2 to 5 p.m. Request materials by calling 337-4934, ext. 7, email heath.library@gmail.com, or come to the window and we will help you find what you want. Please wear a mask when you come to the window.

A Few of the New Items at the Library

Use the New Titles link on the Library website heath-library.org to see all the new items added to our collection in the previous two weeks.

Fiction Books for Adults: *Of Women and Salt* by Gabriela Garcia, *A Gambling Man* by David Baldacci, *Hour of the Witch* by Chris Bohjalian, *People We Meet on Vacation* by Emily Henry



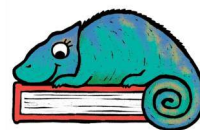
Non-fiction Books for Adults: *At Home in the Village* by Carol Purington (see a selection of Carol's verse at left), *The New Homemade Kitchen* by Joseph Shuldiner, *World Travel: An Irreverent Guide* by Anthony Bourdain

Audiobooks on CD: *Tidelands* by Phillipa Gregory, *An Anatomy of Pain* by Dr. Abdul-Ghaaliq Lalkhen

Books for Young/Teen Readers: *Wildlife According to Og the Frog* by Betty G. Birney, *On the Nature Trail: What Will You Find?* by the Editors of Story Publishing

Children's Picture Books/Boardbooks: *Astro Girl* by Ken Wilson-Max, *Birds* by Kevin Henkes, *The Rock from the Sky* by Jon Klassen

DVDs: *All Creatures Great and Small*, *News of the World*, *Soul*, *Mister Rogers Meets New Friends*



Summer Reading at the Heath Free Public Library

Greetings summer readers! We're kicking off another great summer of reading this June with the theme of "Tails and Tales." Families can come by and pick up a reading log to keep track of the books they read, then turn them in later in August to receive Boswell's Books gift certificates, prizes, and free raffle chances. Email or call us at the library with book requests and to sign up. We also have children's magazines, audios, music CDS, and DVDs ready to check out. We are happy to get materials you are looking for through inter-library loan, if not available in our collection. In Heath, we are lucky to have two children's library collections in town. Awaiting approval are some outdoor programs we hope to offer to families, including a Story Walk in the North Woods at the former school and a Poetry Walk for adults in the Heath Center Park, where we will learn more about some "tails" in our area. Please check with Lyra or Don at the library in June to learn more about summer programs. We thank our sponsors, Friends of the Heath Library, Heath Cultural Council, and the Collaborative Summer Library Program for their support.



Save the Date!
103rd Heath Fair
August 21 and 22, 2021

This year, HAS will host a two-day fair and, for health and safety reasons, we encourage online ticket sales. On-site ticket sales are anticipated, but we ask anyone who is able to pre-buy tickets online to please do so.

Volunteers Needed

See page 15 for details or email info@heathfair.org



Green Thoughts

—Pat Leuchtman

Cecropia Moth— Largest Native Moth in North America

The importance of pollinators in our own gardens and in public gardens cannot be over emphasized. Pollinators are vital to a healthy environment. However, I am now learning about a beautiful moth, *Hyalophora cecropia*, that is *not* a pollinator.

The Cecropia moth is the largest native moth in North America. It is a member of the giant silk moth *Saturniidae* family. They get their name from the silkiness of their cocoons. Like many creatures, they are endangered; it is important that we become aware of the importance of protecting native creatures and plants.

I was introduced to these beautiful moths by my friend Susan. She has an expert Cecropia-loving friend who mailed her approximately 25 Cecropia eggs in late May of 2019. Most of those eggs hatched and the tiny caterpillars began the cycle of eating apple leaves from a tree in Susan's yard, and growing through five stages of development called "instars." I was fascinated when Susan told me Cecropia caterpillars are called 'gregarious;' "Sometimes three to five caterpillars may feed closely on the underside of a leaf. They seem to seek each other, to be close to each other," she said.

My husband, Henry, and I went to visit the following year. We started at the wood, screen, and hardware cloth box that her son made. The box was built to keep the caterpillars safe from predators. We saw several branches with cocoons that were attached to the inside of the box. I actually thought the cocoons were dried leaves because of their irregular shape and color. They had been there all winter. The Cecropia moths were hatching, a few every day—first the males, mostly, and then the females. Male moths emerge in the morning and early afternoon, and by dusk are ready to take flight. One cocoon had just hatched, and we saw the new Cecropia moth pumping up its wings.

Susan explained that in the fall Cecropias go into the cocoon phase which is called "diaphase." A change occurs that morphs the caterpillar in a pupa. The cocoon, which has three layers, protects the future moth from the

brutal temperature and weather (winds and ice) of winter.

One cocoon had just hatched and we saw the new Cecropia moth. I had never seen a Cecropia, which has beautiful and unusual coloring of white and gray and reddish brown. I was surprised by how fuzzy it seemed.

By mid-August, each caterpillar reaches a point where it finishes eating plant material and starts to construct a cocoon from which it will emerge as a moth the following spring. The sole purpose of the adult stage is to mate and lay eggs. Adult moths cannot eat, so if they don't get scooped up by a bird first, they will die within two weeks.

Susan is very aware of her surroundings: the plants she tends and the creatures that visit her garden. She does not use chemicals of any kind. She mentioned that other caterpillars, such as black swallowtails, may be found on parsley and dill in the garden, but they do little damage and should not be killed. I understand her reminder. Swallowtail butterflies are so beautiful that I have always been willing to share my parsley and dill with their caterpillar form.

