



HEATH HERALD

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Heath Herald Volunteers**Editorial Staff**

Managing Editor: Nancy Thane, nancythane@yahoo.com, 413-337-5580
 Soliciting Content: Deb Porter, debporterhenry@gmail.com, 413-337-4715
 Graphic Design: Rachel Grabelsky, rachel.grabelsky@gmail.com, 413-337-8513
 Layout: Cathy Tallen, tallen@valinet.com, 413-337-5770

Business Management

Bookkeeper: Cindie Garland, cindiegarland@yahoo.com
 Subscriptions and Advertising: Mary Sumner, msumner13@verizon.net, 413-337-5330
 Special Projects: Elissa Viarengo, elivialove@gmail.com

Copy Editing

Jack Estes, estesja@gmail.com

Technical

Nina Hofkosh-Hulbert, theheathherald@gmail.com
 Website: Nina Hofkosh-Hulbert, nina.hh1@gmail.com

On the Cover

Vintage truck gracing the field of the late Carroll Stowe on Sumner Stetson Road. Photograph by Cathy Tallen.

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 March 5 for inclusion in April/May issue
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The Woodlot

by Carroll Stowe

Originally published in the *Heath Herald*, April 2004

As one listens to the radio, reads a newspaper, or watches the television, it becomes very clear that, for some people, sports are the only thing that matters. If I had excelled in any number of various sports activities, I could perhaps share others' enthusiasm. But I don't, and never did, so I must seek my sport in another field; namely, the woodlot.

As the fall season presents itself, I start to budget my time to deliver various wood orders, not the least of which is for our household. When the woodlot has been gleaned of the cut and split wood for fuel, I have to plan to re-create those absent woodpiles with some new ones.

This is where my sport comes from. I enjoy cutting wood, always have and always plan to enjoy doing so. I like to see the woodpile grow with each added stick. The making of a pile of wood entails a number of operations. If, as in my situation, one first has to clean up some blown down trees, your first piles will naturally be made in a close proximity to where these trees tipped over with roots still attached.

All wood lots are alike, and all are different. While one might cut a mixture of hardwoods such as ash, beach, oak, white and yellow birch, soft and hard or rock maple; ours is mostly sugar or rock maple.

The tree is on the ground and you've decided where to start a pile, so measure off the length of wood to be cut and start at the treetop and work back towards the stump as you cut. I perhaps should explain that you start measuring from the top. As you clean out the top and pile the brush, starting to block it up from the tip end, often you can take advantage of a bit of high ground that may keep the small end somewhat supported. This helps to keep the saw bar and chain from becoming pinched in the cut. There will be places where it will be necessary to cut up from the underside of the log. As you work, you will find yourself always evaluating your next move. No one *never* gets a saw pinched in the cut, but with careful study it will occur less often.

The tree is now blocked up in the proper lengths, so lay a pile bed of as straight as possible limb wood, block up where it could sag as the snow melts, and start to split the blocks. In my situation I use an axe or a splitting hammer and wedges.

With straight-grained wood, a rather blunt axe works

well. Pile the wood as you split, and you keep your area clean as well as get a rest from splitting. It takes a lot of sticks of wood for a cord, so it goes rather slowly. I feel that frozen wood splits better because it is already expanded so by striking it with an axe or maul it just seems to pop open.

As the days become longer, I will work a while early in the morning before going to work. It's most pleasant to enter the woodpile before full daylight and work up perhaps a dozen blocks to add to the pile. Sometimes a chickadee will come to entertain me with its antics, or I'll witness a spectacular sunrise. It's a labor of love along with a little nature study and, if I figure my time right, perhaps a cup of coffee before work.

I try to put one end of the pile against a tree to support the wood as a pile increases in height. It isn't always possible to work both ends of the pile against a tree, so you can do what's called "cobbing one end." As your pile grows, you cross pile that end, three or four sticks one way, and three or four the other. The wood has to be uniform to make a good cob end. Short, blocked wood piled against a tree is rather difficult to make stay because when the wind blows, it works the tree and pile; and then the snow melts, and the next thing you know you've got a pile to redo.

A hardhat worn while felling a tree is a good practice, as dead limbs don't care whose head they hit. On a cold day, a pail of hot coals will keep the chill out of the wedges used for splitting. They'll stick more easily in frozen wood.

If anyone is interested in watching a woodpile grow bigger, I am pleased to show them how to hang up a tree or how not to split a tough stick. In my lifetime I haven't inherited much wealth or fame, but I did inherit from my grandfather Stowe the love of splitting wood. His woodpiles were pure artistry; mine are just woodpiles.

As a little boy I remember seeing Dick Giard's father chopping wood perhaps a quarter mile away from where I stood. I could watch as he swung his axe and could not figure out why it was a few seconds before the sound of the strike reached me. Later in life I came to realize that the distance governed how long it took to hear the sound. Thus, the reason for a long-ago comment of hearing the sharp strike of the chopper's axe on a cold winter's morning and seeing an honest man and his labors.

May the building of a woodpile always be a pleasant experience.



Fifth Annual Heath Arts Exhibition Celebrates the Art of Connection

Art connects us more deeply to ourselves, our community, and the world around us. For the fifth year, Heath artists joined together to present the Heath Arts Exhibition held in the Heath Community Hall, September 4 through 11, on the historic Heath Center Common.

The reception, held on Sunday, September 5, from 2 to 4 p.m., included an opportunity for members of the community to meet the artists, tap their toes to live music, connect with friends and neighbors, and enjoy refreshments.

The exhibition brought together artists of wide-ranging ages and diverse backgrounds to share works in oil, pastels, watercolors, acrylic, glass, wood, fiber, photography, and more. All Heath residents, from budding talent to well-known professionals were invited to participate.

While works of art delight the eye and stimulate the mind, they also represent the spirit of creativity and inclusiveness that contributes to making Heath a vibrant community throughout the year. The works of art on display captured beauty and evoked emotions but their importance goes far beyond that. The urge to connect with others and the longing to create are at the core of what makes us human. The Heath Arts Exhibition not only shares stimulating works of art, but also celebrates the creativity that connects all of us in an often fragmented and rapidly changing world.

The Heath Arts Exhibition was supported in part by a grant from the Heath Cultural Council, a local agency supported by the Mass Cultural Council, a state agency.

—Jean Gran



Photos by Art Schwenger

Thank you to all of the artists who participated in the Fifth Annual Heath Arts Exhibition

Bob Bourke
Frederick Burrington
Robert Dane
Catherine Dauer
Don Dekker
Barbara June Gordon
Jean Gran

Julianne Hallman
Harry Hallman
Suzanne Hannay
Lyra Johnson-Fuller
Henry Josephson
Kara Leistyna
Eileen Lively

Christine Luis
Sofia Mason
Auriel Nalbandian
Scott Prior
Art Schwenger
Juliet Seaver
Nancy Thane

Laurel Thorndike
Bob Viarengo
Del Viarengo

Special thanks to Bruce Phillips, Bob Bourke, Tim Lively, Jason Erali, and John Palmer for their donations of time and energy.



