



HEATH HERALD

Heath's First Newspaper

\$2.00

Volume 44, Number 3

August/September 2022

Presenting the 104th Annual

HEATH FAIR

© STEINBOCK

*Let's Flock Together at
the Heath Fairgrounds!*



August 19, 20 & 21, 2022

Heath Herald Volunteers**Editorial Staff**

Managing Editor: Nancy Thane, nancythane@yahoo.com, 413-337-5580
 Soliciting Content: Deb Porter, debporterhenry@gmail.com, 413-337-4715
 Graphic Design: Rachel Grabelsky, rachel.grabelsky@gmail.com, 413-337-8513
 Layout: Cathy Tallen, tallen@valinet.com, 413-337-5770

Business Management

Bookkeeper: Cindie Garland, cindiegarland@yahoo.com
 Subscriptions and Advertising: Mary Sumner, msumner13@verizon.net, 413-337-5330
 Special Projects: Elissa Viarengo, elivialove@gmail.com

Copy Editing

Jack Estes, estesja@gmail.com

Technical

Nina Hofkosh-Hulbert, theheathherald@gmail.com • Website: Nina Hofkosh-Hulbert, nina.hhl@gmail.com

On the Cover

Chicken drawing for the 104th Heath Fair by Annie Gangne. See you at the Fair!

The Heath Herald Logo

The *Heath Herald* proudly features a reproduction of the original *Heath Herald* logo design by Harriet Read for the *Heath Herald*'s first edition in April 1979.

Payment Questions

If you have questions regarding payment, please contact Mary Sumner. Contact information above.

Correspondence

There are three ways to submit your letters to the editor, articles, and/or subscription forms:

- Send to our email address:
TheHeathHerald@gmail.com
- Send to our P.O.Box:
Heath Herald, P.O. Box 54, Heath, MA 01346
- Drop off at our Town Hall box: Residents can drop a letter or subscription form into the black box on the wall to the left of the post office boxes in the vestibule (no postage needed).

Submission Deadlines

January 5 for inclusion in February/March issue
 March 5 for inclusion in April/May issue
 May 5 for inclusion in June/July issue
 July 5 for inclusion in August/September issue
 September 5 for inclusion in October/November issue
 November 5 for inclusion in December/January issue

Photo Credits

If you would like a photo credited, please identify the source when you send the photo to the Gmail account.

Display Ads

\$5 per vertical column inch* for black & white
 \$6 per vertical column inch* for color

Please note with your ad:

black and white, or color
 2 or 3 vertical inches

*A vertical column inch=one column width by one inch height

Our staff will be happy to work with you to create your ad at no additional cost. Advertisers receive a free PDF subscription to the *Heath Herald*. Ads can be placed by sending your information with payment to our P.O. Box.

Subscriptions

The annual subscription rate for six issues is \$12. Subscription forms may be found near the *Heath Herald* Direct Sales box in the vestibule of Town Hall and on the back page of every issue. Send form with payment to our mailing address or leave in the black *Heath Herald* box to the left of the post office boxes in the Town Hall vestibule.

Color Sponsorship

The color photographs and images in each issue of the *Heath Herald* are funded by you, our readers. Through the sponsorship of generous individuals, we are able to showcase the vibrancy of life here in Heath in such a way as would not otherwise be possible. Consider becoming a \$25 Color Sponsor for an upcoming edition of the *Heath Herald*. Should you wish to add your support, be sure to note "Color Sponsor" on your check so that we can acknowledge your contribution in a future edition.

Disclaimer

The views expressed in the *Heath Herald* are solely those of the authors and may not reflect those of the *Heath Herald* staff or advertisers.

The *Heath Herald* reserves the right to edit any and all submissions at the discretion of the editorial staff.

Come Visit the Solomon Temple Barn

When you spend time at the Heath Fair, take a few moments to visit this wonderful historic structure. Originally built in the 1770s, the Solomon Temple Barn was donated to the Heath Historical Society in 1993 by Dick and Dorothy Gary. Bruce Cromack and his crew dismantled it on the Gary property on Avery Brook Road, and the parts were moved to the fairgrounds. Bruce labeled each part so it could be put together again, like a puzzle. Carroll Stowe and I collected donated logs, and the Clarks milled them to Bruce's specifications to replace beams and boards that had rotted.

On the main floor of the barn you will find a wooden wheel farm wagon, a dump cart, and a roller for packing newly seeded ground and snow in the winter time. A packed road made it easier for sleds and sleighs. In the bay opposite these items is a fanning mill, which was used to clean grain prior to seeding. It removed weed seed and other debris from the oats or rye. One will also find various tools and technology for haying. There are a hay fork and slings, both of which helped secure bunches of hay to be lifted into the mows or bays with ropes and pulleys. There is also a "ram," which ratcheted up water from the pressure of gravity downhill from a spring, and pumped uphill to a farmstead. Also you will find a loom and a spinning wheel, and numerous other tools and artifacts populating this space.

In the basement of the barn there is a one-horse corn planter and a similarly designed potato planter. Accompanying these are one-horse cultivators and walking plows. A wood and cast iron hay tedder and a one-horse mowing machine are also part of this collection. In a back corner there is an ensilage cutter and a corn binder. The binder cut and bundled the corn stalks, which in turn were ground up for cow feed.

The crown jewel of this collection of machines is a 1914 threshing machine. All the parts move, and the original stenciling is still visible. Mrs. Moors owned this machine, but it was used by many of the farmers in the area. It is called the Sterling. It could thresh oats, wheat, or rye.

I spend as much time as I can functioning as a docent in the basement of the barn during the fair. I hope to see you there.

—Buck den Ouden
Member, Heath Historical Society



Fanning mill used to clean grain prior to seeding.



Wooden one-horse corn planter.



1914 Sterling threshing machine, the crown jewel of the collection. It could thresh oats, wheat, or rye.



Corn binder, which cut and bundled corn stalks that were then ground up for cow feed.

Photographs by Bob Viarengo



Heath to Host Sixth Annual Arts Exhibition

Opening Reception Sunday, September 4

Featuring works by more than 30 artists and artisans living in Heath, or with a strong connection to our bucolic town, the Sixth Annual Heath Arts Exhibition will be held from Saturday, September 3, through Saturday, September 10, in Community Hall.

"We are delighted to be back in full swing with the art show," said Harry Hallman, founder of the Heath Arts Exhibition and chair of the organizing committee. "This is a highly anticipated event for our community, and we have a wealth of artistic talent to showcase this year."

In keeping with the annual exhibit's mission to inspire creativity and cultivate community connections, an opening reception will be held outside on the Village Green on Sunday, September 4, from 2 to 4 p.m. All are invited to visit the gallery and meet the artists. Light refreshments will be served, and there will be live music performed by the Uncles of the Pioneers.

On display will be works created in a range of mediums, including painting, drawing, illustration, photography, textiles, glassblowing, ceramics, woodworking, and more. Since community is at the heart of this event, there are no restrictions on age or the type of work that can be submitted.

If you would like to submit artwork for the show, contact Harry Hallman at hwhallman@icloud.com for information and a registration form.

The Heath Arts Exhibition is sponsored by the Heath Historical Commission and funded, in part, by a grant from the Massachusetts Cultural Council and Heath Cultural Council.



Heath Council on Aging

Upcoming Events

The Council on Aging (COA) is continuing to explore options for space for its operations. Meanwhile, following is a list of activities COA has scheduled for the immediate future. Events will take place at 18 Jacobs Road, unless otherwise noted.

- **Foot Clinic:** The clinic has been reinstated with Simonne Westort, RN, on the third Tuesday of every month, starting in July.
- **Consumer Protection Seminar:** Anita Wilson from the North Western Attorney General's office will give an in-person seminar on how to avoid 'scams' on Tuesday, September 27, from 1 to 3 p.m. Please see page 6 for more information.
- **Tai Chi Chuan Class:** Class continues sessions on Tuesdays from 10 a.m. to noon with instructor Stan Swiercz. Taijiquan, as it is also known, is a martial art that develops deep mind-body connection for health and self-defense. Watch for a new session starting in early fall with possible evening hours for those still working. See announcement on page 22.
- **Intergenerational Community Café:** Scheduled for the last Saturday of each month from 9:30 to 11:30 a.m. at 18 Jacobs Road. Visit with friends and enjoy conversation, refreshments, music, puzzles, and more.
- **Town-wide Open House:** One weekend in late September or early October. Details to be announced.
- **Resources for Seniors:** Literature on services for seniors offered by LifePath and FRCOG is available on a table outside the library at Jacobs Road.