Since people are becoming more interested in pollinator plants and pollinator insects, I think we will become more aware of the benefits and the beauty that these, and many other insects such as the Cecropia moth, bring to our gardens, and to our environment.

—Greenfield Recorder, *Between the Rows*, 7/4/20



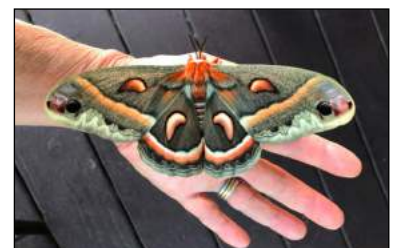
Cecropia moth caterpillar for scale



The caterpillar sheds its skin and eats it (instar 3)



Cecropia moth with clear view of its body



Female Cecropia moth



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—Claire Rabbit, RN

Blister Care



Blisters can happen any time, but activities inherent to the summer season can increase the risk. This is how to take care of a water blister as written in the March 2019

Mayo Clinic Health Letter:

When a water blister develops, the first step is to avoid what caused it. Then it is a matter of protecting the blister until your skin heals. If, however, you have a condition that makes wound healing difficult, see your doctor.

If the blister isn't too painful, leave the fluid-filled bubble intact. Unbroken skin over a blister is a natural barrier to infection. Protect an intact blister by covering it with a bandage. If more protection is needed, cut a piece of thicker, cushioned padding, such as moleskin, into a doughnut shape and place the pad so it encircles the blister. The pad can then be covered by a breathable bandage.

For a painful blister, you can drain the blister with these steps:

Clean—Wash your hands and the blister site with soap and warm water. Swab the blister area with rubbing alcohol or iodine, and sterilize a clean needle the same way.

Puncture the blister—Using the sterilized needle, poke a few holes near the blister edge. Let the fluid drain, but keep the skin covering otherwise intact as a protective barrier.

Protect the blister—Apply an ointment such as petroleum jelly or zinc oxide, and cover the blister with a bandage.

Keep an eye on things—Check the blister each day for signs of infection, and seek medical care if an infection appears to be developing. You can usually cut away the dead skin after a few days, using a pair of sterilized tweezers and scissors.



Call for Artists

Save the Date
Heath Arts Exhibition
Sept. 4–11, 2021

All Heath residents who make art in any medium are invited to participate in the Fifth Annual Heath Arts Exhibition. Artists may exhibit up to three works that have not been shown in prior years' exhibitions. If you have not participated before, contact Harry Hallman at the email address below to request registration materials. If you have shown in previous years, you will receive 2021 registration materials by mail, providing the exhibition is not cancelled due to COVID-19 restrictions.

Contact Harry Hallman @hwhallman@icloud.com

The Art of Fred



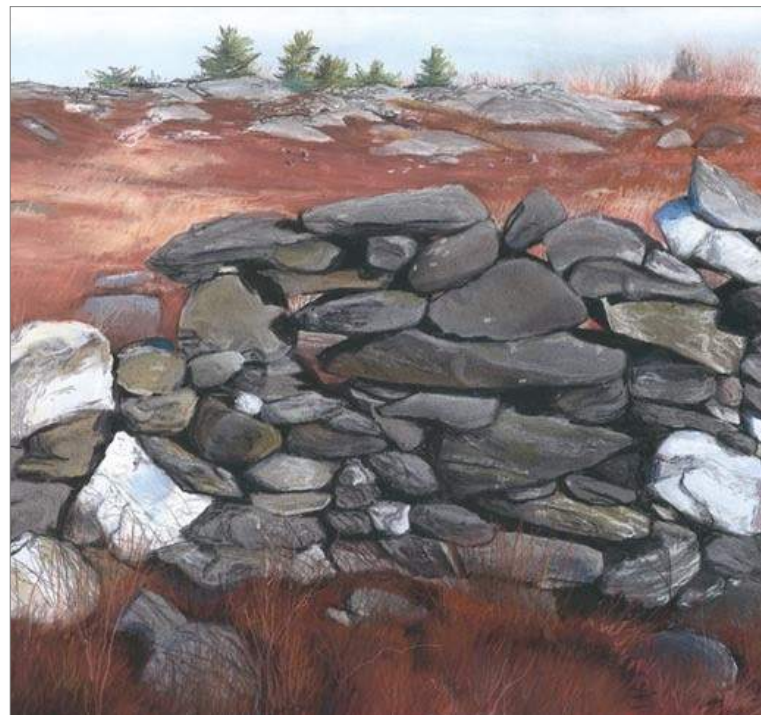
Artist Frederick Burrington is a seventh-generation Heath resident. He describes Heath as an endless source of inspiration, where the deep roots of agricultural process and traditions come from an encompassing reverence for the land. Fred hopes to preserve his experiences and relationships for future generations who have yet to discover this beautiful place. The Artist works in many mediums—Watercolor, Pastel, Oil, Ink, Graphite, Color Pencils, and others. We hope you enjoy this sampling of his work. For more information, contact burringtonstudio64@gmail.com



Past Tense ©2020 pastel



Untitled ©2017 watercolor



Stones ©2019 pastel

erick Burrington



Gathering ©2010 watercolor



Sunset at Benson Farm ©2019 pastel



The Way We Love to Eat

—Deb Porter

When I began thinking about this month's column on "The Way We Eat," my husband, John, and I were camping in Florida. During the pandemic, camping has become very popular and I thought it might be fun to have the recipe this month come from some of my fellow campers. However, walking through the campground, I realized again just how much camping has changed since we first started camping in our small family tent 40 years ago. In the campground, over the years the tents have become small campers, the small campers have become RVs, and the RVs have gotten bigger and bigger. People have ovens and gas grills, refrigerators, icemakers, microwaves, blenders, and even air fryers. To most, camp cooking looks pretty much the same as home cooking. As I walked along, someone was making stuffed shells, someone else was baking a cake, another grilling swordfish. Even though many campfires were burning, no one was cooking on them.