Welcome Kate Barrows, Heath's New Library Director

Kate Barrows comes to us with a rich and varied background. After graduating in 1999 from the University of Connecticut with a BA in Ecology and Evolutionary Biology, she completed a master's level program in Curriculum and Teaching through Fitchburg State College and is currently working toward Library Certification. Her work experience has included being a seamstress in the interior-design industry, teaching pre-school in Connecticut and Virginia, and becoming certified in special education. After moving to the "Heath-side" of Colrain with her family in 2006, Kate taught in the Greenfield School system until 2014: "Some of my time teaching was before Sam was born and he's currently 12 years old. I took about a year off around his birth, worked full time a few more years, and then left teaching when he entered Kindergarten."

It was not Kate's original intent to become a librarian. However, growing up in the small town of Falls Village in northwestern Connecticut, with her mother volunteering at the town library and later becoming its director, Kate practically lived at the library. She has fond memories of the many activities and programs that took place there, "including summer mornings when my mother played children's movies from an old film projector on a screen." Kate "did a little bit" of volunteering at the library, "but I think I mostly lounged around, reading my way through the Juvenile Fiction shelves!" Her civic involvement involved "participation in the student council at my elementary school and supervising visiting hours at the town's historic one-room schoolhouse in my teens."

Kate volunteered her skills to Colrain's school and public library, eventually becoming its assistant librarian. She currently serves as the Colrain representative on

the Mohawk Trail District School Board. Her long-standing activities in local small-town civic life led Kate to consider "how best to serve residents' hopes and needs and develop my own leadership skills in contributing to community life."

"Liking to learn new things and discovering the connections between people and the places they live," Kate sees coming to Heath as another new venture for her "to help the library continue to grow as a comfortable place for social connection and learning." She is interested in discovering "what it is that people love about our town library."

Kate's plans include evaluating the collection in order to "create a balance between creating a comfort zone and encouraging people to try new materials and programs." She appreciates the welcome she's received in Heath and looks forward to welcoming everyone in turn as the library continues to "promote the health, safety, and well-being of the community."

—Margaret H. Freeman

Thank you, Keith Sherman



Heath native Keith Sherman with a special citation awarded to him by the Massachusetts Senate in recognition of his service to the country and his work with Gold Star families. The award was to be presented to Keith at the Heath Fair on Sunday;

however, due to the cancellation of the Fair, it was presented to him privately.



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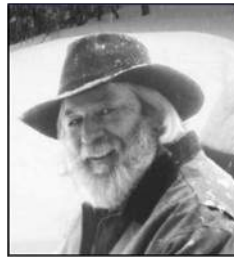


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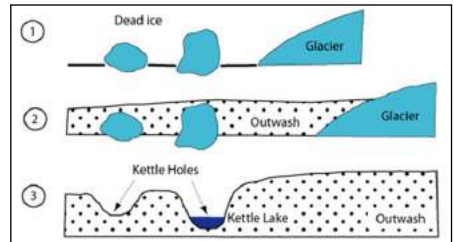


Wild Ramblings

—Bill Lattrell

Forever Grateful

Wetlands have occupied a large part of my life. As a child, our house was surrounded by kettle swamps: vegetated, isolated wetlands (many of them tens of acres in size). These were formed during the period of glacial melting as they moved north. Random blocks of ice left behind became surrounded by sandy outwash from the disappearing mountains of ice. Shortly thereafter, the ice blocks melted and left large depressed areas filled with water. These areas are often referred to as *kettle ponds* (see diagram). Over the next several thousand



even more organic matter. Eventually, as the organic matter accumulated, and water became shallow, emergent wetland plants were established. Extended periods of drought occurred allowing water-loving shrubs and trees to become established. Over millennia, the trees were exposed to severe storms: ice, hurricanes, straight-line high winds associated with major weather fronts, and possibly even tornados. Trees were toppled, leaving root ball islands throughout these kettle swamps. Eventually the root balls decayed into mounds of earth separated, at times, by water in these swamps. It was on these small islands, usually less than 100 square feet in size, that I spent a large part of my childhood.

My early years were severely tumultuous. I sought refuge and spent many a day in the nearby swamps, often settling in on one of these islands. I spent my time inventing stories, observing the natural environment around me, and even occasionally bringing along a book to read. I never imagined that my early exposure would lead to my life's work. As a child I had never heard of either an ecologist or a wetland scientist. It was

beyond even my already vivid imagination.

It was in these wetlands that I witnessed many first-time experiences: my first snapping turtle (who crawled up onto an island with me not three feet away), my first water snake, my first bobcat (carrying a bullfrog in her mouth), my first observations of how plants changed from season to season, and my first realization that nature could provide me with safe haven.

My grandfather once asked me, when I was about ten years old, where I had been when I showed up at his house with my trousers wet beyond the knees and high-bush blueberry twigs sticking out of my hair. I told him I'd been exploring one of the many swamps in our area. He paused for a moment and then said, "Be careful out there... it can be dangerous... but there is much to learn about life in those swamps." I was surprised he didn't scold me, but I suspect he knew I was struggling and was trying to find my way. He then added "it is a good place to find yourself." These proved to be prophetic words.

As a teenager, I spent less time in the swamps, preferring to hang out with my friends. Still, there were days when I'd walk the perimeter of one of the swamps just because it was there. It was like going home. It was familiar. It made me comfortable. It brought me peace. My friends and I would often camp near these wetlands simply to get away from our parents. For some of them this was their first real move towards independence. For me it was revisiting my past, both the good and the not-so-good.

During my college years, I still remained engaged in lots of outdoor activities: hiking, canoeing, orienteering, long wilderness trips, and simply hanging out alone and with friends in various wild settings. I knew at that point that I was never going to get too far away from the natural world.

After college, I worked with disadvantaged youth using high adventure and wilderness challenges to get them to face their fears, and to use those experiences to meet life's trials. I am still in touch with many of those people to this day.

Somewhere along the line I recognized that I needed new challenges, so I went back to graduate school to study ecology and natural resource management. During my graduate studies I became reconnected with wetlands while doing some data collection for a class project. Being immersed, literally, in a swamp brought me home. I was where I needed to be. As an adult I now understood that the refuge I sought as a child was the beginning of

who I was to become.

For the next 38 years I worked in and with wetlands: I have defined their limits for protection. I have identified wetland plants and animals for preservation. I have worked with wetland soils and hydrology to preserve their integrity. I have worked with many conservation commissions to preserve one of our most precious resources. I have studied wetlands throughout every state in New England. I have also worked in the states of New York and South Carolina. I have also been fortunate to have spent a large amount of time in northern Canada where wetlands are still prevalent and pristine. Every single time I entered a wetland, I learned something new and was able to use the new knowledge to help protect our natural world. I was among the first group of scientists to get proclaimed nationally as a Professional Wetland Scientist by the Society of Wetland Scientists, and recently became one of the first to be identified as a Senior Professional Scientist.