Please make a note on your calendar and join us!

Meals on Wheels Drivers Wanted

Volunteer Meals on Wheels drivers are urgently needed in many communities!

Make a big difference in someone's day by delivering a hot noontime meal Monday through Friday (weather permitting) and a wellness check in your own community.

Stipend and mileage reimbursement available.

Call 413-773-5555 or 978-544-2259, ext. 2216 or visit lifepathma.org to apply.



101 Munson St., Ste. 201, Greenfield, MA 01301 • lifepathma.org



Wild Ramblings

—Bill Lattrell

Slipping Into the Nighttime Forest

As the day ends, especially during our summer months, wandering into the forest while light still lingers on the western horizon is something I often like to do. While some of our wildlife sets in to rest, others become active and the twilight hours become a fascinating and meditative time to enjoy our vast woodlands.

The sounds of the late-evening forest often begin with the mesmerizing pulse of the barred owl call. The melodic repetition of their hooting call, often humanized as “Who cooks for you? Who cooks for you all?” resonates over the landscape. These barred owls, our most common owl here in western New England, often call back and forth to each other. When I encounter the sound of the barred owl call, I often stop and listen intently. They use this call to locate other barred owls for certain, but I have never been sure why they are locating their kindred friends. Is it to socialize? Are they making sure that they aren't hunting in another owl's territory, or another owl is hunting in their territory? I'm really not sure. The repetitive calling can go back and forth for a long time. It is both haunting and spiritually inspirational at the same time. Years ago I was taught how to mimic the barred owl call with some proficiency by using my own voice. Calling back and forth has provided me with much entertainment over the years.

The area where I grew up, south of here in western Massachusetts, had a sizable whippoorwill population. New-growth forest, lots of white pines, and ice contact sandy plains dominated the landscape. In the early evening and in the predawn hours, the haunting whippoorwill call would fill the woods near our house. As a child I used to find their call eerie, almost unearthly, and it rendered up thoughts of ghosts and other unworldly creatures. An elderly neighbor of our family childhood home once told me that whippoorwills were an agent of death, and their call signaled that death was at the edge of the woods waiting for someone to encounter it. At about age five, I remember walking up to the border of the woods at dusk, while the whippoorwill calls penetrated the dense forest. Even taking a few steps into the shroud of the woods felt scary and challenging. I often ran as fast as I could on a

wooded trail that ran parallel to an open field. I was terrified, but honestly felt exhilarated as I tempted fate.

These days I might find myself a mile or so in the dark woods high on a ridge. I wait to see if I can hear the long mournful call of our eastern coyote. It often starts with just a few yips followed by an excited chorus of calling and yelping! Eastern coyotes typically run in small family groups of two to five individuals. A small pack of three coyotes can sound like a dozen, especially right after a kill. Coyotes also use their barks and howls to locate family members as well.

Although it requires a great amount of luck, encountering a flying squirrel in the forested nightscape is always a possibility. Well after darkness sets in, these curious little creatures glide down from their cavity nests in trees in search of food. In all my years in the nighttime forest I have only encountered them twice. Once in the evening, while walking back from my deer stand after a long day of unsuccessful hunting, I had one land right in front of me. The second time was in the very early pre-dawn morning when I saw one scampering back up a tree after, presumably, a night of foraging.

I love looking at the Milky Way from a high vantage point on a woodland ridge on an inky black night. Pondering the vastness of the universe brings me peace. The relationship between time and space goes beyond my imagination, and somehow feels comforting knowing there is much, much more than our own human view of the world and beyond.

Another wonderful nighttime experience in the summer forest is listening to tree frogs. At times there are so many choruses, it is nearly deafening. Quite unlike the beautiful song chorusing of springtime peepers, tree frogs are the main event that one can't seem to ignore.

One of my favorite creatures of the night is the porcupine. On more than a few occasions I have witnessed these armored animals ambling across the forest floor in near pitch blackness. Once I had one wander into my campsite while hiking on the Appalachian Trail. It walked right up to the fire and stared at it for a moment, while I held on to my sidekick Maximilian, a hound/black lab cross that wanted to dive right into the spiny animal. That porcupine didn't hang around too long, slowly walking off into the dark of night.

Speaking of porcupines, one of the only animals that successfully predate them is the fisher (no, not fisher cat!). These predators often hunt at night, because that is when porcupines amble about from tree to tree.

(Continued on page 6)

Artisanal Cheesemaking Workshops

Learn the basics of making artisanal cheese at home

Custom-designed classes



Sheila Litchfield Dell Farm, Heath, MA (413) 337-4957

Tucker Litchfield

Functional and Sculptural Glass Art

tucker@litchfieldglass.com

413-337-5799 / 413-475-0521 (mobile)

Mail: 91 Rte. 8A
Heath, MA 01339

LIVELY CARETAKING

**Professional Mowing Services,
Field Care and Rototilling**

Tom and Sue Lively

413-337-4061 / 413-325-1065 (Cell)

Thomas.Lively01@gmail.com



21 Number 9 Road, Charlemont, MA 01339

MATT'S TRUCKING & EXCAVATING



**Bulldozer
Backhoe**

Providing professional and reliable
excavating and trucking services at
competitive prices for over 30 years.

- Septic Systems
- Sand
- Fill Dirt
- Gravel
- Final Grade
- Trucking
- Land Clearing
- Snow Removal
- Demolition
- Driveways & Road

**For a free estimate,
call Matt Lively at 413-337-4331**

(Continued from page 5, Wild Ramblings)

Of course there are some unpleasant features of summer nighttime adventures. One is the buzzing of mosquitoes which can be overwhelmingly plentiful. On more than one occasion, they have driven me out of the nighttime forest.

I sometimes find myself perched near a large bubbling spring that bleeds thousands of gallons of water across the woodland landscape, and is located on our property just north of a dense area of hemlocks, but securely under the bows of yellow birch, sugar maple, and red oak. Here one can witness white tail deer, raccoon, black bear, and our newest wild arrival on the local landscape, and our only marsupial, the opossum. This is a patience game. Unless I am willing to spend hours hanging out near this spring, it is likely I will not see a thing. However, while waiting, I can experience the distant sounds of the forest wildlife. How wonderful is that?

I have a deep, never-wavering appreciation for life in and near the New England forest. After a lifetime of adventures, slipping into the nighttime forest comes naturally to me.

I hope you feel the same way.

—Bill Lattrell



The barred owl's melodic repetition of its hooting call is often humanized as "Who cooks for you? Who cooks for you all?"



FIGHT BACK AGAINST SCAMS & IDENTITY THEFT

Heath's Council on Aging invites you to a special program on the latest scams, how to recognize them, and what you can do to keep your money and personal information safe.

Presenter: Anita Wilson, Consumer Protection Unit
Director, NW District Attorney's Office, Greenfield

Tuesday, September 27, 1 to 3 p.m.

Municipal Building, 18 Jacobs Road, Heath

This program is free and open to all seniors living in Heath and neighboring hilltowns.



Nature Note

—Susan Draxler

Lights in the Night

While outdoors on a summer night, we tend to focus on the show overhead—taking advantage of our dark skies to see constellations, planets, the moon, or meteor showers. But in late summer, looking down at the ground can be rewarding, too. The firefly displays that we enjoyed earlier in the summer have a second act, although not as spectacular. About a month after the firefly displays and mating end, their eggs hatch into larvae



which are also luminescent; but instead of flashing, they emit a steady glow. If you walk after dark, you may see small lights on the

ground in the grass and even on the road where you had seen the fireflies. By shining a flashlight on them, you can see what they look like. They will stay in the larval stage, hibernating over winter, until spring when they pupate for several weeks and then emerge as the adults that will put on their light show next summer. The larvae are often referred to as glow worms but that is a name that is more commonly used for a beetle found in Europe that has a flightless female that glows.

Another glowing sight in late summer and fall, although not as common, is bioluminescent fungi. Last



Bioluminescent fungi
Photograph by Will Draxler

year, our family found some glowing bitter oyster fungi. During the day, they looked like small, light tan shelf fungi growing from a decaying log. But at night, once your eyes adjusted, you could see that they glowed a beautiful greenish color. The glow is centered on the gills and becomes visible as the spores develop and serves to attract insects which will then spread the spores. The bitter oyster fungus that we found is one of many species of fungi that glow which are often referred

to as foxfire.