At one point we were given two bluefish that someone had just caught. We just fried them up with a little butter, salt, and pepper, no recipe needed, and that was when it occurred to me that the best camp food really needs no recipe. It usually consists of simply looking at what you have and what you need to use up, and figuring out what you can make in one pot so you don't end up with a pile of dishes. It never tastes the same each time, but it is always delicious because you are eating it outside and you are on vacation. So it turns out that the recipe for this issue is a "no recipe needed" one.

My favorite breakfast on this trip was when John chopped up a leftover piece of red pepper with the last wedge of an onion, a little leftover celery from our picnic at the beach the day before and the end of a tomato he found at the bottom of the fridge. He sautéed them all in a little oil, dumped in four eggs and scrambled the whole mess up. If he had had bacon, he would have added that too; (Bacon frying still remains one of the most tantalizing smells in a campground). He served this with potatoes, which had been fried in the same pan, and toast done on one of those old-fashioned camp toasters with the wires that hold the bread over the flame of a camp

stove. Perfect.

Full disclosure, although we do not have one of those big RVs, we do camp in a small pop-up trailer equipped with a small microwave, a refrigerator, a gas camp stove and electricity, which allows us to cheat a little—our one pot is often an electric fry pan. We are not cooking over a fire, and we are not really roughing it anymore. But the beauty of cooking with no recipe and one pot is that you can do it in any way you want, over a fire, on a small Coleman stove, or in an electric frypan, and it all tastes good. Camp cooking allows you to get creative but is simple enough to leave you plenty of time for the important things: biking, swimming, hiking, reading on the beach, and all the things that you went camping to enjoy. So, bon appetit—or more importantly, Happy Trails.



Deb Porter, our traveling food correspondent, saving time in Florida for "the important things."

HEATH FOOD PANTRY

Now Open for the Community

Monday–Thursday, 10 a.m. to 4 p.m.
Building Entrance at 18 Jacobs Road, Heath

This is a small-scale, non-perishable pantry.

**Take what you need,
Leave what you can.**

Non-perishable food items and monetary
donations are welcome.

For information, contact Lyra Jonson-Fuller
at 337-4059.

Masks are required.



Heath Agricultural Society News

With herd immunity and COVID vaccination rates growing, and state guidelines adjusting to meet the new normal, all things are pointing to a 103rd Heath Fair for 2021! That is right, so mark your calendars for the third weekend in August for a TWO-day Heath Fair. Yes, two days: August 21 and 22. The Heath Agricultural Society (HAS) is planning a two-day event because of the rigor it will take to hold a fair that is safe for volunteers, vendors, exhibitors, and the public. Considering the new rules and responsibilities that we will be adhering to, and recognizing we have a shrinking volunteer base and some significant leadership gaps to fill, a two-day fair feels doable! And let's face it, two days is better than no days.

So, get excited, because, barring any unforeseen circumstances, you can now look forward to your Heath Fair in 2021! What have you missed the most? The live-stock shows (poultry, rabbits, sheep, and goats)? The horse, truck or tractor pull, or the ox draw. Or maybe the live music and speakers' tent? Or have you been drooling for fried dough with maple cream, fresh-cut French fries and fresh-squeezed lemonade? The Fair may be abbreviated, and there will be some events/attractions that are not possible in 2021, but HAS will do its best to usher in the 103rd Heath Fair, Aug 21 and 22.

This year, we will be offering online ticket sales but also anticipate on-site ticket sales. We encourage anyone who is able to pre-buy tickets online in order to minimize time spent at the ticket gate and the handling of cash by our volunteers.

As always, WE NEED YOU to help make Heath Fair 2021 a reality. We need dedicated volunteers willing and able to commit to prepping for and running the Fair this year. Does that sound like you? If so, don't hesitate. Email info@heathfair.org to let us know and thanks!

HAS members are working to shore up our volunteer base and secure volunteers for leadership positions. Event guidelines are being drafted according to state standards and readied for Board of Health approval. The Fairgrounds will need a good sprucing up this spring and summer, and we are always in need of volunteers willing to get their hands dirty at an old-fashioned work-bee.

So, please keep abreast of all the news, and get involved. Board meetings occur on the second Monday of the month from six to seven (we are still meeting virtually, phone-ins welcome). Get meeting details and sign up to volunteer by emailing info@heathfair.org. Remember, we cannot hold a fair without our volunteers.