Fortunately, I never limited myself to wetland environments. I have spent a good deal of time studying forested environments. The land that my wife and I occupy is surrounded by thousands of uninterrupted acres of forest. We both spend large amounts of time wandering, enjoying, and studying our environment.

I have been an ecology instructor at the The Conway School for 32 years where I have taken graduate students into many different types of ecosystems helping them to understand ecosystem systemics so that they can utilize the knowledge as part of their future design and planning efforts. I likely have learned more from my students and the other faculty members than anyone has learned from me.

But do you know what is the most amazing and most precious part of all of this? That as a child who struggled every single day, I found that the natural world could nurture me throughout my entire life. From refuge to recovery to resilience, this wonderful planet has revealed to me the greatest secret in life: love for all living things. And for that I am forever grateful.

Note: This article was inspired by my recent retirement from the field of ecological consulting. After 38 years I have closed my business, but I will continue to teach for one more year. I will never retire from learning about our wonderful planet.

—Bill Lattrell

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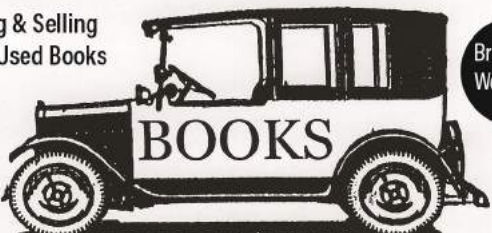
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Town Nurse

—Claire Rabbitt

Memory

Mental abilities do change with age just as there are changes in vision, hearing, balance, and strength. It may be more difficult to recall names, faces, and places you haven't visited lately, or where you parked your car or put something such as your car keys. According to the chapter on *Challenging Your Brain* in Mayo Clinic's book, *Healthy Aging*, there are things you can do to develop good memory habits. Starting with a healthy lifestyle of good diet, physical exercise, and getting enough sleep, some changes to everyday habits are suggested to improve memory.

Mayo Clinic has a ten-day intensive outpatient program called, "Healthy Action to Benefit Independence and Thinking" (HABIT). Most of us won't have the opportunity to attend the program, but one of the "tools" that participants are given is a memory-tracking calendar. This would be a system to help you organize and remember appointments and tasks. Choose a calendar system, according to your preference, that you can take with you everywhere such as a smart phone, paper date book, or tablet computer.

Most information could be placed in three categories separated by sections:

1. Events happening at a specific time, such as appointments, meetings, webinars, gatherings.
2. Tasks that need to get done, like home chores and taking medications.
3. Contact information for people in your life.

You should include a short journal or notetaking area where you can record important events, such as phone messages, as they happen. Check off tasks such as taking medications as they are completed. If you think you can skip this step, think again. Adjust your calendar as needed so it works for you.

Something to put on your calendar: Call Claire Rabbit to schedule appointment for flu shot.

Since we are still using COVID precautions, I will not hold a clinic, but will schedule people to come to the office separately starting in October. It does not have to be during my office hours. Call me at 337-8309.



Nature Note

—Susan Draxler

Winter Predictors

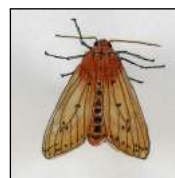
Woolly bears are on the move! With many of us wondering what weather is in store for us this winter, can all the woolly bears we are seeing give us any clues? For instance, a woolly bear caterpillar moving in a southerly direction foretells a mild winter, but if they are moving northward, we are in for a chilly one. And the wider the black band on the caterpillar, the colder it will be. Actually, neither of these is true, but they are both fun bits of folklore to think about as we notice the changes in the natural world that indicate that winter is on its way.



Woolly bear caterpillar

The amount of black on these caterpillars is more likely a function of their age. As they grow and molt their skin, as all insects do, they seem to get progressively more black bristles than orange. And regardless of what direction the woolly bears are traveling, their goal is to find a sheltered and cozy location to overwinter. This results in their ending up in all sorts of interesting places. They can be found in a woodpile, in the leaf litter in flower beds, in the corner of a garage or cellar, in flowerpots, and even in shoes left outside.

Woolly bears can survive freezing temperatures with the help of a natural antifreeze they produce called glycerol. In the spring they emerge from their dormancy and resume eating a wide variety of plants before creating a silky cocoon from which an adult tiger moth emerges in late spring. The woolly bears that we usually see are banded woolly bears which are the larvae of the Isabella tiger moth, an attractive yellowish orange moth with black markings. As these are night-flying moths, most of us don't get to be as familiar with them as we are with their well-traveled fuzzy caterpillars.



Isabella tiger moth



Heath Agricultural Society News

The 103rd Heath Fair may have been one day only, but it was a grand day and a wonderful way to welcome back the Fair and reconnect with the community. Hurricane Henri caused the Board of Directors to cancel Sunday, cutting the planned two-day event to one. While the decision wasn't easy, the reason to cancel was clear. Our duty is to keep animals and people safe and that is what we did. The Directors held a meeting to discuss the options and were not willing to risk harm to animals or humans in getting livestock (or themselves) to and from the fairgrounds.

I can say without hesitation that we made the absolute most out of our one-day Fair on Saturday. The weather held and people filled the grounds and followed guidelines related to COVID-19. The Commissioner of Agriculture, John Lebeaux, visited the Fair and complimented us on our preparedness—noticing our signs and sanitation, masks, and recommendations.

I couldn't have been prouder of the volunteerism that made this year's fair possible. So much thought and planning went into it, and we were ready to welcome our community back to the fairgrounds to enjoy livestock, tractors, trucks, arts, craft, music, and more. While I toured the Commissioner around the fairgrounds, he talked to young exhibitors, farmers, and to fair superintendents. He asked them about their families and their farms. We discussed the potential for the State to fund fairs again like they used to, supporting infrastructure and premiums. He said something towards the end of our visit that stuck with me: "Fairs like this one are going extinct."

What the Commissioner said may be true, but just like with any species that is on the brink of extinction, there are measures we can take to prevent it. The lifeblood of rural agricultural fairs like the Heath Fair is the volunteer base. I want to say a great BIG thank YOU to all the volunteers who spent time in meetings and who readied the grounds, who helped with set-up, took on leadership roles, said yes to showing up to help out on the day of, and who helped break down the Fair before the storm hit on Sunday. We absolutely couldn't have

done it without you.

Fair reflections: I heard from one person that, "We needed this... that it was great to see people happy and smiling again." I heard another person tell me that while they've been coming seasonally to this community for 20 years, they met their community and made connections "because of the beer tent." The Fair reminds us of time gone by and the way it used to be. The Heath Fair does that better than any other Fair I know. But it also reminds us of the community we have right here in front of us, when we open up to it.