A similar chemical reaction is responsible for the glow in both of these phenomena. It involves a chemical known as *luciferin* which, when exposed to oxygen along with a catalyst, produces light. Luciferin was named for Lucifer, Latin for “light-bearer.” In Roman mythology, Lucifer was the personification of the planet Venus which is another light in the night, but at this time of year, you would have to stay up all night to see it as it rises just before dawn.

Happy Birthday Del and Bob Viarengo

Del and Bob are both turning 90 this October, and we salute them with this word mosaic highlighting just a few of their defining qualities. Happy Birthday!



Congratulations McKenzie Sonntag, Recipient of the 2022 Reid-Carpenter Award

This year's Reid-Carpenter award recipient for outstanding performance is McKenzie Sonntag. The award was presented on June 16 at the Hawlemont Elementary School by Brian De Vriese on behalf of the Selectboard. The sixth-grade teachers at Hawlemont made the recommendation of a Heath student for the award to the Heath Selectboard.

It's a Girl!

Campbell Grace Flint was born on May 24, 2022 to Grace (Phillips) and Mike Flint of Durham, NC. Campbell is the granddaughter of Bruce Phillips of Heath and Deborah Lockhart Phillips of Shelburne Falls. Congratulations to all.

**NEW ENGLAND'S
OUTDOOR
ADVENTURE
CENTER**



BerkshireEast.com | Charlemont, MA | 413.339.6617

HEATH BROOK
STUDIO

BLOWN GLASS BY ROBERT DANE
20 WEST MAIN STREET, HEATH, MA 01346
413.337.5736
WWW.ROBERTDANE.COM


State Street Style
Angela Dodge & Spa
Owner/Stylist

Rachel Stylist
Jodi Nail Tech
Samantha Stylist

36 State Street, Shelburne Falls, MA 01370
www.statestreetstyle36.com
413.522.8927 or text 413.834.7175

**NANCY L. DOLE
BOOKS & EPHEMERA**

Buying & Selling
Good Used Books



20 State St. (Bucklandside), Shelburne Falls • 413.625.9850 • ndole@crocker.com

A.L. Avery & Son
GENERAL STORE
Charlemont • 339-4915

Wanda MOONEY


*Serving your real estate needs throughout
Franklin County since 1993*

(413) 768-9848
Wanda@WandaMooney.com
www.WandaMooney.com



COLDWELL BANKER
COMMUNITY REALTORS

Maple House
The house on the hill with the view of yesteryear



Reward your friends and relatives with a restful night's sleep high in the hills of Rowe. Three bedroom/three bath apartment in a 200-year-old inn and family farm. See the stars, breathe the clear fresh air, relax in the quiet beauty of spectacular views of the Berkshire Hills.

Lodging and Breakfast from \$60. Call 413-339-0107 for reservations.
Maple House Birds' Eye View Apartment • Middletown Hill Road, Rowe 01367

Richard C. Bishop
Elder Law Attorney

Massachusetts, Florida, Arizona
102 Bridge Street, Shelburne Falls, MA 01370
413-625-2574

277 Main Street, Suite 205, Greenfield, MA 01302
413-773-1818

**THIS COULD BE
YOUR AD!**



Contact msummer@verizon.net
for details.



Town Nurse

—Claire Rabbitt

Vaccines Save Countless Lives

The March 2022 issue of *Smithsonian* magazine has an amazing article about two women bacteriologists who developed the first successful vaccine against *pertussis* (whooping cough). “Pertussis killed up to 7,500 Americans a year in the early 1930s, most of them infants and children.” Pearl Kendrick and Grace Eldering were bacteriologists working for a State laboratory in Grand Rapids, MI. After their working hours they visited homes with sick children to collect specimens, working by kerosene lamplight. On November 28, 1932, the laboratory confirmed its first *Bordetella Pertussis* specimens, a pathogen that had been first identified in Belgium 25 years earlier. In January 1933, seven weeks later, they had made their first experimental vaccine.

They had to determine a method of killing or weakening the pathogen, so that it would not cause disease, but still cause an immune response resulting in a lasting resistance to the disease. Kendrick and Eldering’s vaccine consisted of whole-cell *Bordetella* bacteria, killed with a common antiseptic, purified, sterilized, and suspended in a saline solution. Their first field study was of 1,592 children—712 vaccine recipients and 880 untreated controls. The untreated group had 63 cases of whooping cough, 53 of them serious. The vaccinated group had only four cases, all of them mild. The male-dominated medical establishment was skeptical until the renowned epidemiologist, Wade Hampton Frost, reviewed the results, and “came to appreciate Kendrick and Eldering’s commitment to careful science.” They followed his advice in improving the design of their clinical trial, and requested assistance from First Lady Eleanor Roosevelt for funding for additional staff. A new study with 4,212 test subjects showed similar results as did an independent trial in NY State.

In 1944 the vaccine was added to the American Medical Association’s list of recommended vaccines. The incidence of pertussis in the U.S. fell by more than half just in that decade. The 7,518 deaths in 1934 dropped to 10 per year by the 1970s. To minimize the number of

shots a child had to receive, Kendrick and Eldering began work on the combined diphtheria, tetanus, and pertussis vaccine, which was the forerunner of the vaccine used today. “To standardize the vaccine everywhere, Kendrick, Eldering, and Margaret Pittman at the National Institutes of Health also developed what has become the required method for testing the effectiveness of every batch of whole-cell pertussis vaccine worldwide.”

To read the whole article see the March 2022 *Smithsonian Magazine*, “The Undaunted,” by Richard Conniff.

As we approach the next school year and flu season, take advantage of the many opportunities to receive vaccines to prevent diseases that could make a comeback if immunization levels are not maintained. I hope to have a flu clinic in Heath in early October.



Welcome to Colrain Central School— Where We Learn By Serving!

We are excited to be welcoming our Heath neighbors into our school and creating a new learning community with you this coming year. We look forward to getting to know you and helping you feel comfortable and welcome as we build new relationships and learn together.

Who Are We?

Colrain Central School is a Service Learning school with a special emphasis on environmental science. Service learning is a form of project-based learning in which academic and social goals are accomplished through community service, and working with real partners to solve real problems. By design, it develops citizenship and good character and provides a rich context for academic instruction and student learning.

Statement of Philosophy

At Colrain Central School, we take care of ourselves, each other, our school, and the world around us. Everything we do is tied to these ideals.

I look forward to getting to know all of our new students, and serving our new families as their principal!

Sincerely,

—Amy K Looman, Principal



The Way We Love to Eat

—Deb Porter

It seems appropriate for this issue to find a recipe from the 1983 *Heath Fair Cookbook*, which, to the editors' knowledge, was the first cookbook published in Heath. It is filled with many prize-winning fair entries and more. As noted in the foreword, "You will find not only things that sound good for breakfast and dinner, but also bits of the story of Heath, the place and the people. The blueberry and maple recipes will tell you what our gourmet specialties are, and the preserves and pickles hint at the productivities of our gardens."

It was hard to pick just one recipe from this book, more so because of the wonderful memories I have of so many of its contributors that have since passed—folks who were, in their day, the movers and shakers of our community. The following recipe is one from Edith Gleason, who for many years was our town's librarian. She is fondly remembered by long-time library users for her warmth and friendliness. Edith was one of a long line of librarians who helped make the library the welcoming place it is today.



Agatha's Blueberry Buckle (from Edith Gleason)

3/4 cup sugar
1/4 cup butter
1 egg
1/2 cup milk
2 cups flour
2 teaspoons baking powder
1/4 teaspoon salt
2 cups blueberries

Mix sugar, butter, and egg. Stir in milk, flour, baking powder, and salt. Add the blueberries to the batter and spread into a well-greased 8x8-inch pan. Top with your favorite topping or use the topping recipe below. Bake at 375 degrees for 35 to 40 minutes.

For topping, combine:

2/3 cup sugar
1/2 teaspoon cinnamon
1/3 cup flour
1/3 cup melted butter
More blueberries, if desired

Spotted Around Town



Bobcat crossing South Road near cemetery.

—Alex Draxler



Mama bear with two cubs.

—Elissa Viarengo



Red eft on Royer Road.