Stay safe, and we'll see you at the Fair,

—Jessica O'Neill,
Heath Agricultural Society President

Just a Few Heath Fair Photos from the Past to Whet Your Whistle





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or you can order from our
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Heath Broadband Update

Heath's new fiberoptic network started serving customers on April 5! A handful of test-case homes "went live" to test the system and provide feedback. Within days several additional homes had service installed and were enjoying high-speed broadband. The roll-out schedule intends to provide service to all Heath subscribers by the end of this calendar year. So, what does this mean for you? The construction project divided the Town into four fiber service areas (FSAs) or groups of roads in town. While weather delays were experienced for FSA2, below is the current projected installation schedule.

FSA 1	AL Stetson, Bellor, Brunelle, 323-713 Rte. 8A, Groll, Jacobs, Number 9, Sadoga, State Farm, Stone Hill, Sumner Stetson, Underwood Hill, W. Branch	June—July
FSA 2	Branch Hill, 3 Colrain Stage, Dell, 81-291 Rte. 8A, Judd, Knott, Ledges, Long Hill, Rowe, Royer (except #18 in FSA3), Sherman, W. Main, 1 E. Main	Will be complete, including underground installations by end of June
FSA 3	Avery Brook, Bassett, Bray, Burrington, Center Heath, Col- rain Stage (except #3 in FSA2), E. Main, Flagg Hill ext., Hosmer, Ingraham, Ledges (remaining portion), Royer (#118), School- house, South, Swamp, Taylor Brook, Town Farm, W. Hosmer	September— October
FSA 4	Mohawk Estates	November— December

Suggestions to Get Ready for Your New Broadband Service

- Determine where you want the router and ONT (optical network terminal) box installed. Typically, the broadband fiber enters your house the same way electric and phone service would enter. The router should be located in a central location on the ground floor in order to provide wi-fi broadcast throughout the house. You'll need a place near an electrical outlet. The ONT is attached to a wall and the router can sit on a shelf. If you plan to sub-

scribe to OOMA digital phone service, the small OOMA phone base can sit on a shelf and will also need to be plugged into electric service.

- If you don't have a whole-house generator, consider purchasing a UPS (uninterrupted power supply) to plug your router into. The size of the UPS unit you purchase will determine how long your router will remain with power in the event of a power loss. There is a flyer with more details on this subject at townofheath.org on the Broadband information web page.

- Research the streaming services that you might want. Some TV streaming is free; other services can cost \$5 per month or more. Netflix, HBO, PBS, Disney, and DirecTV offer variously priced streaming packages for you to continue watching the shows that you want. There is a flyer about streaming services on the Town's broadband information web page. You can subscribe to streaming services on the internet through your computer or cell phone, or directly from your smart TV.

When you have broadband service you can cancel subscriptions to Verizon DSL, DirecTV and satellite internet. If you subscribe to OOMA phone service, you keep your current phone number. Your current digital telephones should work with the new OOMA phone system. It takes a week or so for the phone number to be ported over from Verizon to OOMA, so don't cancel your Verizon phone until you know this has happened. Once the phone number is in the OOMA system, you unplug the phone line that connects the phone to the Verizon wall jack, and connect it to the OOMA base instead, then you are good to go.

*It should be noted that Verizon customers are reporting that Verizon is charging \$92 per month for phone-only service. OOMA through WiredWest costs Heath Broadband customers \$19.99/month.

—Broadband MLP



ANNOUNCEMENT

There is a new section to the Town of Heath broadband website called "**Broadband Information for Heath Residents**." It is a "virtual kiosk" where you can find informative downloadable files such as a graphic to show how fiber connects to your home to provide internet. There is also a flyer explaining what "streaming" is about. Visit the virtual kiosk at:

<https://townofheath.org/g/49/Broadband-MLP>

Mohawk Trail Concert Series

With some changes in format and venues, the Mohawk Trail Concerts will hold its 51st summer concert season June 13 to July 31, 2021. The eight concerts will all be held outdoors, and in three locations. This year, the concerts are all free, with attendees welcome to bring their own chairs, blankets, or picnics. Performers at the Montague Center ballfield will play on a trailer, with listeners sitting in the round, under trees. The Bandshell in Shelburne Falls has excellent acoustics and lots of space to spread out picnic blankets. The Steinway grand will be in the coffee room at the Federated Church on Main Street in Charlemont. Five large windows and a door will be wide open so the audience outside on the East lawn can hear the beautiful strains of the Steinway. All information on the concerts, including last-minute details regarding weather, is available at our website: mohawktrailconcerts.org.

The first three concerts will take place at noon at the Montague Center ballfield, with the second at 5 p.m. at the Bandshell at the Buckland-Shelburne School in Shelburne Falls.

The opening concert, on Sunday, June 13, features string sextets by Dvorak and Brahms, in a collaboration of the Adaskin String Trio and the Elm Chamber Players.

June 19, with a June 20 rain date, will feature the Rasa String Quartet, from Boston, performing works of Mendelssohn, Florence Price, and Amy Beech.

On June 26, rain date June 27, we will have the Adaskin String Trio with Thomas Gallant, oboe, performing works of Beethoven, Fiala, and Berkeley.

The next four concerts, offered once each, will take place on the East lawn of the Charlemont Federated Church. Times vary.

July 4, at 4 p.m., with a rain date of July 3, we will feature our traditional Jazz concert with John Clark, horn, and special guest Rob Peck, juggler.

July 10, rain date July 11, at 5 p.m. we will feature pianist Jiayan Sun performing works of Schubert and Chopin.