The late Paul Allis at the fairgrounds

I want to say an extra-special thank you to Bricket Allis who volunteered his time and his father's sound equipment to ensure we had sound on the fairgrounds this year. His father, Paul, had been coming to the Fair since the 70s, bringing sound to the spectators. Paul passed away this year and Bricket decided to make sure that what his father started, he would help continue. Bricket, thank YOU, and Paul, we miss you.

I'm not naming names because I am sure I will miss someone; you know who you are. Thank you for helping make the epic one-day 103rd Heath Fair possible this year. We look forward to the 104th Heath Fair and I encourage you, the reader, to get in touch and ask how you can help. As we begin the debriefing of the 103rd, we know that the planning for the 104th begins now. So come one, come all. Engage and re-engage in your community by investing your time and energy with the Heath Agricultural Society, and be a part of ensuring rural fairs like the Heath Fair do not go extinct.

With hope and gratitude,

—Jessica O'Neill,

Heath Agricultural Society President

Please invest your time and energy in the Heath Agricultural Society, and help ensure that rural fairs, like ours, continue to live on.



The Way We Love to Eat

—Deb Porter

An Award-Winning Local Breakfast



Josephine Cross with her Heath Fair blue ribbons.

What a wonderful sight, to walk into the display hall at the Heath Fair and see all the wonderful things local folks have grown, sewn, baked, and created over the past year. This year, I was especially taken by an entry by eight-year-old Josephine Cross. Jo created a local breakfast complete with a carefully written-out menu.

The golden-brown French toast, fresh fried eggs, Heath blueberries, and maple syrup were invitingly displayed in a beautiful wicker basket adorned with some flowers from Jo's garden. Apparently, I wasn't the only person who admired Josephine's entry, as it took a Heath Fair first place as well as a much-coveted special Dickinson Award. As it turned out, in addition to being a great cook, Jo is also a very good sport. Although a Dickinson blue ribbon was placed on her entry on Saturday, on Sunday Jo discovered there had been a mistake, and she had actually won the Dickinson second prize. Unphased, Jo happily picked up her entry with the first-place blue and Dickinson Award red ribbons, pocketed her prize money and headed for home, a very happy fair-goer.

So here, in Jo's own words, is an award-winning Local Breakfast:

Maple Syrup: In February, tap some maple trees, collect buckets and buckets of sap. Spend a day boiling it down and put the syrup in a jar.

French Toast:

1. Buy some cinnamon raisin bread from Hager's.
2. In a flattish dish with high sides, mix together one egg, some milk (1/4 cup) and a little bit of vanilla. You can add a shake of cinnamon if you want.
3. Heat up a pan on the stove, melt butter in it. Don't make the pan too hot.
4. Take a piece of bread and drop it in the egg mixture

plate, count to three and then pick it up and soak the other side. Then put it in the warmed-up pan. Leave it for a couple minutes and then check it with a spatula, if it's browned, flip it to the other side; if it's not brown yet, leave it for another minute and check again. Then cook the other side of the bread

Fried Egg:

1. Go to Budge and Sheila's and get some eggs.
2. Heat up a frying pan with some oil in it.
3. Crack the egg on the side of the pan and drop the egg into the pan—try to drop the yolk last to get it in the middle.
4. Cook the egg until the yolk doesn't jiggle any more when you move the pan.
5. Add pepper and salt if you want to.

Blueberries:

Go out in the yard and pick some blueberries from the bushes.

Raw Milk:

Go to Sidehill and get some milk from the farm shop.

Good Neighbors Food Pantry at Charlemont Federated Church

If you, or someone that you know, needs food assistance, Good Neighbors is here to help with COVID-safe, drive-thru grocery pick up.

Third Tuesday of Each Month*
4 to 5:30 p.m.

175 Main Street, Charlemont

*Dates may vary. Please check the sign in front of the church to confirm distributions.

For information, call 413-339-4294.

All are welcome.



WINTER 2021 AT BRANCH VIEW FARM

Christmas trees, wreath sales and gift shop with handmade crafts from local vendors, open weekends:

Friday, November 26 through
Sunday, December 19,
10 a.m. – 4 p.m.

Check our website often to see new holiday events!

12 West Branch Road, Heath, MA
branchviewfarm.com

HEATH FAIR

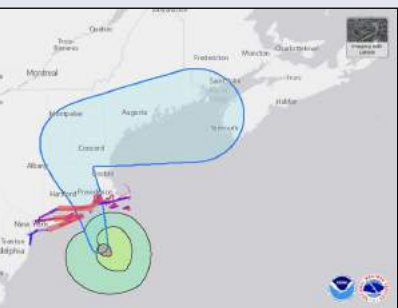
103RD HEATH FAIR



FAIR



Photos by Art Schwenger and Rachel Grabelsky



Reflections from the Superintendent of the Exhibit Hall

Being new in town and wanting to join the Heath Community, I happily took on the role of Superintendent of the Exhibit Hall for the Heath Fair. I thought, "No problem, do a little cleaning of the hall, make a few phone calls to arrange for judges and volunteers, set up some tables, and exhibitors will bring in their entries to display. Done. Logistically speaking, I wasn't wrong. But what I experienced was so much more. I didn't expect to love it so much!"



My unexpected experience began when the judges arrived. Not having much experience with country fairs, my knowledge of each entry category was pretty limited. As I watched and listened to each judge, my appreciation for each entry deepened, enriching my understanding of each craft. When the hall opened to the public, my surprise continued with observing people's reactions to what they were excited to see; and what parents saw as important to point out to their children, saying, "See, we can try this at home!" And what I loved even more, as exhibitors picked up their entries at the end of the fair, was sharing with them the reactions their entries elicited, the number of times people took pictures of their items, and what the judges had to say. I think they found that feedback more meaningful than the ribbon they went home with.

The whole experience for me was amazing! I had a tremendous team of volunteers who brought their energy and creativity to help bring the Exhibit Hall alive for all to enjoy. For those who brought in entries (over 600 of them!), thank you for sharing your inspirational creations with us. For those who thought about entering, but didn't, go for it next year! I cannot wait to see what you bring to next year's Fair.

—Elissa Viarengo



Library Lines

—Kate Barrows

The library is open for in-person services! Hours are: Monday 2 to 7 p.m., Wednesday 2 to 5 p.m., Thursday 2 to 6 p.m., and Saturday 2 to 5 p.m. Masks are required for everyone ages two and up. The Takeout Window is still available for anyone who prefers to stay outside, or cannot wear a mask. You may request materials by calling 337-4934, ext. 7, email heath.library@gmail.com, or visit the library during open hours and we will happily help you find what you want!

New Items at the Library

Follow the New Titles Link at heathlibrary.org to view materials recently added to the collection. Everyone who misses Don may be happy to know he has left the following picks for you!