—Alex Draxler



Eastern coyote on Taylor Brook Road.

—Elissa Viarengo



Heath Agricultural Society

Get ready for the 104th Heath Fair, August 19, 20 and 21, Friday, Saturday, and Sunday.

Yes, our three-day fair is back. We can't wait to welcome our community from far and wide to the greatest little fair, known for staying true to its agricultural roots for more than a century!

We can all look forward to a fair packed with your favorites, including:

- Fireworks—Friday night!
- Square Dance—returns on Friday!
- Livestock shows: goats, sheep, cows, and rabbits
- Pulls: draft horse, oxen, tractor, and truck
- Gymkhana horse event—a popular favorite we are bringing back!
- Exhibit Hall and Fair merchandise
- Midway vendors—food and art!
- Heath Church Ham and Bean Supper—Friday evening
- Heath Fireman's Chicken BBQ—Saturday only
- Speakers tent and live demonstrations
- Live music
- Parade
- Beer Garden
- Draft horse-drawn trash removal—A new feature for 2022!

For all the details check out the full schedule on pages 12 and 13 and visit heathfair.org for updates.

We encourage you, young and old, to really engage in the Fair this year. An incredibly rewarding way to engage is to enter your livestock or art/craft into the Fair. Visit heathfair.org to enter online! Don't wait! The Fair comes to life because of YOUR participation. Come one, come all. You do not have to be from Heath to be an exhibitor. So try your hand at engaging even more deeply this year. To learn more about how to enter and what opportunities exist that may suit your interest or passion, you can check out the premium book online, or get your copy at Hager's, Avery's, Town Hall, Shelburne Farm and Garden, or Greenfield Farmers Coop Exchange.

We will once again be offering ticket sales online. We encourage you to buy your tickets in advance for ease of entry, and to access the best parking. Tickets will be available for sale at the Fair as well. Most vendors will be able to take credit cards this year, but cash is still

necessary for many including the upper and lower food booths and merchandise tent. Please plan ahead.

Masks and hand sanitation stations will be available for all attendees, and social distancing, especially under tents and while in lines or in buildings, is encouraged.

We still need volunteers. Get into the Fair for free on the day you volunteer (minimum hours required). We have lost many volunteers, and we need more support to ensure the Fair continues to thrive. We are in immediate need of parking support, ticket sales, set up/break down, beer tent workers (must be 21 or older with valid ID), and workers in the merchandise tent. Please email info@heathfair.org with your interest in helping. The Fair CANNOT happen without volunteers.

Also consider helping the volunteer membership get ready for the Fair this year. We hold work bees every Wednesday from 5 p.m.-ish to 7 p.m.-ish, weather dependent. You can find dedicated volunteers at the Fairgrounds sprucing things up as we prepare for the Fair. We need you. Please help out!

We look forward to seeing you at the Heath Fair!

—Jessica O'Neill, Heath Fair President

Work Bees Needed

Every Wednesday from 5 to 7 p.m.-ish
at the Fairgrounds



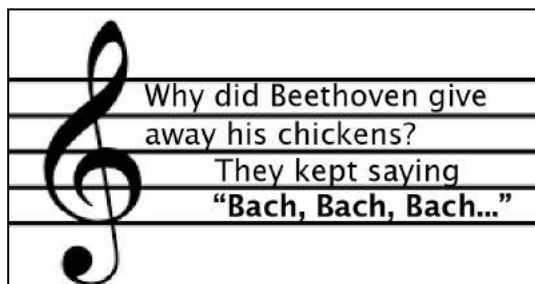
Buzz on over and have some fun!

Join your neighbors to help spruce up the Fairgrounds as we prepare for the 104th Heath Fair.

No need to sign up in advance. Work bees will be held every Wednesday until the Fair, weather dependent.

No special skills required. Bring gardening or building tools, if you have them. All are welcome.

We need you. Please help out!





104TH HEATH F

Demonstrations & Presentations
Concessions, Beer Garden, Petting Zoo,

FRIDAY, AUGUST 19

5 to 8 p.m.	Exhibit Hall
5 to 11 p.m.	Lower Food Booth
TBD	Upper Food Booth
5 to 10 p.m.	Beer Garden
5:30 p.m.	The Uncles of the Pioneers
5:30 p.m.	Ladies Ham & Bean Supper
5:30 p.m.	Antique Tractor Parade
6 p.m.	Antique Tractor Pull
6:30 p.m.	Bingo
7 p.m.	Zydeco Connection with Bourbon Street Blasters
7:30 p.m.	Square Dance: Fall Town String Band with Doug Wilkins, Caller
8:15 p.m.	Drawing for Prize Bicycle



**Let's Flock Together
for Fireworks at Nightfall!**



Calling All Heath Fair Exhibitors!

All are welcome to register produce, baked goods, crafts, etc. for display and judging in the Exhibit Hall. Please refer to the Premium Book and register online at heathfair.org.

SATURDAY, AUGUST 20

10 a.m. to 8 p.m.	Exhibit Hall
7 a.m. to 10 p.m.	Lower Food Booth
TBD	Upper Food Booth
Noon to 9 p.m.	Beer Garden
9 a.m.	Rabbit Show
9 a.m.	Kids Lawnmower Pull
	Registration
10 a.m.	Herd Dog Demonstration
	Winterberry Farm
10 a.m.	Kids Garden Tractor Pull
11 a.m.	Kids Games
11 a.m.	Horse Draw
11 a.m.	Trouble Sisters
11 a.m.	Hawlemont Youth 4H Presentation
11 a.m.	Adult & Youth Sheep Show
11 a.m.	Adult Cattle Show
Noon	Heath Firefighters Association Chicken BBQ
Noon	Sheep Sheering: Kevin Ford
1 to 4 p.m.	Horse Drawn Wagon Rides
1 p.m.	Deep River Ramblers
1 p.m.	Care & Saddling of Horses: Hawlemont 4H
1 p.m.	Pulling with Ponies & Oxen
1 p.m.	Kids Games
1 p.m.	Cow Bingo
2 p.m.	Herd Dog Demonstration
	Winterberry Farm
3 p.m.	Introduction to Vegetable Fermentation: Real Pickles
3 p.m.	Kids Concert: Doug Wilkins
4 p.m.	Zara Bode's Li'l Big Band
4:30 p.m.	Local Small Grain Farming: Bruce Stetson
5 to 10 p.m.	Truck Pull
7 p.m.	Whiskey Treaty Trio

FAIR SCHEDULE

tations: Blue • Music: Red

and Crafts Open Each Day Until Closing



SUNDAY, AUGUST 21

7 a.m. to 5 p.m.	Lower Food Booth
TBD	Upper Food Booth
8 a.m.	Equine Gymkhana Obstacle Challenge Race
9 a.m.	Church Service
9 a.m.	Ox Draw
10 a.m. to 4 p.m.	Exhibit Hall
10 a.m.	ADGA Sanctioned Senior & Junior Doe Goat Shows
10 a.m.	Poultry Judging
10 a.m. to 3:30 p.m.	Roaming Magic & Balloon Animals: Ed the Wizard
10:30 a.m.	Classic Car Show
10:30 a.m.	Side Grinders
11 a.m.	Youth Cattle Show
11 a.m.	Gymkana
Noon to 5 p.m.	Beer Garden
Noon	Opal Canyon
Noon	Line Up for the Parade
1 p.m.	Parade: Flock Together Theme (Prizes for Best Theme-related Float and Kids Decorated Bicycle)
1:30 to 3:30 p.m.	Horse Drawn Wagon Rides
2 p.m.	Meadow Brothers
2 p.m.	Tree-roots Approach to Forest-based Conservation & Economic Development: Mohawk Trail Woodlands Partnership
2 p.m.	Kids Watermelon Eating Contest
4 p.m.	Magic Show with Ed the Wizard
4 to 5 p.m.	Pick-up Exhibit Hall Entries

Admission: Regular \$12, Senior \$10, Kids 10 and under free. Free Parking.



Please no pets on grounds or in cars.

Schedule subject to change. Visit heathfair.org for updates





Library Lines

—Kate Barrows

READ BEYOND THE BEATEN PATH with the Heath Free Public Library! Children are invited to sign up for the reading club and a chance to win prizes at the end of the summer! Reading logs and bookmarks are available at Sawyer Hall. Come visit the library or feel free to call or email to sign up. Check the calendar, library website, and Wowbrary newsletter for information about upcoming events!