July 17, rain date July 18, at 5 p.m., Masako Yanagita, violin, and Estela Olevsky, piano, will perform works of Beethoven, Liszt, and Florence Price.

On July 24, rain date July 25, at 5 p.m. the Hirsch-Pinkas Piano Duo from Boston will perform works of Barber, Rachmaninoff, and Milhaud.

Finally, on July 31, rain date August 1, at 5 p.m., come enjoy *Pandemonium with Tinky and Jerry*, a selection of popular songs featuring the Diva of Deliciousness, Tinky Weisblat, with Jerry Noble, on piano.

Obituaries

Edmond Croteau



Edmond J. "Ed" Croteau, 65, of Heath, died April 24 at Baystate Medical Center in Springfield.

Ed was born in Springfield, MA, on February 4, 1956, the son of Edward and Helen (Carney) Croteau. He was the foster child of Theresa and Cleon Peters. Ed was a graduate of Smith

Vocational High School and the Hallmark Institute.

Ed was an appliance repair technician for Belval Refrigeration for many years.

He is survived by two daughters: Carrie Croteau of Shelburne Falls and Amy Croteau of Greenfield; his foster mother Teresa Peters of Heath; a sister, Crystal Griswold of Halifax, VT; a half-sister, Melanie Stevens, of Florida; three grandchildren; his former wife, Susan Burrington, of Shelburne Falls; and many extended family members and close friends.

Ed was predeceased by his foster father Cleon Peters; brothers Glenn Lippard, Mike Peters and Gary Seagran; and a sister, Sheryl Valego.

Raymond Galipo



We were sad to learn of the death of Raymond Galipo on April 5, 2021. Ray was born in Heath on February 10, 1941. He was the brother of Theresa Peters and son of Nora and Francis Galipo. After graduating from Charlemont High

School, he served in the Army for several years. Ray returned to Heath in 1978 with his first wife Pamela and three daughters to become the road boss for the town of Heath. At the same time, he and Pam owned and operated Peters' Store. In 1985, Ray moved to Wilmington, VT with his second wife, Susan.

Ray loved animals and being outdoors. He had a team of horses and enjoyed logging. In his later years, he and his wife Susan owned and operated the very popular Clam Shack in Wilmington.

Raymond was predeceased by his parents Nora and Francis; sisters, Margaret Bartlett, Yvonne Allan and Ezilda Streeter; brother Gerald Galipo; and former wife Pamela.

Continued on next page

(Obituaries, continued)

Ray Galipo (cont.)

He is survived by his wife Susan; and daughters, Sheri Moore (John), Sandi Garvie, and Shelli Senecal (Todd); sisters Theresa and Anna Mae; brother Arthur; grandsons Justin and Jason; and many aunts, uncles and cousins.

Dorothy Liberator



Dorothy L. (Hanley) Liberator "Dotty," of Heath, passed away peacefully on April 7, 2021 at the age of 89. She was the wife of the late Andrew D. Liberator.

The seventh of eight children, Dotty loved telling stories about growing up in a large family in Brockton, MA. Upon graduating from high school in 1949, she worked at Raytheon in Waltham, MA, and later at H.A. DeNunzio, Co. in Somers, CT, where she married Andrew D. (Andy) Liberator. Together they raised three wonderful children: Dan, MaryAnne, and Sarah. Dotty was a lifelong devoted Catholic and was active in her church. She was quick-witted and had a contagious laugh. Dotty loved to sing, and was known for randomly breaking out into song. But nothing made Dotty happier than spending time with friends and family.

Dotty is survived by her children, Dan Liberator and his wife Lori of Phoenix, AZ; MaryAnne McSparran and her husband P.J. of West Dover, VT; and Sarah Liberator of Seattle, WA; as well as three of her seven siblings, and several nieces and nephews.

The Liberator and Hanley families express their heartfelt gratitude to the staff at the Buckley HealthCare Center in Greenfield for the wonderful care they provided to Dotty. They would also like to thank her best friend, Eileen Herman, and her entire family for their friendship, care, and support over the years.

Dorothy Stetson



Dorothy J. (Lee) Stetson, 90, died April 4 at the Buckley Healthcare Center in Greenfield. Dorothy was born in Greenfield on September 21, 1930, the daughter of Lucius and Everlyn (Newhall) Lee. She graduated from Arms Academy in 1948, and married Kenneth A. Stetson on June 9, 1951.

They spent their married life in Heath.

Dorothy loved to spend time in the kitchen, always baking rolls and cookies for family and friends.

She is survived by her daughters, Karen Duda and husband Ronald of Whately, and Kristi Nartowicz and husband Charles (Sonny) of Heath; four grandchildren, Kevin Duda and wife Tristan of Wayland, Kenneth Duda and wife Katelyn of Conway, Bradlee Nartowicz and wife Heather of Sterling, and Carly Nartowicz and husband Peter Bassett of Bernardston; five great grandchildren, Austin and Bryce Duda, Charlotte Duda, and Lyla and Hunter Nartowicz.

She was predeceased by husband Kenneth A. Stetson, her parents, and her brother Bert Lee.

The family wishes to thank the staff at Buckley Healthcare Center for taking such good care of Dorothy in her final months.