Adult Fiction: *Madness of Crowds*, by Louise Penny, *Firekeeper's Daughter*, by Angeline Boulley, *Count the Ways*, by Joyce Maynard, *The Kingdom*, by Jo Nesbo

Nonfiction: *American Republics: A Continental History of the United States 1783-1850*, by Alan Taylor, *The Woman They Could Not Silence*, by Kate Moore

Juvenile: *Amara and the Bats*, by Emma Reynolds, *The Islanders*, by Mary Alice Monroe

Summer Wrap-up

Heath Library Assistant, Lyra Johnson-Fuller, organized several family-friendly programs this summer. We are grateful to her for the care and time that went into planning, and to the Friends of the Library for helping to fund the following:

Poetry Walk in Heath Town Center featuring poems written by Carol Purington, honoring retiring Library Director, Don Purington, and his sister, Carol, who passed away last fall.



Story Walk in the North Woods: August's weather took a bit of a toll on the beautifully illustrated story boards, so please come to the library to borrow our hard copy of *Walk in the Woods*, by Christin Couture if you didn't get a chance to

experience the real deal.

Summer Bird Walk was a self-guided tour to view a rare Sandhill Crane nest. *Crane & Crane*, by Linda Joy

Singleton, and a new picture book about Sandhill cranes by local author Lynn Scott, called *Worth the Wait*, offer two more birding experiences for young library visitors!



Group Hike in South Heath: Special thanks to Art Schwenger, who guided our party of ten to an out-of-the-way waterfall and for capturing the day in photographs. We had wonderful weather, enjoyed a rainbow of mushroom sightings, and surprised a porcupine!

Heath Fair Book Sale

The Friends of the Heath Free Public Library were thrilled to be back at the Fair this year. Despite the shortened event, the sale raised over \$600 to support library programs, materials, and services. The Friends hope to keep the momentum going with more book sales in the coming year. We appreciate the many folks who donated books and time hefting boxes of books around town. We are especially appreciative to the late-night-all-ages Marshall/Mason crew who packed a ton of books and helped keep them dry with a tropical storm looming.

What's Next?

We are hatching plans for a new Saturday Morning Story Hour program this fall, which would bring the library outside to you and your family at various locations.

Next Story Hour: 10:30 a.m. on Saturday, October 2 at 18 Jacobs Road. Stay tuned for more dates, times, and locations!

Story and Poetry Walks

Story Walks are a growing trend among, and it turned out to be the perfect outdoor reading experience for families to enjoy when in-person gatherings have been limited. Story walks are laminated pages of a children's book, set up at different stations, for families to stroll through along a trail, reading the book as they go.



Poetry walks are similar, with parts of a longer poem to follow, or different poems at each station.

I hope to do these walks again next year, ones that can withstand tropical storms!

—Lyra Johnson-Fuller



Heath Cultural Council Seeks Funding Proposals

The Heath Cultural Council (HCC) has set a Friday, October 15, 2021 deadline for organizations, schools, and individuals to apply for grants that support cultural activities in the community.

This year, HCC will distribute \$5,000 in grants—a record-setting appropriation for the Council. These grants support a variety of artistic and community projects in Heath and surrounding towns—including exhibits, performances, workshops, lectures, field trips, short-term artist residencies, and other culturally enriching programs. Last year, projects funded by the Heath Cultural Council included: the annual Heath Arts Exhibition, plein air painting for the Heath Senior Art Program, a mindfulness and yoga summer program for Hilltown Kids, the Heath Free Public Library Summer Reading Program, the Charlemont Speakers Forum, the Weaving Program at Hawlemont Regional Elementary School, and hilltownfamilies.org, an online educational community resource.

For application forms and more information, visit the Heath Cultural Council page at mass-culture.org. For questions about the HCC grant proposal process, contact Barbara Gordon, HCC Chair, at 413-896-9183 or email Barbara@CatsCradleDesigns.com.



Benson Place Launches Fundraiser to Restore Wild Blueberry Fields

The Benson Place has officially launched its fundraising campaign to restore 20 acres of wild blueberry fields at the former Tripp's North Farm. The fundraiser will run through October 14, 2021.

Upon completion of this multi-year renovation, these fields are expected to yield 10,000 to 20,000 additional pounds per year of certified organic wild blueberries for the community, increasing the resiliency of our local foodshed while providing niche wildlife and pollinator habitat for our greater ecosystem.

According to Andrew Kurowski and Meredith Wecker of the Benson Place, bringing back these northern fields is an \$86,000 project, requiring a huge expenditure of time and resources. Excitingly, the project has been selected by the Massachusetts Growth Capital Corporation (MGCC) to receive a matching grant for the first \$19,900 that is crowd-funded.

The Benson Place is soliciting donations from friends, supporters, and the community at large. No donation of time or money is too small or too large.

Several local artists are creating original art that, along with printed works by renowned landscape painter, Robert Strong Woodward, will form an "Art of the Hill" series that they will be offering as thanks for donations.

In addition, the Institute for Wilderness Medicine will donate all proceeds from its 21-day challenge course to the Campaign beginning October 1—a great way to learn lifesaving skills while helping to bring more blueberries to the community. Visit revivifyonline.thinkific.com to sign up.

To make a donation, volunteer at a work party, or learn more about bringing back these blueberry barrens, go to benensonplace.org/fundraiser.



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Green Thoughts

—Pat Leuchtman

Fall Planting Season

The gardening year really has two planting seasons, spring and fall. Spring planting season is all a-rush with excitement because you can finally get your hands in the dirt, carefully chosen plants are arriving, and a casual browse through the local nurseries has sent you home with a truckload of new plants and plans. And then there is the bliss of working beneath an ever warmer and brighter sun.

Fall planting season tends to be less exuberant, with thoughts arising as perennials are cut back, and dead annuals pulled out and tossed on the compost pile. Some plants will need to be divided, which means new locations in the planting scheme of things. Some locations will demand an entirely new plant. It's time to make a final pass through the local nursery to see what might be on season-end sale. Nursery plants at this time of the year may not look as vital and lush as they did in the spring, but that does not mean that once their roots are loosened and in the ground, they will not revive and greet the new spring with great energy and beauty.

Fall planting is always at least a small part of fall clean-up because perennials generally need dividing every three or four years. Dividing a perennial clump gives you a chance to pull out any weeds that have inveigled their way in, and to think about potential new sites for the plant. And for some plants, not having to deal with hot dry weather after a spring planting could be helpful. It also gives you a chance to think about who else might enjoy or benefit from the divisions.

Years ago, I interviewed a wonderful woman who had a special holding bed for divisions. Whenever someone admired her garden or a specific plant, she could take them to that bed and send them away with a generously sized healthy plant. Having a holding bed for some divisions means you won't have to disturb your own garden when the generous impulse hits.

Of course, planting techniques are no different spring or fall. If you are planting a pot-bound nursery plant, make sure that you loosen all the roots. You do not need

to be gentle. You can even drag a cultivator claw through the root ball. Those disturbed roots will finally be able to breathe and grow new roots that can reach into new soil.