The FRIENDS OF THE LIBRARY BOOK SALE will be held at the Heath Fair this August 19, 20, and 21!

Friendly Book Recommendation For Young Readers



The Nocturnals, by Tracey Hecht

This series has four books in it. It's about three animals; one a sugar glider, one a fox, and one a pangolin. One night, the animals get attacked by a snake. They stop the snake together, and then Bismark, the sugar glider, finds the snake's shed scales, which become their capes. The animals form a brigade called The Nocturnals. Their goal is to figure out the mysterious events happening all over their nighttime world.

—Verva Jalbert, Age 8

The books in the middle-grade juvenile-fiction series *The Nocturnals* are: *The Mysterious Abductions* #1, *The Ominous Eye* #2, *The Fallen Star* #3, and *The Hidden Kingdom* #4. This series was also published in an early-leveled reader format. Regardless, these stories are bound to appeal to readers of all ages!

New Items

Adult Fiction: *Hatchet Island* by Paul Dorian, *The Hidden One: A Novel of Suspense* by Linda Castillo, *The Hotel Nantucket* by Elin Hilderbrand, *The Locked Room* by Elly Griffiths, *The Murder of Mr. Wickham* by Claudia Gray, *The Sweet Remnants of Summer* by Alexander McCall Smith.

Nonfiction: *Happy-Go-Lucky* by David Sedaris, *The Northeast Native Plant Primer: 235 Plants for an Earth Friendly Garden* by Lorimer Uli, and *Native Plant Trust, River of the Gods: Genius, Courage and Betrayal in the Search for the Source of the Nile* by Candice Millard, and *Translating Myself and Others* by Jhumpa Lahiri.

Audio CD: *The Hotel Nantucket* by Elin Hilderbrand, and—arriving in September—*The Ink Black Heart* by Robert Galbraith.

DVDs: *Dog, Memoria*, and *The Mitchells vs. the Machines*.

Juvenile: *Armadillo Antics* by Bill Martin, *Two Dogs* by Ian Falconer, *Earth, Sea and Stars: Inspiring Tales of the Natural World* by Isabel Otter, *Alone* by Megan E. Freeman, *Escape from Camp Boring* by Tom Mitchell, and *Max and the Midnight 3: Tower of Time* by Lincoln Pierce.

Programs and Events

On June 11, Heath children gathered for a fairy story hour in the North Woods trail on Jacobs Road. They enthusiastically made fairy houses and flower crowns, enjoyed delightful gnome scenes along the path, and a fairy book in the story circle. Much appreciation to Sheila Litchfield who shared with us the wonderful crowns and fairy wings!



Benjamin Sampson
making his fairy house
complete with pond.



Haris Cross-Jalil and
his dad, Shahid Jalil,
working on a fairy house.

Library Accessibility

The Heath Free Public Library has long held a reputation for accommodating its patrons, and providing a welcoming gathering place for residents and friends in the town of Heath. As the library examines ways to best honor the past, and fulfill its mission to serve the current and future needs of the community, we look to the principles of Universal Design for guidance and inspiration. The principles are listed below. For more information about how they are applicable to libraries, inquire at the library or visit the American Library Association website, ala.org/asgcla/resources/universaldesign

- Equitable Use
- Flexibility in Use
- Simple and Intuitive Use
- Perceptible Information
- Tolerance for Error
- Low Physical Effort
- Size and Space for Approach and Use

Excerpt from *Equal Access: Universal Design of Libraries*, by Sharon Burgstaler, Ph.D. washington.edu/doit/equal-access-universal-design-libraries:

Libraries play an important role in ensuring that everyone has access to information in printed and electronic forms. In making these resources accessible and useful to everyone, principles of universal design (UD) can be employed.*

Legal Issues

Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Americans with Disabilities Act Amendments of 2008 prohibit discrimination against individuals with disabilities. According to these laws, no otherwise qualified person with a disability shall, solely by reason of his or her disability, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination, under any program or activity of a public entity. "Person with a disability" means "any person who has a physical or mental impairment which substantially limits one or more major life activities including walking, seeing, hearing, speaking, breathing, learning, and working, has a record of such an impairment, or is regarded as having such an impairment."

Universal Design

Universal design (UD) means that, rather than designing your facility and services for the average user, you design them for people with a broad range of abilities, disabilities, and other characteristics—such as age,

reading ability, learning style, language, culture, and others. Keep in mind that students and other visitors may have learning disabilities or visual, speech, hearing, and mobility impairments. Making your library accessible to them will make it more usable by everyone and minimize the need for special accommodations for those who use your services and for future employees as well. Ensure that everyone feels welcome, and can;

- get to the library facility and maneuver within it,
- communicate effectively with support staff,
- access printed materials and electronic resources,
- fully participate in events and other activities.



Heath Cultural Council 2023 Grant Cycle Opens September 1

The Heath Cultural Council (HCC) is pleased to invite organizations, schools, and individuals to submit proposals for artistic, cultural, and scientific projects and activities that will enrich our community—including exhibits, performances, community programs, workshops, lectures, field trips, artist residencies, festivals, and more.

The 2023 grant cycle will be open from September 1 through October 17, 2023. For application forms and information, visit the Heath Cultural Council page at www.mass-culture.org.

For questions about the HCC grant proposal process, please contact Barbara Gordon at 413-896-9183 or email heathculturalcouncil@gmail.com.

Interested individuals and entities can also follow the HCC Facebook page, @HeathCulturalCouncil, for updates.



Good Neighbors Food Pantry at Charlemont Federated Church

If you, or someone that you know, needs food assistance, Good Neighbors Food Pantry is here to help.

Third Tuesday of Each Month*
4 to 5:30 p.m.

175 Main Street, Charlemont

*Dates may vary. Please check the sign in front of the church to confirm distributions.

For information, call 413-339-4294.

All are welcome.



RUSSELL E. DONELSON BUILDERS

DESIGN / CONSTRUCTION / CABINETRY

Providing professional building, fine carpentry, and project design services for new and existing buildings for over 35 years.

413-337-4460 / DONELSON@CROCKER.COM

Licensed and Insured: CSL: 002164 • HIL: 101777

61 Sumner Stetson Road, Heath, MA

Hager's Farm Market



*Our ice cream window is open
until 8 p.m. Thursday—Sunday
all summer long!*

MAPLE SOFT SERVE • FRESH PRODUCE

HOMEMADE PIES, BREADS & BAKED GOODS

Come See Us at the Heath Fair for Fried Dough!

Open Every Day • 7:30 a.m. to 6 p.m. • Grill Open 7:30 a.m. to 2 p.m.

www.hagersfarmmarket.com

1232 Mohawk Trail, Shelburne, MA • 413-625-6323

The Baker Pharmacy

52 Bridge Street • Shelburne Falls

Tel: 625-6324

Weekdays: 8:30 a.m.—6 p.m.

Saturdays: 8:30 a.m.—3 p.m.

Closed Sundays



Support your local, independent pharmacy.

Hilltown Hair Salon

[formerly Hair by Hana]

Crystal Spurling-Wetterwald

413.625.6623

102 Bridge Street, Shelburne Falls, MA 01370

An Independent College Preparatory Day School for Grades 6—12 and Post Graduate



OUR STUDENTS LOVE SCHOOL.
SHOULDN'T EVERYONE?

1359 Mohawk Trail Charlemont, MA 01339
413.339.4912 • charlemont.org



Rowe

Camp & Conference Center

PO Box 273 Rowe, MA 01367
413-339-4954
www.rowecenter.org

A magical place to explore new horizons, heal,
make new friends, have fun, be a part of
community or find your place in the world.
We offer weekend retreats on a wide variety
of topics as well as space for private retreats.

Retreat • Relax • Reflect • Relate • Revitalize

Blackmer
INSURANCE AGENCY, INC
SINCE 1934

Protection • Selection
Great Service • Competitive Pricing

(413) 625-6527

1147 Mohawk Trail, Shelburne MA



Green Thoughts

—Pat Leuchtman

Bill Benner and Butterfly Gardens

Bill Benner, veterinarian, birder, and butterfly gardener, is a man with many strings to his bow, but they all play tunes of the natural world and its fragility.