In Memoriam, Dot Stetson

Growing up in Heath meant knowing Dot in many different roles. She was my school bus driver for six years, carrying kids to and from Branch School on Route 8A. Being of similar age to her own two daughters meant she was another one of the Heath 'moms' that helped raise a new generation in town. Her door was always open for her children's friends and she always encouraged us to spend time playing games and using the backyard pool. What a treat on a hot day! Visits also involved a snack of homemade cookies from Dot's kitchen.

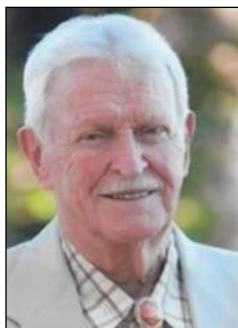
In my teenage years I witnessed Dot working in the church and community for the benefit of others. She was dedicated to the work she began and could be seen diligently sewing or baking for sales to raise money for charity. Several times a year groups would hold a public dinner during which Dot was one of the workers wiping beads of sweat from her forehead as she cooked over the hot stove in the Community Hall preparing food that would be served to others. Year after year Dot could be seen doing what she could to keep Heath a community of which she could be proud. Dot was one of the many people of the older generation of residents who did whatever she could to help encourage the youth of her community.

—Hilma Sumner



(Obituaries, continued)

David Howland



David F. Howland, age 95, passed away on April 28, 2021. David was a long-time resident of Heath.

Dave served in the U.S. Army during World War II from March, 1944 through May, 1946. Upon returning home, he attended St. Lawrence and Hofstra Universities earning a BA degree in 1950. He married the late

Margaret Elaine Clapp of Floral Park, NY, on March 28, 1948.

Dave held positions in the Human Resources field in small and large businesses and college administration. He was the first Personnel Officer at Amherst College, and received an Honorary Master's Degree from that institution in 1980. In cooperation with the University of Massachusetts Credit Union, he and the other Personnel Officers of the Five College Consortium initiated the UMASS Five College Credit Union. He served as Assistant Business Manager for Mount Holyoke College, and as Benefits Manager at Smith College, from which he retired in 1990.

Dave participated in local government affairs for over 50 years in Windsor, CT, Amherst, and Heath, where he served on the Finance Committee and as Selectman. He was active with matters involving the Mohawk Trail Regional School District, the construction of the Heath Elementary School, and the development of the Franklin Regional Council of Government. He also served as Business Manager and Treasurer of The Academy at Charlemont, as well as serving on its Board of Trustees.

He and his late wife of 72 years, Margaret, were active members of the Heath Historical Society. Dave was a member of the Society of Mayflower Descendants, the Warren Cousins, the Sons of the American Revolution, and the American Legion. He was a descendant of Henry Howland, brother of John Howland, the Pilgrim.

Dave was a life-long avid tennis player, and became an Associate Instructor of the United States Professional Tennis Registry at the age of 70. He coached tennis for several years at The Academy at Charlemont, and gave private lessons at his home court.

He is survived by his son, David Howland and his wife Carol; his daughter, Martha and her husband Norman Rose; and several grandchildren.

In Memoriam, Dave Howland

Dave Howland was the last member of the Greatest Generation that I knew well. That generation, of course, fought and won the bloodiest conflict (so far, at any rate) of human history, World War II. Those who survived came home, reestablished their lives, and created the longest period of sustained prosperity and civic peace that this country has ever known. We will not see their like again.

I first encountered Dave in 2002, when we closed on the purchase of Myrifiield, which had been Dave and Pegge's home for the previous quarter-century. He was kind and cooperative about the transition, and a great help to Margaret and me in the early stages of the house's restoration. In the process of that work, we discovered pictures of Dave at the helm of a large tractor clearing back the bushes that had been about to engulf the property after the years of neglect that had preceded the Howlands' ownership. Without Dave's yeoman labors, we would not have had a house to restore.

Later I helped Dave produce two self-published books, *A Snippet from the Greatest Generation* and *The Chronicles of Patriot Abel Sprague*. As I edited these works, I discovered that Dave had been profoundly affected by his military service in Germany—but, typically, in our conversations he never made a big deal out of it. Dave was a patriot in a very old-fashioned way: proud of his country, proud of its founding principles, proud of its heritage. He was also quietly proud of his family's history. He was a member of the Sons of the American Revolution and the Society of Mayflower Descendants, interests that led him to take a leading role in the establishment of the Heath Veterans' Memorial in the center of town.

Dave was a constant and constructive presence in the governance of Heath. He served for many years on the Select Board and the Finance Committee and asked me to run as his successor on the Finance Committee. In the course of nine years' service, I had many occasions to seek his counsel, which he gave me without insisting that I always follow it. Our town is much the better off for the years of his leadership and influence.

Dave Howland was, in the phrase of the Polish-British novelist Joseph Conrad, "one of us." Throughout the nearly two decades that I knew him, he exemplified the kind of quiet integrity and steadfastness of purpose that inspired the high regard in which he was deservedly held. Margaret and I will miss him greatly.

—Don Freeman



Heath Union Church

Neil Stetson, Interim Pastor
Dennis Ainsworth, Organist
Sunday Morning Worship at 10 a.m.

All Are Welcome

Church services are conducted in the sanctuary each Sunday at 10 a.m. and are available for anyone to join, either in person, through internet, or by phone. Links for joining remotely are as follows:

- Internet: <http://join.freeconferencecall.com/dainsworth5>
- Call-in number: 1 (712) 451-0441. Access Code: 841540#.