The planting hole should be generous with a good helping of compost added. Planting and transplanting are always opportunities to enrich the soil. Make sure the roots are spread out and that they are situated so that the plant is neither too deep, nor too high above the soil level. Then give a soaking watering. One of the advantages of fall planting is the gentler sun, cooler temperatures, and adequate rainfall. If the rains do not arrive, keep any new plant well-watered until winter temperatures begin to freeze the ground.

Fall [late September into early October] is an excellent time to plant container grown or balled-and-burlapped trees and shrubs. You might find a bargain at the nursery, but make sure to loosen the burlap. Some trees will come with wire to hold the roots together. This heavy wire will strangle the roots and kill the plant. Make sure to remove wire if it is present.

Soil temperatures at this season are warmer than in the spring, and soil is apt to be less waterlogged making it easier for roots to grow into their new home. A young tree with thin bark will benefit from having its trunk wrapped once the ground freezes. That wrapping will need to be removed in March.

Mulch can be applied to any plant once the ground is frozen to help prevent freezing, thawing and heaving.



October is also time to plant garlic in the vegetable garden. I enjoy cleaning out the planting bed, adding some compost, and then planting single, big cloves about four inches deep and eight inches apart. Then I mulch well, using a deep layer of straw. It is a happy day in the spring when those grassy garlic shoots make their way through the mulch.

Spring blooming bulbs can be planted all through October. What would you choose? Early bloomers like snowdrops and scillas or sunny daffodils? All of these will multiply wonderfully year after year. For me, accommodate several bulbs for a good clump. An afternoon spent under the autumnal sun with a bag of bulbs and bulb fertilizer will give you years of early spring pleasure.

—*Greenfield Recorder, Between the Rows, 10/1/11*

Select Board Report

Four months ago, I was elected by the town to serve on the Select Board. Now, when I run into friends, family, neighbors they all ask the same question, “Soooo, how do you like it?” I’ve discovered there is no easy answer to that question. I have become acutely aware of the significant difference between sitting in the audience and sitting at the table. I need to be far more tuned in to the different perspectives. Facts and figures have to be researched and verified. Hours are spent reading and rereading any number of documents. There is no shortage of issues to resolve—some big, some small, all important. Finding the balance between facts, information, and opinions to reach a reasonable decision is a challenge. Facing the responsibility of making these decisions and the possible long-term outcomes can be daunting at times. There is satisfaction when a town member approaches me to thank me for a comment or action. There is concern when people approach me with dissatisfaction and sometimes anger. There is excitement when something works out well and dismay when there is failure. There is the frustration of dealing with the complications and slow pace of bureaucracy. There is the challenge of understanding and then problem-solving an issue. There is the stimulation of being involved in something bigger than yourself. There is respect for all of those who have come before me and dedicated so much to the future of Heath. As I consider the first four months of my tenure, although sometimes overwhelming, I’m a little surprised to find myself saying that so far, I am liking it.

So, what have we been working on during the last two months?

Meeting Schedule: Throughout the summer we have been meeting every other week. In the near future, we will decide if we need to return to weekly meetings for the fall sessions.

COVID: We continue to struggle with the implications of COVID. Air filters have been installed in Sawyer Hall. Masks are now required for everyone when present in a town building. We review current protocol at each meeting to see if we need to make any adjustments.

Permanent Solution for our Elementary School Children: The Heath Regionalization Study Team filed a report with the Select Board at their 9/7 meeting. The recording is available through the town website. This was a succinct, yet comprehensive, report on the research and negotiations accomplished to date.

Reopening/Relocating Town Offices: We continue to discuss the needs of our offices and how to keep them open and functioning at full capacity. Part of this includes considering what benefits there might be in moving them to Jacobs Rd.

Broadband: The Select Board continues to follow the progress and financial needs of completing installation and activation of broadband throughout Heath. At a joint meeting with the Municipal Light Board (8/31), David Gordon shared an updated report including a full summary of the financial picture to this point. We also discussed ways to improve communication between the two Boards so that everyone stays up to date.

New Appointments: The Council on Aging now has a five-member board that is beginning to consider ways to reactivate and revitalize the Senior Center (see below). At this writing, we are preparing to appoint two new members to the Board of Health. In addition, Kristi Nartowicz was appointed to the open Treasurer position.

Fire Department: The Board received a report from Fire Chief Nick Anzuoni about serious mold issues as well as damage from a resident racoon. These conditions have caused the loss of some of the departments’ gear, as well as creating unhealthy work conditions for the members of the Emergency Operations Center (EOC) and the fire department.

Updated Job Descriptions: Updated job descriptions have been completed for the police department and the Board of Health Clerk. Work is currently being done on the Senior Center Coordinator job description.

—*Sue Lively*, Select Board member

New Council on Aging Appointments

The Select Board recently appointed five highly qualified members to the Council on Aging (COA). Members are Chair, Victoria Burrington; Secretary, Margaret Freeman; member, Donna Hyytinen; member, Cathy Tallen; and member, Susan Lively.

The COA is meeting every other week as they begin to define their responsibilities. They are currently working with the Select Board to update the job description for Senior Center Coordinator. Other areas of exploration include effective communication with Heath seniors, prioritizing needs, resuming some COA services within the confines of COVID-19 restrictions, and tapping into grant opportunities.

For more information, contact Victoria Burrington at nursevictoria@gmail.com or 413-337-4425.



Heath Broadband Update

Currently [mid-September], the Heath fiber broadband distribution network infrastructure is nearly complete. Approximately half of Heath's more than 400 subscribers have had their internet connection installed. The current schedule has the installations to homes in Fiber Service Area 03 (FSA03) beginning the week of September 27. We anticipate that homes in FSA04 (Mohawk Estates) will begin in November 2021.

Heath's Municipal Light Board reminds subscribers that you must be present when your service is installed. You will need to determine where you want the router and ONT (optical network terminal) box installed. Typically, the broadband fiber enters your house the same way electric and phone service enters. The router should be located in a central location on the ground floor in order to provide wi-fi broadcast throughout the house. You'll need a place near an electrical outlet for both the ONT and the router. The ONT is attached to a wall, typically near your electric panel, and the router can sit nearby. If you plan to subscribe to OOMA digital phone service, the small OOMA phone base can sit on a shelf and will also need to be plugged into electric service.

Efforts are being made to ensure that our fiber network will provide reliable service even in the event of power loss or in the rare instance that the fiber becomes damaged. The Heath fiber hub in the Town Center has its own backup generator, which is tested regularly. A preventive maintenance plan for the generator is already in effect. The Hub is currently being remotely monitored for temperature, and routine remote monitoring of security and other critical elements are being added. A backup fiber route is in the planning that will utilize connections with bordering towns.