When he moved to our area 20 years ago, Benner, a veterinarian specializing in ‘exotics’ like rabbits, snakes, and rodents, was also interested in butterflies, serving for a time as president of the Massachusetts Butterfly Club. He is the current editor of the journal *Massachusetts Butterflies*. Benner was clearly the man to give me advice about making a butterfly garden. He explained that a butterfly garden needs more than nectar plants to attract butterflies. It is essential to supply host plants. Host plants are the plants where butterflies lay their eggs, and which will be eaten by the larvae, caterpillars, when they hatch. Dill, fennel, or sweet anise will attract Black Swallowtails, for example. The Tiger Swallowtail is partial to wild cherry.

Each kind of butterfly will require specific host plants, although there certainly is overlap. Nectar plants are more generally used, and the same nectar plants will feed many types of butterflies. Zinnias are an excellent nectar plant, but it is important to choose single or semi-double varieties so the butterflies can see just where to land and dip in their proboscis, or feeding tube. Other nectar plants that will feed a number of butterflies include butterfly bush, milkweeds, coneflowers, asters, Joe Pye Weed, phlox, goldenrod, mountain-mint, and more.

I have given up pulling out milkweed in my cultivated gardens, and helping the seeds fly down into my field, hoping to supply hosts for the monarchs. Benner explained that the common milkweed, *Asclepias syriaca*, is very invasive and can take over in gardens, but is great in fields. For gardens, he recommends butterfly weed, *Asclepias tuberosa*, with its big orange flower heads, and swamp milkweed, *Asclepias incarnata* with its lavender/purple flower heads.

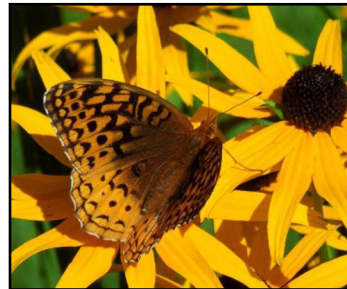
The Massachusetts Butterfly Club website has more information about gardening for butterflies including an article that Benner wrote for their newsletter, [https://www.naba.org/chapters/nabambc/butterfly-](https://www.naba.org/chapters/nabambc/butterfly-gardening.asp)

[gardening.asp](https://www.naba.org/chapters/nabambc/butterfly-gardening.asp)

There he points out that there can be a danger in buying seedlings from the big box stores because they might come from huge propagators who use systemic insecticides, *neonicotinoids*, that persist in the plant for weeks, or even the whole season. When a butterfly sips from these plants the butterfly will die. Sometimes the big box store may never know about this and so can never guarantee that the plants are insecticide free.

And that brings us to the general advice not to use pesticides or herbicides in your garden if you want to attract wildlife. Let the edges go a little wild. Don't mow the lawn too often. Butterflies, and all of the pollinators, will thank you.

Between the Rows 3/7/2015 and updated



*Great Spangled Fritillary
on black-eyed susan.*



*Swallowtail.
Photograph by
Bill Benner*



*Bill's butterfly garden.
Photograph by Bill Benner*

Select Board Report

Update: New In-person Governmental Meeting Law

Following passage of bills by the State House and Senate, Lt. Governor Karen Polito signed into law a bill providing for the extension allowing remote meetings for all government bodies. This extension is in effect through March 31, 2023. This law provides the option of holding meetings remotely but does not require that format. Therefore, any Town board, commission, or committee may now choose to meet in person at an accessible public building (18 Jacobs Road or Community Hall).

On July 19, at its first in-person meeting since March 10, 2020, the Select Board voted to continue holding in-person meetings at the Jacobs Road municipal building until further notice. A hybrid option is not mandated but is being researched. Follow the Town website for updates.

Accessibility Assessment of Town Buildings

The Select Board has initiated accessibility evaluations for all town public buildings, as part of an on-going process of addressing needed repairs and code compliance improvements for Town buildings. Accessibility is a concern for the Town's public buildings. These include Sawyer Hall, The Community Hall, and 18 Jacobs Road. Jeffery Dougan of the Massachusetts Office on Disabilities (MOD) was contacted and agreed to conduct the study. MOD is a state advisory agency dedicated to assisting municipalities with accessibility evaluations, and devising barrier-removal strategies. They are not an enforcement agency and have no reporting authority.

The first evaluation was conducted at Sawyer Hall to help the library in their planning for future programming and improvements to Heath's library facilities and services. A report and recommendations has been submitted and is available on the Town website. 18 Jacobs Road and the Community Hall were visited on June 30. A report will be issued in the near future. Improvements will be undertaken as sources of funding can be identified and obtained and projects are prioritized. A number of competitive state grants for barrier removal are available. MOD has a grant program, and Federal Community Block Grant (CDBG) funds may be used for accessibility improvements in municipal facilities. CDBG grants are administered through the Franklin County Regional Housing and Redevelopment Authority.



Drop-in to 18 Jacobs Road!

The atrium, gym, cafeteria, and bathrooms are available for residents to drop in when the building is open for municipal use, with the exception of previously reserved areas. Check the Building Use Committee calendar at townofheath.org under Boards and Committees and click on Building Use Committee to view scheduled events.

LEGAL NOTICE FY 2020 CDBG Program Updates PUBLIC HEARING Towns of Heath (Lead) and Hawley

The Town of Heath will hold a public hearing on August 2, 2022 at 6:15 p.m. in the cafeteria at 18 Jacobs Road, Heath, MA. The purpose of the meeting provide an update on the status of the Town's FY 2020 Massachusetts Community Development Block Grant (CDBG) programs on behalf of Heath and Hawley.

The towns of Heath and Hawley encourage residents to attend. A representative from the HRA will be on hand to discuss program activity, and anyone wishing to be heard will be afforded the opportunity.

The Town will make reasonable accessibility accommodation for any community member with mobility or language needs within seven days prior written notice to the Select Board's office. Accommodations will be made for handicapped, hearing impaired, and non-English speaking clients. All meetings will be held in fully handicapped accessible buildings.

If residents are unable to attend the hearing, written comments can be made to the Town Coordinator, Heath Town Hall, P.O. Box 35, Heath, MA 01346

Select Board, Town of Heath



Heath Broadband Update

At this point in the process of connecting Heath homes to the new town-owned fiber internet, nearly all homes desiring service have been connected and only a few additional installations remain to be done.

A significant milestone was reached in early July. The contract with the State for financial assistance toward Heath's network construction was closed. In the end, the Commonwealth of Massachusetts contributed \$2,729,820 toward the capital cost of Heath's project. Back in 2017 it was estimated that the State would contribute \$820,000 toward Heath's project; however, when faced with significant challenges, particularly during the "make-ready" phase of the project, the grant was amended several times. The State certainly came through, and Heath voters did not have to raise and appropriate more than the original planned share of the project, which was \$1.45 million.

Since last October, the Heath Municipal Light Plant (MLP) has been meeting with our neighboring towns of Rowe, Charlemont, Colrain, and Leyden in a project to enhance the reliability of our fiber networks by providing a backup connection. To finance this project, the five towns jointly applied to the Massachusetts Community Compact Cabinet for a Municipal Fiber Grant. On June 2, Lt. Governor Karyn Polito announced that the State had awarded \$400,000 to the five towns. The Municipal Fiber Grant program was a competitive grant program to support the closing of critical gaps that exist in municipal networks. This money will be shared by the five towns to purchase the necessary electronics and engineering services to implement the Redundancy, Reliability, Resiliency Project (RRR Project). Evaluators at the Massachusetts Community Compact Cabinet were impressed by the level of detail in the proposal, and the extent of cooperation among the five towns.

The RRR project will link each town's existing fiber network with neighboring towns. This will provide multiple physical paths from each town to the Internet. If a downed tree or traffic accident damages a cable connecting Heath to the Internet, the network will be automatically reconnected to the Internet through a neighboring town. This reconnection will happen within a fraction of a second. You will not notice the reconnection even if you are on an Ooma phone call or streaming a movie.

The network will continue to operate seamlessly while damaged lines are repaired. The Heath MLP believes that this level of reliability is important for our customers, as we become increasingly dependent on broadband for our communication needs.