Church phone to leave a message: 413-337-4019. For further information, contact a member of the Board of Deacons:

Hilma Sumner, Chair, 337-4845 • Claudia Ainsworth, 624-8952 • Dana Blackburn, 413-221-0961 • Victoria Burrington, 337-4425 • Walt Gleason, 337-4479

We are now in our second season of a garden where none had been. Year One brought lots of stones, tree roots, with a large portion shaded by a huge tree. Year Two comes after a deep fall plowing, bringing more and larger rocks, roots, and abundant sun with the removal of the tree. The fence is back in place to discourage deer, rabbits, and turkeys.

As I was planting peas, I recognized once again that despite all my labors, after I plant these seeds, I can't make them sprout. That is up to the Lord. As Psalm 104:4 says, "You [God] cause the grass to grow for the livestock, and plants for people to use."

So also, in our everyday lives there are stones to pick; tasks that *are* under our control. Then there are things over which we have no input. As I pondered this, I thought how my peace of mind would improve if I could remember this and discern which is which!

I can and should watch what I eat, get enough exer-

cise, and live moderately. But I have no control over the number of my days. Yet, I think more about the number of days than those things that I can control.

"As I was planting peas, I recognized once again that despite all my labors, after I plant these seeds, I can't make them sprout. That is up to the Lord."

We all are called to be a good neighbor, to watch out for others, to be kind, fair, and compassionate. I confess I fret more over what others are doing.

I've never had a problem asking the Lord to pick my rocks, while I foolishly squeeze a seed to make it grow. Now to get that balance in the rest of my life. Join us each week over the phone, via internet, or in person in a COVID-safe manner, as we explore together finding this balance.

—Neil Stetson, Interim Pastor



	<p>Eggs for Sale \$3 a dozen No contact pick-up Alli Thane, 337-4852</p>
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	<p>ADJUSTMENT TO POST OFFICE HOURS</p>
<p>The Heath Post Office hours for conducting retail business have changed to 9:30 a.m. to 1:15 p.m. After 1:15 p.m., there will be no sales of postage for stamps, outgoing packages, or money orders. There will also be no sales of Transfer Station permits or stickers.</p> <p>From 1:15 to 1:30 p.m. the Post Office will remain open for pick-up of delivered packages only.</p> <p>This change is instituted by the managing USPS office to allow staff time to complete daily reporting.</p>	

Important Notice:

Due to COVID-19, many events usually listed on Ongoing Calendar have been postponed. For updates, check notices around town—the outer room of the Town Hall, the Transfer Station—or the town website at townofheath.org

Community Calendar

- June 13-July 31 **Mohawk Trail Concert Series**
See page 18 for performances, dates, times, and locations
- Aug. 21, 22 **103rd Heath Fair**
See page 15 for details

HEATH INDOOR HOT SPOT

Adult use of high-speed internet is now available indoors at 18 Jacobs Road.
Hours: Monday–Friday, 8:30 a.m. to 3 p.m.
Reservations and walk-ins welcome.
For information, see page 18 or visit townofheath.org



Mindfulness for Hilltown Kids June through July 2021

Hilltown youth are invited to join Kate Peppard, yoga instructor, for a series of six hour-long sessions on mindfulness practices this summer. Kate will explore myriad tools and methods to help kids of different ages survive and thrive in various life situations. The program will be held outdoors, and all that is required is a blanket and a yoga mat. Mats can be provided, if needed.
For more information or to register, email Kate at kate@highlandyoga.studio



Ongoing Calendar

Community Yoga

Online classes are happening now!
Contact Kate at kate@highlandyoga.studio
Check out the website: www.highlandyoga.studio




High-speed Internet Access

Town Center and at 18 Jacobs Road, the former Heath school building.

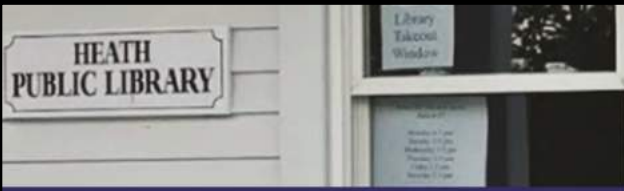
Foot Clinic

For residents age 60 and older, and those with foot-related health problems. This has resumed on a month-to-month basis. Contact Eileen Lively for information and to make an appointment, at 337-4742.



Don't Neglect Your Feet

The Heath Foot Clinic is available to all residents age 60 and older, and those with foot-related health problems.
For information and appointments, contact Eileen Lively at 337-4742.



Reading is the Window to the World

Heath Library Window Hours:

Monday: 2 to 7 p.m.
Wednesday: 2 to 5 p.m.
Thursday: 2 to 6 p.m.
Saturday: 2 to 5 p.m.

A world of books, audiobooks, movies, and so much more awaits.

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Heath Town Offices

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Phone: 413-337-4934, Fax: 413-337-8542
www.townofheath.org

Town Coordinator, Hilma Sumner
bos@townofheath.org
Mon./Wed. 10 a.m. to 2 p.m., Tues./Thurs.
9 a.m. to 2 p.m., Fri. 9 a.m. to 1 p.m.