Although the town network will remain active during a power loss, the devices in your house will not. Customers can increase the reliability of fiber service in their own homes in the event of power loss by purchasing a backup UPS (uninterrupted power supply) unit, such as the one to the right, that your router, ONT, and (optionally) Ooma device can be connected to, unless of course you already have installed a whole-house generator. The size of the UPS unit you purchase will determine how long



your router, ONT, and Ooma device will remain with power in the event of a power loss. There is a flyer with more details on this subject at the Town's website, www.townofheath.org, on the broadband information web page.

You may also consider exploring the options for viewing (streaming) TV and movies over the Internet. Some TV streaming is free; other services can cost about \$5 per month or more. Netflix, HBO, PBS, Disney and DirecTV offer variously priced streaming packages for watching the shows that you like. There is a flyer about streaming services at www.townofheath.org on the broadband information web page. You can subscribe to streaming services on the internet through your computer or cell phone, or directly from your Smart TV.

Whenever you have questions or problems related to your broadband service, please don't hesitate to call Whip City Fiber Customer Service at 1-833-991-9378. We expect the broadband service to be fast and reliable, but, especially with a new installation, there is always the possibility of defective equipment which may require multiple attempts to fix. Please let customer service know if you have persistent problems so that they can find the solution.

See below for other useful contact information, and please let us know if you have questions or any challenges signing up for broadband service.

—Sheila Litchfield
Heath MLP Manager



HEATH BROADBAND SERVICE CONTACTS

Whip City Fiber Customer Service:

1-833-991-9378

Whip City Technical Support:

1-833-923-9378

Heath Municipal Light Plant Email:

HeathMLP@wiredwest.net

Heath Municipal Light Plant Mailing Address:

P.O. Box 47, Heath, MA 01346

Heath Municipal Light Board: Art Schwenger, Chair, Sheila Litchfield, Manager, Anne Emmet, Bill Fontes; David Gordon, Ned Wolf

✿ An Anniversary Surprise ✿

I woke up this morning astonished to find a text message that simply read, “HAPPY ANNIVERSARY!” It was the first time in 33 years that anyone has ever remembered our anniversary.

It was in June of 1988, in Boston, long before “gay marriage” seemed a possible reality in our lifetime, that I met my partner, Kevin. Eventually, after being together for over a quarter of a century, we were married in April of 2014. But happy anniversary wishes had never followed.

So why, after so many years, did our first happy anniversary remembrance come as such a surprise this morning? Because it came from Tim, a 63-year-old, conservative Christian, heterosexual man. I thanked him profusely and asked how on earth he ever remembered it was our anniversary? He replied, “I entered it in my calendar last year.” Such an intentional act of goodwill, I thought. Last year, on this very day, Tim had deliberately planned a thoughtful act of kindness.

The deeper story here is that several years ago, following a very heated online debate, in which we were in strong disagreement, I invited Tim to come to my home in Heath for a beer. I had not seen him in about 37 years. Tim happily accepted my invitation, and we spent that weekend catching up on how our very different lives had played out over the decades since high school. Despite our vast differences, we forged a respectful and caring friendship rooted in our past, a sincere interest in considering our differences, and an ability to still laugh despite them. Today’s well wishes were especially heartening, therefore, as it was Tim’s planned act of kindness to wish Kevin and me happiness, and it came from someone with a very different lifestyle than ours. I want to savor it as a sort of reprieve from a world now torn apart by differences.

Discussing activism, novelist Alice Walker once wrote that small acts toward changing the world can often seem like a “paltry offering toward the building of an edifice of hope.” I suppose it’s the same with small acts of thoughtfully planned kindness. Unless, maybe, when such small acts of kindness are offered to those so very different from ourselves? Then they can seem huge.

—Barry Adams

Barry Adams and Kevin Maloney have lived in Heath, MA for the last 20 years. They are spending winters these days in Tucson, Arizona. Their family includes

three beloved rescue Chihuahuas: Taco Lee Maloney, Milo Shamus Maloney, Sybon Klum, as well as the late Chili-Bob Maloney and Spike Michael Maloney, a Boston Terrier.

Spotted Around Town



Monarch chrysalis on a volunteer squash plant growing out of the compost bin.

—Cathy Tallen

Blackpoll warbler perches on a post in our Heath yard.

—Julianne Hallman



“I’m back!” This familiar black bear casually wandered into our yard, posed for a few pictures, and galloped off.

—Julianne Hallman

First Day of School at Hawlemont Elementary

The bright yellow buses rolled in on September 1 at Hawlemont Elementary School. Students were greeted outside by Principal, Lyndsay Rodriguez, and a cadre of welcoming teachers and staff for the start of the 2021-2022 school year.



*Staff eagerly awaits the arrival of students.
L to R: Kylee Bunker, Paraprofessional; Tracey Kelleher, Physical Education, Art/Library Teacher; and Lyndsay Rodriguez, Principal*



Students all masked up and raring to go!



*First day of kindergarten
Meet & Greet*



Heath Union Church

Neil Stetson, Interim Pastor

Dennis Ainsworth, Organist

Sunday Morning Worship at 10 a.m.

All Are Welcome

Worship services continue to be conducted in the sanctuary each Sunday at 10 a.m. and are available for anyone to join, either in person, through internet, or by phone. Links for joining remotely are as follows:

Internet: <http://join.freeconferencecall.com/dainsworth5>

Call-in number: 1-240-591-0350, access code: 841540#

Church phone to leave a message: 413-337-4019

For further information, contact a member of the Board of Deacons:

Hilma Sumner, Chair, 337-4845 • Claudia Ainsworth, 624-8952 • Dana Blackburn, 413-221-0961 • Victoria Burrington, 337-4425 • Walt Gleason, 337-4479

Friends and Neighbors of Heath Union Church,

I am excited to report that we received \$841.50 for Haiti relief on Heath Fair weekend. This money will be going directly to a project called Forgotten Villages. Hope Force International (hopeforce.org) has a team on the ground delivering medical and survival supplies to a remote village called La Plaine Baladeras, near the epicenter of the earthquake. In addition to the loss of life and basic health needs, this village lost about 85% of its "buildings," many of which were a mixture of mud, palm leaves, and small poles. It is our goal to partner with Hope Force in this long-term relief. Please make checks payable to Heath Union Church with a note indicating Haiti Relief. Stay tuned for updates and ways you may get involved. LaPlaine Baladeras is not forgotten by God and with your help will not be forgotten to Heathens.

—Neil Stetson

Notice:

Due to COVID-19, some events usually listed on Ongoing Calendar have not yet returned. Please check notices around town or go to townofheath.org for updates.

Community Calendar

- Oct Flu Vaccination**
Starting October, call Town Nurse, Claire Rabbitt, to make an appointment, 413-337-8309.
- Oct 2 Heath Library Story Hour**
10:30 to 11:30 a.m., on the playground at 18 Jacobs Rd. For children 8 and younger, and their families. Free. Join us for stories, crafts, a snack, and play time. Contact Library with questions, 413-337-4934, ext 7.
- Oct 16 Heath Library Story Hour**
10:30 to 11:30 a.m., on the playground at 18 Jacobs Rd. For children 8 and younger, and their families. Free. Join us for stories, crafts, a snack, and play time. Contact Library with questions, 413-337-4934, ext 7.