—Sheila Litchfield, Heath MLP Manager



HEATH BROADBAND SERVICE CONTACTS

Whip City Fiber Customer Service:

1-833-991-9378

Whip City Technical Support:

1-833-923-9378

Heath Municipal Light Plant Email:

HeathMLP@wiredwest.net

Heath Municipal Light Plant Mailing Address:

P.O. Box 47, Heath, MA 01346

Heath Municipal Light Board: Art Schwenger, Chair, Sheila Litchfield, Manager, Anne Emmet, Bill Fontes; David Gordon, Ned Wolf



Charlemont Forum 2022:

“U.S.-China Relations in Difficult Times”

The Charlemont Forum is very excited about the second of our topical presentations for the summer of 2022. On Thursday, August 11, at 7 pm., Sara Newland will present “U.S.-China Relations in Difficult Times.” An assistant professor of government at Smith College, Newland's research focuses on local governance in mainland China and Taiwan and the role of subnational diplomacy in the relationship between the U.S., Taiwan, and mainland China. This talk will describe the recent political changes in China and the U.S. that have produced the tensions in the bilateral relationship, and assess the prospects for cooperation between the two countries.

For further information, please visit us on our Facebook page at Charlemont Forum and our new website at charlemontforum.org. The Charlemont Forum is sponsored in part by the Heath Cultural Council.

Obituary

Leighton McCutchen



LEIGHTON McCUTCHEN, PhD, born August 10 1933, passed away at home May 17, 2022, surrounded by family. Leighton was born in Bulape, then the Belgian Congo, to missionary parents who, he said, would likely have been environmentalists in this era.

Leighton met Martha Jackson in Latin class in Nashville, Tennessee. He graduated from Davidson College, 1955. Married in 1956, after Martha graduated from Maryville College, they both continued in graduate school at ATS and Union Theological Seminary, and did clinical training at Medical College of Virginia at Richmond & Staunton State Hospital. Leighton was awarded a Hoge fellowship from Union, which he used toward his PhD at University of Chicago, Illinois. Briefly following his fathers' profession, Leighton was an inventive Presbyterian minister, once offering a sermon on Ciardi's poem: "The King Who Saved Himself from Being Saved."

In 1965 Leighton became Assistant Professor and Chairman of PhD & Masters Studies in Human Nature and Religion, at Hartford Seminary Foundation, CT. He developed a successful program allowing students to disassociate from the Vietnam war, and taught psychology and philosophy of religion. He published "Dream without Myth" and "The Father Figure in Psychology and Religion" in 1972. In Hartford, Leighton developed an international lecture series, later becoming a Visiting Lecturer at Harvard Divinity School.

Moving to Heath, in 1973, Leighton aimed at balancing physical farming and an intellectual life. He became a community psychoanalyst and clinical psychologist, calling it his third profession. He developed an independent practice for children and families called the Shelburne Falls Clinical Group, going into partnership with Martha in 1979. His son Brooks joined the practice,

1991.

Retiring in 2002, Leighton wrote poetry prodigiously, and helped with his family's sugarbush. Philosophy, psychoanalysis, and farm work were rich intersections for Leighton, challenged by the emerging environmental crisis. Leighton supported his son's family's Agroecological farming and outreach, his eldest Veterinary daughter's eclectic work with exotic and domestic animals, and his youngest daughter's University teaching and writing, often editing her manuscripts. Leighton died in the company of wife and children, with grandchildren traveling from Vancouver Island, Canada; Baltimore, MD; and Bar Harbor Maine.

Leighton was given a green burial in South Heath Cemetery in the presence of local friends and family, who shared memories. He always said he hoped for his wife, children, and grandchildren to be around him, and that he would pass at home.

Leighton is survived by his wife of 66 years, Martha J. McCutchen LCSW; daughter Sharon McCutchen DVM; son Brooks McCutchen PhD, husband of Janis Steele PhD, their sons Connor, Rowan and Gavin Steele McCutchen; daughter Deborah McCutchen MFA, her spouse Timothy Paulson BFA, their daughters Lilith and Pippin Paulson. All participated in Leighton's burial.

He is deeply missed.



While reflecting on our lives, Leighton remembered the trauma of his father's death at a young age, though he acknowledged that he replicated many things his father gave him. From age 4, Leighton was expected to put his shoes in those of his talented father. Leighton Senior had a keen sense of humor, was sympathetic, engaging with people, and had high ideals. He was the third generation of ministers to graduate from Davidson, where he started a literary society and a varsity debate team. He was a North Carolina tennis champion, a minister, and teacher. Leighton was also in a debate team when he met Martha. He played tennis, and focused on mind and body as a healthy way to live. He taught in every part of his life, and had talents with language, poetry, and music. He was part of the Barber Shop Quartet in college, and at a formal faculty dinner in Hartford, was famous for singing a Beatles' song with Martha, "Why Don't We Do It In The Road." Leighton was a master of diverse talents.

—Martha McCutchen

To Martha, with love, from Leighton

Amazing Stretch

One day stretched back, one after the other.
In all, quite a stretch:
In how complex our dynamic has become;
In how life-giving we have been to each other;
In how we bounce back from trouble to satisfy action.
In how unknowing we were at the beginning
Except we wanted to be, and stay, together for life.
I am amazed at us, and deeply satisfied, in spite, and
because, of all.
And altogether ignorant about how one of us will survive
without the other.

Memories of Leighton

Long talks at your kitchen table—your eyes and ears making my words feel so important... haying, wood chopping, singing and laughter imprinted in every memory.”

—Janet Gary

“My first memory of Leighton was in their kitchen, and he was holding our baby Gabriel with such tenderness. My last memory of him was him sitting in the love seat next to Martha, tenderly holding her hand, head on her shoulder.”

—Deb Porter-Henry



Call for Artists

Save the Date
Heath Arts Exhibition
Sept. 3–10, 2022

All Heath residents who make art in any medium are invited to participate in the Sixth Annual Heath Arts Exhibition. Artists may exhibit up to three works that have not been shown in prior years' exhibitions. If you have not participated before, contact Harry Hallman at the email address below to request registration materials. If you have shown in previous years, you will receive 2022 registration materials by mail, providing the exhibition is not cancelled due to COVID-19 restrictions.

Contact Harry Hallman at hwhallman@icloud.com



Heath Union Church

Neil Stetson, Pastor
Dennis Ainsworth, Organist
Sunday Morning Worship at 10 a.m.

All Welcome!

Neil Stetson's phone number: 352-362-3088
Church phone to leave a message: 413-337-4019

Worship services continue to be conducted in the sanctuary each Sunday at 10 a.m. and are available for anyone to join, either in person or by phone. Link for joining by phone:

Call-in number: 1-425-666-4605

Board of Deacons:

Hilma Sumner, Chair, 337-4845 • Claudia Ainsworth, 624-8952 • Dana Blackburn, 413-221-0961 • Victoria Burrington, 337-4425 • Walt Gleason, 337-4479

Church News

See us at the Fair! Friday evening beginning at 5:30 p.m. and continuing until gone, the Heath Church will host our traditional ham and bean supper, with all of the fixings. We will be serving in the Upper Food Booth. Be sure to come early so you don't miss out!

Then plan to join us at 9 a.m. under the main tent for our informal, non-denominational Sunday morning worship service. All are welcome.



Join Us at the Heath Fair!

Heath Union Church's Ham & Bean Supper

Friday, August 19 from 5:30 p.m. until it's all gone.

Community Calendar

- Aug. 11 **Charlemont Forum: U.S-China Relations in Difficult Times**
7 to 9 p.m., Charlemont Federated Church
charlemontforum.org
- Aug. 19-21 **Heath Fair**
See schedule in centerfold, pages 12 and 13.
- Aug. 27 **Shelburne Grange Fair**
9 a.m. to 4 p.m.
Fellowship Hall, Shelburne Center
- Aug. 27
Sept. 24 **Community Café**
9:30 to 11:30 a.m. in Cafeteria
at 18 Jacobs Rd. All ages invited.
- Sept. 3-10 **Sixth Annual Heath Arts Exhibition**
Community Hall.
Sept. 3, 10 a.m. to 1 p.m.
Sept. 4 and 5, 2 to 4 p.m.
Sept. 6 through 10, 4 to 6 p.m.
- Sept. 4 **Heath Arts Exhibition Reception**
2 to 4 p.m. at Community Hall.
- Sept. 10 **Mushroom Walk with Paul Lagreze**
10:30 a.m. Free for all ages. Park near the
Heath Fairgrounds on Hosmer Road.
- Sept. 17 **Community Square Dance**
Time TBD. Hilltown String Band with Doug
Wilkins, Caller. Community Hall.
- Sept. 24 **Outdoor Story Hour**
10:30 a.m. at 18 Jacobs Road.
For children under 12 and their families. Free.
- Sept. 25 **Uncles of the Pioneers Concert**
Time and place TBD.
- Oct. 8 **150th Anniversary Celebration of Community Hall**
- Oct. 22 **Community Square Dance**
Time TBD. Hilltown String Band with Doug
Wilkins, Caller. Community Hall.