Select Board, bos@townofheath.org
Tuesday 7 p.m., Sawyer Hall
Brian DeVriese, 413-337-5525
Robyn Provost-Carlson, 413-337-5316
Sue Lively, 413-337-4061

Town Clerk, Mary Sumner
townclerk@townofheath.org
Tuesday and Thursday 9 a.m. to noon
Or call for appointment 413-337-4934

Accountant, Dave Fierro
accountant@townofheath.org
No regular hours
413-337-4934, ext. 5

Tax Collector, Elizabeth Nichols
taxcollector@townofheath.org
Monday 4 to 6 p.m.
or call for appointment 413-337-6665
413-337-4934, ext. 2 / Fax: 413-337-8542

Treasurer, Melanie Medon
Monday 4 p.m. or by appointment
treasurer@townofheath.org

Boards and Committees

Board of Assessors
Wednesday 9:30 a.m. to 4 p.m. 413-337-4934, x3
assessors@townofheath.org
Alice Wozniak, Assistant Assessor
Robyn Provost-Carlson
Heidi Griswold, Anne Emmett

Board of Health, 413-337-4934
Betsy Kovacs, Chair, 413-337-5346
Mary Sumner, Clerk
Armand Clavette, Henry Godek, Susan Gruen,
John Palmer, Gene Garland (ex-officio)

Finance Committee
Will Emmet, Tom Lively,
Bob McGahan, Ned Wolf,
Alice Wozniak

Library Board of Trustees
Deborah Porter, Chair, 413-337-4715
Emily Cross, 413-337-4816
Maureen O'Malley

Planning Board
Calvin Carr, Chair, calvinccarr@verizon.net
Douglas Mason, Sec., dougmason@hughes.net
Robert Viarengo, viarengo932@crocker.com
Jo Travis, jtravis156@verizon.net
Bill Gran, whgran@gmail.com

Agricultural Commission
Jessica O'Neill, 413-339-4820
Doug Mason, 413-339-4756
Nina Marshall, 413-339-4756

Sean O'Neill, 413-339-4820
Haynes Turkle

Cemetery Commission

Jerry Gilbert, Central Cemetery, 413-337-4355
Claire Rabbitt, North Cemetery, 413-337-8309
Eric Sumner, South Cemetery, 413-337-5330
Matthew Lively, Sexton, 413-337-4331
Hilma Sumner, Burial Agent, 413-337-4845

Conservation Commission

Brian DeVriese, Chair, 413-337-5525
Dennis Peters, 413-337-4014
Bernard "Buck" den Ouden, 413-337-4002
Jessica O'Neill, 413-339-4820
Henry Josephson

Historical Commission

Jayne Dane, Chair, Susan Gruen, Nina Marshall

Community

Public Library, Don Purington, Director
Lyra Johnson-Fuller, Library Assistant
www.heathlibrary.org, heath.library@gmail.com
See page 22 for Window Hours; 413-337-4934 ext. 7

Post Office Manager, Charlene Reynolds
Monday to Saturday, 9:30 a.m. to 1:30 p.m.
413-337-4934, ext. 4

Schools

MTRSD School Committee Representative
Budge Litchfield, 413-337-4957
Barbara Rode, brode@mtrsd.org, 413-337-5352
Franklin County Technical School Representative
Art Schwenger, 413-337-4077
Hawlemont Elementary School
Lindsay Rodriguez, Principal, 413-339-8316

Town Nurse, Claire Rabbitt, RN,
Office hours, Senior Center, 413-337-4847
Tuesday 12:15 to 1:15 p.m. and Thursday 11 a.m. to 1 p.m.; Voicemail: 413-337-4934, ext. 109
Home phone: 413-337-8309, Nurse@townofheath.org

Senior Center/Community Hall, 413-337-4847
Eileen Lively, Senior Coordinator, 413-337-4742

Public Works and Safety

Animal Control Officer, Kyle Dragon, 413-768-0983,
or if not available, call Shelburne Dispatch
413-625-8200. All emergencies, dial 911

Highway Department, Jeffrey Johnston, Road
Superintendent; 413-337-4462; cell, 413-406-4516

Police Department, John McDonough, Police Chief
Office hours: Tuesday 6 to 8 p.m. 413-337-4934, ext. 108, or call Shelburne Dispatch at 413-625-8200 to have paged. All emergencies, dial 911

Transfer Station, Ken Erho, Attendant
Wednesday, 9 a.m. to 5 p.m.
Saturday, 8 a.m. to 4 p.m.

Volunteer Fire Department

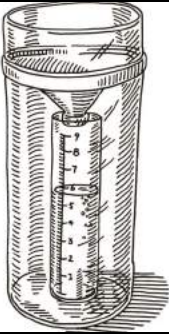
Nick Anzuoni, Fire Chief, 413-337-4461, or 911 for an emergency. Email; Heathfire@townofheath.org

Emergency Management Team, EMT

Tim Lively, Sheila Litchfield, BOH, Select Board

The happiness of most people is not ruined by great catastrophes or fatal errors, but by the repetition of slowly destructive little things.

—Ernest Dimmet



WEATHER MONITOR WANTED

The *Heath Herald* is seeking a volunteer to monitor the precipitation in Heath. The monthly data that is collected will be published in each issue of the *Herald*.

If you are ready and willing to weather this responsibility, please contact us at theheathherald@gmail.com.



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Heath's First Newspaper

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