Ongoing Calendar

Community Yoga
Online classes are happening now!
Contact Kate at kate@highlandyoga.studio
Check out the website: highlandyoga.studio

Healthy Bones and Balance
Tuesdays: 11 a.m. to noon
Thursdays: 10 to 11 a.m.
Senior Center in Community Hall

Foot Clinic
For residents age 60 and older, and those with foot-related health problems. This has resumed on a month-to-month basis. Contact Eileen Lively for information and to make an appointment at 337-4742.

Senior Art: Self-guided Creative Exploration
Mondays, 12:30 to 3:30 p.m.
Senior Center in Community Hall
Contact Eileen Lively at 337-4742.


Good Neighbors Food Distribution
Third Tuesday each month, 4 to 5:30 p.m.
All are welcome
Charlemont Federated Church
175 Main Street, Charlemont
Call 413-339-4294 for information.



GET YOUR FLU SHOT

Call Claire Rabbitt today at 337-8309 to schedule your appointment!

Don't delay!



Don't Neglect Your Feet

The Heath Foot Clinic is available to all residents age 60 and older, and those with foot-related health problems.

For information and appointments, contact Eileen Lively at 337-4742.



Healthy Bones & Balance is Back in Heath!

Tuesdays, 11 a.m. to noon
Thursdays, 10 to 11 a.m.
at the Senior Center in Community Hall
This exercise program is free for people 55+
For more information, contact Claire Rabbitt, nurse@townofheath.org

Heath Town Offices

1 East Main St, Heath, MA 01346
Phone: 413-337-4934, Fax: 413-337-8542
www.townofheath.org

Town Coordinator, Hilma Sumner

bos@townofheath.org
Mon.-Thurs. 9 a.m. to 3 p.m., Fri. 9 a.m. to noon

Select Board, bos@townofheath.org

Tuesday 6 p.m., Virtual until further notice
Brian DeVriese, 413-337-5525
Robyn Provost-Carlson, 413-337-5316
Sue Lively, 413-337-4061

Town Clerk, Mary Sumner

townclerk@townofheath.org
Tuesday and Thursday 9 a.m. to noon
Or call for appointment 413-337-4934

Accountant, Dave Fierro

accountant@townofheath.org
No regular hours
413-337-4934, ext. 5

Tax Collector, Elizabeth Nichols

taxcollector@townofheath.org
Monday 4 to 6 p.m.
or call for appointment 413-337-6665
413-337-4934, ext. 2 / Fax: 413-337-8542

Treasurer, Kristi Nartowicz

By appointment
treasurer@townofheath.org

Boards and Committees

Board of Assessors

Wednesday 9:30 a.m. to 4 p.m. 413-337-4934, x3
assessors@townofheath.org
Alice Wozniak, Assistant Assessor
Robyn Provost-Carlson
Heidi Griswold, Anne Emmett

Board of Health, 413-337-4934

Gene Garland, chair,
Henry Godek, Barbara Gordon, Susan Gruen,
Betsy Kovacs, Kate Peppard, Clerk

Finance Committee

Tom Lively, Chair, 413-337-4061
Will Emmet, Bob McGahan, Ned Wolf,
Alice Wozniak

Library Board of Trustees

Deborah Porter, Chair, 413-337-4715
Emily Cross, 413-337-4816
Maureen O'Malley

Planning Board

Douglas Mason, Chair, dougmason@hughes.net
Robert Viarengo, viarengo932@crocker.com
Jo Travis, jtravis156@verizon.net
Bill Gran, whgran@gmail.com
Peter Charow

Agricultural Commission

Lorena Loubsky

Cemetery Commission

Jerry Gilbert, Central Cemetery, 413-337-4355
Claire Rabbitt, North Cemetery, 413-337-8309
Eric Sumner, South Cemetery, 413-337-5330

Matthew Lively, Sexton, 413-337-4331

Mary Sumner, Burial Agent, 413-337-4845

Conservation Commission

Brian DeVriese, Chair, 413-337-5525
Bernard "Buck" den Ouden, 413-337-4002
Jessica O'Neill, 413-339-4820
Henry Josephson, Heather Row

Historical Commission

Heather Hathwell and Nina Marshall, Co-chairs
Jayne Dane, Susan Gruen

Community

Public Library, Kate Barrows, Director

Lyra Johnson-Fuller, Library Assistant
www.heathlibrary.org, heath.library@gmail.com
413-337-4934 ext. 7

Post Office Manager, Charlene Reynolds

Mon.-Sat., 9:30 a.m. to 1:30 p.m.
413-337-4934, ext. 4

Schools

MTRSD School Committee Representative

Budge Litchfield, 413-337-4957
Barbara Rode, brode@mtrsd.org, 413-337-5352

Franklin County Technical School Representative

Art Schwenger, 413-337-4077

Hawlemont Elementary School

Lindsay Rodriguez, Principal, 413-339-8316

Town Nurse, Claire Rabbitt, RN

Office hours, Senior Center, 413-337-4847
Tues. 12:15 to 1:15 p.m., Thurs. 11 a.m. to 1 p.m.;
Voicemail: 413-337-4934, ext. 109
Home phone: 413-337-8309
Nurse@townofheath.org

Council on Aging

Victoria Burrington, Margaret Freeman, Donna
Hyytinen, Cathy Tallen

Municipal Light Board

Art Schwenger, Chair, Anne Emmet, Bill Fontes,
David Gordon, Ned Wolf
Sheila Litchfield, MLP Manager

Public Works and Safety

Animal Control Officer, Kyle Dragon, 413-768-0983. If not available, call Shelburne Dispatch 413-625-8200. All emergencies, dial 911

Highway Department, Jeffrey Johnston, Road Superintendent; 413-337-4462; cell, 413-406-4516

Police Department, John McDonough, Police Chief
Office hours: Tues. 6 to 8 p.m. 413-337-4934, ext. 108, or call Shelburne Dispatch at 413-625-8200 to have paged. All emergencies, dial 911

Transfer Station, Ken Erho, Attendant
Wednesday, 9 a.m. to 5 p.m.
Saturday, 8 a.m. to 4 p.m.

Volunteer Fire Department

Nick Anzuoni, Fire Chief, 413-337-4461, or 911 for an emergency. Heathfire@townofheath.org

Emergency Management Team, EMT

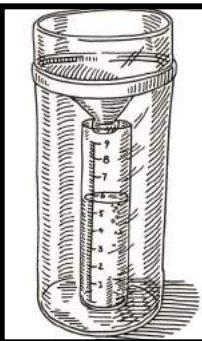
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