Ongoing Calendar

Healthy Bones and Balance

Tuesdays: 11 a.m. to noon

Thursdays: 10 to 11 a.m.

Senior Center in Community Hall.

Contact Claire Rabbitt at nurse@townofheath.org

Foot Clinic

For residents age 60 and older and those with foot-related problems. Third Tuesday of every month.

Contact Victoria Burrington for information and to make an appointment, at 413-337-4425.

Good Neighbors Food Distribution

Third Tuesday each month, 4:30 to 6 p.m.

All are welcome.

Charlemont Federated Church

175 Main Street, Charlemont

Call 413-339-4294 for information.

Senior Open Art

On summer break, returning in the fall. For information, contact Victoria Burrington, 413-337-4425.



Tai Chi Chuan (Taijiquan)

New classes starting this fall at 18 Jacobs Road.

- Tuesday evening classes
 - New members invited to Tuesday morning classes from 10 a.m. to noon
- \$20 monthly donation suggested.

Contact Margaret Freeman at 337-4854 or mhfreeman459@gmail.com for information.

Community Cafe



Saturday, August 27 • Saturday, September 24

9:30 a.m. to 11:30 a.m. in the Cafeteria at 18 Jacobs Road

All ages welcome!

Come socialize with friends and neighbors while enjoying refreshments, music, puzzles and more. You'll find it to be a wonderful way to start your day!

This intergenerational cafe is sponsored by the Heath Council on Aging.

Heath Town Offices

18 Jacobs Rd. Heath, MA 01346

Phone: 413-337-4934, Fax: 413-337-8542

www.townofheath.org

Town Coordinator, Hilma Sumner

bos@townofheath.org

Mon.-Thurs. 9 a.m. to 3 p.m., Fri. 9 a.m. to noon

Select Board, bos@townofheath.org

Tuesday 6 p.m.

Brian DeVriese, 413-337-5525

Robyn Provost-Carlson, 413-337-5316

Sue Lively, 413-337-4061

Town Clerk, Mary Sumner

townclerk@townofheath.org

Tuesday and Thursday 9 a.m. to noon

or call for appointment 413-337-4934

Accountant, Dave Fierro

accountant@townofheath.org

By appointment. 413-337-4934, ext. 5

Tax Collector, Elizabeth Nichols

taxcollector@townofheath.org

Monday 4 to 6 p.m.

or call for appointment 413-337-6665

413-337-4934, ext. 2 / Fax: 413-337-8542

Treasurer, Kristi Nartowicz

By appointment: treasurer@townofheath.org

Boards and Committees

Board of Assessors

Wednesday 9:30 a.m. to 4 p.m. 413-337-4934, x3

assessors@townofheath.org

Alice Wozniak, Assistant Assessor

Robyn Provost-Carlson

Heidi Griswold, Anne Emmett

Board of Health, 413-337-4934, ext. 8;

boh@townofheath.org

Gene Garland, Chair;

Lorraine Berger, Susan Gruen, Elissa Viarengo

Finance Committee

Tom Lively, Chair, 413-337-4061; Will Emmett

Bob McGahan, Ned Wolf, Alice Wozniak

Library Board of Trustees

Deborah Porter, Chair, 413-337-4715

Emily Cross, Donald Freeman

Planning Board

Douglas Mason, Chair, dougmason@hughes.net

Robert Viarengo, Jo Travis, Peter Charow,

Will Emmett

Council on Aging

Victoria Burrington, Chair, 413-337-4425

Margaret Freeman, Donna Hyytinen, Cathy

Tallen, Sue Lively

Municipal Light Board

Art Schwenger, Chair, 413-337-4077; Ned Wolf

Anne Emmet, Bill Fontes, David Gordon,

Sheila Litchfield, MLP Manager, 413-337-4957

Building Use

Pam Porter, Chair; Pat McGahan, Susan Gruen,

Lyra Johnson-Fuller, Elissa Viarengo

Parks and Recreation

Jenna Day, Mike Cucchiara, Shahid Jalil

Agricultural Commission

Lorena Loubsky

Cemetery Commission

Jerry Gilbert, Central Cemetery, 413-337-4355

Claire Rabbitt, North Cemetery, 413-337-8309

Eric Sumner, South Cemetery, 413-337-5330

Matthew Lively, Sexton, 413-337-4331

Mary Sumner, Burial Agent, 413-337-4934

Conservation Commission

Brian DeVriese, Chair, 413-337-5525

Bernard "Buck" den Ouden, Jessica O'Neill,

Henry Josephson, Heather Row

Historical Commission

Heather Hathwell and Jayne Dane, Co-Chairs;

Susan Gruen, Nina Marshall

Schools

MTRSD School Committee Representative

Budge Litchfield, 413-337-4957

Franklin County Technical School Representative

Art Schwenger, 413-337-4077

Public Works and Safety

Animal Control Officer, Kyle Dragon, 413-768-

0983. If not available, call Shelburne Dispatch

413-625-8200. All emergencies, dial 911

Highway Department, Jeffrey Johnston, Road

Superintendent; 413-337-4462; cell, 413-406-4516

Police Department, John McDonough, Police Chief

Office hours: Tues. 6 to 8 p.m. 413-337-4934, ext.

108, or call Shelburne Dispatch at 413-625-8200

to have paged. All emergencies, dial 911

Transfer Station, Ken Erho, Attendant, 337-6640

Wednesday, 9 a.m. to 5 p.m.

Saturday, 8 a.m. to 4 p.m.

Volunteer Fire Department

Nick Anzuoni, Fire Chief, 413-337-4461, or 911

for an emergency. Heathfire@townofheath.org

Emergency Management Team

Tim Lively, EMT, Director; BOH, Select Board,

Sheila Litchfield, RN; All emergencies, dial 911

Community Services

Public Library, Kate Barrows, Director

Lyra Johnson-Fuller, Library Assistant

www.heathlibrary.org,

heath.library@gmail.com

413-337-4934, ext. 7

Post Office Manager, Charlene Reynolds

Mon.-Sat., 9:30 a.m. to 1:30 p.m.

413-337-4934, ext. 4

Town Nurse, Claire Rabbitt, RN

Office hours, Senior Center, 413-337-4847

Tues. 12:15 to 1:15 p.m., Thurs. 11 a.m. to 1 p.m.

Voicemail: 413-337-4934, ext. 109

Home phone: 413-337-8309

Nurse@townofheath.org

I dream of a better tomorrow,
when chickens can cross the road
and not be questioned about
their motives.

—Ralph Waldo Emerson



SHELBURNE GRANGE



Little Mohawk Road, Shelburne Center
Free Admission • Fun for All Ages
Exhibits • Crafts • Food • Music • Tag Sale



follow us on
facebook
@heathherald



THANK YOU COLOR SPONSORS

Michael Girard

Susan Kooperstein

Janice Newman

Consider a \$25 gift of color for the *Heath Herald*.
Send a check made payable to the *Heath Herald*,
P.O. Box 54, Heath, MA 01346. Note "Color Sponsor"
on your check. Thank you.

Heath Herald Reserved Pick-up Program

Help keep costs down by enrolling in our
Reserved Pick-up Program. We'll notify you
when a new issue is available; then, all you
need to do is stop by Sawyer Hall to pick up
your personally labeled copy in the wooden
box in the vestibule.

Email theheathherald@gmail.com to enroll
today!



104th Heath Fair
August 19, 20, 21, 2022
Let's flock together at
The Heath Fairgrounds!



Support Your Local Newspaper

Get six issues of the *Heath Herald* for only \$12
Subscribe today!

Name: _____

Address: _____

Phone: _____ Email: _____

☐ **Yes!** Please send me six issues of the *Heath Herald* for just \$2 an issue by (check one):

Mail ☐ PDF ☐ Reserved pick-up at Town Hall ☐

Please make your check for \$12 payable to the *Heath Herald*, P.O. Box 54, Heath, MA 01346